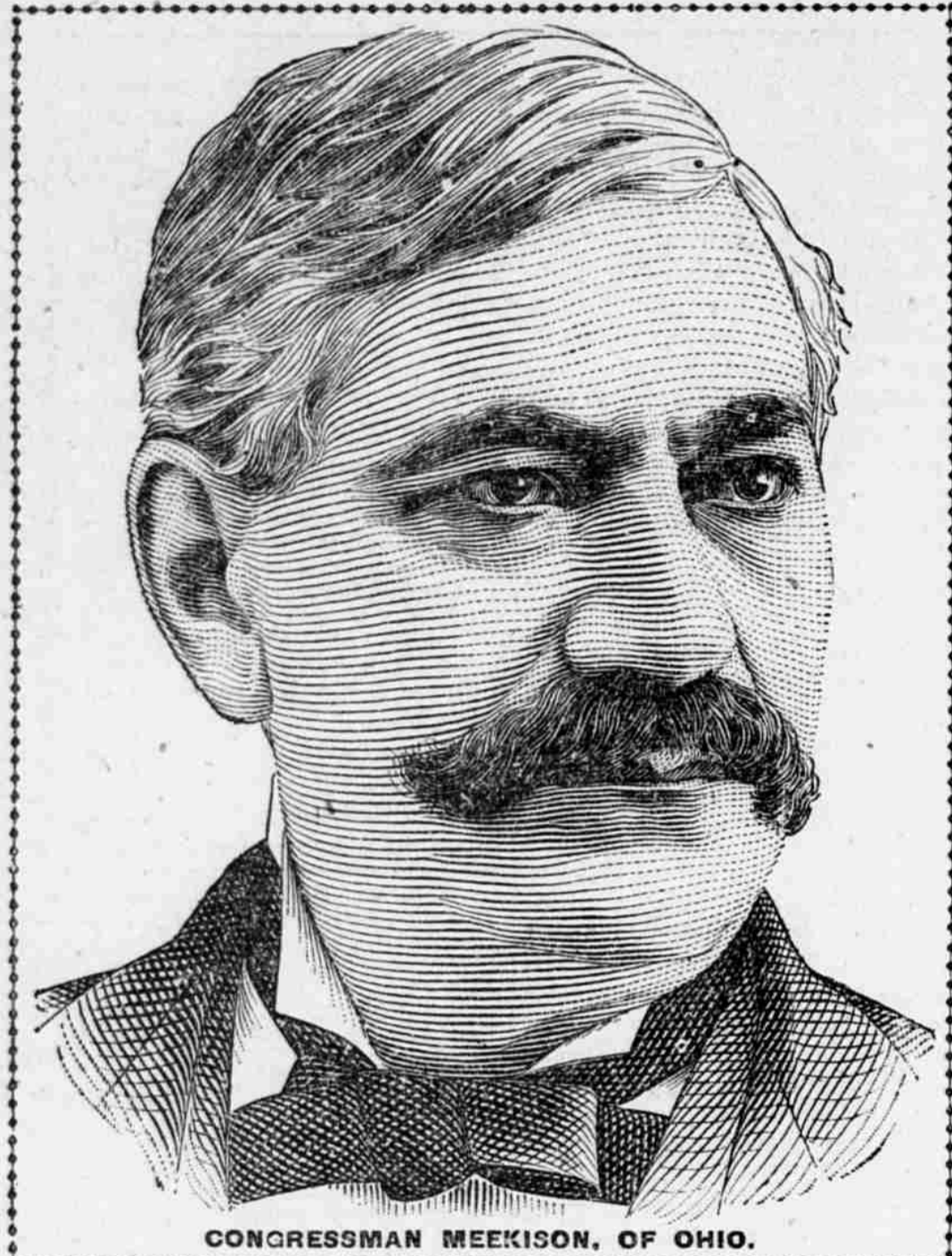


FOR THIRTY YEARS

Congressman Meekison Suffered With
Catarrh—Read His Endorsement
of Pe-ru-na.



