

HEALTHY WOMEN

Praise Pe-ru-na as a Cure for Colds and a Preventive of Catarrh.



MRS. M. J. BRINK
FIRST STAGE OF CATARRH.

A Serious Mistake Which Thousands Are Making.

The first stage of catarrh is what is commonly known as "catching cold." It may be in the head, nose, throat or lungs. Its beginning is sometimes so severe as to cause a chill and considerable fever, or it may be so slight as to not hinder a person from his usual business. In perhaps a majority of cases little or no attention is paid to the first stage of catarrh, and hence it is that nearly one-half of the people have chronic catarrh in some form.

To neglect a cold is to invite chronic catarrh. As soon as any one discovers

the first symptoms of catching cold he should at once begin the use of Peruna according to directions on the bottle, and the cold is sure to pass away without leaving any bad effects.

Unless this is done the cold is almost sure to end in the second stage of catarrh, which is making so many lives miserable. If Peruna was taken every time one has a cold or cough, chronic catarrh would be practically an unknown disease.

Miss Elizabeth Uber, No. 57 Bassett street, Albany, N. Y., writes:

"I have always dreaded unsettled weather because of my extreme liability to catch cold, when a catarrhal trouble would quickly develop through my entire system, which it would take weeks to drive away. I am thankful to say that since I have taken PERUNA I do not have any reason to dread this any more. If I have been at all exposed to the damp, wet or cold weather, I take a dose or two of PERUNA and it throws out any hint of sickness from my system."—Miss Elizabeth Uber.



MISS SARA MCGAHAN

how glad I felt when it began to relieve me in a very short time. In less than two weeks I was completely cured."—Sybil A. Hadley.

Miss Sara McGahan, No. 197 Third street, Albany, N. Y., writes:

"A few months ago I suffered with a severe attack of influenza, which nothing seemed to relieve. My hearing became bad, my eyes became irritated and feverish. Nothing seemed right and nothing I ate tasted good. I took PERUNA and within two weeks I was perfectly well."—Sara McGahan.

If you do not derive prompt and satisfactory results from the use of Peruna, write at once to Dr. Hartman, giving a full statement of your case, and he will be glad to give you his valuable advice gratis.

Address Dr. Hartman, President of The Hartman Sanitarium, Columbus, O.

ISSUES CIRCULAR

MITCHELL URGES MINERS TO INCREASE OUTPUT

SO AS TO DECREASE SUFFERING

He Says Situation Has Reached an Acute Stage and Has Resulted in Great Suffering and Hardship to the Poor.

PHILADELPHIA, Pa. — President Mitchell of the United Mine Workers of America issued the following circular letter to all local unions in the anthracite district:

To the Officers and Members of Local Unions of the United Mine Workers of America in the Anthracite Region.—Gentlemen: You are no doubt aware that a serious coal famine exists in inland and seaboard cities, due to the shortage of the anthracite coal supply. The situation has reached an acute stage and has resulted in great suffering and hardship to the poor, whose earnings are insufficient to enable them to pay the excessive prices now being charged for fuel, and it is subjecting the general public to great inconvenience.

To relieve the situation and alleviate as far as possible the situation now being endured, is the duty of everyone connected with the production of coal. With this end in view, we are prompted to address this communication to all members of our union and request that they co-operate with the management of the mines in an effort to increase the production of coal. The gravity of the situation is such as to require that every mine worker shall exert himself and use every effort at his command to this end.

Upon reading this communication in the columns of the daily papers local unions should hold meetings and devise means by which the daily output of the mines may be increased. These efforts should be continued until the weather moderates and the great necessity for fuel shall have passed.

JOHN MITCHELL,
President United Mine Workers of America.

T. D. NICHOLS,
THOMAS DUFFY,
JOHN FAHY,
President Anthracite Districts

PUSH TRUST LAWS.

President Desires to Curb the Combinations.

WASHINGTON.—President Roosevelt had a conference Wednesday with Speaker Henderson and Representative Grosvenor of Ohio with regard to proper anti-trust legislation. The conference lasted for a considerable time, the situation in the house being discussed thoroughly.

It is understood that the president impressed upon his callers, who went to the executive offices at his request, his desire that some legislation dealing with the trust question should be enacted at the present session of congress. No particular measure was under discussion and, of course, none was agreed upon.

"The trust question is a most difficult one to handle in a legislative way," said General Grosvenor, as he left the executive offices, "but I think some measure will be enacted into law at this session. It will be necessary to steer a middle course between the desires of the radical anti-trust people and those who profess to see little evil in trusts or combinations of capital. That such a course will be adopted by congress I have no doubt."

It is stated that at the conference the question of bringing the subject of trusts before the house in a formal way at an early date was considered, but what conclusion, if any, was reached is not known.

Armenians Take Strikers' Places.

