Pity and Beauty

The most beautiful thing in the world is the baby, all dimples and joy. The most pitiful thing is that same baby, thin and in pain. And the mother does not know that a little fat makes all the difference.

and left hollows and fear; the fat, that was comfort and color and curve-all but pity and love--is gone.

from her food. There is something wrong; it is either her food or food-mill. She has had no fat for weeks; is living on what she had stored in that plump little body of hers; and that is gone. She is starving for fat; it is death, be quick!

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The Burlington excursions leave Omaha every Tuesday and Thursday and go through to San Francisco and Los Angeles without changes or delays of any kind. You can join them at Lincoln, Hastings, Oxford, or any other station at which the train stops. The route is through Denver and Salt Lake City, past the finest scenery visible from car windows anywhere on the globe. An experienced excursion manager is in charge of each excursion party and a uniformed porter accompanies each car.

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is the one safe and sure medicine for irregular or painful menstruction. It cures all the ailments that are caused by irregularity, such as leucor-rhœa, falling of the womb, nervousness; pains in the head, back, breasts, shoulders, sides, hips and limbs. By regulating the menses so that they occur every twenty-eighth day, all those aches disappear together. Just before your time comes, get a bottle and see how much good it will do you. Druggists

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Beds and Sleeping.

A German doctor has been investigating the question of beds, and the result of his labors has been lately given to the world in the pages of a German journal. In the first place, to convince mankind of the importance of his subject, the doctor reminds all mankind that we spend from one-fourth to onethird of our lives in bed, after which he proceeds to advise the world on the healthiest hind of couch and the most sensible manner of reposing thereon.

A hard bed appears to be the best, and it is laid down that children from the earliest years should be trained to sleep on these hard beds. Soft beds are too warm and do not admit sufficient air. Even in the case of the hard bed the sleeper is warned to see that his covering, whether woolen or cotton, is not so heavy that the body is kept overwarm and fresh air is excluded. This ventilation, according to our authority, is all important. But what will middle aged people say when the man of science bids them dispense with their pillows? Pillows, he de-Dimples and joy have gone, clares, are evils, and it is right that we should sleep with limbs uncramped on a perfectly horizontal plane. Knowing the weakness of human flesh, however, the doctor declares that if pillows are retained they should be neither too soft nor too thick.

A point on which most people will agree with this authority is the neces-The little one gets no fat sity for constant (the doctor asks for daily) airing and sunning of the bedding. Much ill health may be attributed to carelessness in this matter.-London Globe.

A Story of Whistler.

The Boston Transcript says: "A diverting anecdote is told of the boyhood of Mr. Whistler, the greatest modern impressionist. He was apprenticed to some engineers who were etching elaborate maps on copper. One day his employer asked him if he also could etch maps on copper. 'Oh, yes. I can etch,' promptly answered young Whis-

"As a matter of fact he had never used an etching needle in his life. However, they gave him the copper, and he set to work, making a very fine and beautiful map. But round the edges of the plate, which when bitten in with acid are always stopped out, he etched some characteristic little sketches of the different members of the firm, including a very humorous one of the chief himself.

"Shortly after he happened to go away for a week or two for his holiday. Meantime the plate had been bitten in and printed with all of the dreadful little caricatures that he had forgotten to stop out appearing in startling prominence, the sketch of the

The Gold Brick Swindle.

"The gold brick swindle," said a business man quoted in the New Orleans Times-Democrat, "is one of the most plausible propositions ever advanced and has landed some of the cleverest business men in the country. A number of years ago it used to be a common thing for banks in the west to buy gold bricks-I mean real onesand frequently there were the best of reasons for keeping the transaction quiet.

"It often happened that the owner of some partly developed mine would make an unexpected strike and wish to buy the adjacent property. Naturally he would want to hold back the news of his discovery until he secured the land and if he had any bullion to dispose of would make the sale as quietly as possible. The banks became accustomed to deals of that kind and were consequently pretty easy prey for the gold brick swindler who turned up with a precisely similar sto-

"I don't believe I exaggerate when I say that fully one-third of all the banking houses in the western mineral belt were at some time victimized by this

A Dogfight In Church.

The Westminster Budget says that it was once usual for highland shepherds to take their dogs to church and leave them outside the pews. Two shepherds at enmity sat on opposite sides of the aisle one Sunday. Soon after the sermon began the dogs, one a collie and the other not, seemed to enter into their masters' quarrel. One tender of the flock and then the other egged on his animal, and each faithful dog obeyed his master. The people at last craned their necks over the pews, and when the dogs actually fought not a few of the congregation were standing up.

