

In an address delivered to the citizens of Worcester, Mass., at the outbreak of the civil war, General Banks said: "If you want a long war, prepare for a short one. If you want a short war, prepare for a long one."

**Allen's Foot-Ease, a powder for the feet.** It cures painful, swollen, smarting feet and instantly takes the sting out of corns and bunions. It's the greatest comfort discovery of the age. Allen's Foot-Ease makes tight-fitting or new shoes feel easy. It is a certain cure for sweating, callous and hot, tired, nervous, aching feet. Try it today. Sold by all druggists and shoe stores. By mail for 25c in stamps. Trial package FREE. Address, Allen S. Olmsted, Le Roy, N. Y.

That small motives are at the bottom of many illustrious actions, is a modern discovery.

**Beauty is Blood Deep.** Clean blood means a clean skin. No beauty without it. Cascarets. Candy cathartics clean your blood and keep it clean, by stirring up the liver and driving all impurities from the body. Begin today with Cascarets, little, white, sugar-coated pills that make you feel like a new person. Satisfaction guaranteed. 10c. 25c.

Gossip is a beast of prey that does not wait for the death of the creature it devours.

**FIT'S** Permanently cured. No more nervousness after first day's use of Dr. Kline's Great Nerve Restorer. Send for FREE 25-cent trial bottle and treatise. Dr. R. H. KLINE, Ltd., 301 Arch St., Philadelphia, Pa.

A golden miracle. Good looks and old together are rather superhuman.

## A FRIEND'S ADVICE.

And what it led to.

It is not a common occurrence that a friendly word should be the means of giving nearly forty years of happiness and health to the person heeding the advice it carried. This was the case with Mary Lingard. At twenty-five she was dragging out her days in misery. At sixty-one she finds herself so active and strong she can do work that would shame many a younger woman, and looks back on thirty-six happy, healthful years of industry. But let her tell her story:

"Thirty-six years ago I had great trouble with my liver. The doctors allowed that there were tumors growing on it, and they blistered my side in an effort to give me relief. I was at that time running my living as a tailoress, but for five years, between the pain in my side and the blisters I was in constant misery, and work was a drag to me, with no prospect of relief; fortunately for me, however, a friend advised me to take Dr. Ayer's Sarsaparilla, and finally persuaded me to take a regular course of it. When I first commenced taking the Sarsaparilla my side was so painful that I could not fasten my dress, and for a time I did not get any relief, but my friend advised me to persevere and relief was sure to come, and come it did. This happened, as I say, thirty-six years ago. My liver has never troubled me since, and during these years I have passed through the most critical period of a woman's life without any particular trouble, and to-day, at sixty-one years of age, I am active and strong, and able to do a day's work that would upset

## Bills of Fare in Fashionable Restaurants.

The question has been mooted over and over again whether French and German dishes upon the bills of fare is or is not an improvement. Many pretend that before their introduction cooking was coarse. No bill of fare presents attractions to the dyspeptic, but even they can be cured by Hcatter's Stomach Bitters.

We women miss life only when we have never met the man to reverence.

### Was It a Miracle?

Mrs. Nathan Quivey, Shaw, Kan., writes: "I had neuralgia in the right side of head and eye until I became entirely blind. Dr. Kay's Renovator has done me more good than all the doctors and patent medicines I ever tried, and I tried a great many. It has helped my eye, head, stomach and liver, very much, and I sleep much better."

"Stomach Trouble" can be cured by Dr. Kay's Renovator when all other remedies fail. It renovates and removes the cause and the disease is cured. As a Spring Medicine it has no equal. For constipation, liver and kidney disease it effects a permanent cure. A valuable book sent free. Druggists sell Dr. Kay's Renovator at 25c, and \$1, or six for \$5, but if they do not have it, do not take any substitute they may say is "just as good" for it has no equal. You can get it from us by return mail. Dr. B. J. Kay Medical Co., Omaha, Neb.

Friendship, I fancy, means one heart between two.

### To Cure Constipation Forever.

Take Cascarets Candy Cathartic. 10c or 25c. If C. C. fall to cure, druggists refund money.

The London police are vetoing the sandwich girls.

