

Do farmers eat the proper sort of food?

The farmer of today buys a much larger proportion of the food that goes on the table than he did ten years ago.

He should, however, use great care in selecting for the best results in health and strength.

The widespread tendency in the city to increase the amount of Quaker Oats eaten is due very largely to the recent demonstrations by scientific men that the Quaker Oats fed man is the man with greatest physical endurance and greatest mental vigor.

Farmers should give this subject careful thought and should increase the quantity of Quaker Oats eaten by themselves, their children and the farm hands.

GOOD IDEA.



Teddy—Say, what makes yer have a gun wid such a long barrel? Jeddy—Cause yer kin get closer to de rabbit.

Avoid the Cheap and "Big Can" Baking Powders.

The cheap baking powders have but one recommendation: they certainly give the purchaser plenty of powder for his money but it's not all baking powder; the bulk is made up of cheap materials that have no leavening power.

Why not buy a perfectly wholesome baking powder like Calumet, that is at the same time moderate in price and one which can be relied upon?

Entitled to It.

"How are things lookin' over to Dingledell?" "They've been lookin' purty squeamish for a spell. Th' creek got so blame high it overflowed Peasley's dam, an' there's two foot o' water in Widder Brown's cellar."

"Well, well, I s'pose you folks over there will be so stuck up pretty soon that you'll be callin' yourselves th' Parisians of Ameriky."

WORTH KNOWING

Simple But Powerful Prescription for Rheumatism and Lame Back.

This was previously published here and cured hundreds. "Get one ounce of syrup of Saraparilla compound and one ounce Toris Compound. Then get half a pint of good whiskey and put the other two ingredients into it. Use a tablespoonful of this mixture before each meal and at bed time. Shake the bottle each time."

Called Her Bluff.

"He's a brute!" "What has he been doing now?" "I threatened to leave him and he told me he would button my gown up the back if I would hurry."—Houston Post.

Important to Mothers.

Examine carefully every bottle of CASTORIA, a safe and sure remedy for infants and children, and see that it bears the Signature of J. C. Ayer & Co.

Don't kick when your wife asks if her hat is on straight. Rather feel proud that she has the graciousness to liken you to a plumb.

Beautiful Post Cards Free.

Send 4 stamps for five samples of our very best Gold and Silk Finish Birthday, Flower and Motto Post Cards; beautiful colors and loveliest designs. Art Post Card Club, 793 Jackson St., Topeka, Kan.

The diminutive chains of habit are seldom heavy enough to be felt till they are too strong to be broken.—Samuel Johnson.

"Pink Eye" is Epidemic. Attacks the Eyes in the Springtime. Is Contagious and Calls for Immediate Action. Murine Eye Remedy Affords Reliable Relief. It Soothes. Apply Murine Freely and Frequently. Doesn't Smart.

No Deposits. "Do you think there's money in hens?" "Well, if there is they keep it well secured."—Exchange.

PILES CURED IN 8 TO 14 DAYS. Fazo Ointment is guaranteed to cure any case of Piles, Hemorrhoids, Stricture, etc. in 14 days or money refunded. 50c.

Always hold in mind that even failure can be the alphabet of success.—Wilson.

PERRY DAVIS' PAINKILLER. Invaluable remedy for lumbago, sciatica, neuralgia, rheumatism, etc. 25c, 50c and \$1.00. At all druggists.

POULTRY

POULTRY NOTES.

Gather the eggs several times a day. Clean out the nest boxes and burn the old straw.

The heavy laying hen usually lays a normal, medium sized egg. Start right by getting better hens; end right by keeping them better.

Cull the surplus poultry. Keep only such fowls as you are assured are money-makers.

Do not try to start a new breed. There are plenty now, and you would be sure to get nothing but scrubs for your pains.

Lime is a great cleanser. Hens must have lime or they cannot manufacture eggshells. Lime is very useful about the poultry premises.

If your flock of hens does not produce a good average of fertile eggs, better introduce new blood. Secure some healthy males from another flock.

One necessity for the turkey raiser on the average farm is a tree for roosting purposes. A turkey does not like a house, but much prefers an open place to roost.

Many who keep the poultry houses clean overlook their chickens and then wonder why they lose their fowls. Let the chickens have plenty of rooms and fresh air.

Keep your chicks tame. It is a nuisance to have to use a shotgun to catch a chicken. Insulator chicks have this advantage, they are accustomed to being handled and are never rendered unmanageable through fright.