CONGRESSMAN MEEKISON, OF OHIO.

Hon. David Meekison is well known, not only in his own State but throughout America. He began his political career by serving four consecutive terms as Mayor of the town in which he lives, during which time he became widely known as the founder of the Meekison Bank of Napoleon, Ohio. He was elected to the Fifty-fifth Congress by a very large majority, and is the acknowledged leader of his party in his section of the State.

Only one flaw marred the otherwise complete success of this rising statesman. Catarrh with its insidious approach and tenacious grasp, was his only un conquered foe. For thirty years he waged unsuccessful warfare against this personal enemy. At last Peruna came to the rescue, and he dictated the following letter to Dr. Hartman as the result:

"I have used several bottles of Peruna and I feel greatly benefited thereby from my catarrh of the head. I feel encouraged to believe that if I use it a short time longer I will be fully able to eradicate the disease of thirty years' standing."—David Meekison, ex-member of Congress.

THE season of catching cold is upon us. The cough and the sneeze and nasal twang are to be heard on every hand. The origin of chronic catarrh, the most common and dreadful of diseases, is a cold.

This is the way the chronic catarrh generally begins. A person catches cold, which hangs on longer than usual. The cold generally starts in the head and throat. Then follows sensitiveness of the air passages which incline one to catch cold very easily. At last the person has a cold all the while seemingly, more or less discharge from the nose, yawning, sneezing, frequent clearing of the throat, nostrils stopped up, full feeling in the head and sore, inflamed throat.

The best time to treat catarrh is at the very beginning. A bottle of Peruna properly used never fails to cure a common cold, thus preventing chronic catarrh. While many people have been cured of chronic catarrh by a single bottle of Peruna, yet, as a rule, when the catarrh becomes thoroughly fixed, more than one bottle is necessary to complete a cure. Peruna has cured cases innumerable of catarrh of twenty years' standing. It is the best, if not the only internal remedy for chronic catarrh in existence.

But prevention is far better than cure. Every person subject to catching cold should take Peruna at once at the slightest symptom of cold or sore throat at this season of the year and thus prevent what is almost certain to end in chronic catarrh.

Mrs. A. Sneider, Cartersville, Ga. writes: "I saw that your catarrh remedy, Peruna, was doing others so much good, that I thought I would try it and see what it would do for me. My case is an old one and I have none of the acute symptoms now, because I have had the disease so long that I had none of the aches and pains, but a general rundown condition of the whole body—sore nose and throat and stomach. I had a good appetite but my food did not nourish my system. I had come down from 140 to about 75 pounds in weight. I now feel that I am well of my troubles."—Mrs. A. Sneider.



Send for free book on catarrh, entitled "Winter Catarrh," by Dr. Hartman. "Health and Beauty sent free to women only." If you do not derive prompt and satisfactory results from the use of Peruna, write at once to Dr. Hartman, giving a full statement of your case and he will be pleased to give you his valuable advice gratis. Address Dr. Hartman, President of The Hartman Sanitarium, Columbus, O.

HEARTH & BOUDOIR.

To Clean Jewelry. Diamonds may be washed in a lather of soap, rinsed with cold water, and polished with a chamois leather. Just before polishing rub a little eau de Cologne on the stones. Other precious stones may be cleaned with cold water and yellow soap, then lay them in sawdust to dry. Opals should be cleaned with a wet leather and polishing afterwards with precipitated chalk, finally rinsing in cold water. Gold and silver ornaments only require washing in cold, soapy water, to which a few drops of ammonia have been added; leave them in this for an hour and then rinse in clean water. Ivory ornaments, brushes, etc., should be rubbed with a little peroxide of hydrogen and placed in the sun to dry.

House Jacket. House jackets are possessions of which no woman ever yet had too great a variety. This one is made with a slightly open neck and loose sleeves that are much to be desired from the standpoint of comfort as well as beauty. The model is made of flowered challie trimmed with lace, but is well adapted to all the pretty washable fabrics in vogue. The big collar is a feature and gives the long, drooping shoulder line which so completely marks the season.



