

SUFFERED TORTURES.

Racked with Pain, Day and Night, for Years.

Wm. H. Walter, engineer, of Chatsworth, Ill., writes: "Kidney disease was lurking in my system for years. I had torturing pain in the side and back and the urine was dark and full of sediment. I was racked with pain day and night, could not sleep or eat well, and finally became crippled and bent over with rheumatism. Doan's Kidney Pills brought quick relief, and in time, cured me. Though I lost 40 pounds, I now weigh 200, more than ever before." Sold by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

Sarcasm. The hatchet-faced female surveyed the tramp at her back door, then she sniffed the air suspiciously. "You want something to eat?" she sneered. "I smell liquor!" "Hain't got any on me." "Strange. I detect a distinct odor of liquor." "Ain't got a drop," the tramp protested. "Are you sure you haven't a bottle concealed in your pocket?" "Aw, take me word for it. If I had I'd oblige yer an' produce, I never wuz stingy at sharin' de booze." Thereupon he faded away gracefully.

Laundry work at home would be much more satisfactory if the right Starch were used. In order to get the desired stiffness, it is usually necessary to use so much starch that the beauty and fineness of the fabric is hidden behind a paste of varying thickness, which not only destroys the appearance, but also affects the wearing quality of the goods. This trouble can be entirely overcome by using Defiance Starch, as it can be applied much more thinly because of its greater strength than other makes.

Quaker Wit. A Quaker riding in a carriage with a fashionable woman decked with a profusion of jewelry, as a substitute, perhaps, for her scantiness of clothes, heard her complaining of the cold. Shivering in her lace bonnet and shawl, she exclaimed, "What shall I do to get warm?"

"I really don't know," replied the Quaker solemnly, "unless thou put on another breastpin."—Sunday Magazine.

That an article may be good as well as cheap, and give entire satisfaction, is proven by the extraordinary sale of Defiance Starch, each package containing one-third more Starch than can be had of any other brand for the same money.

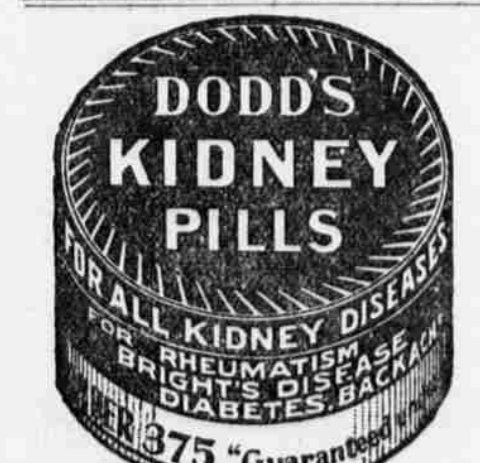
Whew! "Really—er—I'm afraid you overheard what I—er—said about you," stammered the gossip who had been caught redhanded. "Perhaps I—er—was a bit too severe—" "Oh, no," replied the other woman, "you weren't nearly as severe as you would have been if you knew what I think of you."

The Eternal Woman. It is because it is always impossible to know how a woman will act, to grasp the workings of her mind, to pierce the veil that hides the innermost recesses of her soul, that she has held such complete sway over man. He can never definitely rely upon her.—London World.

Give Defiance Starch a fair trial—try it for both hot and cold starching, and if you don't think you do better work, in less time and at smaller cost, return it and your grocer will give you back your money.

To rid the house of roaches or ants use a ten cent package of borax, with ten cents' worth of camphor gum. Grind the gum to a powder and sprinkle with the borax. Scatter around where the roaches and ants are. They will disappear in a few days. The first day or two it will set them to crawling as they are trying to escape. Be sure to sprinkle it around plentifully the first time and leave it for several days. When you wash up be sure to sprinkle more after a week or two. After the first, or sometimes the second time, you can keep the pests away by using the borax alone.

Charming Flower Gifts. One of the most charming little gifts seen in many a day are the diminutive but exquisite flowering plants, each set in a decorated china pot. The variety of flowers to be selected are numerous, such as tulips, violets, hyacinths and lovely little rose trees, etc. These fascinating souvenirs were first brought out this year, and so great was the holiday craze that they disappeared in a day or two. They are little objects of the best art work in china of extreme correctness in flower modeling and of great beauty of color, for that reason are fit gifts for a queen. They elicit most enthusiastic admiration.—Vogue.