PREPARE GEESE FOR MARKET

First Object is to Make Them as Heavy as Possible and in Shortest Possible Time.

Geeses being prepared for the market should be grown to large size and then finished for the market in the shortest possible time. It is a



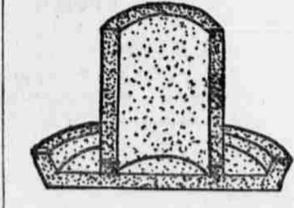
Toulouse Goose.

good plan to shut them up in a limited enclosure and feed them to the limit for about two weeks, selling them as soon as possible after this. In many markets the heavier a goose weighs the more it brings per pound. So it is an object to make them as heavy as possible.

CONCRETE FOUNTAIN IS BEST

Will Produce an Everlasting Article and One That Will Give Excellent Satisfaction.

While many similar fountains for the poultry have been made of tin cans, that soon rust and are useless, yet this same principle applied to a concrete fountain will produce an everlasting article and one that will give excellent satisfaction. A large flat dish is used to mold the bottom, into this lay a one-inch course of concrete and have it come up on the sides, as



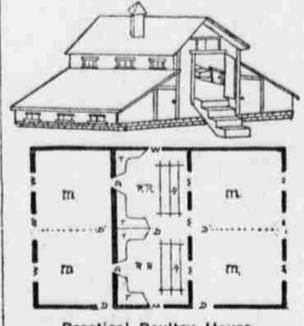
Concrete Fountain.

shown in sectional illustration, about two inches high. In the center set a short section of stove pipe and inside this place a smaller piece that has a less diameter so that the wall of the tank will have a thickness of at least three-quarters of an inch all around the same; for the center core an old tomato can or even a round piece of wood of the right size is excellent. The holes for the water are made by inserting a large spike about one-half inch from the bottom, through the outer core or section of stovepipe and so it will mold a small hole through the concrete; four or six of these should be made, but placed below the top edge of inside dish. The concrete is placed between the stovepipe and the core, thus molding the wall and bonding with the concrete bottom so the fountain is all in one piece. When dry the forms may be easily removed and you have an article that will give good satisfaction, keeping the water clean, with just enough in the lower basin for the poultry; something they cannot tip over and spill, the supply for the day being placed in at the top of the tank.

CHEAP HOUSE FOR POULTRY

Illustration Shows Structure Intended for Chickens All the Year—Cost is Small.

A practical poultry house, 20x32, is shown in the illustration herewith. The center part is 12x20 feet, 9 feet to the square, having a solid floor 2 feet above top of sill (dotted line shows where floor should be). This department is used exclusively for laying and roosting. Ground plan shows partition through length of building made of plastering lath, and



Practical Poultry House.

flooring up and down in roosting room. The frame is of studding 2x4 inches, weather-boarded with worked barn boards, also lined with same, with smooth slide out, having building paper (or tar paper), tacked up to the studding under it. Roosts hang from ceiling on iron rods to within 14 or 16 inches from the floor; a board set in grooves in the walk divides floor space under roosts to keep droppings from mixing with litter on balance of floor. Feed troughs are placed around walls as shown in plan. Ladders lead up from scratching floor to each roosting room. This roosting department is sealed up on under sides of rafters, which permits of a window in each gable above the square of the building, giving splendid ventilation without any patent arrangements. The wings are 3 feet high in front and 7 feet where they join roost rooms. The space under floor of main building is a part of scratching floor with a lath partition extending through. It is calculated as an all year poultry house. It can be used for one flock by omitting the partition in the center of the house and scratching floors. The approximate cost is \$90.

POULTRY THRIVE ON ALFALFA

Experiment Demonstrates That It is Excellent as Green Feed for the Growing Chickens.

(BY MRS. E. ROBERTSON.)

I have demonstrated to my satisfaction during the past year, that alfalfa excels clover both as a green food for growing chicks, and a winter relish for adult fowls.

We have a field of ten acres sown to alfalfa stretching just below the colony coops and pens where I raise my chicks.

A year ago last summer I noticed that as soon as I gave the chicks free range they would seek this field and spend hours in the growing alfalfa, particularly when it blossomed ready for cutting.

By close observation I found that they ate the tender tops and purple buds ravenously and certainly seemed to thrive on the food.

I tried sowing some seed in my nursery pen, and it was wonderful to see how the chicks enjoyed it—wee, fluffy fellows just from the incubator. This set me to thinking.

