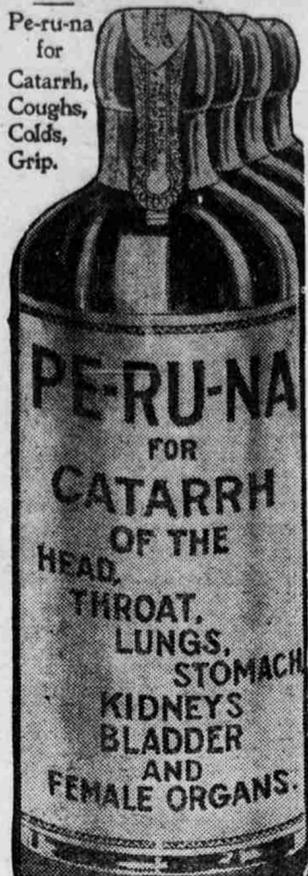


HOUSEHOLD FRIEND.

Pe-ru-na
for
Catarrh,
Coughs,
Colds,
Grip.



Peruna is a household friend in more than a million homes. This number is increasing every day. Peruna has become a household word all over the English speaking world. It is an old tried remedy for all catarrhal diseases of the head, throat, lungs, stomach, kidneys, bladder and female organs. Ask Your Druggist for Free Peruna Almanac for 1907.

Shakespeare as Novel Hero.
William Shakespeare is the hero of a new and striking novel by the Danish woman writer Sophus Banditz. Moreover, British and American readers will probably soon have a chance to read this tale, for Queen Alexandra, who recently read it in the original, was so much impressed by it that she advised the authoress to have it translated into English. This translation is now proceeding and the English version is to be dedicated to the queen, who is herself a Dane.

The extraordinary popularity of fine white goods this summer makes the choice of Starch a matter of great importance. Defiance Starch, being free from all injurious chemicals, is the only one which is safe to use on fine fabrics. Its great strength as a stiffener makes half the usual quantity of Starch necessary, with the result of perfect finish, equal to that when the goods were new.

Youthful Astronomer.
Robert H. Baker, formerly of the Amherst faculty, is assistant astronomer of the Allegheny observatory at the age of 23.

Give Defiance Starch a fair trial—try it for both hot and cold starching, and if you don't think you do better work, in less time and at smaller cost, return it and your grocer will give you back your money.

Every time a man accepts a 10-cent gift it costs him a dollar.

BRING GOOD HEALTH

Dr. Williams' Pink Pills, Used After the Grip, Arrest Fatal Decline and Rebuild the System.

Any bodily weakness caused by a deficiency in the blood can be cured by the use of Dr. Williams' Pink Pills because these pills actually make new blood. After attacks of the grip the blood is generally run down and the patient continues to decline.

"About three years ago," says Mrs. Jennie Cowan, of 718 N. Henry Street, West Bay City, Mich., "I caught a severe cold, which ran into the grip. I was confined to my bed for two weeks. At the end of that time I was able to be about, but was completely run down. I was so weak I could hardly stand, my cheeks had no color and I felt faint. My heart would flutter and it was difficult for me to breathe at times. Neuralgia settled in the back of my head and stomach and I suffered from rheumatism in my shoulders.

"I had the care of the best doctor in town but became no better until a friend told me one day how she had been cured by Dr. Williams' Pink Pills and I decided to try them. I soon felt better and continued using them until I was entirely cured. They built me up again to perfect health and I use them now whenever I feel at all sick and they always help me."

Dr. Williams' Pink Pills are invaluable in such cases, as well as in other blood diseases, because they not only drive off the germs of the disease but build up the system. The pills have cured anemia, rheumatism, after-effects of fevers, neuralgia and many other severe disorders.

Dr. Williams' Pink Pills are sold at all druggists, or sent, postpaid, on receipt of price, 50 cents per box, six boxes \$2.50, by the Dr. Williams Medicine Company, Schenectady, N. Y.

HINTS FOR THE HOUSEWIFE.

Little Things That are Well Worth Keeping in Memory.

To straighten whalebone soak for a few minutes in lukewarm water, then press straight with a slightly warm dastiron.

When cleaning brass add a little methylated spirit to whatever polish you may be using. It not only helps to remove stains, but also prevents the brass from tarnishing again so quickly.

Tortoise shell combs should occasionally be well rubbed with the palm of the hand to restore their brightness. If very dull, just a suspicion of sweet oil may be used, but as a rule a rub with the palm of the hand only is quite sufficient.

To clean feathers, wash in gasoline, which can be procured at most oil shops. Shake till dry, and then curl with a bone or silver knife. But remember that gasoline is highly inflammable, and should not on any account be used in a room in which there is a fire or artificial light of any kind. Out of doors is really the best place to use it.

Starched things should be rather damp for ironing. If ironed when too dry the starch is really thrown away, as it does not stiffen at all.