AMSBURY, Mass.—The strike of more than 600 employes of carriage manufacturers for a nine-hour day and a new wage scale carrying a slight increase began its second week Monday. Five hundred strikers met at a train bringing thirty-eight Armenians from New York and tried to induce the strangers to join the union or to leave without disembarking. No violence was offered. The train was shunted into the yard of one of the carriage factories and the Armenians were distributed among the factories, where they were put to work.

Norwegian Bark Wrecked.

SEATTLE, Wash.—News has been received of the wreck of the Norwegian bark Prince Arthur and the death by drowning of eighteen of the crew. The Prince Arthur was bound from Valparaiso for British Columbia to load lumber. Of the twenty members of the Prince Arthur's crew, only two were saved and they were nearly exhausted when they were washed ashore. The bodies of eighteen drowned seamen are being buried by ranchers and Indians, living near the scene of the disaster as they come ashore.



A prominent Southern lady, Mrs. Blanchard, of Nashville, Tenn., tells how she was cured of backache, dizziness, painful and irregular periods by the use of Lydia E. Pinkham's Vegetable Compound.

"DEAR MRS. PINKHAM:—Gratitude compels me to acknowledge the great merit of your Vegetable Compound. I have suffered for four years with irregular and painful menstruation, also dizziness, pains in the back and lower limbs, and fitful sleep. I dreaded the time to come which would only mean suffering to me.

"Better health is all I wanted, and cure if possible. Lydia E. Pinkham's Vegetable Compound brought me health and happiness in a few short months. I feel like another person now. My aches and pains have left me. Life seems new and sweet to me, and everything seems pleasant and easy.

"Six bottles brought me health, and was worth more than months under the doctor's care, which really did not benefit me at all. I am satisfied there is no medicine so good for sick women as your Vegetable Compound, and I advocate it to my lady friends in need of medical help."—Mrs. B. A. BLANCHARD, 422 Broad St., Nashville, Tenn.

When women are troubled with irregular, suppressed or painful menstruation, weakness, leucorrhoea, displacement or ulceration of the womb, bearing-down feeling, inflammation of the ovaries, backache, bloating (or flatulence), general debility, indigestion, and nervous prostration, or are beset with such symptoms as dizziness, faintness, lassitude, excitability, irritability, nervousness, sleeplessness, melancholy, "all-gone" and "want-to-be-left-alone" feelings, blues and hopelessness, they should remember there is one tried and true remedy. Lydia E. Pinkham's Vegetable Compound at once removes such troubles. Refuse to buy any other medicine, for you need the best.

A Severe Case of Womb Trouble Cured in Philadelphia.

"DEAR MRS. PINKHAM:—I have been cured of severe female troubles by the use of Lydia E. Pinkham's Vegetable Compound. I was nearly ready to give up, but seeing your advertisement I purchased one bottle of your medicine, and it did me so much good that I purchased another, and the result was so satisfactory that I bought six more bottles, and am now feeling like a new woman. I shall never be without it. I hope that my testimonial will convince women that your Vegetable Compound is the greatest medicine in the world for falling of the womb or any other female complaints."—Mrs. MAX CONY, 2660 Birch St., Philadelphia, Pa.

Remember, every woman is cordially invited to write to Mrs. Pinkham if there is anything about her symptoms she does not understand. Her address is Lynn, Mass., her advice is free and cheerfully given to every ailing woman who asks for it.



Every tidy housekeeper appreciates nicely starched clothes and linens. No starch under the sun gives so good a finish as Defiance Starch. It is absolutely free of the chemicals which other starches contain. It never sticks to the iron or causes the clothes to break. It does not rot them. For 10 cents you get 16 ounces of the best starch that can be made. Get Defiance.

THE DEFIANCE STARCH CO.,
OMAHA, NEB.

Old age has its sunrise as well as its sunset.

Many School Children Are Sickly. Mother Gray's Sweet Powders for Children, used by Mother Gray, a nurse in Children's Home, New York, break up Colds in 24 hours, cure Feverishness, Headache, Stomach Troubles, Teething Disorders and Destroy Worms. At all druggists', 25c. Sample mailed free. Address Allen S. Olmsted, Le Roy, N. Y.

He has a beggarly idea of prayer to whom it is only begging.

Christ brings man to God by bringing God to man.

WEAK WOMEN.

CONSTIPATION STARTED YOUR SUFFERING, CURE IT AND YOUR AFFLICTION WILL VANISH.

Mull's Grape Tonic Cures Constipation.

