

GOOD NIGHT!

Sweet Soothing Slumber Man's Greatest Blessing.

Nothing kills so quickly as loss of sleep. Rest needed for repairs. How to obtain it without fail.

When you don't sleep well, look out for yourself.

Nothing breaks down a person so quickly as loss of sleep, that boon of mankind which gives the exhausted system rest for repair.

No time for repairs means destruction of the machinery. It is so with the human body.

You are nervous, have a load on your chest, are troubled with unaccountable anxiety and forebodings of evil, and roll and toss all night.

Towards morning you have fitful naps from sheer exhaustion, shake in a cold sweat, unrefreshed, shuddering, trembling, with a bad taste in your mouth and a feeling of great weakness.

It's your stomach, your liver, your bowels.

Keep your digestive organs all on the move properly and your sleep will be restful and refreshing and all repairs will be attended to.

The way to do it is to use a mild, positive, harmless vegetable laxative and liver stimulant—*Cascarets*. Only catarrhatic. They make the liver lively, prevent sour stomach, purify the blood, regulate the bowels perfectly, make all things right as they should be.

Day after day try Cascarets to-day. It's what they do, not what we say they'll do, that will please you. All druggists, 10c., 25c., or 50c., or mailed for price. Send for booklet and free sample. Address, Sterling Remedy Co., Chicago; Montreal, Can.; or New York.

This is the *CASCARET* tablet. Every tablet of the only genuine Cascarets bears the magic letters "C. C." Look for this tablet before you buy, and beware of imitators and substitutes.

Use Magnetic Starch—it has no equal.

"Oh! How Happy I Am."

"HOW HAPPY I AM to be able to say that I am free from pain after five years of severe suffering from neuralgia," writes Mrs. Archie Young, 1817 Oaks avenue, West Superior, Wis. "I am so thankful to be able to say that your '5 Drops' is the best medicine I ever got in my life. When I received it from you last November, I used some of it right away. The first dose helped me. It is impossible to explain how I was suffering from neuralgia. I thought no one could get worse and that death would soon come. I was very weak, and I hardly thought I could live to see my husband come back from his daily labor. Now I can say that I am free from pain, my cheeks are red, my appetite is good and I sleep well all night. Many of my friends are surprised, and say they will send for some '5 Drops.' Sample bottles of this wonderful remedy 25c., large bottles, containing 300 doses, \$1.00. For information write Swanson Rheumatic Cure Co., 164 E. Lake street, Chicago.

Deafness Cannot Be Cured
by local nostrums, as they cannot reach the diseased portion of the ear, nor any way to cure deafness, and that is by constitutional remedies. Deafness is caused by an inflamed condition of the mucus lining of the Eustachian Tube. When this tube is inflamed you always hear sound in your ears, and when it is entirely closed deafness is the result, and unless the inflammation can be taken out and this tube restored to its normal condition hearing will be destroyed forever; unless, however, ten are caused by catarrh, which is nothing but an inflamed condition of the mucus surfaces.

We will give One Hundred Dollars for any case of Deafness (caused by catarrh) that cannot be cured by Hall's Catarrh Cure. Send for F. J. CHENEY & CO., Toledo, O.

Sold by Druggists, 50c.

Hall's Family Pills are the best.

Are You Using Allen's Foot-Ease?

It is the only cure for Swelling, Smarting, Burning, Sweating Feet, Corns and Bunions. Ask for Allen's Foot-Ease, a powder to be shaken into the shoes. At all Druggists and Shoe Stores, 25c. Sample sent FREE. Address Allen S. Olmsted, LeRoy, N. Y.

Liberal religious literature (Unitarian) will be furnished free, on application to Mrs. H. D. Reed, 132 N. 38th Ave., Omaha, Neb.

Magnetic Starch is the very best laundry starch in the world.

FITS Permanently Cured. Notis or nervousness after first day's use of Dr. Kline's Great Nerve Restorer. Send for **\$2.00** trial bottle and treatise. DR. R. KLINE, Ltd., 93 Arch St., Philadelphia, Pa.

I never used so quick a cure as Piso's Cure for Consumption. J. B. Palmer, box 1171, Seattle, Wash., Nov. 25, 1895.

Send for "Cholec Recipes," by Walter Baker & Co. Ltd., Dorchester, Mass., mailed free. Mention this paper.

WINCHESTER
GUN CATALOGUE
FREE

Send your name and address on a postal, and we will send you our 150-page illustrated catalogue free.

WINCHESTER REPEATING ARMS CO.
174 Winchester Avenue, New Haven, Conn.

