

# The Food Value of a Soda Cracker

You have heard that some foods furnish fat, other foods make muscle, and still others are tissue building and heat forming.

You know that most foods have one or more of these elements, but do you know that no food contains them all in such properly balanced proportions as a good soda cracker?

The United States Government report shows that soda crackers contain less water, are richer in the muscle and fat elements, and have a much higher per cent of the tissue building and heat forming properties than any article of food made from flour.

That is why **Uneeda Biscuit** should form an important part of every meal. They represent the superlative of the soda cracker, all their goodness and nourishment being brought from the oven to you in a package that is proof against air, moisture and dust—the price being too small to mention.

NATIONAL BISCUIT COMPANY

## Tribune Clubbing List.

For convenience of readers of THE TRIBUNE, we have made arrangements with the following newspapers and periodicals whereby we can supply them in combination with THE TRIBUNE at the following very low prices:

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Chicago Inter-Ocean	1.00	1.05
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Toledo Blade	1.00	1.25
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Farm and Home	1.00	1.20

We are prepared to fill orders for any other paper published, at reduced rates.

THE TRIBUNE, McCook, Neb.

## NOTICE.

To George C. Gray and to whom it may concern. Notice is hereby given that on the 8th day of March, 1914, the undersigned John Wentz, Sr., purchased of Ben G. Gossard, county treasurer of Red Willow county, Nebraska, at public sale for taxes, lot five, block three, in West McCook, Red Willow county, Nebraska, for the taxes levied and assessed thereon for the years 1895 to 1902, inclusive. The time allowed in which to redeem said lot from said purchase will expire November 25th, 1905.—11-10-31s.

JOHN WENTZ, Sr.

To Samuel L. Troth: You are hereby notified that the undersigned, on the 28th day of January, 1904, purchased at private tax sale, from the county treasurer of Red Willow county, Nebraska, for the taxes duly levied and assessed thereon for the years 1894 to 1902, inclusive, lot six, in block 12, in West McCook, in Red Willow county, Nebraska; that said lot was assessed for the purpose of taxation for the years 1894 to 1905, inclusive in the name of Samuel L. Troth, and that title to said lot appears of record in the said Samuel L. Troth; that the undersigned will, after the expiration of three months from date of service of this notice, apply to the county treasurer of said county for a deed to said premises.—10-27-31s.

WILLIAM KNAPE.

## NOTICE.

IN THE DISTRICT COURT OF RED WILLOW COUNTY, NEBRASKA.

In the matter of the application of Geo. Bullis, guardian of the estate of May Batchelor, a minor, heir of Lizzie Batchelor, deceased, for leave to sell real estate.

Notice is hereby given that in pursuance of the order of the Hon. R. C. Orr, judge of the district court of Red Willow county, Nebraska, made on the 16th day of October, 1905, for the sale of the real estate hereinafter described, there will be sold at public vendue to the highest bidder for cash at the front door of the court house in McCook, Red Willow county, Nebraska, on the 13th day of November, 1905, at the hour of one o'clock p. m. of said day, the following described real estate: Lot numbered twelve in block numbered twenty-five in original town now city of McCook, Red Willow county, Nebraska. Said sale will remain open one hour.

Dated this 18th day of October, 1905. GEO. BULLIS, Guardian of the estate of May Batchelor, a minor. J. E. Kelley, his attorney.—10-20-31s.

## NOTICE FOR PUBLICATION (ISOLATED TRACT.)

Department of the Interior, United States Land Office, Lincoln, Neb. Public land sale. Notice is hereby given that in pursuance of instructions from the Commissioner of the General Land office under authority vested in him by section 2355 U. S. Rev. Stat., as amended by the act of Congress approved February 26, 1895, we will proceed to offer at public sale on the 27th day of December, next at two o'clock p. m. at this office the following tract of land, to-wit: NE 1/4 SEC. 5, Township 1, north, Range 29 W 6th E. M. Any and all persons claiming adversely the above described lands are advised to file their claims in this office on or before the day above designated for the commencement of said sale, otherwise their rights will be forfeited. Dated October 30, 1905.—11-10-31s.

W. A. GREEN, Register. ALVA E. KENNARD, Receiver.

## To Cure a Cold in One Day.

Take LAXATIVE BROMO QUININE TABLETS. All druggists refund the money if it fails to cure. E. W. Grove's signature is on each box. 25c.

"I am well now and enjoying better health than ever before in my whole life."

That is the statement of a woman who had never been well until she was made well by the use of Dr. Pierce's Favorite Prescription. There are a great many other women in like case. They have always been sufferers from disease. They have never known the joy of perfect health.