POSITIVE CURE FOR SORE SHOULDERS ON HORSES & MULES

At very small expense you can cure your work horses' sore shoulders, sore necks or sore backs and not lose a single day's work. Security Gail Salve will do it, and after the first application he will be out of pain. This is also good policy, for he will surely do more work without running down. If your stock gets cut from barb wire, or anything else, be sure and use Security Antiseptic Healer. It will cure a cut very quickly. Dealers everywhere. Security Remedy Co., Minneapolis, Minn.

FOR THE HOME NURSE.

Important to Remember When Caring for the Sick.

The first rule in nursing, the first essential to the patient, without which all else you do is as nothing, is to keep the air he breathes as pure as the external air without chilling him. Always have the window of your patient's room open, but not a window on a passage just outside. Place the bed in the lightest spot in the room, and he should be able to see out of the window.

The best bedding is an iron bedstead, a hair mattress, no curtains or valance, very light blankets for a covering, as weak patients are always distressed by weight in bed-clothing.

Cleanliness of the skin in almost all diseases is of the utmost importance.

Care should be taken in sponging or washing not to expose too great a surface at once so as to check perspiration says Woman's Life.

Never allow a patient to be waked out of a sleep, either intentionally or accidentally, as this does serious harm.

Do not whisper or walk on tip-toe, as this is peculiarly painful to the sick.

Remember, never to lean against, sit upon, or shake, or even touch the bed upon which your patient lies; this is always annoying.

Do not talk to or allow your patient to talk while taking his meal.

FIRE DON'TS FOR THE HOME.

Observance of These Will Greatly Reduce Danger of Disaster.

Never turn on the gas, and, when your match goes out before you have ignited the gas, step away, find another, and light it. Series of horrible accidents have resulted from this.

When grease or fat boils over on the stove, do not throw water on it. It will make it worse. Use baking soda or salt. Ashes will smother it.

Do not use a flexible rubber hose in connection with your gas stove. It is dangerous and has caused hundreds of fires and deaths.

At no time close the door of the cook stove so that a strong draft will operate, and then leave the room for great time. Overheated stoves are responsible for a great many fires.

One of the greatest of all fire dangers is to have heating pipes close to the woodwork or rafters.

A swinging gas bracket is a constant menace to the home. If you use one, have the burner protected by a wire screen, or a globe.

Ashes thrown on the floor, or in wooden receptacles, frequently cause fire.

Chicken Pie.

Procure a three and one-half or four pound chicken. Cut up and pour over one-half gallon water. Stew until tender. Salt to taste. Keep filled with boiling water if necessary. There should be at least one quart of broth when chicken is done. Add one teaspoon butter unless fat. Take one heaping tablespoon flour rubbed smooth, with one-half cup milk added gradually. Add to this a small amount pepper and salt. Stir this in the chicken. Let come to a boil. Set on back of range.

Prepare crust as follows: Two heaping cups flour, measured before sifting, one-half teaspoon salt, two heaping teaspoons baking powder. Stir all together with spoon. Add one tablespoon lard. Work in well. Then stir in with long-handled spoon enough sweet milk for a soft dough. Have board floured and work dough lightly with fingers. Roll in a round shape one-half inch thick. Cut gash in center. Place this on chicken and gravy, which has been poured in a granite pan three or four inches deep. Bake in quick oven 15 minutes.

Drive Away Ants.

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Flowers for Interior Decoration. When arranging branches of bloom from cherry or apple tree for indoor decoration at this season, bear in mind the exquisite results the Japanese get by placing a single spray or two in a beautiful vase, and do not spoil the effect by massing a great bunch of these lovely blossoms in one jar.—Vogue.

GOOD IDEA FOR MATCHES.

Double Enders Popular Among Smokers in Mexico.

"Mexico may be behind us in some things, but she has us lashed to the wheel when it comes to making matches," said a man just in from the land of the Montezumas as he handed out a wax lucifer with a head on each end.

"I saw nothing but double ended matches while I was away, and I can tell you that they save one's record with the Recording Angel. If you dig down in your pocket and find one match the chances are that you are sure of a light, because if one end goes out the other is left. These old time matches, just revived, that splutter brilliant sparks may be all right when it comes to pleasing the baby, but the fellow who puts on the market a double ended match will find a ready demand."