When last winter came on I housed 100 pure Buff Cochins pullets in a fairly roomy and comfortable house. The large hay barn was stored to the roof with alfalfa and millet hay. From the former the leaves and dried blossoms, still green in hue, fell in masses of fine fragrant litter, useless to the cattle and horses which only ate the bulkier stems.

All winter long I used this alfalfa chaff for litter in my houses, bedding the floor deep every day. The hens scratched in it for their grain and ate every available bit they could pick up.

By night the floor would be bare and a fresh supply was thrown in ready for the morning meal.

My hens have always done well as winter layers, but last season they outdid themselves and made a record which is the wonder and envy of all my neighbors.

I give the credit to alfalfa, especially as some close neighbors with warmer houses—one of them heated—who bought patent egg-making foods, protein and blood meal in large quantities and who have bone mills and fed green bone all winter, with oyster shells, mica grit and cut clover got next to no eggs at all.

In fact, the one who has the heated chicken house, did not average three eggs a week and the other bare got enough for family use. One has a flock of 500 Brown Leghorns and the other 250 pure Barred Rocks.

In past winters eggs from my old hens have been few and far between. It was the pullets that laid the eggs, but not only did the hens lay last winter but want to set just as if it was summer weather.

I broke up as many as a dozen broody hens last January. In the face of facts like these I naturally give the credit to alfalfa.

This was the sole addition to their feed and the only grain they had was corn and an occasional feed of boiled oats for we did not sow wheat last year.

NEBRASKA IN BRIEF

NEWS NOTES OF INTEREST FROM VARIOUS SECTIONS.

ALL SUBJECTS TOUCHED UPON

Religious, Social, Agricultural, Political and Other Matters Given Due Consideration.

J. C. Stillinger and wife of Doone county, celebrated their golden wedding.

A big ice house near the Davis elevation in Beatrice was burned to the ground, entailing a loss of \$1,000, fully covered by insurance.

C. A. Meisinger of Springfield was taken into custody and was adjudged a fit subject for treatment as a dipsomaniac by the insanity board.

Ernest Hahn, for twenty-four years connected with the Nye-Schneider-Powder Grain company at Fremont, assumed the office of deputy county treasurer succeeding Harry Himes, who went to Colorado Springs to accept a position with a creamery company.

As J. E. Gosnell and Mark Coffey were coming to Republican City from Woodruff, Kas., the buggy was overturned. They got up and righted it, Mr. Gosnell having the lines in his hand. The team was a spirited one, and as the buggy was being turned the team jumped and Mr. Gosnell was struck on the side of the head, his skull being badly fractured. His chances for recovery are slim.

General Manager Mohler of the Union Pacific and several other officials came to Norfolk and decided to build a slightly modern brick passenger station.

A dog at Wymore belonging to James Shield acted strangely and bit a number of children, before it was killed. It is supposed the dog had rabies, and the head was sent to the Pasteur Institute in Chicago for examination.

Omaha is fast getting to be a manufacturing center. Paxton & Gallagher have their big coffee mills at Omaha, the Uncle Sam Breakfast Food Co. have established their headquarters there, and now it is said the Iken Cracker Co. are to build one of the finest cracker factories in the world at Omaha. The great need, however, is cheaper power in Nebraska.

A gentlemanly burglar perpetrated an immensely rich joke on himself at the residence of R. H. Watkins in Alliance. He entered Watkins' bed room, secured his pants, took them out through the sitting room into the kitchen, and removed about \$3 in silver and nickels, but entirely overlooking \$600 in large bills which Watkins had put in the watch pocket of the pants.

Death of Henry Bedford, one of the pioneers of Seward county occurred at Enid, Oklahoma, on February 27. Mr. Bedford had gone there only a week before to visit his daughter.

Attorney H. B. Fleharty of Omaha appeared before Governor Shallenberger with a plea for a commutation of sentence in the case of Leon Angus, under sentence of life imprisonment in the Nebraska penitentiary.

A Beatrice real estate dealer asserts that over one hundred residents of Gage county have disposed of their farms during the past few weeks and are now removing to other states. A number have located in Canada.

Three thousand dollars was paid on an old issue of school bonds by the county treasurer of Buffalo county last week. They were issued in the amount of \$60,000 seventeen years ago, and this is the first payment on them.

The cornerstone of the magnificent new Presbyterian church in Aurora was laid with impressive ceremonies.

The surveyors of the Kearney-Beloit railway are nearing the end of their last journey over the route between Kearney and Beloit. The report of the surveyors has been favorable, low grades being found most of the way.