4643 House Jacket, 32 to 42 bust.

The jacket is made with fronts, backs and side backs and is loose at the front but curved to fit the figure at the back where it is cut to form deep points. The big collar finishes the neck and extends down onto the fronts and the sleeves are cut to form the fashionable handkerchief points.

The quantity of material required for the medium size is 4 yards 24 inches wide, 3 1/2 yards 27 inches wide or 2 yards 44 inches wide, with 7 yards of insertion and 8 yards of edging to trim as illustrated.

The pattern 4643 is cut in sizes for a 32, 34, 36, 38, 40 and 42-inch bust measure.

With the Housewife

It is a good idea to put a little shot in the bottom of tall vases. Then they are so liable to be knocked over by careless hands.

When cleaning the bars of a new or rough stove, if they are first rubbed over with a cloth dipped in vinegar and water the blacklead will be found to adhere, and a brilliant polish will be the result.

The bars of a grate often have a burned appearance, which prevents their taking a good polish. This difficulty is soon overcome. Before applying the black lead rub the bars with a piece of lemon and they will be quite easy to polish well afterward.

Bacon rinds can be utilized many ways, so do not throw them in the garbage barrel. Wash them, thoroughly and put them in a jar for future use. They make an excellent seasoning for greens and come soups and they are often used to give a finishing touch to baked and fricasseed chicken.

Fancy Waist. All broad shoulder effects are in vogue and as a consequence berthas of all sorts are worn. This smart and effective waist combines pine green Korean crepe with chiffon velvet in a deeper shade of cream-colored lace, and exemplifies a berthas of the newest sort together with sleeves that can be full or elbow length as desired. The lace yoke over the under one of velvet is singularly handsome as well as novel and the use of both heavy and fine lace on the same waist is a feature of the latest designs.

The waist is made over a fitted lining which is faced to form the yoke and on which the full front and backs and the circular folds, which give a berthas effect, are arranged. The sleeves are made plain above the folds but full and soft below, forming full puffs which are finished with frills when elbow length is used, and below which deep cuffs are added to give full length. At the waist is a shaped bodice that is softly draped.

The quantity of material required for the medium size is 5 yards 21 inches wide, 4 yards 27 inches wide, or 2 1/2 yards 44 inches wide, with 1 yard of all over lace, 1 1/2 yards of velvet and 3 yards of lace for frills to make as illustrated.

The pattern 4641 is cut in sizes for a 32, 34, 36, 38 and 40-inch bust measure.

Parisian Touches. The fashion of wearing lace in conjunction with the heaviest fur is of Parisian origin. The leading furriers there are mixing guipure in wide bands alternating with fur, and one of the newest models is a skirt composed of frouces of sable alternating

with bands of Irish guipure. This is a beautiful creation for carriage wear, but too heavy for any other occasion. There is a delicious blouse of lace, the full sleeves held in with bands of fur just above the elbow, and again by a deep cuff of the same. A lace pelerine, with a deep border of fur, completes the costume, which is destined for a marriage trousseau.



Save all lemon rind, dry it in the oven, grate and store in an air tight tin. A little of this added to an apple pie gives a delicious flavor.

Make tea for an invalid with boiling milk instead of boiling water. It is much nicer and much more digestible if the milk really boils.

To remove tar from any dress materials, cover the space with a little butter; let it stand awhile, then sponge off with warm water and soap.

To clean black lace, first wash in weak tea, rinsing afterwards in a second lot. Then wring out, lay between two pieces of black material, and iron with a moderately hot flatiron till dry.

Before frying onions for steak, etc., parboil them first, and they will not curl up, but fry a golden brown, instead of the indigestible black shriveled chips one so often sees.

If you find a difficulty in threading your needle, try holding it in front of a piece of white paper. This shows up the eye, and the needle is much easier to thread.

