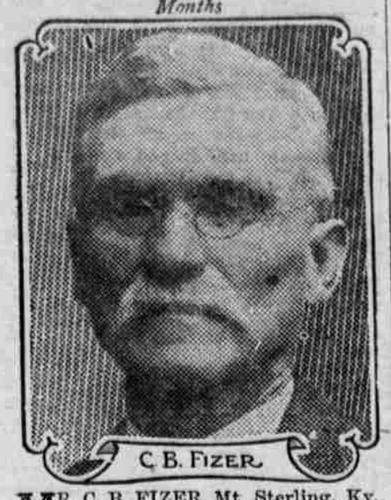
KIDNEY TROUBLE

Suffered Two Years—Relieved In Three Months



MR. C. B. FIZER, Mt. Sterling, Ky., writes:

"I have suffered with kidney and bladder trouble for ten years past.

"Last March I commenced using Peruna and continued for three months. I have not used it since, nor have I felt a pain.

"I believe that I am well and I therefore give my highest commendation to the curative qualities of Peruna."

Pe-ru-na For Kidney Trouble.

Mrs. Geo. H. Simser, Grant, Ontario, Can., writes:

"I had not been well for about four years. ***I had kidney trouble, and, in fact, felt badly nearly all the time.***

"This summer I got so very bad I thought I would try Peruna, so I wrote to you and began at once to take Peruna and Manalin.

"I took only two bottles of Peruna and one of Manalin, and now I feel better than I have for some time.

"I feel that Peruna and Manalin cured me and made a different woman of me altogether. I bless the day I picked up the little book and read of your Peruna."

It is the business of the kidneys to remove from the blood all poisonous materials. They must be active all the time, else the system suffers. There are times when they need a little assistance.

Peruna is exactly this sort of a remedy. It has saved many people from disaster by rendering the kidneys service at a time when they were not able to bear their own burdens.

Method will teach you to win time. —Goethe.

Krause's Cold Cure.

For cold in head, throat, chest or back. Best remedy for La Grippe. Druggists, 25c.

Labor rids us of three great evils—tediousness, vice and poverty.—French.

The inducements to adopt Nature's perfect Laxative, Garfield Tea, are many! It is made wholly of simple Herbs and is guaranteed under the Pure Food and Drugs Law; it overcomes constipation, regulates the liver and kidneys, purifies the blood and brings Good Health.

Cannon May Break Record.

Of the congressmen who have served since the foundation of this government, more than 12,000 individuals, only 34 have served 20 years or more. The longest service was that of John H. Ketcham, of New York, who served 33 years, and was a member when he died. Mr. Cannon, who comes next, has served 32 years. Since he is elected to the next congress he will, if he lives to the end of his term, take the first place in the list of veterans.—Youth's Companion.

STOMACH ON STRIKE

SUCCESSFUL TONIC TREATMENT FOR INDIGESTION.

Dr. Williams' Pink Pills Cured This Woman and Have Cured Many Hundreds of Other Cases of Common Ailments

Loss of appetite, coated tongue, bad taste in the mouth, heavy dull headache and a dull, sluggish feeling—these are the symptoms of stomach trouble. They indicate that the stomach is on a strike; that it is no longer furnishing to the blood the full quota of nourishment that the body demands, hence every organ suffers.

There are two methods of treatment, the old one by which the stomach is humored by the use of predigested foods and artificial ferments, and the new one by which the stomach is toned up to do the work which nature intended of it. A recent cure by the tonic treatment is that of Mrs. Mary Stackpole, of 81 Liberty street, Lowell, Mass. She says:

"I suffered constantly for years from stomach trouble and terrible backaches and was confined to my bed the greater part of three years. I was under the care of our family physician most of the time, but did not seem to get better.

"I was completely run-down and was not able to do my work about the house. My blood was impure and my complexion pale. I suffered from flashes of heat, followed suddenly by chills. I had awful headaches, which lasted from three to four days. I could get but little rest at night, as my sleep was broken and fitful. As a result I lost several pounds in weight and became very nervous.

"I was in a wretched condition when I heard about Dr. Williams' Pink Pills. I started to take the pills at once and began to gain in weight and health. I was encouraged by this to keep on until I was cured. My friends and neighbors often remark what a changed woman I am and I owe it all to Dr. Williams' Pink Pills."

These wonderful pills are useful in a wide range of diseases such as anæmia, rheumatism, sciatica, neuralgia, nervous headaches, and even locomotor ataxia and partial paralysis.

