

## A SOCIAL LEADER OF KANSAS CITY

Attributes Her Excellent Health to *Peruna*.



MRS. W. H. SIMMONS.

Mrs. W. H. Simmons, 1119 E. 8th St., Kansas City, Mo., member of the National Annuity Association, writes:

"My health was excellent until about a year ago, when I had a complete collapse from overdoing socially, not getting the proper rest, and too many late suppers. My stomach was in a dreadful condition, and my nerves all unstrung."

"I was advised by a friend to try *Peruna*, and eventually I bought a bottle. I took it and then another, and kept using it for three months."

"At the end of that time my health was restored, my nerves no longer troubled me, and I felt myself once more able to assume my social position. I certainly feel that *Peruna* is deserving of praise."

There are many reasons why society women break down, why their nervous systems fail, why they have systemic or pelvic catarrh. Indeed, they are especially liable to these ailments. No wonder they require the protection of *Peruna*. It is their shield and safeguard.

### POPULAR APPROVAL OF THEFT.

English Writer Sees Significance in Glorification of Robbers.

The idea of private property has never been fully accepted by the masses of the people, and never had their cordial approval as an institution, says a writer in the London News. The most popular songs and ballads of our nation in all ages, it may be noted, have been those which described sympathetically attacks on private property, from the Robin Hood cycle to the broadsheets in which Turpin and Sheppard were made heroes.

Even nowadays the literature that really touches the people, the literature that the educated classes seldom so much as see exposed for sale, the literature that is sold in the small "general" shop in the back street, and costs fewer pennies than the novel we know costs shillings, still very largely deals with the romantic exploits of the robber. He is never a villain; he is noble and generous to a fault; but he is convinced of the impropriety of persons having too much money.

### BABY WASTED TO SKELETON

In Torments with Terrible Sores on Face and Body—Tore at Flesh—Cured by Cuticura.

"My little son, when about a year and a half old began to have sores come out on his face. They began to come on his arms, then on other parts of his body, and then one came on his chest, worse than the others. At the end of about a year and a half of suffering he grew so bad I had to tie his hands in cloths at night to keep him from scratching the sores and tearing the flesh. He got to be a mere skeleton and was hardly able to walk. I sent to the drug store and got a cake of Cuticura Soap and a box of Cuticura Ointment, and at the end of about two months the sores were all well. He has never had any sores of any kind since, and only for the Cuticura Remedies my precious child would have died from these terrible sores. I used only one cake of Soap and about three boxes of Ointment. Mrs. Egbert Sheldon, R. F. D. No. 1, Woodville, Conn., April 22, 1905."

### Town Belle Criticized.

A town belle got off the train at a small town between Aichison and Topeka last night, says Ed Howe. She shook hands with her left hand, wore a larger hat than the girls who met her, wore pretty loud clothes, chewed gum and when she hit the cinder platform of her home town a lot of people grinned at her and said: "Hello, there!" This town belle was not bad looking, but she couldn't keep her mouth closed even when she was not talking.—Kansas City Journal.

The extraordinary popularity of fine white goods this summer makes the choice of Starch a matter of great importance. Defiance Starch, being free from all injurious chemicals, is the only one which is safe to use on fine fabrics. Its great strength as a stiffener makes half the usual quantity of Starch necessary, with the result of perfect finish, equal to that when the goods were new.

### Priests at Humble Labor.

The Bishop of Digbe stated recently in the Paris Gaulois that, while some of the priests are now living on their savings, others are supporting themselves by mending watches, making beehives and knitting jerseys.

## FOR THE LIVING ROOM

A Little Care in Decoration Brings Good Results.

If the family sitting room must be furnished with the discarded drawing-room furniture, much will be added to the attractiveness of the room if cretonne in pretty flower effects is bought and a slip cover made for each article of furniture.

An old haircloth set of chairs and sofas was by this means converted into a very charming living room set; the slips completely disguising the native ugliness of the chairs.

Cretonne of the same pattern was used for window valances and hangings.

In the room mentioned the wall paper and floor coverings were plain in tone. When these are figured it is scarcely possible to introduce figured furniture coverings and hangings. The effect is too confusing. It will be found possible, however, to dye old carpets and rugs the color of the tone prevailing in the chintz. This is not expensive.

An old marble-topped table was covered with this same plain tone, bordered by the flowered cretonne.

It was a sunny room, with a bay window, the cushioned seat of which was also done in the cretonne, and the whole effect was delightful.

### WITH PEPPERS AND GRAPES.

New Salad Warranted to Surprise a Jaded Palate.

If a genuine surprise is wanted let the hostess astonish her guest with a combination of peppers stuffed with grapes.