The minister's patience was ultimately exhausted, and so he called to his "hearers" and said, "Ah, weel, my britherin, I see ye are more interested in the dogfight than in my sermon, and and therefore sat quietly upon him un- row. Kindly meant professions of symso I'll close the buike-and I'll bet half | til driven off by the rescue party.-Lon- pathy and consolation failed to cheer a crown on the collie!"

Had It Lowered.

Sir Augustus Harris once settled the pitch question in his own offhand fashion. A famous prima donna of his opera company came to him complaining that the piano used for vocal rehearsals was too high and asking that it might be lowered.

"Certainly," replied Druriolanus, with a bow. "Here, Forsyth, have a couple of inches sawed off the legs of this piano."

Genetus the Actor. Some English investigator has discovered that actors have a patron saint who was an actor in the days of Dio cletian and won his place by proclaiming before a heathen audience his belief in Christianity. He was put to death and for many years afterward was considered by Christian actors as their patron saint. His name was Genetus.

A Noiseless Ring Game.

The small rubber rings that are used in every household with which to seal preserve jars may be made the means of much amusement when a lively game is desired for the amusement of friends. First obtain a smooth head of a flour or sugar barrel and see that the pieces are all fastened together, forming a circular board, or any smooth board about a square foot in size will serve the purpose.

Procure ten coat hooks of medium size and secure them into the board and mark above each hook its number, ranging from No. 1 to No. 10. A hole may be made in the upper end of the board or a screw eye inserted by which to hang it upon a nail in the wall.

No. 10 is a sort of a "bullseye," and each player, having three of the rubber rings, takes turns in throwing them from a position about ten feet away, endeavoring to "hook" as many on the board as possible. A score is kept of one first getting 100 points being the winner. However, exactly 100 points must be made. For instance, if a player has 99 he has to work for "hook No. 1," as any other hook would earry him over the mark. This difficulty adds to the interest of the game.

An advantage of the game is that no rings, and it may be improvised by any boy or girl.-New York Sun.

A Misunderstanding.

Mr. G. W. Steevens in his book, "In India," says that the first sight of that | happened a long time ago, but the incicountry is amazing and stupefying, because everything is so noticeable that you notice nothing. The common crows are blue, the oxen have humps. It is a new life in a new world. In describing the native life he gives this story of their indifference to punishment:

A simple ryot the other day had said goodby to his relatives and was pinioned, when suddenly he asked to speak again to his brother.

"Recollect," he said, "it's 20 kawa surs of barley that man owes me, not dawa surs," which are smaller. Then he turned and was hanged without moving a muscle.

hanged, when the rope broke. The warder bade him go up on to the scaffold again, but he objected.

"No," he said; "I was sentenced to be hanged, and hanged I've been!"

"Not so, friend," argued the warder. "You were sentenced to be hanged un-

It was a new view to the Pathan, and he turned to the superintendent, "Is that right, sahib?" "Yes: that's right."

"Very well. I didn't understand." sell's.

Worshiping a Turtle.

At a place called Kotron, on the French Ivory Coast, the natives bewould mean death to the guilty one or | Bride." sickness among the family. The fetich men, of which there are plenty, declare that years ago a man went to sea fishing. In the night his canoe was thrown upon the beach empty. Three days afterward a turtle came ashore at the same place with the man on its back alive and well. Since that time they have never eaten or destroyed one of that species, although they enjoy other

If one happens now to be washed ashore, there is a great commotion in the town. Firstly, the women sit down and start singing and beating sticks; next a small piece of white cloth (color must be white) is placed on the turtle's back. Food is then prepared and placed on the cloth, generally plantains, rice and palm oil. Then, amid a lot more singing, dancing and antics of the fetich people, it is carried back into the sea and goes on its way rejoic-

Imprisoned by an Ostrich. A guardsman in the reserve of offi-

cers who is better known for his swagger than his brains had an unfortunate experience in South Africa.

He was stationed about 100 miles from Cape Town at a remount depot. One morning a farmer stopped him as he was taking a constitutional and Has'e been a-thumping yer? I knowed warned him against crossing an inclos- what it would be, but yer would have ure containing a cock ostrich which 'im. Everybody said Bob 'ud mak' a had become bad tempered. The guardsman said that no ostrich ever hatched would turn him out of his way and

went on unmoved. were alarmed and sent out search par- say as 'e ain't had to use 'is foot yet. ties. What was their surprise to discover him lying on his back unhurt,

with a cock ostrich sitting on his chest. The bird had knocked him down each hurt him while he lay flat on his back. Yet leave his enemy he declined to do don Express.

Adjourned In Due Form.

"Mr. Nevergo," the young woman

said, suppressing a yawn, "when the business of a meeting is ended what is the parliamentary form for bringing the proceedings to a close?" "Somebody moves that the meeting

adjourn," replied the young man, "and "Well, if you'll move," she inter-

rupted, "we'll adjourn."

