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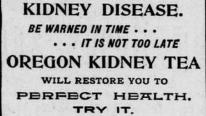
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Dr. Humphreys' Specifies are scientifically and carefully prepared Remedies, used for years in private practice and for over thirty years by the people with entire success. Every single Specifie a special cure for the disease named. They care without drugging, purging or reducing the system, and are infract and deca the Sovereign Remedies of the World.

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WALKING IS FASHION

HOW HEAVY NEW YORKERS TRY TO REDUCE THEIR WEIGHT. Central Park a Favorite Place For Wealth and Beauty to Walk as Well as to Bide. Good Natured Comments on the Daily Procession as It Passes By. Man Misunders: 1 Her. It was just 6 o'clock, and the car was She carried some bundles, and in her from crushing she dropped her mitten. She saw it go, but was powerless to stay its descent, and it mer bundles to stay Procession as It Passes By.

nowadays. Even when the streets are in a filthy condition, the daily constitutional is quite as necessary to the average man as his daily bath or his evening of recreation. He takes a stroll on the avenue perhaps to limber up his joints and meet his friends. Perhaps, if he is inclined to rotundity, he does it to reduce his weight.

Of late Central park has been growing in popularity among the portly class. If you will take a trip up to the big reser voir at almost any time of the day, you may see any number of people of all deaf man. ages, conditions and degrees of prosperity plodding about the 14-mile track wiggled the hand incased in her other which surrounds it.

The reservoir is the highest portion of Manhattan Island. The view from all sides is picturesque. On the south the inside their hand coverings reached over city lies stretched out in a magnificant and pulled her mitten off for her. panorama as far as the eye can reach. It is a spot particularly adopted for the purpose for which it was intended-the pleasure of the people.

Some of the pedestrians there are sprinters, and do their work without regard to dignity. Others shunt around with all the di nity of a game cock. It is not all the di nity of a game cock. It is not an uncommon sight to see a woman mitten," said the lady with the packages. weighing from 200 to 300 pounds puffing along like a slow going locomotive with the deaf man, "but she lied." a heavy train attached, her arms swinging at her sides like the driving rods of an engine. She is out for what there is in it. She cares nothing for the questioning looks of the spectators nor for man. their unkind remarks. She has just so "T many pounds to remove per the doctor's orders, and she is trying to do it.

So regularly do these open air fiends make their appearance on the track that the men employed at the gatehouse on sympathy. "He must be a regla'r brute." the south side in the capacity of watchmen, gatekeepers and helpers can spot one half a mile away.

"There comes Aunty So-and-so," they comment. "What a gait she has got on this morning! See that stride! She's trying to break the record."

'And there is Popper So-and-so. He's making good time too. Wonder if he'll overtake her before she reaches the turn? Whew, but he's making the gravel fly! Five pounds off this morning sure," and as the reducers of flesh go flying past the both in her mouth?" said the deaf man. gatehouse the nod familiarly to the men who happen to be in sight.

"Who is this coming?" asked a reporter of the men at the gatchouse a few days el that way some time?" asked the deaf ago as he saw a young woman approach-

"Why, we call her Beauty," one of the men replied. She was a tall young woman, fair, and with the form of a Juno. She was striding along on the other side of the lake. As she passed the men she nodded good morning and strode away, her head in the air, her shoulders back, chest thrown forward and with a 3-foot stride. She was out for oxygen. Her cheeks glowed with the rosy hue of perfect health, and her eyes sparkled like diamonds.