## HEART OF THE POET.

It was a hard blow to Doctor Pennors when he received an anonymous communication to the effect that he was no more apt at verses than at medicine. It might have been wise in the would-be poet to give

some consideration to this severe criticism from an unknown and to lay down the pen of a sorry rhymist. But by attacking the doctor in his profession the critic had defeated his own end.

Thirty years of practice, a numerous clientele and a snug little fortune all testified to his capacity as a follower of Esculapius.

He therefore decided in his own mind that this venomous epistle had been written by some fellow-practitioner who was jealous of his success, and instead of breaking his lyre he mounted Pegasus once more and rode on to the most sunny parts of the pure ether.

This weakness in the dear old man was overlooked by most of his friends, even though it sometimes bored them to listen to effusions which they evidently did not appreciate at the value given them by the writer.

Lucie Mahale alone took a lively interest in his compositions. She was an orphan living with her uncle and his two children—a son, who was a sailor and away from home a great part of the time, and a daughter, Madeleine, who dearly loved her cousin Lucie.

Very often when the doctor would bring a new piece of poetry for the inspection and appreciation of Lucie, and the latter would read and kindly criticize, Madeleine would comment on her patience and sweetness.

"It is so little to do," Lucie would answer, "and gives him so much happiness."

But Madeleine had her own theory, which she did not dare submit to her innocent cousin, and she foresaw a time when some of the illusions of the poet would suffer a cruel shock.

Meanwhile Lucie pored over those sheets and tried to make sense of them. "Don't you think, doctor, we would better take the physician's instruments and amputate a foot here and there in these verses?" Useless to say he would cheerfully agree and cut off or change at her suggestion till little of the original remained, although he always lost sight of that point.

No one knew just when it began, but every one noticed a queer change over the doctor.

One day the poet walked in with a determined air, not even giving more than a bow to the captain, who had just arrived; he went straight to Lucie's uncle, set himself up in front of him and stared at him through his spectacles.

"Now, then, my dear comrade," said he with a voice trembling with the force of a sudden resolution, "I can no

More! She thought she had been the wisest of them all.

The doctor, as he shook the hand of his friend, looked not cast down, if not triumphant.

"You are a brave man! I see that you understand how to solve questions of interest in favor of those who need protection. It is rare in these times of selfishness. I esteem you the more for it. I must say I was a little grieved at first. But since it is your son and Lucie I am happy—There, I am happy, too. Let us say no more about it. I will write some verses for the wedding day—doggerel verses—the mishap of the poet disappointed in his dream. And the will—I will take it back, but I shall not change a word in it."

Then, turning to his happy rival: "Good-by, my friend. You thought you were marrying a penniless orphan, and now, as in fairy tales, your wife is changed into a wealthy heiress."

## WOMAN STATION AGENT.

Southern Girl Who Has Held Her Position for Years.

A young woman with a college diploma and the degree of A. B. is apt to look for a "higher" sphere of usefulness than that of station agent. But in the South there are not many positions open to woman. Those who are reduced in circumstances take the first opportunity which offers itself, and generally make a success of it. Miss Susie M. Lasley of Rowland, Ky., is one of this type. She belongs to a good southern family. She is an officially authorized station agent and she is only 22. What is more, she has held the position for two years. At 18 she graduated from South Kentucky college at Hopkinsville, and soon secured a position as assistant to her brother, who held the agency which the young woman herself now fills. Then, when the brother went off traveling in Central America and his successor suddenly died, Miss Lasley, who had meantime been keeping her eyes open and learning all that was to be known about a railroad station, was called to fill the position. "As to the ability of a woman to fill such a position," says Miss Lasley, "I quote the comment of the officials who said at the close of the year, 'Your service has been altogether satisfactory.' The requirements," she goes on to say, "are a good general education, with quickness and accuracy in mathematics. The characteristics demanded are a good memory, quick judgment and self-reliance, combined with good temper. My experience has proven that the place can be successfully filled by a woman. I believe that clerical railroad work, though as yet an untried field for women, is a most interesting and congenial occupation, and girls who are looking about for a means of livelihood would do well to take it into consideration."