Her Opinion.

"You see," said the heiress confidentially, "my father likes the count very much. But he is afraid the dear boy is matters. What do you think about it?" | English bow of his own height.

"The fact that he has proposed to you." sald Miss Cayenne thoughtfully. "might possibly be taken as very good evidence to the contrary."-Washington Star.

A Wife's Repartee,

A party of young men were taking dinner a few nights ago at a fashionable cafe, when one of them who is somewhat of a jester called the waiter

"John, go and call Main -- on the 'phone. If a woman answers, it will be my wife. Tell her that I instructed you to say that I am in the police station for a few hours and will not be at home for dinner. Say to her that the possibilities are that I shall not be at home tonight. Understand me, sir?"

John winked a couple of times in a knowing way, bowed deferentially and suggested:

"Supposin"-"Supposing nothing, sir! If she asks who is talking, tell her it is the turnkey at the Central station, and she'll never know who told her the lie."

The waiter shambled away and was presently seen to be having a good deal of fun with himself. The jester inferthe points gained by each player, the red that it might have something to do with his case and called him over.

"What's amusing you, John?" "Wouldn't like to tell you, sir; at least right here."

"I guess these fellows understand. Let 'er go!"

"Missus says to tell her husband she is glad he is so nicely located for the noise is made nor damage done by the night. She knows where he is for once."-Cleveland Leader.

Wonderful Courage.

That was a magnificent feat performed by a French regiment when they were fighting the Austrians. It dent was marked by such superlative valor that it will never be forgotten.

The regiment, under Colonel Walhubert, was sent to take an intrenchment of the Austrians in the heights of the Simplon pass. Arriving at the point, they found the enemy solidly intrenched in what appeared to be an impregnable position. In front of their redoubts and quite separating them from the French force was a deep chasm through which ran a mountain torrent.

How to get across was a problem seemingly impossible to solve. But the colonel was equal to it. He found a long, straight tree with a trunk almost Another man, a Pathan, was being a foot in thickness. This he ordered to be cut down, and the trunk was actually thrust across the chasm under a galling fire. The colonel gave the word to pass over-one man at a time.

The first was shot and pitched down to death in the chasm. The second and third shared his fate, but presently a til you were dead, and you're not few succeeded in the desperate attempt. Then the colonel followed, formed the little party on the other side and charged. The enemy, dumfounded at such extraordinary bravery, left their position and fled.-Cas-

> His One Brave Deed. She was a hero worshiper.

Often she would read history just to find some new hero to worship. Otherwise she would read such nov-

els as "Beautiful Betsy, the Belle of lieve that to eat or destroy a turtle the Brassworks; or, The Baronet's Of course this made her feel that she

had married beneath her, for her husband had not grown round shouldered from wearing heavy medals. Occasionally she would tell him that

she wished he was a hero. Once the foolish man told her that he would be a hero if he had a chance. "You would?" she said in tones of incredulity. "Did you ever do anything in your life that looked like brav-

He thought of the day when they played Mendelssohn's "Wedding March" and he gave the minister \$10 and she became his wife.

But he didn't say anything about it. For a true hero never talks about his glorious, daring deeds. So she never knew that her husband

was a hero. Isn't it a sad, sad story?-Baltimore American.

Loyalty.

A Durham collier recently took unto himself a wife whose friends had done their utmost to dissuade her from marrying, but without success. Meeting her one day some months

after her marriage, a friend remarked: "Hello, Bess! Yer look right bad! fitball of yer!"

"Then everybody was wrong!" snapped the ill used wife. "We've been married this eight months, and I ain't As he had not returned home four a-going to say we had no little shinhours afterward his brother officers dies, but to give our Bob 'is due I will So there!"-Exchange.

Her Base Ingratitude.

When Duchenois, the great French time he had tried to rise, but could not actress, died, some one met an old man who had been her intimate friend and who was apparently crushed with sorhim. "For." said he, "it is not so much her loss which troubles me as her base ingratitude. Can you credit it? She left me nothing in her will, and yet I dined with her at her own house three times a week regularly for 30 years!"

> Little Interruptions. "My boy," said the first proud papa,

'has a bad habit of interrupting me when I'm talking. Your kid isn't old enough for that yet."

"No." replied the other. "My boy contents himself with interrupting me when I'm sleeping." - Philadelphia

Edward IV enacted that every Englishman and every Irishman living inclined to be careless about money with an Englishman should have an

A girl should learn to bake bread before she learns to paint. It is better to tickle the palate than to tickle the palette.-Chicago Daily News.

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