"She lives on Fifth avenue," continued one of the helpers. "Every morn- strange women was amusingly brought ing at 9 o'clock, if the weather is any- out in a New York court a few days ago. way pleasant, she is here walking for A female witness in a case where a rivals. It doesn't take long to to mourn the fact that the best of the dear life. But ain't she a 'beaut?' And young man was accused of slashing a she's not stuck up a bit. She has a nod young woman's dress while riding in the and a smile for all of the boys, just as elevated was asked by one of the lawyou saw her then. I'll wager every dollar I have that there isn't a man on this you saw all those tears or cuts, whichroad that can overtake her if she is in ever you please, in a lady's skirt and yet the mood for sprinting. Look at that hadn't the politeness to tell her of it?" stride of hers. She covers three feet two, I'll bet," and taking a tape measure frow his pocket he measured the marks of her feet after she had passed. "I told you so," he exclaimed, holding up the tape so it could be seen. "Three feet two and one-half," and he grinned with delight. "Yes, I've measured it before," he acknowledged, when accused of it. "You see, I take a great interest in the girl, because two years ago when she first began coming here she looked as if she could not live a month. She was as pale as a ghost. Her chest was species of trees and plants natural to sunken in, and I thought she was going into consumption. You would never tribute to the nutrition of plants will act think it to see her now, bub. Winter or as food for trees, and, as we see the physsummer she seldom misses a day except | ical properties of the trees themselves, perhaps during the extreme heat of the | leaves and other matter have a direct summer and rainy or wet weather. Her share in their nutrition. There are some father is a commission merchant down soils so hard and clayey that the roots of town, and very often he accompanies trees cannot spread, and thus they fail her in her walks. Everybody likes to to reach the substances which they rewatch her, she is so graceful and strong." Then came a man of about 50, short stunted in growth and is soon dead, falland very obese. He had a very large ing to the ground to become, through its head, short gray whiskers and legs that ashes, nutrition for some other frailer were no larger than baseball bats. plant which can subsist in such soil .-"Morning," he said, with a nod of recognition. "Fine air-lots of it. Three pounds off this morning or die. Lots of people out. Goodby," and as his spindle shanks, working at the rate of 100 times a minute, carried him out of range of waterproof mixture, which will make hearing he was still talking. He was a Wall street broker. He has been trying good recipe for this is an ounce of beesto reduce his flesh for a year, but he is as fat now as ever. "But here comes the hummer." "Morning, boys, morning. Can't stop talk. In hurry. Make circuit 20 min-utes or bust. By by." And he was out of hearing.

O. E. Butterfield, Attorney. a gler. A LEGAL NOTICE.

SHE DROPPEL HAR MITTEN.

And She Was Angry Ber se the Deaf Old

She saw it go, but was powerless to stay its descent, and it went down in succes-sive stages in a triangul repace between herself, a man who looked over her bead, and an individual who was deaf, "There goes my mitten!" The deaf man leaned over and said, "Eh?" "My mitten-mitten-it fell down" Pedestrianism is quite the proper thing herself, a man who looked over her

"My mitten-mitten-it fell down." "Well, ye can't git it, mum. Y'll have

Nebraska, to secure the covin of a specified in a certain unragate April 2, 1888 due at a possible in frac-trom date, or at option of hence on 3 default of interest or taxes hence even per cent per annum page is so nually, both principal and bit rest interest from due at ten er sent there is now due upor suid and mo-the sum of \$267.90 wile interest at cent from April 1.1892, and printiff page a decree that defendants by equired to the same or that suid primises may be satisfy the amount found due. You are required to answer sold petition or before the lith day of April 1893. Dated February 22d, 1893 O. E. BUTTKRFIELD Attorney for plant floor.

"Haven't ye got another one?" said the

"Course I've got another one," and she mitten

The deaf man saw the movement, and knowing that women often carry car fare Then she screamed.

The conductor was the only man who could edge his way to the scene of trou-

"What's the matter here?"

"Lady dropped her nickel and can't pick it up," said the deaf man.

"Said she had another one," pursued

"You're an old doorpost," said the

woman with one mitten.

"Queer how folks go travelin about town with only one nickel," said the deaf

"They get along better'n people with no ears," said the woman who didn't drop her nickel.

"Was that all the money yer husband give ye?" asked the deaf man in a tone of

"If he was here now, he'd eat you up." "I s'pose them's collars and cuffs she's been doin up and is goin to deliver 'em."

said the deaf man to the passengers. Then the conductor said, "Fare, please," and the woman gave up a nickel that she had been carrying in her mouth.