BLACK, ITCHING SPOTS ON FACE.

Physician Called It Eczema in Worst Form—Patient Despaired of Cure—Cuticura Remedies Cured Her.

"About four years ago I was afflicted with black spots all over my face and a few covering my body, which produced a severe itching irritation, and which caused me a great deal of suffering, to such an extent that I was forced to call in two of the leading physicians of ——. After a thorough examination of the dreaded complaint they announced it to be skin eczema in the worst form. Their treatment did me no good. Finally I became despondent and decided to discontinue their services. My husband purchased a single set of the Cuticura Remedies, which entirely stopped the breaking out. I continued the use of the Cuticura Remedies for six months, and after that every spot was entirely gone. I have not felt a symptom of the eczema since, which was three years ago. Mrs. Lizzie E. Sledge, 540 Jones Ave., Selma, Ala., Oct. 28, 1905."

The Camera Fiend's Wanderlust.

As the sun day by day ascends the heavens and the actinic value of his light increases, rhapsodizes the editor of the American Amateur Photographer, there seizes us once more the fervor of the enthusiast. From the high shelf down comes the camera, the plate holders are loaded, and we tramp across the green fields looking for pictures—or pretending to. For half the cause of our wandering has naught to do with the black box we carry with us. The primitive instinct for change, the ancestral wanderlust, it is, that has seized us and driven us forth to nature.

Sheer white goods, in fact, any fine wash goods when new, owe much of their attractiveness to the way they are laundered, this being done in a manner to enhance their textile beauty. Home laundering would be equally satisfactory if proper attention was given to starching, the first essential being good Starch, which has sufficient strength to stiffen, without thickening the goods. Try Defiance Starch and you will be pleasantly surprised at the improved appearance of your work.

Campaign Against Rats.

The French admiralty is preparing a campaign against the rats which swarm in seaport towns and undoubtedly spread the infection of various devastating diseases in their passage from one country to another on board ship. It is announced that it will soon be compulsory for every vessel entering a French harbor from certain other ports to have all its rats exterminated.

\$100 Reward, \$100.

The readers of this paper will be pleased to learn that there is at least one disease that science has been able to cure in all its stages, and that is Catarrh. Hall's Catarrh Cure is the only positive cure now known to the medical fraternity. Catarrh being a constitutional disease, requires a constitutional treatment. Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system, thereby destroying the foundation of the disease, and giving the patient strength by building up the constitution and assisting nature in doing its work. The proprietors have so much faith in its curative powers that they offer One Hundred Dollars for any case that fails to cure. Send for list of testimonials. Address: F. J. CHENEY & CO., Toledo, O. Sold by all Druggists. Take Hall's Family Pills for constipation.

Willing to Reason.

"Of course," declared the pretty widow, "I am inconsolable." "Naturally." "However, as you know, I was never a fanatic on any point."

Don't Sneez Your Head Off.

Krause's Cold Capsules will cure you almost instantly. At all Druggists, 25c.

No man that imparteth his joys to his friend, but he joyeth the more; and no man that imparteth his griefs to his friend, but he grieveth the less.

Smokers appreciate the quality value of Lewis' Single Binder cigar. Your dealer or Lewis' Factory, Peoria, Ill.

Man is not the creature of circumstances; circumstances are the creatures of men.—Disraeli.

Friend in Need

Forgetting Something. When the train that conveyed President Roosevelt through Virginia on his last trip south stopped at Charlottesville, a negro approached the president's car and passed aboard a big basketful of fine fruit, to which was attached the card of a prominent grower.

In course of time the orchardist received a letter of acknowledgment from the White House expressing the president's appreciation of the gift and complimenting the donor upon his fruit. The recipient of the letter was, of course, greatly pleased, and, feeling sure that his head gardener would be much interested in the letter, he read it to him. The darky who served in the capacity mentioned listened gravely, but his only comment was:

"He doan' say nothin' 'bout sendin' back de basket, do he?"—Success Magazine.

Starch, like everything else, is being constantly improved, the patent Starches put on the market 25 years ago are very different and inferior to those of the present day. In the latest discovery—Defiance Starch—all injurious chemicals are omitted, while the addition of another ingredient, invented by us, gives to the Starch a strength and smoothness never approached by other brands.