The great value of Dr. Williams' Pink Pills lies in the fact that they actually make new blood and this carries health and strength to every portion of the body. The stomach is toned up, the nerves are strengthened, every organ is stimulated to do its work.

Dr. Williams' Pink Pills are sold by all druggists, or sent, postpaid, on receipt of price, 50 cents per box, six boxes for $2.50, by the Dr. Williams Medicine Company, Schenectady, N. Y.

TRADING AT HOME

MANY REASONS WHY IT IS THE BEST POLICY.

SELF-INTEREST A BIG FEATURE

That Which Benefits the Community as a Whole Benefits Each Individual—The "Why and Wherefore."

As self-interest is the law which governs the transactions of trade, it is the first light in which the subject of "Trading at Home" must be treated. Sentiment has little influence in trade.

The prosperity of any community depends on the volume of business transacted within its borders. The facility with which business can be transacted depends largely upon the amount of money in circulation and any influence which takes money out of a community is detrimental to the financial welfare of the community.

It is in this respect that trading with mail order houses cripples a community. Money which should be kept in local circulation goes to swell the volume of money in the distant city instead of remaining at home to be turned over and over again as the medium of transfer among local merchants and their customers.

The effect of this diversion of money is not confined to the merchants who lose sales thereby; it extends eventually to every member of the community. It is a curtailment of business which affects the value of all property even to the labor of the man who is dependent on a day's work for his living. It reacts upon the people who purchase away from home in a degree which more than offsets any possible saving in price that may be effected in the purchase.

Every dollar sent out of any community for goods which can be purchased at home represents a percentage of injustice to the community itself. In the first place, some merchant loses the profit on a sale. Not only that, but the price of the article represents so much of the merchant's capital which is tied up in the article and is not working. Having capital tied up means that the operations of the merchant are curtailed to that extent. He has that much less to spend; that much less to pay in salaries to his clerks; to pay in patronage of the butcher, the baker and the other purveyors of the necessities of life; to invest in property, in newspaper advertising; to deposit in bank where it may be used by other members of the community, or to devote to church or charity. The money which goes to the mail order house decreases the per capita of circulation in the community; a factor which determines largely the value of all goods or property on the market; the scale of wages and the interest on loans.

It is not hard to trace the effect of the diversion of money from its legitimate channels. When money is scarce trade languishes because of the lack of circulating medium; merchants and all others curtail expenses; the volume of trade decreases and nothing restores activity in trade but an increase from some quarter of the circulating medium. When the volume of money increases, trade moves and it moves as fast as the volume of money will permit. Money that is working is constantly producing profit to all; money that is not working produces stagnation in trade.

Accordingly, it is to the interest of every member of a community to confine his expenditures as nearly as possible to the community in which he lives. Every dollar he spends at home helps to make his own holdings more valuable because they are more salable. When a community has money with which to buy there is little difficulty to sell and if the money is not diverted, it revolves constantly in the financial circle of the community, earning a profit for everyone who handles it and turns it over.

Accordingly, the money spent at home is bearing compound interest for the community. Its effect is apparent even to the outsider. Spending money at home is a species of loyalty which makes materially for the progress of the community. If the community is composed of the sort of people who spend their money at home it advances rapidly. There is money for public improvements, money for new enterprises. The money which the loyal man makes at home is invested at home; the city grows, the streets are improved and the marks of prosperity and progress are evident on every side.

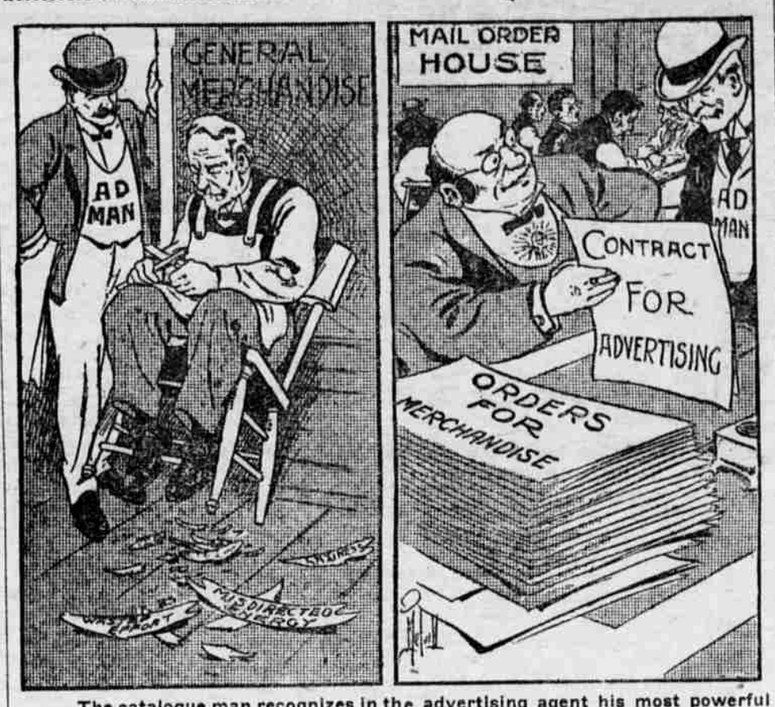
We are wont to inveigh against the wealthy man who makes his money in one town and invests it in another. We criticize him for want of loyalty to the community which produced his wealth and feel that we are done an injustice by his failure to put his money in home enterprises which would increase the business and prosperity of our city. The criticism is justified and it holds just as good in a lesser degree to the man who trades out of town. It is the same offense on a smaller scale.