Novelties in Dress. The shower-proof or rain veil is a novelty worth considering. It is said to be not only pretty and becoming, but to afford a practical protection for the hat over which it is thrown.

Everything is rain-proofed nowadays, even gloves. Chemical treatment has been found to render kid impervious to rain without impairing its softness and pliability.

High boots are coming in, and certainly afford good protection from the elements. The popular height is ten inches and the shoes come in both black and tan calfskin.

The variety of umbrella handles is constantly increasing, and there is no end to the new and pretty novelties. One attracting unusual attention is in the form of a unique little powder box with a mirror in the top.

Coats and Wraps. There are coats of all styles and designs for day wear. Some are sack shaped and trimmed with woolen lace and quaint buttons, while others are tight-fitting with long basques, large velvet revers and cuffs. For evening wear a beautiful model is made in black velvet lined with chinchilla and adorned with a collar of rare old lace. In a different style are some little taffeta coats for theaters. These do duty charmingly when accompanied by a plumed picture hat of lace and tulle or a flowered toque of smaller proportions.

Feeling Hungry. The sensation of hunger has not been easy to explain. The new theory of a German physician is that it is

due to emptiness of the blood vessels of the stomach and it is pointed out that hunger is appeased with the rush of blood to the stomach, following the taking of food and beginning of digestion. In many anemic persons, who have no appetite when the stomach is empty, the blood vessels of the stomach are really congested instead of being empty. Lack of blood in the stomach in health acts on a special nerve, which is a branch of the same nerve trunk as the nerves of the mouth and tongue. A stimulus applied to the tongue, as by a spice, thus increases appetite, while disease affecting the nerves of the tongue may produce loss of appetite even when the stomach is empty.

Fancy Yoke Nightgown. Dainty underwear is always in demand and nightgowns made with half low necks and short sleeves are much worn. This one allows of various combinations, but is shown with a yoke of lace and foundation material of fine nainsook. The yoke is shaped to extend over the shoulders and so gives the broad line that has become so general. The sleeves are gracefully full and soft.

The gown is made with fronts and back, which are tucked at their upper edges, so providing ample fullness below, and are joined to the yoke. The sleeves are tucked to fit the upper arms snugly, but fall in soft folds and are finished with generous frills that form jabots at the inner arms.

The quantity of material required for the medium size is 5 1/2 yards 36 inches wide, with 1/2 yard of all-over lace, 3/4 yards of insertion, 4 yards of wide lace and 1 1/2 yards of narrow lace to trim as illustrated.

The pattern 4652 is cut in sizes for a 32, 34, 36, 38 and 40-inch bust measure.

How to Make Shirtwaist Boxes. Shirtwaist boxes are an innovation of great value. They can be easily made of wood richly carved or burned or simply of pasteboard covered with painted or printed silk and lined with paper or silk.

Readers of this paper can secure any May Mantion pattern illustrated above by filling out all blanks in coupon, and mailing, with 10 cents, to E. E. Harrison & Co., 65 Plymouth Place, Chicago. Pattern will be mailed promptly.

Name _____
Town _____
State _____
Pattern No. _____
Waist Measure (if for skirt) _____
Bust Measure (if for waist) _____
Age (if child's or miss's pattern) _____

Write plainly. Fill out all blanks. Enclose 10c. Mail to E. E. Harrison & Co., 65 Plymouth Place, Chicago.

ONE OF THE NEW WAISTS.



Checked silks touched with velvet are always attractive and at the moment are smart in the extreme. This one is black and white and includes a novel berthas which is extended to give a V effect at the back. The fronts are tucked to form a yoke, but the back of the yoke is separate, the waist below being tucked in groups.

The sleeves are among the latest and form full, drooping puffs below the elbows. The quantity of material required for the medium size is 5 yards 21, 4 1/2 yards 27 or 2 1/2 yards 44 inches wide. A May Mantion pattern, No. 4434, size 32 to 40, will be mailed to any address on receipt of ten cents.