EXCURSION RATES

**FARMS IN
WESTERN
CANADA**
FREE

To Western Canada and particular as to how to get there, and the cost of the excursion, when you're in land on the continent can be secured on application to Sup't. of Immigr. and Colonization, Ottawa, Ontario, Canada, or the manager, Sup't. of Immigr. and Colonization, St. Paul, Minn., on the first and third Tuesday in each month, and specially low rates on all lines of railway are quoted for excursions leaving St. Paul on March 26 and April 20, 1896.

**WANTED
SOLDIERS'
HOMESTEADS**

The addresses of their widows or heirs, who made a HOME-STEAD FILING on less than 160 acres on or before Dec. 23, 1890, and whether FINAL PROOF was made or not. I will buy land and add to it. Address W. E. MOSES, Box 1855, Denver, Colorado.

THE BACON SCHOOL will instruct Students at their homes in the fundamental principles of the law, and such branch as构成 a finished legal education. For circulars address EDW. BACON, 323 Main St., Peoria, Ill.

ROOFING
The best Red Roof Roofing for 1c. per nail, sq. ft., caps and nails. Included. Substitutes for plaster. Samples free. THE FAY MARILIA ROOFING CO., CAMDEN, N. J.

\$50 for Half Dollar 1838 or 1853.
Double face value for any coin with o. under eagle. Send 4c for circulars. C. W. GOYE, Wiesbaden, Miss.

MY BEAUTIFUL BABY BOY

Weak Women Made Happy by Lydia E. Pinkham's Vegetable Compound—Letters from Two Who Now Have Children.

"DEAR MRS. PINEHAM:—It was my ardent desire to have a child. I had been married three years and was childless, so wrote to you to find out the reason. After following your kind advice and taking Lydia E. Pinkham's Vegetable Compound, I became the mother of a beautiful baby boy, the joy of our home. He is a fat, healthy baby, thanks to your medicine."—MRS. MINDA FINKLE, Roscoe, N. Y.

From Grateful Mrs. Lane

"DEAR MRS. PINKHAM:—I wrote you a letter some time ago, stating my case to you. "I had pains through my bowels, headache, and backache, felt tired and sleepy all the time, was troubled with the whites. I followed your advice, took your Vegetable Compound, and it did me lots of good. I now have a baby girl. I certainly believe I would have miscarried had it not been for Lydia E. Pinkham's Vegetable Compound. I had a very easy time; was sick only a short time. I think your medicine is a godsend to women in the condition in which I was. I recommend it to all as the best medicine for women."—MRS. MARY LANE, Covington, Tenn.

TO CURE A COLD IN ONE DAY.

Take Laxative Balsom Quinine Tablets. All druggists refund the money if it fails.

E. W. Grove's signature on each box.

A hungry parrot comes very near being a hollow mockery.

Dropsy treated free by Dr. H. H. Green's Sons, of Atlanta, Ga. The greatest dropsy specialists in the world. Read their advertisement in another column of this paper.

That a woman never quite forgives a man for kissing her on the nose.

Go to your grocer to-day and get a 15c. package of

Grain-O

It takes the place of coffee at $\frac{1}{4}$ the cost.

Made from pure grains it is nourishing and healthful.

Insist that your grocer gives you GRAIN-O. Accept no imitation.

Planning to Paper This Spring?

There is nothing that will so COMPLETELY Transform your appearance point of HEALTH and BEAUTY as

SELECT WALL PAPER.

We carry ALL the latest designs at popular prices, from 25c. up to \$1.00 per roll. Our large trade enables us to handle the largest quantities of CAROLINA LOTS, hence we can price ALL our designs extremely LOW. A full line of Samples sent, and we will forward on receipt of the price, and upon request.

Our Spring Catalogue of 1,000 pages, illustrating every NATURAL COLOR, will be sent upon receipt of the price, and upon request.

Established JOHN M. SMYTH COMPANY, 1887. 150 to 166 West Madison St., CHICAGO, ILL.

Order by this No. A 11

TOWER'S FISH BRAND

The Best Saddle Coat.

POMMEL SLICKER

Keeps both rider and saddle perfectly dry in the hardest weather. Satisfaction guaranteed. Ask for Tower's Fish Brand Pommel Slicker. It is entirely new. If not for sale in your town, write for catalogue to A. J. TOWER, Boston, Mass.

FOR 14 CENTS

We wish to gain this year 200,000 new customers, and hence offer 14c. City Garment Buttons. Send 1c. postage. Enclosed Cunningham's Catalogue.

