WHAT IS PE-RU-NA? Is it a Catarrh Remedy, or
Tonic, or is it Both? Bomo peoplo call Peruna a greal
tonia
Others refor to great eatarrh remedy. Is it more of these per to call Peremight? tarrh remedy than to call it a tonio? Our reply is, that Peruna is both a tonio and a catarrh remedy. Indeed, edy that is not also a tonia
In order to thoroughly relieve any only have a specifio action must not cons membranes affected by the catarri, bat it must have a general tonio action on the nervons system.
Catarrh, even in persons. who are otherwise strong, is a weakened con-
dition of some mucous membrane dition of some mucous membrane.
There must be something to strengthen the circulation, to give tone to the arterice, and to raise the vital forces,
Perhaps no vegetable remedy in the world has attracted so much attention from medical writers as HYDRASTIS
CANADENSIS. The wonderful effcacy of this herb has been recognized
many years, and is growing in its hold upon the medical profeesion. When
joined with CUBEBS And COPATBA joined with CUBERS and COPAIBA a
trio of medical agents is formed in Peruna which constitutes a specifo remedy for catarrh that in the present
EVEW state of medical progress cannot be
improved upon. This action, reinimproved upon. This sction, reinYDALIS FORMOSA and CEDRON SEED, ought to make this compound an ideal remedy for catarrh in all
stages and locations in the body. From a theoretionsal standpoint, the fore, Peruna is beyond criticism. The Eumberless testimonisls this opinion. quarter of the earth furnish ample evidenoe that this judgment is not over enthusiastic. When practical ex-
perience confirms a well-grounded thery the result is a truth Eronnded the shaken.


Ropert to the efiect that electric
Hghts are detrimental to the eyesight
are pronounced unfounded by an electrieal expert in the London Times.
He say that the trouble arises from
too difect exposure of the eye to the
light and that effect would be the

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could only understand and realzo the ter
needs there would be generous
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## Five Mowh in hosfiral



| AN AND Home fo | Delicate Shade of Meaning. |
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| us Painting by Mada | Dr. Halg-Brown, master of Cha |
| Cooley Now on Public in the City of Omaha. | Hata. brother-t.law, Dr. Porter, the |
| months ago in this publica- | master of eeterhouse, another ramous |
|  | his preelise meaning in a a certificato that a boy's character was "general- |
| Weeping Water,", and "The Pio. |  |
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展 Gigutu ELECTROTYPES

1 Miss notebive nichols
PERIODS OF PAIN

Lydia E. Pinkham's Vegetable Compound
$\qquad$



Mrs. Pinkham's Standing Invitation to Women
$\qquad$
WESTERN CANADA


DEFIANGE STARCI:

## ${ }^{\circ} \mathrm{I}$ <br> Gave Up"

"I gave up," writes Mrs. Flossie F. Walea, of Leander, Tex., "the idea of ever getting well. i suffered for months from female troubles, and tried several doctors, but they did me no good. At last I took Cardui and now I am stout and well:" Other
ladies should learn from this, that

## Wine of Cardui