\$100 Reward, \$100.
The readers of this paper will be pleased to learn that there is at least one dreaded disease that science has been able to cure in all its stages, and that is Catarrh. Hall's Catarrh Cure is the only positive cure now known to the medical fraternity. Catarrh being a constitutional disease, requires a constitutional treatment. Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system, thereby destroying the foundation of the disease, and giving the patient strength by building up the constitution and assisting nature in her glorious work. The proprietors have so much faith in its curative powers that they offer One Hundred Dollars for any case that it fails to cure. Send for list of testimonials.
Address F. J. CHENEY & CO., Toledo, O.
Sold by all Druggists, 75c.
Take Hall's Family Pills for constipation.

When a woman knows she is home by she isn't ashamed to boast of her ability to cook.

The Editor of the Rural New Yorker Than whom there is no better Potato Expert in the Country, says: "Salzer's Earliest Potato is the earliest of 36 varieties, tried by me, yielding 464 bu. per acre. Salzer's Early Wisconsin yielded for the Rural New Yorker 736 bu. per acre. Now Salzer has heavier yielding varieties than above. See Salzer's Catalog."

and this notice to the John A. Salzer Seed Co., La Crosse, Wis., and receive lots of farm seed samples and their big catalog, which is brim full of rare things for the gardener and farmer, easily worth \$100.00 to every wide-awake farmer.

It describes Salzer's "Prospect," yielding 150,000 lbs. per acre, of rich green fodder. Salzer's Victoria Rape, yielding 60,000 lbs. of sheep and hog food per acre, together with Salzer's New National Oats, which has a record of 390 bu. per acre in 30 states, so also full description of Alfalfa Clover, Giant Incurant Clover, Alsike, Timothy and thousands of other fodder plants, Grasses, Wheat, Speltz, Barleys, etc. (W. N. U.)

Tibet, "the roof of the world," is a tableland three times as large as France.

Cheap Excursions to the South. On February 16, March 1 and 15, the Kansas City Southern railway will offer to the public the extremely low rate of \$10.00 for the round trip to all points on the Port Arthur Route, including Beaumont, Port Arthur, Lake Charles, Shreveport, Texarkana, Fort Smith, Mena, De Queen and all intermediate points. The return limit on these tickets will be twenty-one days from date of sale, with stopover privileges at all points south of Kansas City on the going trip. Any information desired by the public relative to these cheap excursions will be cheerfully furnished upon application to S. G. Warner, G. P. and T. A., Kansas City, Mo.

Heavenly bread is never blessed until it is broken.

FRAUDS IN A BALE OF HAY.

Frauds in Watch Cases. According to an article in the Cincinnati Commercial, a fifty-one pound stone was recently found in the city secreted in a bale of hay of eighty pounds.

This is not as bad as finding a lump of lead of nearly one-half the weight of the solid gold watch case secreted in the center of the case.

Gold watch cases are sold by weight, and no one can see where this lead is secreted until the springs of the case are taken out and the lead will be found secreted behind them.

These cases are made by companies who profess to be honest but furnish the means to the dishonest to rob the public. It is not pleasant for anyone to find that he has lugged a lump of lead in his watch case.

Another trick the makers of spurious solid gold watch cases is to stamp the case "U. S. Assay." The United States does not stamp any article made out of gold and silver except coin, and the fairer, by using this stamp, wants to make the public believe that the government had something to do with the stamping or guaranteeing the fitness of watch cases.

Another trick of the watch faker is to advertise a watch described as a solid gold filled watch with a twenty or twenty-five year guarantee. These watches are generally sent C. O. D., and if the purchaser has paid for the watch he finds that the Company which guaranteed the watch to wear is not in existence.

The Dier-Hampden Watch Company of Canton, Ohio, who are constantly exposing these frauds, will furnish the names of the manufacturers who are in this questionable business.

A man's greatness is seen in his recognition of goodness.