"Thought it was in yer mitten." said the deaf man. "You don't know how to think," said

the woman. "Wonder why she didn't carry 'em

"You ought to stuff both your own mittens in yer mouth," said the woman.

"Ain't ye afraid ye'll swaller yer nickman

"If I do, I reckon it won't injure my hearin," said the woman.

Then the conductor got down on the floor and recovered the woman's mitten. and she got off at the next crossing wondering why some people didn't carry ear trumpets.

The deaf man said, by way of enlightening the other passengers, "I guess it was her mitten instead of her nickel that she dropped."-Chicago News-Record.

Woman to Woman.

The attitude women assume toward

It is true that the English have cultivated sprinting, hurdling and the various field events somewhat less successfully than we, but for all distances above the quarter mile the English records (to use our American standard of comparison) are the world's records. This means that the prevailing interest abroad is less in the close gymnasium and on the dreary

Learning From Englishmen.

cinder track than in cross country runs and paper chases, which lead the athlete through woods and fields, blow his lungs full of fresh air and steep his senses in sunlight. Likewise the Englishman's yacht is, as it were, his summer home. while his horses are the companions of the hunt and his travels. If yacht or horse wins races for him, so much the better.

But he draws the line when it comes to sacrificing their sounder merits for the passing glory of sweepstakes. Thus sport with him is pleasanter and less intensely exciting. It is fruitful in mental relaxation and rest as well as in bodily health. In short, Americans lack the strength that comes through moderation and repose, through wholesomeness of mind and body. We have yet to learn that the work of life is too serious for us to set our hearts and stake our health on the pastimes of idle hours; that our years are too few to be shortened by devoting workdays and playdays alike to the wasting passion of achievement.-John Corbin in Outing.

Living With a Broken Heart.

A remarkable case of survival for a week with rupture of the heart is reported. The man, who was 52 years old, short and plethoric, was playing football, when he suddenly fell down in a sort of faint, but recovered in a few moments and continued his play. Soon after the game was over, however, he had another and more severe attack, accompanied by pain in the cardiac region, and a few minutes later he was in a state of partial collapse, with shallow breathing, almost imperceptible pulse, and very severe pain over the heart. He gradually improved and was able to sit np, but seven days later he had another fainting fit and died.

At the autopsy the heart was found to be fatty, degenerated and very friable, and in the wall of the left ventricle was a break or rupture half an inch in diameter. It seemed most probable that the rupture was at first very minute or partial, not allowing the escape of blood into the pericardium, and that a week later some extra exertion caused a completion or enlargement of the rupture, resulting in the escape of blood and death .-- London Lancet.

Untimely Criticism.

Untimely criticism is a barrier, shutting out affection from us and spontaneity. "Don't wriggle your feet so, my son," says the critical father to a boy vibrant with enthusiasm. The correction could have waited, and the boy, with dampened ardor, turns away, telling his next story elsewhere, while the father some day wonders why boys are sealed books to their elders. "Where did you buy that dreadful cravat?" Mary says to John in the midst of his cheerful salutation, when he is just about to tell ioned weekly and the high-priced her of a bit of good fortune. "Such sildaily. The success of The Semi- ly sentimentality!" says John, with a Weekly Journal has been imme- shrug of indifference, to Mary at some diate and continued. It has dis-dewy in freshness as a newly plucked

tanced every one of its once-a-week rose. And John and Mary each grow

Women Will Vote

as usual at the next school electionbut for many candidates. They give a unanimous vote-every day in the week-in favor of



because they know it has no equal as a labor and temper saver on wash-day. The "White Russian" is a great soap to use in hard or alkali water. Does not roughen or injure the hands-is perfectly safe to use on the finest fabrics.

JAS. S. KIRK & CO., Chicago. Dusky Diamond Tar Soap. Makes the Skin Soft

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If you are a sufferer from any disease which your physician has failed to cure, write for in-formation about this treatment, and their book of two hundred pages, giving a history of Compound Oxygen, its nature and effects with numerous testimonials from patients to whom you may refer for still further information. will be promptly sent, without charge.