To prepare this composition take large green peppers, cut off the tops and carefully remove all the seeds. Then stuff them tightly with malaga grapes that have previously been halved, seeded and moistened with a light mayonnaise dressing.

When the peppers have been filled the tops are replaced that they may act as covers, and the peppers are then sent to the icebox to remain for about two hours, when they may be served on a bed of watercress.—Bohemian.

### Diet for Invalids.

That all solid foods must be of a kind to be very easily digested is what a doctor means when he orders the diet to be light. Everything rich and heavy—such as beef, pork, goose, salmon, etc.—should be carefully eschewed, and only short-grained fish—such as that of chickens, game and rabbit—allowed. No "oily" fish—herrings, mackerel, etc.—come into the category of a "light and nourishing" diet, nor any pink-fleshed fish, such as salmon. White fish is the only kind permitted, and of these the whiting—the "chicken of the sea"—is the best. For very delicate people it is better stewed in milk than fried.

### Borax for Roaches.

In kitchens where cockroaches are found, borax is invaluable. Powdered borax should be sprinkled round the fireplace and about the corners and crannies infested by these troublesome insects. When the borax is swept away it should be replaced with more at once, and if this remedy is steadily persisted in the kitchen will be free of the pests in a surprisingly short time. Of course, it is wise, even after the house is clear, to occasionally use the borax again, for there is no security against a new colony of cockroaches being brought in at any time.

### To Store Winter Clothes.

If one has sufficient closet room, it is better to store the winter clothes away on hangers than to fold them in trunks or drawers. A dust and moth proof cover should be made to envelop them, hanger and all. Cut out a large bag of unbleached muslin and put drawing strings at top and bottom. Then soak the bag in strong turpentine, after which it should be aired until the fumes have evaporated. Ad just the bag around the clothes and hanger and draw the strings tightly. Furs may be preserved in the same manner.—Interior Decoration.

### Medical Helps.

If choking, get down on all fours and cough.

After the use of a mustard poultice on any part of the body rub that part with camphorated oil to avoid the possibility of taking cold.

At the first intimation of a sore throat try a gargle of one teaspoonful of salt and one of carbonate of soda to half a glass of water.

If stung or bitten by an insect, make a paste of starch powder with chloroform and eau de cologne and apply to the affected part at once.

### Velvet Muffins.

Cream together two tablespoonfuls each butter and sugar. Add the beaten yolks of two eggs mixed with one cup sweet milk. Next add one quart wheat flour sifted three times over with two teaspoonfuls baking powder and a half teaspoonful salt and beat until the batter blisters. This point should not be overlooked. Now fold the stiffly whipped whites of the two eggs, pour into hot and well greased irons and bake in a hot oven.

### Chocolate Whips.

Scald one pint of milk, beat yolks of four eggs slightly, add four tablespoons sugar, one of chocolate, one-half saltspoon of salt, flavor with vanilla, pour on hot milk slowly, cook in double boiler until it thickens (not too much). Set away till quite cold. Have ready one-half pint of cream, whipped stiff. Half fill six glasses with custard, mount whipped cream on top when ready to serve.

## True to the Sex.

On swept the amazons. Suddenly the long line of female warriors halted on the brink of battle.

"What are they waiting for?" asked the war correspondent.

"Powder!" replied the commander laconically.

"Ah, they are about to put some powder in their guns?"

"No; they are about to put some powder on their noses. Just because they are warriors is no reason why they should be any different from other women."

And then there was a moving-picture scene of animated puffs and flashing hand mirrors.

### Swiss Women Demand Suffrage.

Women of all classes in Geneva have formed an association to secure for themselves the suffrage in every department of public life, and especially the right to vote in parliamentary elections. The vice president and the secretary of the association are members of the chamber of deputies, and several university professors have accepted minor offices. Many public men are giving their support to the movement.—London Tribune.

### How's This?

We offer One Hundred Dollars Reward for any case of Catarrh that cannot be cured by Hall's Catarrh Cure.

F. J. CHENEY & CO., Toledo, O. We, the undersigned, have known F. J. Cheney for the last 15 years, and believe him perfectly honorable in all business transactions and financially able to carry out any obligations made by his firm.

Wholesale Druggists, Toledo, O. Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system. Testimonials sent free. Price 75 cents per bottle. Sold by all Druggists. Take Hall's Family Pills for constipation.

### Peculiar Brazilian Ant.

In Brazil there is a large ant which is regarded by the natives as good to eat, when roasted—a delicacy as choice, indeed, as snails are rated by the French. Sometimes they dress the tiny creatures up like little dolls, and put them in boxes to sell to tourists as a Brazilian curiosity.