To Wash China Silk Dresses. China silk dresses may be quite successfully washed. Remove all spots with benzine. Then wash in warm soapsuds, rubbing between the hands, rinse through several waters. Use Ivory Soap and do not rub the soap on the dress. Wring as dry as possible, wrap in a sheet or clean cotton cloth and, when partially dry, iron.

ELEANOR H. PARKER.

Some men are so easy-going that after awhile they cease to go at all.

Some men are so easy-going that after awhile they cease to go at all.

Largest growers of ONION

and Vegetable Seeds in the World.
Our Prices range from 60 cents to \$1.50 per pound, and no better seed is found on earth.
How to grow 1,200 bushels of onions per acre with one acre order.
Pkg. 10c. Catalog free, for postage.
John A. Salzer Seed Co., LA CROSSE, WIS.

\$500 Given Away

To a certain number of consumers buying ALABASTINE and sending us before October 15, 1904, the closest estimates on the popular vote for the next President. Write us or ask a dealer in Alabastine for the exact conditions imposed in this contest, which is open to all.

ALABASTINE is the only sanitary wall coating. Anyone can apply it. Mix with cold water. Not a disease-breeding, out-of-date, hot-water, glue-kalsonine.
Send for this paper.
ALABASTINE CO., Grand Rapids, Mich., or 103 Water St., New York City.

The poet is born, but the liar is compelled to acquire his art.

GREGORY SEEDS
Successfully sown for nearly a century.
Catalogue free. J. H. Gregory & Son, Merchants, Mass.

LESS THAN HALF

rates to Indian Territory, Oklahoma and Texas on February 16th, March 1st and 15th. If you contemplate a trip Southwest, don't overlook this. Don't delay. Write to-day.

GEORGE MORTON.
Gen. Pass. and Ticket Agent,
St. Louis, Mo.

CAPSICUM VASELINE

(PUT UP IN COLLAPSIBLE TUBES)
A substitute for and superior to mustard or any other plaster, and will not blister the most delicate skin. The pain-allaying and curative qualities of this article are wonderful. It will stop the toothache at once, and relieve headache and sciatica. Wercompund it is the best and safest external counter-irritant known, also as an external remedy for pains in the chest and stomach and all rheumatic, neuralgic and gouty complaints. A trial will prove what we claim for it, and it will be found to be invaluable in the household. Many people say "it is the best of all your preparations." Price 15 cents, at all druggists or other dealers, or by sending this amount to us in postage stamps we will send you a tube by mail. No article should be accepted by the public unless the same carries our label, as otherwise it is not genuine.
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BEGGS' CHERRY COUGH SYRUP cures coughs and colds.

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Money refunded for each package of PUTNAM FADELESS DYES if unsatisfactory.

It is not hard to detect the man who is not elated by position.

Wiggle-Stick LAUNDRY BLUE
Won't spill, break, freeze nor spot clothes. Costs 10 cents and equals 20 cents worth of any other bluing. If your grocer does not keep it send 10c for sample to The Laundry Blue Co., 14 Michigan Street, Chicago.

The world suspects that a man is in love before he knows it himself.

Stops the Cough and Works Off the Cold
Laxative Bromo Quinine Tablets. Price 25c.

The world is a comedy of those who think a tragedy to those who feel

FITS permanently cured. No fits or nervousness after first day's use of Dr. Kline's Great Nerve Restorer. Send for FREE \$2.00 trial bottle and treatise. Dr. R. H. Kline, Ltd., 231 Arch Street, Philadelphia, Pa.

Poverty and pleasure are not disposed to go hand-in-hand.

YELLOW CLOTHES ARE UNSIGHTLY.
Keep them white with Red Cross Ball Blue. All grocers sell large 3 oz. package, 5 cents.

In the field of destiny we reap what we have sown.—Whittier.

LEWIS' SINGLE BINDER
THE BEST QUALITY
STRAIGHT 5 CIGAR ALWAYS RELIABLE
Your jobber or direct from Factory, Peoria, Ill.

W. N. U., Omaha. No. 8—1904

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Best Cough Syrup. Tastes Good. Use in time. Sold by druggists.
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