William Brown died at his home in Stranton as a result of injuries sustained by falling from the roof of a barn on the Zillmer farm. He was shingling the building and slipped, falling some twelve feet striking on his shoulders.

The city council of Fairbury has called a special election for April 26 to vote on the matter of issuing \$135,000 bonds to purchase or install a light and water plant. The franchise offered by the Fairbury Light and Water company will be voted on at the same time.

Dawson county has been looking forward for some time to the erection of a much needed new court house. The county commissioners have set March 19 for the voting of bonds to the amount of \$100,000 for this elegantly planned structure.

Rev. Frank W. Dell, pastor of the Friends' church at Central City, has departed for Okaloosa, Ia., where he will hold a two weeks' series of meetings among the students of Penn college, the Quaker institution of learning at that place.

County Judge Wray has bound Geo. Stryker, who is charged with embezzlement of funds of the York Alfalfa Meal company, over to the next term of district court. Evidence showed that during Stryker's short term of office as treasurer of the company he received \$3,800, and when he resigned there was only \$63 in the treasury.

The State Board of Public Land

A TRAIN LOAD OF TOBACCO.

Twenty-four Carloads Purchased for Lewis' Single Binder Cigar Factory.

What is probably the biggest lot of all fancy grade tobacco held by any factory in the United States has just been purchased by Frank P. Lewis, of Peoria, for the manufacture of Lewis' Single Binder Cigars. The lot will make twenty-four carloads, and is selected from what is considered by experts to be the finest crop raised in many years. The purchase of tobacco is sufficient to last the factory more than two years. An extra price was paid for the selection. Smokers of Lewis' Single Binder Cigars will appreciate this tobacco.

—Peoria Star, January 16, 1910.



"I can sing," said one Toucan, "you bet," "I, too, can," said one that he met. "So if I can, and you can, We two can, we Toucans." So the two Toucans sang a duet.

THIS TELLS THE STORY.

Los Angeles, Cal., Jan. 2, 1910. 1427 West 28th St. Uncle Sam's Breakfast Food Co., Omaha, Neb.

Gents:— My mother has used your food for over one year, and it has done her so much good that she feels she can't get along without it, and as no one has it out here, I want to know what a case of 1 or 2 dozen packages will cost me, F. O. B. Omaha or Los Angeles, by freight.

Yours Truly, J. L. WOODSON.

We certify that the above letter is a true copy of the original and was not solicited. U. S. B. F. CO.

Thinking of Garden Time.

Bacon—I think much of the man who can make two blades of grass grow where one grew before. Egbert—I've not got my eye on him. I admire more the man who can make only one weed grow where a dozen grew before.

\$100 Reward, \$100.

The readers of this paper will be pleased to learn that there is at least one disease that science has been able to cure in all its stages, and that is Catarrh. Hall's Catarrh Cure is the only positive cure now known to the medical fraternity. Catarrh being a constitutional disease, requires a constitutional treatment. Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system, thereby destroying the foundation of the disease, and giving the patient strength by building up the constitution and assisting nature in doing its work. The proprietors have so much faith in its curative powers that they offer One Hundred Dollars for any case that it fails to cure. Send for list of testimonials. Address F. J. CLEMENT & CO., Toledo, O. Sold by all Druggists. 75c. Take Hall's Family Pills for constipation.

Excellent Connection.

"Is his family well connected?" "Extremely so. They have an exclusive private 'phone'."

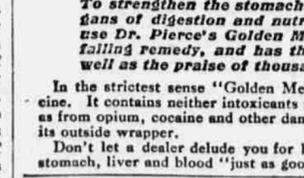
BREAK UP THAT COUGH

with Allen's Lung Balm, the popular family remedy. It cures where other remedies fail. All dealers. 25c, 50c, \$1.00 bottles.

TO CURE A COLD IN ONE DAY

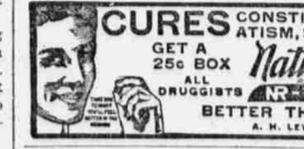
Take LAXATIVE BROMO Quinine Tablets. It cures colds and coughs in one day. E. W. GILROY'S signature is on each box. 25c.

It doesn't take one long to become an expert fault finder.