### In a Pinch, Use ALLEN'S FOOT-EASE.

A powder. It cures painful, smarting, nervous feet and ingrowing nails. It's the greatest comfort discovery of the age. Makes new shoes easy. A certain cure for sweating feet. Sold by all Druggists, 25c. Accept no substitute. Trial package, FREE. Address A. S. Olmsted, Le Roy, N. Y.

### Horse Was Fastidious.

A cockney caddy who had just affixed his horse's nosebag, turned to the driver of a broken-down motor 'bus close by and shouted out: "Now, then, clear off with your oil box, 'cos the smell of it spoils my 'orse's luncheon."—Tit-Bits.

That an article may be good as well as cheap, and give entire satisfaction, is proven by the extraordinary sale of Defiance Starch, each package containing one-third more Starch than can be had of any other brand for the same money.

Energy will do anything that can be done in this world; and no talents, no circumstances, no opportunities will make a man without it.—Goethe.

Carpets can be colored on the floor with PUTNAM FADELESS DYES. Ask your druggist. 10c per package.

Success spells failure for some and failure spells success for others.

You always get full value in Lewis' Single Binder straight 5c cigar. Your dealer or Lewis' Factory, Peoria, Ill.

It is curious that actors "who lose their heads" don't advertise for them.

Garfield Tea, which is guaranteed under the Pure Food and Drugs Act, is the best remedy for constipation, sick-headache, and indigestion. It purifies the blood and cleanses the system.

### Automobile "Tattersalls."

A great mart, to be devoted wholly to the sale of autos and accessories is to be built in London. It is to be an automobile "Tattersalls."

Defiance Starch is the latest invention in that line and an improvement on all other makes; it is more economical, does better work, takes less time. Get it from any grocer.

### Calls for Interpreter.

A trading firm at Peking has received the following communication: "Dear Sir—The Chinese calendar in your company is glance in looking, to be sure surpassing all the others; and also it is gigantic beyond example in connexion with its fine spectacle, while I look at it. I shall be very much obliged, if you will kindly give me some pieces, as I have great deal of interest of it."—London Daily Mail.



## SICK HEADACHE

**CARTER'S LITTLE LIVER PILLS.** Positively cured by these Little Pills. They also relieve Distress from Dyspepsia, Indigestion and Too Hearty Eating. A perfect remedy for Dizziness, Nausea, Drowsiness, Bad Taste in the Mouth, Coated Tongue, Pain in the Side, TORPID LIVER. They regulate the Bowels. Purely Vegetable. SMALL PILL. SMALL DOSE. SMALL PRICE.

**CARTER'S LITTLE LIVER PILLS.** Genuine Must Bear Fac-Simile Signature. *W. L. Douglas* REFUSE SUBSTITUTES.



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of the season's styles is the **JAPANESE EFFECT**

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# Strength for Women

## Your Weakness

is almost surely due to some trouble of the womanly organs, which acts unfavorably upon your whole constitution.

Women are naturally weaker than men, because of the special delicacy of the womanly organs.

Wine of Cardui's success, in benefiting and curing sick women, is due to the fact that it gives women strength where they most need it.

It is composed of certain vegetable extracts and ingredients, which act gently and sympathetically upon the female organs and constitution, regulating, strengthening and rebuilding. All these are facts.

Mrs. Annie Hutton, of Coltry, Okla., writes: "I suffered greatly with female pains and weakness. I was so weak I could hardly stand. I had cramps, leg aches, trembling spells and could not sleep well. I began to take Cardui and in a week I was much better. You can have no idea how much good it has done me. I feel better all over and recommend Cardui to all my friends." Sold at all druggists in \$1.00 bottles.

**FREE BOOK FOR LADIES** Write today for a free copy of valuable 64-page illustrated Book for Women, if you need Medical Advice, describe your symptoms, stating age, and reply will be sent in plain sealed envelope. Address: Ladies Advisory Dept., The Chattanooga Medicine Co., Chattanooga, Tenn.

# Wine of Cardui

## BACKACHE AND DESPONDENCY

Are both symptoms of organic derangement, and nature's warning to women of a trouble which will sooner or later declare itself.

How often do we hear women say, "It seems as though my back would break." Yet they continue to drag along and suffer with aches in the small of the back, pain low down in the side, dragging sensations, nervousness and no ambition.

They do not realize that the back is the main-spring of woman's organism and quickly indicates by aching a diseased condition of the feminine organs or kidneys, and that aches and pains will continue until the cause is removed.