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DO YOU WANT TO ADOPT A BABY?

Maybe you think this is a new business, sending out babies on application; it has been done before, however, out never lave those furnished been so near the original samide as this one. Everyone will exchain, "Well i that's the sweetest baby I ever saw!" Thia little black-and-white engraving can give you but a faint idea of the exquisite original.



SHERIFF'S SALE. By virtue of an order of sale directed to me from the District (ourt of Red Willow county Nebraska, on a judgment obtained befor-Hon. D. T. Welty, Judge of the District Court of Red Willow county. Nebraska, on the 19th day of December. 1892, in favor of Minnie (Ballard as plaintiff and against John Green et al. as defendants. for the sum of six hundred and nine dollars and twenty-five-cents (\$660 25), and costs taxed at \$50.23, and accruing costs: and co-defendant Western Loan and Inves-ment Co., on the same day obtained a decree-for the sum of \$67.25. I have levied upon the following real estate taken as the property of said defendants to satisfy said judgments. to wit: the west half of the north-west quar-ter, and the west half of the south-west quar-ter, of section thirty-two (32), in township-three north, in range thirty (30), west of the 6th P. M., in Red Willow county. Nebraska. And will offer the same for sale to the highest bidder, for cash is ha had, on the 27th day of March, A. D., 1893, in front of the south door of the court house, in Indianola, Nebraska, that being the building wherein the last term of court was held, at the bour of 1 o'clock P. M. of said day, when and where due attend-ance will be given by the undersigned. Dated February 21st. 1832. First day of publication February 24.

First day of publication February 24.

NOTHING ELSE LIKE IT.

When the publishers decided to issue The Journal twice a week at the same price of the old weeklies, \$1.00 per year, they struck just what the public wantedsomething between the old-fash-

SHERIFF'S SALE.

NOTICE. Ed Drain will take notice, that on the 6 day of February, 1893, J. E. Kelley a jus-ef the peace of Willow Grove precise is willow county. Nebraska, issued at. end-attachment for the sum of \$15 and cou-attachment for the sum of \$15 and cou-attachment for the sum of \$15 and cou-attachment for the sum of \$15 and cou-this action, and has caused the Burner Voluntary Relief Department of the theory Burlington and Quincy Relievoid Compa-be duly served with attachment and bishee, as having monies and redits to possession belonging to the sold. Ed Drain an action pending before him where in F H. Spearman is plaintiff, a d. Ed Drain on fendant; that property of the detendance sisting of the said montes in the hands of the said Burlington Voluntary Relief Departme-of the Chicago, Burlington and Quincy 36-road, has been attached and garnished used said order. Said cause was continued to the 22d day of March, 1893, at 10 o'clock a m. L. A. CORDEAL, Attorney for plaint ff Mc'ook, Nebraska February 17, 1893. SHERIFF'S SALE.

Attorney for p First publication March 3 1893 41s

J. A. CORDEAL, Attorney.

NOTICE.

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For Piles—External or Internal, Blind or Bleeding; Fistula in Ano: Itching or Bleeding of the Rectum. The relief is immediate—the cure certain. PRICE, 50 CTS. TRIAL SIZE. 25 CTS. Sold by Druggists, or sent post-paid on receipt of price. HUMPHREYS' MED. CO., 111 & 113 William St., NEW YORK

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He was a short man, thin and about 55. He had a smooth face and was wiry of limb.

In a few m.uutes a bevy of pretty girls -seminary girls-came along with their chaperon, a young woman who looked as if she had but just graduated herself. She eyed the men suspiciously as much as to say: "Don't you dare flirt with these girls. They are out under my care, and I will protect them."-New York World.

A City In a Mountain.