On the Honeymoon.

"So you were well pleased with the train on which you took your wedding trip?" said the bosom friend. "Was it an accommodation train?" The young man's face beamed with delight.

"I should say it was an accommodation train," he confided. "Why, the porter put the light out every time we reached a tunnel."

Ladies Can Wear Shoes

One size smaller after using Allen's Foot-Ease. A certain cure for swollen, sweating, hot, aching feet. At all Druggists, 25c. Acetone no substitute. Trial package FREE. Address: A. S. Olmsted, Le Roy, N. Y.

Suppose any man shall despise me. Let him look to that himself. But I will look to this that I be not discovered doing or saying anything deserving of contempt.—Marcus Aurelius.

Lewis' Single Binder—the famous straight 5c cigar, always best quality. Your dealer or Lewis' Factory, Peoria, Ill.

We do more good by being good than in any other way.—Rowland Hill.

Mrs. Winslow's Soothing Syrup. For children teething, softens the gums, reduces inflammation, allays pain, cures wind colic. 25c a bottle.

Wisely and slowly; they stumble that run fast.—Shakespeare.

WORKING WOMEN, WHAT THEY SHOULD KNOW



MRS. SADIE ABBOTT

MRS. PREE MCKITTRICK

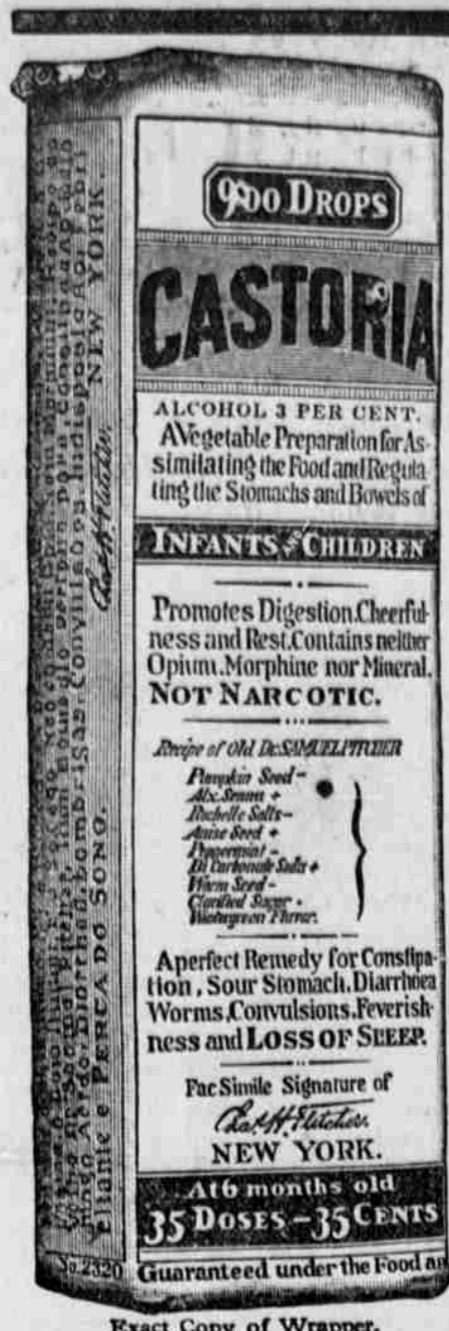
Women for the most part spend their lives at home, and it is these women who are willing and ambitious that their homes shall be kept neat and pretty, their children well dressed and tidy, who do their own cooking, sweeping, dusting and often washing, ironing and sewing for the entire family, who call for our sympathy.

Truly the work of such a woman is "never done" and is it any wonder that she breaks down at the end of a few years, the back begins to ache, there is a displacement, inflammation or ulceration of the abdominal organs, a female weakness is brought on, and the struggle of that wife and mother to continue her duties is pitiful.

Lydia E. Pinkham's Vegetable Compound, made from native roots and herbs, is the exact medicine a woman needs whose strength is overtaxed. It keeps the feminine organs in a strong and healthy condition. In preparing for childbirth and recuperating therefrom it is most efficient. It carries a woman safely through the change of life and in making her strong and well assists her to be a good wife and mother.