## A SHARP GUESS.

An American Girl Thought She Had Solved the Puzzle.

If you walk Chestnut street steadily a week or more you are fairly sure to see some one wearing above the elbow on the left sleeve of his spring overcoat a band of black cloth six inches wide. It is the latest form of mourning here, and although it is the invariable form in England and on the continent, especially in the northern part of Germany, it has begun just lately to grow popular in this country, says the Philadelphia Times. The custom brings up the experience of a young girl graduate who was traveling in Europe last summer with an all-too-quizzical father. They were in Hamburg and part of a letter written from there follows: "We saw them everywhere, from the time we left the Hamburger Hof until we reached the Circus Rantz in St. Paul's—everywhere these men with black bands on the left arm. For a long time I couldn't guess what they were, and after a while father told me they were doctors and that the German government—you know what a strictly paternal government Germany has—compelled all practitioners to wear these bands so that any one would know them instantly. 'It's for the convenience of the people hunting in a hurry for doctors,' I suppose," I said to father, and I could see he was struck by the quick way I saw the point. There was one curious thing about them, and that is that these doctors all looked sad. I said to father I supposed it was because there were so many of them that they didn't make very much, and this he also said was correct."

## TRIALS OF SALESWOMEN.

Mrs. Pinkham Says Standing Still is One of Woman's Most Trying Tasks.

Have you ever thought why it is that so many women or girls rather walk for an hour than stand still for ten minutes? It is because most women suffer from some derangement of their delicate organism, the discomfort from which is less trying when they are in motion than when standing.

So serious are these troubles and so dangerous to health that the laws in some states compel employers to provide resting places for their female employees.

But no amount of law can regulate the hard tasks of these women. Customers are exacting, and expect the saleslady to be always cheerful and pleasant. How can a girl be cheerful when her back is sailed by lassitude and bearing-how sweet tempered she is way under the pain after a while.

If you are ill or suffering, write without delay to Mrs. Pinkham, at Lynn, Mass., and tell her all about yourself. Your story will not be new to her; she has heard it many thousand times and will know just what you need. Without doubt, Lydia E. Pinkham's Vegetable Compound will help you, it has done such wonderful things for suffering women. Do not hesitate to write her all the little things that make you feel miserable. Your letter will not be seen by any man, and Mrs. Pinkham's advice will cost you nothing.

Read this letter from Mrs. MARGARET ANDERSON, 463 Lisben St., Lewiston, Me.

"DEAR MRS. PINKHAM:—For years I had suffered with painful menstruation every month. At the beginning of menstruation it was impossible for me to stand up for more than five minutes. I felt so miserable. One day a little book of Mrs. Pinkham's was thrown into my house, and I sat right down and read it. I then got some of Lydia E. Pinkham's Vegetable Compound and Liver Pills.

"I can heartily say that to-day I feel like a new woman; my monthly suffering is a thing of the past. I shall always praise the Vegetable Compound for what it has done for me."

Ask Mrs. Pinkham's Advice—A Woman Best Understands a Woman's Ills

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"A HAND SAW IS A GOOD THING, BUT NOT TO SHAVE WITH."

## SAPOLIO

IS THE PROPER THING FOR HOUSE-CLEANING.

## INSOMNIA

"I have been using CASCARETS for Insomnia, with which I have been afflicted for over twenty years, and I can say that Cascarets have given me more relief than any other remedy I have ever tried. I shall certainly recommend them to my friends as being all they are represented." THOS. GILLARD, Eglon, Ill.



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aching, when she is standing down pains? No matter, her nerves give Employers, however, don't men. Cheerfulness is very important capital, and no one can be amiable when racked with pain.

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all classes of intelligent men and women everywhere. The Standard Dictionary is \$18.00. We will now supply the complete work in one rich, massive volume, elegantly bound in full leather, prepaid at the astonishingly low price of \$12.00, on the following terms: \$3.00 cash on receipt of the first term, the balance of \$9.00 in two monthly payments of \$4.50 each. The Dictionary will be sent express prepaid on receipt of the \$3.00 cash payment, thereby giving purchasers nearly a full year's use of this great work before final payment is made.

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