1. " La Crosse Metal Lettuce, 15c.
Strawberry Melon, 15c.
2. " Early Ripe Cabbage, 10c.
3. " Early Dinner Onion, 10c.
4. " Early Turnip, 10c.
Worth \$1.00, for 14 cents. Etc.

Above 10 Pcks. worth \$1.00, we will mail you free, together with our general Catalogue, telling all about

SALISBURY'S LONG CAREER

upon receipt of this notice & 14c. stamp. We invite you, trade, and advertising men, to send us your catalogues, and we will never fail without \$200 Prizes Salter's 1900—rarest and most valuable.

JOHN A. SALTER CO., LA CROSSE, WIS.

Order by this No. A 11

PISO'S CURE FOR CONSUMPTION

25c.

Best where else fails.

Best Remedy. These Goods in time. Sold by druggists.

CONSUMPTION

25c.

Double face value for any coin with o. under eagle. Send 4c for circulars. C. W. GOYE, Wiesbaden, Miss.

HE LIKES WESTERN CANADA.

Duhamel, Jan. 24, 1900.
Dear Sir and Friend—We had a lucky trip, made good connections and got to Wetaskiwin Monday afternoon; stayed there all night, bought a pony and saddle for the boy and hired a three-seated rig for the balance of us, and got home to dinner next day; caught the boys cleaning up and getting ready to come after us. Wednesday the snow was all gone and we had bare ground and bright sunshine for a month, and it has been pleasant weather ever since. The ground is frozen about two feet and about six inches of snow—just enough for good sleighing. We had one cold spell in December. The thermometer went down to 32 below zero, but we did not suffer with the cold at all. We have worked every day all winter, are all well and feeling well; have built a log house 18x18, two log stables 16x18, and are now busy on well. We have 10 cows, three other cattle and six head of horses. The boys send their best respects to Mr. Hutchison, and say they will talk to him enough to pay for not writing when he gets up here; will write you again next spring and tell you all about the winter. We all unite in sending you and family our best wishes and respects and hope this will find you all well.

Yours very respectfully,

(Signed) THOMAS TATE,

Duhamel, Alberta, Canada.

P. S.—It has not been down to zero this month. It is 22 above now.

Literary Crooks.

Servant girls in Boston who read Homer, Goethe and Schiller are spoken of in the labor bulletins of Massachusetts just issued. Investigation by employees of the state board of labor as to the style of books common in Boston kitchens showed that while cook books of various make are the most common, that good books of other kinds were not at all unusual. In two or three cases history, either of the United States or England, seemed to be preferred. In one a philosophical or critical work was mentioned in one the works of Goethe and Schiller and the poems of Homer were specified, and in one the Chautauqua course was followed.

Yearned for "ahio."

Two young men raised a row in Wallack's theater, in New York, the other night because they wanted to see Olga Nethersole in "Sapho." They did not know that the police had stopped the play, and when they found themselves looking at "The Second Mrs. Tanqueray" they howled dismally for "Sapho." They were ejected, and when they tried to force their way into the theater again, still with plaintive wailings, for "Sapho" they were locked up.

Insane.

In his book on "Mad Humanity: Its Forms, Apparent and Obscure," Dr. Winslow states his belief that insanity is on the increase; that the degeneration of the human race is in gradual and sad progression;" and that much of this result is due to indulgence in alcohol. His attempt to prove Lombroso's theory that genius is akin to insanity consists merely in a list of geniuses who were more or less deranged.

Tim and John.

Timothy Healy, the well known Irish leader, recently said in parliament in reference to the English, "You are as God made you. We suspect you." Mr. John Morley has since ventured this epigram:

"This very true, what Tim avers, And handsome of him really— If God then, made us Britishers, Pray who made Mr. Healey?"

Salisbury's Long Career.

The Marquis of Salisbury is 70 years old, his birthday having been February 3. He entered parliament in 1857, and, had his elder brother not died, he would be the next oldest member of the commons. There is but one man who was elected before him, Sir James Ferguson, who began his career in 1854.

Began as a Page.

J. C. W. Beckham, who is contending the right of Governor Taylor to the chief executive of Kentucky, was for years a page in the state senate, to which he was elected on the first day he was eligible.

Helen Gould's Annoyance.

Miss Helen Gould is much bothered by requests for autographs. She receives sometimes as many as twenty-five of these requests in a day.

When General Kitchener was a schoolboy his leading characteristic was laziness, and as a punishment, his father sent him to a woman's school. This had the desired effect, and young Kitchener, on being sent back to the public school, acquitted himself with credit.

Mark Twain was recently asked what were his boyish ambitions. "First," he replied, "I wanted to be a circus clown, but I modified that and decided to be a Mississippi congressman."