The effect of the reverse policy is promptly seen. The writer has in mind a notable instance. Two cities of about 15,000 population each are situated on opposite sides of a river which is a boundary between two states. Each contains several millionaires who made their money in the lumber trade in the two towns. The millionaires of one of the cities are putting their money into other industries in the same town as the lumbering goes out. As a result, the town is rapidly forging to the front; every one is prosperous, the demand for houses exceeds the supply; property is valuable and every one is working. The millionaires of the town across the river are investing their money in western and southern pine lands. The town is languishing for lack of money; new industries cannot start because of lack of capital; merchants are failing; stores and houses are being vacated; people are moving away and a general air of poverty and decay pervades the place.

Few cities present such strong examples of the value of money spent at home but the same principle holds true in every community. It is due every community to reinvest the money it produces in the community which produces it.

The chance of being swindled is an argument used against trading with the mail order houses. Goods advertised at cut prices often fail to measure up to the description of the advertisement. The few cents which is saved on the price of an article so bought is usually sacrificed in the quality of the article. Buying from the mail order house is buying blind. A purchaser never thinks of buying from a home merchant without examining the goods, but will often send his money to a mail order house with blind faith that the article will prove to be as represented. How often this faith is misplaced can be proven only by comparing the goods bought from mail order houses with the goods offered for sale at home. If the mail order buyer would follow this system for a little while, he would probably find that the goods offered at home are of better quality and as good bargains as the mail order goods, taking quality into consideration. If this presumption is true, the buyer of mail order goods is a distinct loser, as he has secured inferior goods and has robbed the community in which he lives, as well as himself, of the use of the money.

F. R. SINGLETON.



The catalogue man recognizes in the advertising agent his most powerful assistant. He realizes that it is advertising which brings him his orders. Let the local merchants awaken to the fact that the local papers can do for them just what the advertising agents do for the catalogue houses and the flow of money to the city mail order houses from this community will stop.

In the Waist.

She was examining her new waist by the aid of the big mirror. "Dear me!" she exclaimed pettishly, "I can't see anything pretty in this."

"Well, I can," chuckled the young man who was sitting on the sofa.

"Really? And what do you see pretty in it?"

"Why, you."

And then she blushed and said she thought the waist was just too lovely for anything.

It's the Rage.

"Do you suppose this fad is going to reign long?"

"Which one?"

"Brain storms."

The Aeronauts.

First Voyager—Have you any idea whereabouts we are now?

Second Ditto—Not the slightest. I'm all up in the air.

DOES YOUR BACK ACHE?

Profit by the Experience of One Who Has Found Relief.

James R. Keeler, retired farmer, of Fenner St., Cazenovia, N. Y., says: "About fifteen years ago I suffered with my back and kidneys. I doctored and used many remedies without getting relief. Beginning with Doan's Kidney Pills, I found relief from the first box, and two boxes restored me to good, sound condition. My wife and many of my friends have used Doan's Kidney Pills with good results and I can earnestly recommend them."

Sold by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

The ignorant are courageous.—Modern Greek.

Smokers have to call for Lewis' Single Binder cigar to get it. Your dealer or Lewis' Factory, Peoria, Ill.

Figures Seem Contradictory.

The United Kingdom, which is the largest importer in the world of cattle and sheep for slaughtering purposes, is oddly enough the largest exporter of horses for the same purpose.

Important to Mothers.