## Lydia E. Pinkham's Vegetable Compound

made from native roots and herbs has been for many years the most successful remedy in such cases. No other medicine has such a record of cures of feminine ills.

Miss Lena Nagel, of 117 Morgan St., Buffalo, N. Y., writes:—"I was completely worn out and on the verge of nervous prostration. My back ached all the time. I had dreadful periods of pain, was subject to fits of crying and extreme nervousness, and was always weak and tired. Lydia E. Pinkham's Vegetable Compound completely cured me." Lydia E. Pinkham's Vegetable Compound cures Female Complaints, such as Backache, Falling and Displacements, and all Organic Diseases. Dissolves and expels Tumors at an early stage. It strengthens and tones the Stomach. Cures Headache and Indigestion and invigorates the whole feminine system.

## Mrs. Pinkham's Standing Invitation to Women

Women suffering from any form of female weakness are invited to write Mrs. Pinkham, Lynn, Mass. Her advice is free.



MISS LENA NAGEL

## NO MORE MUSTARD PLASTERS TO BLISTER.

## CAPISICUM VASELINE

EXTRACT OF THE CAYENNE PEPPER PLANT. A QUICK, SURE, SAFE AND ALWAYS READY CURE FOR PAIN—PRICE 15c.—IN COLLAPSIBLE TUBES—AT ALL DRUGGISTS AND DEALERS. OR BY MAIL ON RECEIPT OF 15c. IN POSTAGE STAMPS. DON'T WAIT TILL THE PAIN COMES—KEEP A TUBE HANDY. A substitute for and superior to mustard or any other plaster, and will not blister the most delicate skin. The pain-allaying and curative qualities of the article are wonderful. It will stop the toothache at once, and relieve Headache and Sciatica. We recommend it as the best and safest external counter-irritant known, also as an external remedy for pains in the chest and stomach and all Rheumatic, Neuralgic and Gouty complaints. A trial will prove what we claim for it, and it will be found to be invaluable in the household and for children. Once used no family will be without it. Many people say "it is the best of all our preparations." Accept no preparation of Vaseline unless the same carries our label, as otherwise it is not genuine. SEND YOUR ADDRESS AND WE WILL MAIL OUR VASELINE PAMPHLET WHICH WILL INTEREST YOU.

CHESEBROUGH MFG. CO. 17 STATE STREET, NEW YORK CITY

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\$3.00 AND \$3.50 SHOES BEST IN THE WORLD. W. L. DOUGLAS \$4.00 GILT EDGE SHOES CANNOT BE EQUALLED AT ANY PRICE. SHOES FOR EVERYBODY AT ALL PRICES: Men's Shoes, \$5 to \$1.50. Boys' Shoes, \$3 to \$1.25. Women's Shoes, \$4 to \$1.00. Misses' & Children's Shoes, \$2 to \$1.00. W. L. Douglas shoes are recognized by expert judges of footwear to be the best in style, fit and wear produced in this country. Each part of the shoe and every detail of the making is looked after and watched over by skilled shoemakers, without regard to time or cost. If I could take you into my large factories at Brockton, Mass., and show you how carefully W. L. Douglas shoes are made, you would then understand why they hold their shape, fit better, wear longer, and are of greater value than any other makes. W. L. Douglas name and price is stamped on the bottom, which protects the wear against high prices and inferior shoes. Take No. 28222. Sold by the best shoe dealers everywhere. Four Color Envelopes used exclusively. Catalog mailed free. W. L. DOUGLAS, Brockton, Mass.



## FARMS THAT GROW "NO. 1 HARD" WHEAT

60 ACRES (Sixty-three Pounds to the Bushel). Are situated in the Canadian West where Home-steads of 160 acres can be obtained free by every settler willing and able to comply with the Homestead Regulations. During the present year a large portion of

## New Wheat Growing Territory

HAS BEEN MADE ACCESSIBLE TO MARKETS BY THE RAILWAY CONSTRUCTION that has been pushed forward so vigorously by the three great railway companies. For literature and particulars address SUPER-INTENDENT OF IMMIGRATION, Ottawa, Canada, or the following authorized Canadian Government Agent: W. V. BENNETT, 801 New York Life Building, Omaha, Nebraska. Mention this paper.

## INVENTIONS NEEDED

Costly models and labor on farms. BE A MAN. SEND IN YOUR INVENTIONS. Patent lawyers, 10-C. Washington, D. C. Est. 1861. Booklet free. Best references.

DEFIANCE STARCH easiest to work with and starches clothes nicest. If afflicted with sore eyes, use Thompson's Eye Water.

W. N. U., OMAHA, NO. 16, 1907.