When the bowels move irregularly the entire bodily system must suffer. Constipation more frequently occurs among women and it manifests itself in provoking profuse leucorrhoea and other serious female diseases. Regular bowels will result in a complete cure when you use Mull's Grape Tonic. Unlike pills and ordinary cathartics, this remedy is a mild, gentle laxative in addition to being a greater flesh-builder, blood-maker and strength-giver than cod liver oil or any other preparation recommended for that purpose. Mull's Grape Tonic will permanently cure the most obstinate case of constipation, and the numerous afflictions that invariably follow in its wake. No matter if it is piles, liver complaint, kidney disorder, vertigo, palpitation of the heart, diarrhoea or the self-poisoning which follows when the undigested food remains in the bowels where it putrefies and emits highly diseased germs into the blood, such as typhoid and malaria, Mull's Grape Tonic will positively cure. Large sample bottle will be sent free to any address on receipt of 10 cents to cover postage, by the Lightning Medicine Co., Rock Island, Ill. Send name of your druggist. All druggists sell Mull's Grape Tonic at 50 cents a bottle.

For Lameness, Sprains, Cuts, Burns, Bruises.

You and Your Horse

Need a good Liniment at times—one that penetrates and heals. You can always depend upon THE OLD RELIABLE

MEXICAN MUSTANG LINIMENT.

Don't hesitate—get it at once.

LAST WILL AND TESTAMENT. I hereby bequeath my horse to the Eds. Robt. Tanning Co., to be named with the hair on, and made into a robe or coat, and returned to my bereaved owner. As I have only one horse I am very particular about it, and insist that none but the said firm be allowed to do this work. They have the largest and best equipped factory and saw the most capable of tanning my horse to suit me.

Write today for custom price lists. Eds. Robt. Tanning Co., Dubuque, Iowa, Fur Dressers, Pig Dyers, Furriers.

—DREWS—
JUNIPER BITTERS

Relieves All Distress of the Stomach and Periodical Disorders.

FLAVOR UNSURPASSED. Sold Everywhere. CRESCENT CHEMICAL CO. Omaha, Neb.

\$25.00 IS WHAT YOU CAN SAVE. We make all kinds of scales.

5 TON Also B. B. Pumps and Windmills.

BECKMAN BROS., DES MOINES, IOWA.

Admitted with Thompson's Eye Water

W. N. U.—Omaha. No. 3—1903.

PISO'S CURE FOR CURES WHERE ALL ELSE FAILS. Best Cough Syrup. Use in time. CONSUMPTION

WESTERN CANADA HAS FREE HOMES FOR MILLIONS.

Upwards of 100,000 Americans have settled in Western Canada during the past 5 years. They are CONTENTED, HAPPY, AND PROSPEROUS, and there is room still for MILLIONS.

Wonderful yields of wheat and other grains. The best grazing lands on the continent. Magnificent climate; plenty of water and fuel; good schools, excellent churches, splendid railway facilities.

HOMESTEAD LANDS OF 160 ACRES FREE, the only charge for which is \$10 for entry. Send to the following for an Atlas and other literature, as well as for certificate giving you reduced railway rates, etc., etc.: Superintendent of Immigration, Ottawa, Canada, or to W. V. Bennett, 801 New York Life Bldg., Omaha, Neb., the authorized Canadian Government Agent.

You don't need to treasure your sorrows; you will always find enough when you need them.

IMMENSE TOBACCO PURCHASE.

Forty-Eight Thousand Dollars Paid for a Fancy Lot of Tobacco.

The biggest purchase of high grade tobacco ever made in the West by a cigar manufacturer was made last Wednesday by Frank P. Lewis, Peoria, Ill., for his celebrated Single Binder cigar. A written guarantee was given that the entire amount was to be fancy selected tobacco. This, no doubt, makes the Lewis factory the largest holder in the United States of tobacco of so high a grading.

It's no use picking the mote out of your brother's eye with the hatchet of hatred.

To Cure a Cold in One Day. Take Laxative Bromo Quinine Tablets. All druggists refund money if it fails to cure. 25c.

He who bears false witness against his neighbor bears true witness against himself.

In Winter Use Allen's Foot-Ease. A powder. Your feet feel uncomfortable, nervous and often cold and damp. If you have sweating, sore feet or tight shoes, try Allen's Foot-Ease. Sold by all druggists and shoe stores, 25 cents. Sample sent free. Address Allen S. Olmsted, Le Roy, N. Y.

God will always set the picture of character in a worthy chamber.

Mrs. Winslow's Soothing Syrup. For children teething, softens the gums, reduces inflammation, allays pain, cures wind colic. 25c a bottle.

No man becomes wise until he has often called himself a fool.

Piso's Cure cannot be too highly spoken of as a cough cure.—J. W. O'BRIEN, 322 Third Ave., N., Minneapolis, Minn., Jan. 6, 1903.

The footprints on the sand of time all lead at last to the great White Throne beside the tideless sea.

Taxidermy and Fur Dressing. Overcoats and robes made to order. Cow hides a specialty. O. B. GILBERT COMPANY, 1424 South 13th St. OMAHA, NEB. Telephone F-1814.

Doctrines found by dissection necessitate the death of truth.