Examine carefully every bottle of CASTORIA, a safe and sure remedy for infants and children, and see that it

Bears the Signature of Chas. H. Fletcher.

In Use For Over 30 Years.
The Kind You Have Always Bought

Possessed.

Father—I wonder what's the matter with Nellie this evening? She acts like one possessed.

Sister—She probably is. I noticed a new ring on her finger when she came downstairs.—Illustrated Bits.

BABY'S ECZEMA GREW WORSE.

Hospitals and Doctors Could Not Relieve Him—But Cuticura Remedies a Speedy, Permanent Cure.

"Eczema appeared when our baby was three months old. We applied to several doctors and hospitals, each of which gave us something different every time, but nothing brought relief. At last, one of our friends recommended to us Cuticura Soap and Cuticura Ointment. A few days afterwards improvement could be noted. Since then we have used nothing but Cuticura Soap and Cuticura Ointment, and now the baby is six months old and is quite cured. All that we used was one cake of Cuticura Soap and two boxes Cuticura Ointment, costing in all $1.25. C. F. Kara, 343 East 65th Street, New York, March 30, 1906."

ZEAL THAT WAS MISDIRECTED.

Housekeeper Meant to Please Employer, but Alas!

"Such an article," said H. P. Judson, the new head of the University of Chicago, in declining a rather unusul interview, "would be not only futile but even in a mild way harmful. It would be like the work of the careful housekeeper. There was an old general who had brought home from the war a splendid flag—a flag all torn with bullets, faded with fierce suns and stained with the dust and blood of battle. This superb trophy hung over the mantel in his library. Well, one unlucky day he engaged a new housekeeper and the next week missed his flag. He rang at once. 'Where is that flag of mine?' he said, pointing anxiously to the empty space on the wall.

"'I have been working on it, sir,' the housekeeper answered. 'I've washed it thoroughly and sewed up all the rents and darned all the holes and when I bring it back to you, sir, I'm sure you'll say it looks as good as new.'"

Still Normandy's Heroine.

One of the favorite postal cards offered for sale to tourists by shop keepers of Rouen, Normandy, shows a modern feminine compatriot of Joan of Arc dressed and posed to represent the great French heroine spinning in her thatched roofed cottage at Domremy.

CHANGE IN FOOD

Works Wonders in Health.

It is worth knowing that a change in food can cure dyspepsia. "I deem it my duty to let you know how Grape-Nuts food has cured me of indigestion.

"I had been troubled with it for years, until last year my doctor recommended Grape-Nuts food to be used every morning. I followed instructions and now I am entirely well.

"The whole family like Grape-Nuts, we use four packages a week. You are welcome to use this testimonial as you see fit."

The reason this lady was helped by the use of Grape-Nuts food, is that it is predigested by natural processes and therefore does not tax the stomach as the food she had been using; it also contains the elements required for building up the nervous system. If that part of the human body is in perfect working order, there can be no dyspepsia, for nervous energy represents the steam that drives the engine.

When the nervous system is run down, the machinery of the body works badly. Grape-Nuts food can be used by small children as well as adults. It is perfectly cooked and ready for instant use.

Read, "The Road to Wellville," in pkgs. "There's a Reason."

Where might is master, justice is servant.—German.

Ladies Can Wear Shoes

One size smaller after using Allen's Foot-Ease. A certain cure for swollen, sweating, hot, aching feet. At all Druggists, 25c. Accept no substitute. Trial package FREE. Address A. S. Olmsted, Le Roy, N. Y.

Work faithfully, and you will put yourself in possession of a glorious and enlarging happiness.—Ruskin.

Spring always brings into special favor Nature's blood purifier, Garfield Tea. It is made wholly of clean, sweet Herbs. It purifies the blood, cleanses the system, clears the complexion, eradicates disease and promotes Good Health. For young and old.

To reach port on the sea of life we must sail sometimes with the wind and sometimes against it, but we must sail and not drift or lie at anchor.—Oliver Wendell Holmes.

How's This?

We offer One Hundred Dollars Reward for any case of Catarrh that cannot be cured by Hall's Catarrh Cure.

F. J. CHENEY & CO., Toledo, O.

We, the undersigned, have known F. J. Cheney for the last 15 years, and believe him perfectly honorable in all business transactions and financially able to carry out any obligations made by his firm.

WALDING, KINNAN & MARVIN, Wholesale Druggists, Toledo, O.

Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system. Testimonials sent free. Price 75 cents per bottle. Sold by all Druggists.

Take Hall's Family Pills for constipation.