Mrs. Sadie Abbott, of Jeannette, Pa., writes: "I suffered severely with pain every month and also a pain in my left side. My doctor prescribed for me but did me no good; a friend advised Lydia E. Pinkham's Vegetable Compound and I wrote you in regard to my condition. I followed your advice and am a perfectly well woman. The pains have all disappeared and I cannot recommend your medicine too highly."

Lydia E. Pinkham's Vegetable Compound Succeeds Where Others Fail.



Exact Copy of Wrapper.

CASTORIA For Infants and Children.

The Kind You Have Always Bought

Bears the Signature

of

Use

For Over

Thirty Years

CASTORIA

MINNESOTA-HEALTH AND INDEPENDENCE

Why not sell where you are. Bank some of your profits for income and take up a new home, and start the boys too. Fine water; beautiful lakes; quick, fertile soil, fine climate. 35,000 acres. Farm any size. Title absolute. Investigate anywhere before buying. Write for maps and truthful representations. Address: ROGER C. SPOONER, Pres. Donald L. & L. Co., Bemidji, Minn.

READERS of this paper desiring to buy anything advertised in its columns should insist upon having what they ask for, refusing all substitutes or imitations.

NORTHWEST AND RETURN

Portland, Tacoma, Seattle, Bellingham, Everett, Vancouver, Victoria, and New Westminster.

One Fare or \$50.00

For the round trip from Missouri River Terminals (Council Bluffs to Kansas City, inclusive) VIA

UNION PACIFIC

Tickets on sale June 20 to July 12, 1907. Also tickets one way through California on same dates at slightly higher rates.

INQUIRE OF E. L. LOMAX, G. P. A., Omaha, Neb.

FREE To convince any woman that Paxtine Antiseptic will improve her health and do all we claim for it. We will send her absolutely free a large trial box of Paxtine with book of instructions and genuine testimonials. Send your name and address on a postal card.

PAXTINE cleanses the mucous membranes of the nasal, bronchial, catarrh and inflammation caused by feminine ill; sore eyes, sore throat and mouth, by direct local treatment. Its curative power over these troubles is extraordinary and gives immediate relief. Thousands of women are using and recommending it every day. 50 cents at druggists or by mail. Remember, however, IT COSTS YOU NOTHING TO TRY IT. THE H. PAXTON CO., Boston, Mass.

U. S. NAVY

Enlist for four years young man of good character and sound physical condition between the ages of 17 and 35 as apprentice seaman; opportunities for advancement; pay \$16 to \$70 a month. Electricians, machinists, messengers, cooperators, yeomen (clerk), carpenters, shipbuilders, bremen, musicians, cooks, etc. between 21 and 35 years, enlisted in special factories with suitable pay. Retirement on three-fourths pay and allowances after 30 years service. Applicants must be American citizens. First clothing outfit free to recruits. Upon discharge travel allowance 4 cents per mile to place of enlistment. Bonus four months' pay increase to pay upon re-enlistment within four months of discharge. Offices at Lincoln and Hastings, Nebraska. Also, during winter, at Los Angeles and Sioux City, Iowa. Address: NAVY RECRUITING STATION, P. O. Bldg., OMAHA

LIVE STOCK AND MISCELLANEOUS ELECTROTYPES

In great variety for sale at the lowest prices by A. J. BELLING, NEWSPAPER CO., 17 W. Adams St., Chicago

DEFIANCE STARCH—If ounces in the package—other starches, only one-cent a price and "DEFIANCE" IS SUPERIOR QUALITY. W. N. U., OMAHA, NO. 25, 1907.

No friend in need could be more welcome to a sick woman, than a medicine that will relieve her suffering, build up her strength and bring back to her cheeks their lost bloom. Cardui has done this, for thousands of sick, miserable women. Composed of ingredients with special, curative action on the womanly organs, goes to the seat of your trouble and is sure to do you good. J. F. Stone, of Lawrence, Kas., writes: "My wife suffered for 10 years from female troubles and was given up to die, but took Cardui, and now she is in good health." \$1. WRITE US A LETTER Write today for a free copy of valuable 64-page illustrated Book for Women. If you need Medical Advice, describe your symptoms, stating age, and reply will be sent in plain sealed envelope. Address: Ladies Advisory Dept., The Chattanooga Medicine Co., Chattanooga, Tenn.