For all such women Dr. Pierce's Favorite Prescription holds out the prospect of perfect and permanent health, by the cure of the womanly diseases which weaken women. It establishes regularity, dries weakening drains, heals inflammation and ulceration, and cures female weakness. It makes weak women strong and sick women well.

"It gives me pleasure to let you know of the great benefit received from Dr. Pierce's medicines and the advice which you so kindly sent," writes Mrs. Bertie Parker, of Bonham, Fannin Co., Texas. "I took your 'Favorite Prescription,' 'Golden Medical Discovery' and 'Pleasant Pellets,' and followed your advice regarding the 'Lotion Tablets,' and am cured. I had been treated by different doctors and spent one hundred dollars for treatment and medicine, but received very little relief. I have only spent seventeen dollars and fifty cents for your medicine and it has cured me in three or four months of ulceration and falling of uterus. I suffered severe misery in my back, also irregular periods. Had bearing-down in lower portion of body and great pain all through my body. Pain in uterus was very severe. Had smothering spells, breath was very short all the time, had pain in stomach, pain in my thighs, pain in breast, also between my shoulders. Bowels constipated. I am well now and enjoy better health than ever before in my whole life. Am happy to tell you that I was cured by your good advice and good medicines, the 'Favorite Prescription,' 'Golden Medical Discovery,' 'Pleasant Pellets,' and 'Lotion Tablets.' These medicines cured me and will cure others also."

"The dealer who offers a substitute for 'Favorite Prescription' does so to gain the little more profit paid on the sale of less meritorious medicines. His profit is your loss, therefore accept no substitute. Dr. Pierce's Pleasant Pellets regulate the bowels."

## BLESSING IN THE CANAL

How Isthmian Waterway Will Affect Central America.

## SOON TO BECOME A GARDEN SPOT

A New Prosperous Era For Panama and Costa Rica Predicted by a San Jose Merchant—Thousands of Peons to Be Freed—Will Open a Market For the Country's Fruits.

"The construction of the Panama canal will knock the shackles of thousands of peons in Central America and will bring that country up to the measure of its wonderful possibilities. You can feel the foreshadowing influence of the big waterway in the atmosphere of Panama and Costa Rica now."

Senor Don Miguel B. Archera, a merchant of San Jose, formerly Mike B. Archer, assistant chief train dispatcher for the Chicago Terminal railway, made the observation while recently visiting his mother at Kansas City, Mo. He said to a Kansas City Star representative:

"The peonage system has probably done more than anything else to retard individual enterprise and the use of labor saving machinery, without which the country can never be fully developed. A peon is a serf—a man devoid of interest in the present and of hope in the future. They are human pack horses, and every member of their families is under the shadow of the same oppressive hand. They till the soil, look after the plantation and grub in the mines. They virtually belong to their masters, body and soul, for generations without end. There are families of peons who have never known the word 'liberty.' How does a man become a peon? It is the easiest thing in the world if he is hard up. Castro, a bright, industrious young man, is in love with dark eyed Dona Maria. They haven't a thing on earth except their strong arms and absorbing love. Castro knows a ranchero who has dealt kindly with him and whom he thinks is his friend.

"Senor Maceo, there is a girl who loves me. We would marry."

"Es admirable," says the ranchero, warmly. "I congratulate you with all my heart."

"But it takes money to get married, and we have none."

"Bah! 'Tis a small matter. How much do you want?"

"Fifty pesos will do."

"You shall have seventy-five."

"The wedding is a fine affair. The ranchero has the musicians and a lively crowd of friends to celebrate the occasion. The bride and groom are wine, dined and congratulated. They think fairland has come down to earth and Senor Maceo is their good angel. But there is a condition precedent. Castro has executed a bond pledging himself, his wife and their future offspring as security for the debt, to be paid off by work. It is the death warrant of freedom."

"The ranchero furnishes them a little adobe house and provisions. Likewise some muslin for wearing apparel. At the end of the year there is a footing up. The peon, of course, supposes there is something coming to him above the debt. Instead he finds he has overdrawn by some 25 to 50 pesos, and that the original obligation had increased 25 per cent or more. The ranchero does the figuring because the peon is unlearned. Castro and his wife dare not run away because they would be recaptured and thrown into prison, with the probability of a severe flogging. There is no such thing as a peon escaping under present conditions. The family increases and there are more mouths to feed.

"For the first few years the peon works hard and tries to discharge the debt, but by and by he finds that in spite of his efforts he and his wife are gradually sinking deeper and deeper in the toils of the plantation owner, and they lose hope. Their children are reared to know only labor, without the glimmer of freedom. There are thousands and thousands of families in this miserable condition in Central America. Some have been forced to contract obligations on account of sickness, some to pay for provisions or a house or a piece of land. These are all fish for the landowner's net, and he holds them with a never relaxing grip. The law is entirely in his favor.