He who relies on another's table is apt to dine late.—Italian.

Anyone can dye with PUTNAM FADELESS DYES; no experience required; success guaranteed.

Speaking of shade trees—most family trees are more or less shady.

Mrs. Winslow's Soothing Syrup.

For children teething, softens the gums, reduces inflammation, allays pain, cures wind colic. 25c a bottle.

A quiet wedding is but a curtain raiser for a strenuous afterpart.

Lewis' Single Binder Cigar has a rich taste. Your dealer or Lewis' Factory, Peoria, Ill.

No man is a thousand descents from Adam.—Hooker.

DODD'S KIDNEY PILLS
FOR ALL KIDNEY DISEASES
CURES RHEUMATISM
BRIGHT'S DISEASE
DIABETES BACKACHE
Dealers discontinued the use of the package. The public may rely on the genuine. Sold only in boxes.

Perfect Womanhood

The greatest menace to woman's permanent happiness in life is the suffering that comes from some derangement of the feminine organs.

Many thousands of women have realized this too late to save their health, barely in time to save their lives.

To be a successful wife, to retain the love and admiration of her husband, should be a woman's constant study.

If a woman finds that her energies are flagging, that she gets easily tired, dark shadows appear under her eyes, she has backache, headache, bearing-down sensations, nervousness, irregularities or the "blues," she should start at once to build up her system by a tonic with specific powers, such as

Lydia E. Pinkham's Vegetable Compound

the great woman's remedy for woman's ills, made only of roots and herbs.

It cures Female Complaints, such as Dragging Sensations, Weak Back, Falling and Displacements, Inflammation and Ulceration, and all Organic Diseases, and is invaluable in the Change of Life. It dissolves and Expels Tumors at an early stage. Subdues Faintness, Nervous Prostration, Exhaustion, and strengthens and tones the Stomach. Cures Headache, General Debility, Indigestion, and invigorates the whole female sysem. It is an excellent remedy for derangements of the Kidneys in either sex.

SICK HEADACHE

CARTER'S LITTLE LIVER PILLS.

Positively cured by these Little Pills.

They also relieve Distress from Dyspepsia, Indigestion and Too Hearty Eating. A perfect remedy for Dizziness, Nausea, Drowsiness, Bad Taste in the Mouth, Coated Tongue, Pain in the Side, TORPID LIVER. They regulate the Bowels. Purely Vegetable.

SMALL PILL. SMALL DOSE. SMALL PRICE.

CARTER'S LITTLE LIVER PILLS.

Genuine Must Bear Fac-Simile Signature

Brent Good

REFUSE SUBSTITUTES.

PIT & PITLESS SCALES.

For Steel and Wood Frames, $25 and up. Write us before you buy. We save you money. Also Pumps and Wind Mills. BECKMAN BROS., Des Moines, Ia.

DEFIANCE STARCH easiest to work with and starches clothes nicest.

FARMS THAT GROW "NO. 1 HARD" WHEAT

160 ACRE FARMS IN WESTERN CANADA FREE

(Sixty-three Pounds to the Bushel). Are situated in the Canadian West where Homesteads of 160 acres can be obtained free by every settler willing and able to comply with the Homestead Regulations. During the present year a large portion of

New Wheat Growing Territory

HAS BEEN MADE ACCESSIBLE TO MARKETS BY THE RAILWAY CONSTRUCTION that has been pushed forward so vigorously by the three great railway companies.

For literature and particulars address SUPERINTENDENT OF IMMIGRATION, Ottawa, Canada, or the following authorized Canadian Government Agent:

W. V. BENNETT, 801 New York Life Building, Omaha, Nebraska.

Mention this paper.

INVENTIONS NEEDED

to stop wrecks and save labor on farms. MASON, FENWICK & LAWRENCE, Patent Lawyers, Box C, Washington, D. C. Est. 1861. Booklet free. Best references.

If afflicted with sore eyes, use **Thompson's Eye Water**

W. N. U., OMAHA, NO. 20, 1907.

Here's something new and delicious!

Quaker Wheat Berries

A new way of preparing wheat for food.

Choice wheat, puffed and baked; ready-to-serve; crisp and toothsome.

The flavor is in it, not sprayed on it
Takes less cream; tastes better with less
All the strength of whole wheat
Wholesome; the more the better for children

Ask your grocer for it

Large package 10c

The Quaker Oats Company
CHICAGO

Furnish your table with cups, saucers and plates from the family size package of Quaker Oats.