Few of us gain by the mistakes of others, but he who fails to profit by his own mistakes will soon be bankrupt in knowledge.

The rate of vibration of the rattle-snake's tail is said to be sixty per second. If you doubt it count for yourself.

That a woman doesn't mind if her new photograph doesn't look like her provided it is a pretty picture.

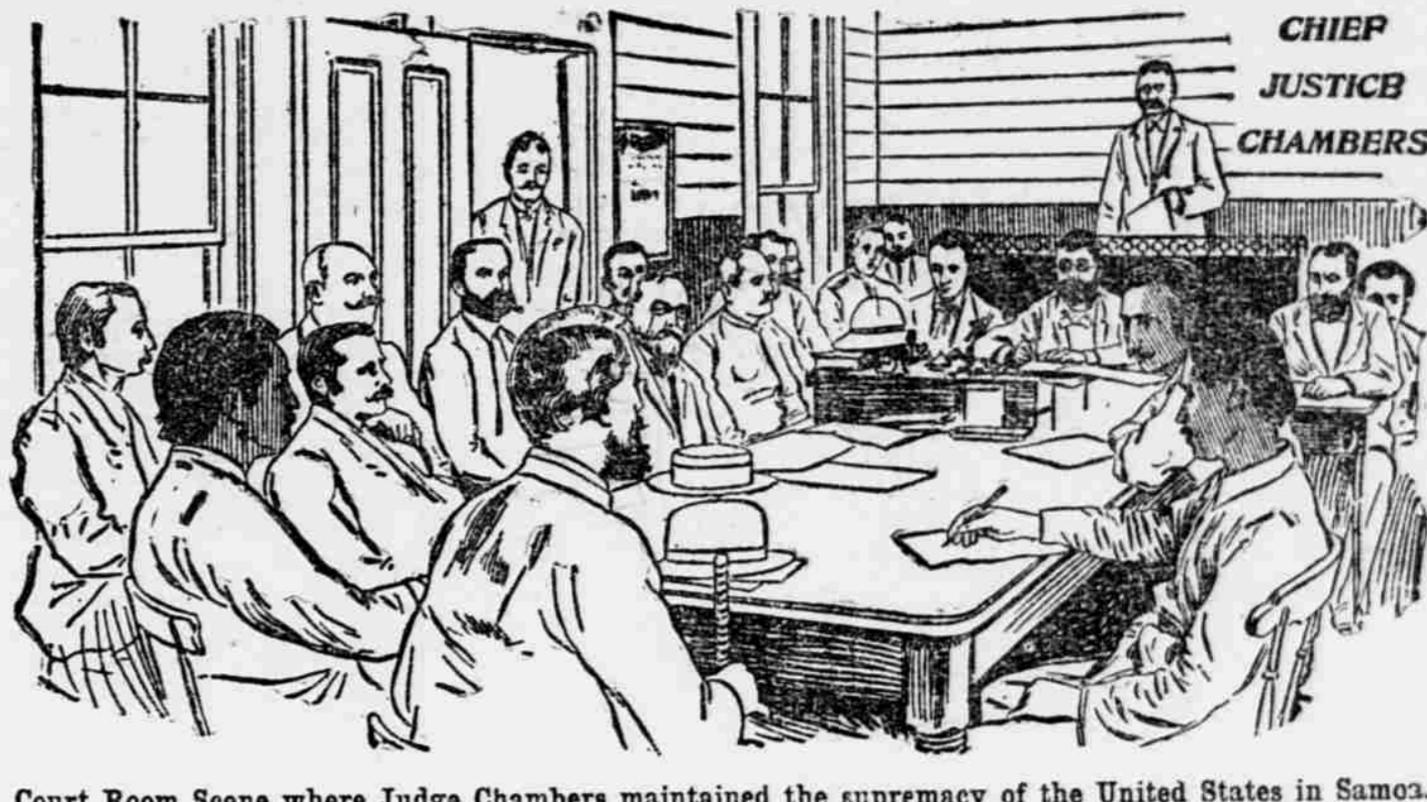
That the man who boasts that he plays as he goes sometimes has a reputation for staying.

That it doesn't keep one dry to know that behind the darkest cloud the sun is shining.

That only 1 per cent of wealth is real comfort.

Progress—The motive power of life.

The Chief Justice of Samoa Says Peruna is The Very Best Catarrh Cure.



Court Room Scene where Judge Chambers maintained the supremacy of the United States in Samoa. In a recent letter to The Peruna Medicine Co., Chief Justice Chambers says the following of Peruna:

"