The city of Banian, in Bokhara, is cut in the side of a mountain. There are 12,000 artificial caves, some very large, and two statues-one 90, the other 20 feet high-each hewn from a single stone .-St. Louis Globe-Democrat.

yers, "Do you mean to say, madam. that "I do," said the witness. "I have often told women when their dress was out of order in the street, but I always got snubbed for my pains, and I made up my mind not to do it any more. If a man should tell a woman that her dress was out of order, she would be very apt to thank him, but she never thanks a wom an."-San Francisco Argonaut.

Trees Require Good Soil.

Southern soil seems to possess the necessary substances for the growth of all warm climates. Substances that conquire for food. Hence the tree becomes Boston Transcript.

A Good Dressing For Shoes.

When meditating a trip on a rainy day, it is a wise plan to rub the shoes with a them soft, pliable and hardy. A very wax, an ounce of turpentine, a quarter of an ounce of Burgundy pitch, melted over a slow fire with a half pint of oil. Be cautious with the turpentine. This mixture may be applied often and will be found really excellent.-New York World.

Did You Ever?

Did you ever expect a letter from a dear friend and get instead a cross grained note of complaint? Or confi-dently expect a check in the morning mail and get an invoice of bills? Did you ever rush with beating heart to get your mail and receive nothing but an advertising circular?-Boston Commonwealth.

"Shop" Expressions.

The curiosities of talking "shop" were never better exemplified than in the case reported by an unloving woman. In a country trip she occupied in a short transit the seat beside the driver. "He all last summer."-New York Times.

convince people that a good live other sheds its fragrance elsewhere. paper every Tuesday and Friday dwelling on material cares, the wanton is better than only one a week, disregard of social amenities, the sensiespecially when you appeal to their tiveness to personal peculiarities .- Harpocket books, and give it to them per's Bazar.

at the same price. Readers will testify that it is almost as good as Mention is made of codeine sulphate a daily. The markets twice a as an extremely prompt sedative in afweek are worth the money. Four fections of the respiratory tract, pos-"The Duchess," Miss Braddon, does it lead to a habit, nor has it disand other widely known authors, agreeable after effects, and it will alleviare worth the dollar. Its legisla- ate pain. The dose varies from onetive news is its strong point just one grain, given in pill or in solution, now. It is wide-awade, spends frequently in sirup of wild cherry. money for news, and is always in the lead. You can see its supe- the sulphate being preferred for the purriority over the old-fashioned pose. If administered in water, an in-

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A Bogus Bear's Ham.

premium, History of the United nent anatomist, often had his skill in States, Stanley's Book, or Life of sion his friend and neighbor, Lord John Spurgeon, prepaid, and The Jour- Russell, sent him a specimen for this nal, \$1.40. Either book is worth purpose, and the professor quickly pro-\$1.50 alone. Your choice of these nounced it the thigh bone of a pig. This books and the Weekly New York Tribune and Journal a year for only \$1.65. What a combination to the English statesman the present of of reading matter! If you send 'a choice bear's ham,' and the family had us your own and another new breakfasted off it several times with much enjoyment. Somehow or other, name, we will send you either of however, suspicion was aroused, and the the above books free. Subscribe bone was sent to their scientific neigh-

Ancient Forms of Life In Australia.

Australia seems to have been a place of refuge for many ancient forms of life. and every now and then some supposed Elderly people remember their spring to have become extinct are found still bitters with a shudder. The present existing there. The latest in this respect generation have much to be thankful is a discovery by a Mr. Ogilby, a natufor, not the least of their blessing be- ralist, in certain rivers of New South Wales of fresh water herrings, identical in every way to those before not found later than the latter part of the cretaceous and early part of the tertiary period.

Taken at His Word.

Mr. Fales-Yes, I'm going to begin over again. I want your spot cash

Former Creditor-Those are the only told me," she said, "that he had been sumption, this wonderful preparation prices this establishment ever will quote 'bus-ing it' this winter: had 'hack-ed it' affords great relief, checks coughing to you.—Clothiers and Haberdashers' Weekly.

propose to send to you, transpor-d. The little darling rests against