FOR PINK EYE

Cures the sick and aces as a preventive for others. Liquid given on the tongue. Safe for brood mares and all others. Best kidney remedy; 50 cents and \$1.00 a bottle; \$5.00 and \$10.00 the dozen. Sold by all druggists and horse goods houses, or sent express paid, by the manufacturers. SPOHN MEDICAL CO., Chemists, GOSHEN, INDIANA



CURES CONSTITUTION, BILIOUSNESS, RHEUMATISM, STOMACH AND LIVER COMPLAINT

GET A 25c BOX OF NATURE'S REMEDY EASY—SURE TO ACT. ALL DRUGGISTS. BETTER THAN PILLS FOR LIVER ILLS. A. H. LEWIS MEDICINE CO., ST. LOUIS, MO.

FOR SALE

A limited amount of Great Western Portland Cement, paying a dividend of 8%. We are obliged to enlarge our plant, due to the increase in business, and offer the above stock to those seeking investments. For particulars, address GREAT WESTERN PORTLAND CEMENT CO. AM. BANK BLDG. KANSAS CITY, MO.

MICA AXLE GREASE

is the turning-point to economy in wear and tear of wagons. Try a box. Every dealer, everywhere. STANDARD OIL CO. (Incorporated)

A Worthy Remedy.

If you suffer from any Stomach, Liver, Kidney or Bowel trouble, you will find Hostetter's Stomach Bitters a thoroughly reliable remedy and worthy of your utmost confidence. Give it a fair trial and see for yourself how good it is in cases of Poor Appetite, Belching, Sick Headache, Indigestion, Costiveness, Colds, Grippe & General Weakness. Get



Your Liver is Clogged up

That's Why You're Tired—Out of Sorts—Have No Appetite. CARTER'S LITTLE LIVER PILLS will put you right in a few days. They do their duty. Cure Constipation, Biliousness, Indigestion, and Sick Headache.



SMALL PILL, SMALL DOSE, SMALL PRICE. GENUINE must bear signature: Beutwood

RHEUMATISM

CURED RIGHT AT HOME. by ELECTROPODES. New Electric Treatment. Galvanic fluid—copper and zinc—were inside shots. Investigate entire body. Nerves become "live wires." Positive cure for Rheumatism, Neuritis, Backache, Kidney and Liver complaints. Price only \$1.00. Your money returned if not satisfactory. Guarantee signed with each sale. Electrodes are available. If not at your Druggist's, send us \$1.00. State whether for man or woman. WESTERN ELECTROPODE CO. 245 Los Angeles St., Los Angeles, Cal.

SOUR STOMACH

"I used Cascarets and feel like a new man. I have been a sufferer from dyspepsia and sour stomach for the last two years. I have been taking medicine and other drugs, but could find no relief only for a short time. I will recommend Cascarets to my friends as the only thing for indigestion and sour stomach and to keep the bowels in good condition. They are very nice to eat." Harry Stuckley, Mauch Chunk, Pa.

Pleasant, Palatable, Potent, Taste Good, Do Good, Never Sicken, Weaken or Gripes. 25c, 50c, \$1.00. Never sold in bulk. The genuine tablet stamped C.C.C. Guaranteed to cure or your money back. 209

PIT & PITLESS SCALES.

For Steel and Wood Frames, 25 and 50 lbs. Write us before you buy. We save you money. Also Furnace and Wind Mills. SICKLES BROS., Des Moines, Ia.

PATENT

Book and Advice FREE. Name, Address & Location. Washington, D.C. Est. 40 yrs. Best references. W. N. U., LINCOLN, NO. 11-1910.

The Tenderfoot Farmer

It was one of these experimental farmers, who put green spectacles on his cow and fed her shavings. His theory was that it didn't matter what the cow ate so long as she was fed. The questions of digestion and nourishment had not entered into his calculations.

It's only a "tenderfoot" farmer that would try such an experiment with a cow. But many a farmer feeds himself regardless of digestion and nutrition. He might almost as well eat shavings for all the good he gets out of his food. The result is that the stomach grows "weak" the action of the organs of digestion and nutrition are impaired and the man suffers the miseries of dyspepsia and the agonies of nervousness.

To strengthen the stomach, restore the activity of the organs of digestion and nutrition and brace up the nerves, use Dr. Pierce's Golden Medical Discovery. It is an unfailing remedy, and has the confidence of physicians as well as the praise of thousands healed by its use.

In the strictest sense "Golden Medical Discovery" is a temperance medicine. It contains neither intoxicants nor narcotics, and is as free from alcohol as from opium, cocaine and other dangerous drugs. All ingredients printed on its outside wrapper.

Don't let a dealer delude you for his own profit. There is no medicine for stomach, liver and blood "just as good" as "Golden Medical Discovery."