"I have spoken to some of the big ranchmen and dons about this system and they laughed at my indignation. 'Why, senor,' they say, 'these people would starve to death if we were to let them go. Give one of them 1,000 pesos tomorrow and in a month he would be asking to be reinstated.' That may be true, but the time is coming now when these poor people will be taught how to value their labor and to drive a fair bargain. The canal will bring into Central America thousands of investors and promoters from the United States, England and France. Labor will command a price, and when the peons find it out they will break away and go to the companies where they can get something for their labor.

"Of course the large haciendados are not anxious to see the canal built, because they see in it an end of their life of ease and luxury, but later on, when they find it means dollars where they are now getting cents for their products, they will change their minds. Just as the railroads of Missouri opened up a market for millions of dollars' worth of wasted produce in the fifties, so will the canal and the roads leading to it furnish a worldwide market for the delicious fruits of Central America. In Costa Rica, Nicaragua

and Honduras—in fact, in all the Isthmian states—they raise strawberries the year round and practically give them away at from 10 to 15 cents a gallon. Pineapples that would cost 40 and 50 cents in Kansas City and St. Louis go begging there at from 1 to 3 cents apiece. It's the same way with limes, oranges and bananas. They are a drug on the market.

"There are untold millions in the mountains of Central America waiting development of Yankee capital and enterprise. The only reason this work has not been done sooner is that it means death to the average citizen of the United States to live in Central America. The yellow fever and black smallpox are prevalent there until the middle of October. With the building of the canal and railroad, progressive people will see to it that better sanitary conditions obtain in the towns and that the dangers of disease are greatly reduced.

"In the very near future Central America will be the garden spot of this continent. Nothing can stop it when Yankee energy and Yankee systems of sanitation are planted. The Creator made the land all right in the first place, but it happened to fall into unappreciative hands. The canal will relegate the stick ploy and the peon and give birth to an era of as remarkable development as was ever seen on this continent."

## TWO AMERICAN EVILS.

Savant Says We Have Too Many Eyes and Too Long Tickets.

"Too many American people wear glasses. I take off as many pairs of glasses from my American patients as I put on them."

Professor J. Herschberger, the highest authority in the world on diseases of the eye, professor of ophthalmology at the University of Berlin, stopped long enough between a bath and a banquet to give his opinion of the American custom of wearing glasses, says the Denver correspondent of the St. Louis Post-Dispatch.

Although sixty-two years old, Professor Herschberger does not himself wear glasses.

He declares that more Americans wear them than any other nation and that he believes this is all inspired by our desire as a nation to see things clearly. The claim that the average American eyes are growing weaker because of abuse he declares to be ridiculous. "Americans read a good deal, but their eyes are just as good as those of their grandfathers had, if they only knew it," said the professor.

When it comes to American combination railroad tickets the famous oculist loses his command of the English language. "Ach! But look at this!" he exclaimed, delving down into the capacious depths of a German traveling bag and fishing up triumphantly a many colored railroad ticket several yards in length. He dangled it in the air and trailed it up and down the room in his rage.

"This is what I call the American rattlesnake," said Professor Herschberger, "and I shall keep it and take it home with me to Germany to place on exhibition. I bought a ticket from New York to Portland and back to Boston. It gave me stopovers at every town in the country, and I was assured it would make traveling easy. When I got to San Francisco I locked it up in my trunk, and since then I have bought a ticket between each town. This I keep to warn my countrymen with."

## NATIONAL FLOWER QUEST.

Chicago Gardener Is Trying to Grow a Tricolor Chrysanthemum.

Joseph Frey, head gardener in Lincoln park, at Chicago, is seeking to give the United States a national flower in the form of a chrysanthemum plant which will grow red, white and blue blossoms, says a Chicago Dispatch. The experiment of hybridizing chrysanthemums and asters, which are closely related to the Japanese flower, has been going on in the conservatory at Lincoln park.

Frey has created many wonderful combinations in flowerdom. The success or failure of the plan will be revealed by the last of October, when the chrysanthemums and Siberian asters begin to head and bloom.

At the last annual chrysanthemum show in Lincoln park Frey displayed hybridized chrysanthemums which presented the colonial colors, yellow and white blossoms growing on one stalk. This caused him to undertake the more difficult problem of growing red, white and blue blossoms on one stalk.

## In the Rush of 1950.

The owner of the great dairy was showing a visitor around the plant, says the Chicago Tribune.

"All these thousands of cows," he said, "are milked by machinery. The milk is conveyed into an immense reservoir, from which it is carried in underground pipes at a speed of a mile a minute to all points within fifty miles of here. The system works perfectly, and yet there is one great drawback."

"What is that?" asked the visitor.

"Well, of course, there's no cream any more. It is impracticable for us to separate it here, and in this age of the world nobody has time to wait for it to rise."

## New Religious Denomination.

A new religious denomination without a creed has been formed at Broken Bow, Neb., says a dispatch from that place. No one will be asked to subscribe to anything to join the church, of which Rev. R. H. Harman is the head. Rev. Mr. Harman says the denomination will believe simply in a universal God and that Christ was a divine man. Sin will be considered as bringing its own punishment, and the old idea of hell will be dispensed with.

**DR. R. J. GUNN**  
DENTIST  
Office over Grannis' store, McCook, Neb.

C. H. BOYLE C. E. ELDRED, Co. Att'ys  
**BOYLE & ELDRED**  
ATTORNEYS AT LAW  
Long Distance Phone 44  
Rooms 1 and 7, second floor. McCook, Neb.  
Postoffice Building

**DR. A. P. WELLES**  
Physician and Surgeon  
Office: Residence 524 Main Avenue. Office and Residence phone 53. Calls answered night or day.  
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**L. H. LINDEMANN**  
Real Estate-Insurance  
Phone 56  
Office over McMillen's drug store McCook, NEBRASKA

**JOHN E. KELLEY.**  
ATTORNEY AT LAW and BONDED ABSTRACTER  
McCOOK, NEBRASKA.  
Agent of Lincoln Land Co. and of McCook Water Works. Office in Postoffice building.

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McCOOK, NEB.  
Consultation free.

**NEW BARBER SHOP**  
NEWLY FURNISHED AND FIRST CLASS IN EVERY WAY  
Rear of First Nat'l Bank  
Earl Murray

**C.C. Fahrenbruck**  
General Repair Shops  
BICYCLES, GUNS, SEWING MACHINES, ETC.  
GASOLINE STOVES REPAIRED ON SHORT NOTICE  
Two doors east of DeGroff's Store McCook, Nebraska

**Chamberlain's COLIC, CHOLERA AND Diarrhea Remedy**

A few doses of this remedy will invariably cure an ordinary attack of diarrhea. It has been used in nine epidemics of dysentery with perfect success.

It can always be depended upon, even in the more severe attacks of cramp colic and cholera morbus.

It is equally successful for summer diarrhea and cholera infantum in children, and is the means of saving the lives of many children each year.

When reduced with water and sweetened it is pleasant to take. Every man of a family should keep this remedy in his home. Buy it now. It may save life.

PRICE, 25c. LARGE SIZE, 50c.

**WE GUARANTEE To Prevent Hog Cholera**

From appearing on your farm. Be prudent, this year, and prevent a repetition of the losses of previous years.

Call and See Us and Get Written Guarantee



**TESTIMONIAL**  
Delmont, S. D., Dec. 17, 1902.  
I used L. K. for hog cholera and it was all right. It cured my hogs. I had three sick ones and they all got well and done fine. I also used it for chicken lice and mites and it is all you claim for it. It is the only medicine for hog cholera, I think.  
Harrington, Neb., Dec. 11, 1902.  
I am using Liquid Koal and am well pleased with it. I am sure I saved my hogs with it last year, and am going to keep it in stock all the time as it is the best thing I ever had on the place for everything it is intended for. It is good for chicken cholera, lice on stock, insects of all kinds; it will destroy all kinds.  
F. W. WOMAN.

**JAMES CAIN**  
Manufactured by the National Medical Company, Sheldon, Iowa.

## A GREAT MAIL ORDER PROPOSITION!

**SEND US YOUR ORDER \$12.95**  
A \$21.50 Man's Outfit Complete for

**THIS IS WHAT YOU GET.**  
Suit, absolutely pure all-wool, worth - \$13.00  
Fine soft Hat, any style or color, worth - 2.00  
Pair of stylish Shoes, worth - 2.50  
Madras, or Percale Shirt, worth - .75  
Pair of Fine Suspenders, worth - .25  
Pair of fancy or plain Socks, worth - .10  
Nice Handkerchief, colored border, worth - .15  
Four-in-hand or made-up silk Tie, worth - .25  
Fine Leatherette Suit Case, worth - 2.50  
**TOTAL, - - - - - \$21.50**

**FOR \$12.95**

**SEND US ONE DOLLAR** with order, and we will send this outfit complete, in suit case, by express, any address, subject to examination, and if everything is satisfactory, pay express agent \$1.00 balance and express charges.

**It is Easy to Order this Outfit.**  
We positively guarantee to fit you perfectly.

**PLEASE NOTE THE MEASURING DIRECTIONS.**

**Nebraska Clothing Co**  
OMAHA

**To Cure a Cold in One Day**  
Take Laxative Bromo Quinine Tablets.  
Seven Million boxes sold in past 12 months.

**Cures Grip In Two Days.**  
on every box. 25c.

**E. W. Grove**