After washing decanters or cruets, turn them upside down and allow water from the cold water tap to run over them. In about five minutes' time they will be beautifully dry inside, and if the outside is carefully wiped and rubbed they will sparkle beautifully.

A hint for frosty weather: Windows often need cleaning when it is so cold that if water were used it would at once freeze on them. Try using paraffin instead; a rag dipped in it will clean glass perfectly, and give it a brightness impossible to obtain with water. Tissue paper makes a good polisher, or, in fact, almost any soft paper.

PROPER CARE OF THE SINK.

Precautions That are Absolutely Necessary to Health.

All wood should be removed from a sink, according to Good Housekeeping, and replaced with a porcelain sink, back and sides; that being too expensive, then use slate, zinc or copper. The material should be absolutely impervious to moisture and without paint, which only wears off and leaves an untidy surface. Modern plumbers use iron instead of lead pipes almost entirely, and yet, by care, the old lead ones may continue to serve. Frequent flushing of the sink is an absolute necessity for perfect freedom from danger. It should be done with very hot water, but followed by a little cold water, lest the heat cause a vacuum and draw the water off the trap, leaving it open for gases to escape through the outlet of the sink. The treatment should be applied to every fixture in a house after the cleansing process.

How to Do Library Divan.

A couch or divan in a library is always desirable, and if a cover in soft brown velvet is used, with pillows of bright old orange, deep gold and the varying shades of brown piled on in profusion, it will be an artistic addition to the room.

The pillows, many of which should be put on the couch, may be made of inexpensive pieces of denim, canvas and burlap, any one of which comes in tones of yellow and brown that will be effective. Just for contrast one or two handsome cushions should be used in the pile. A striking one of golden silk, with a deep brown ruffle, or finished with a cord and tassel, would be attractive, as would be also a lemon colored silk pillow, with a touch of old orange at the corners.

To Make Aspic Jelly.

One pint and a half of bouillon (which can be bought in cans), one box of gelatin, two eggs, half pint of pale cooking sherry, one kitchen cup of water.

Melt the bouillon, dissolve in it the gelatin and set aside to cool, add a pinch of salt, mix and whisk together the whites of two eggs with their shells, add the water.

Make them all into the stock and stir until it boils for a quarter of an hour, then remove from the fire and pour through a jelly bag, after which put in the wine.

When cool, pour over the turkey and set aside to harden.

How to Trim a Fern.

Boston ferns that have grown so large and luxuriant as to permit dividing into smaller plants may have cuttings taken away from the roots without damage to the plant, if carefully done. If transplanted to the right soil and kept under proper conditions the cutting should root well and develop into a healthy plant.

A fern does not need hot and incessant sunshine. Two of the finest Boston ferns known to the writer spend the entire winter in windows where scarcely a sunbeam falls, though there is plenty of light. A little sun, however, does them no harm, and a moist atmosphere is essential.

Care of Wooden Articles.

All wooden articles may be cleaned thus: When grease spots are found cover these thickly with soft soap, then hold a red-hot shovel over the place, close to the soap, after which wash with Fuller's earth and water and then with clean water. Where boards have been neglected, use one pound soft soap boiled down with one pound Fuller's earth, one pound soda, and two quarts of water, till reduced to half.

TERRIBLE TO RECALL.

Five Weeks in Bed With Intensely Painful Kidney Trouble.

Mrs. Mary Wagner, of 1367 Kossuth Avenue, Bridgeport, Conn., says: "I



was so weakened and generally run down with kidney disease that for a long time I could not do my work and was five weeks in bed. There was continual bearing down pain, terrible backaches, headaches and at times dizzy spells when everything was a blur before me. The passages of the kidney secretions were irregular and painful, and there was considerable sediment and odor. I don't know what I would have done but for Doan's Kidney Pills. I could see an improvement from the first box, and five boxes brought a final cure."

Sold by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

Life Without Mind.

The possibility of life without mind, while not subject to positive proof, is a theory that has gained considerable strength recently through its advocacy by Dr. L. Latoy, librarian of the Academy of Sciences, Paris. He believes that many of the smaller living organisms, such as insects, are mere moving machines, having no more intelligence than may be ascribed to plants. He refers to the well known fact that insects are attracted by light, often to their own destruction, and ascribes it to the same cause that inclines the plant to grow toward the light.

You can also tell a man by the company he doesn't keep.

Mrs. Winslow's Soothing Syrup. For children teething, softens the gums, reduces inflammation, allays pain, cures whooping cough. 25c a bottle.

Love your enemies—but not John Demijohn.

PUTNAM FADELESS DYES color almost twice as much as any other dye and cost you the same. 10c per package.

Naturally a man would rather part his hair than part with it.

FILES CURED IN 6 TO 14 DAYS. PAZO OINTMENT is guaranteed to cure any case of itching, blind, bleeding or protruding files in 6 to 14 days or money refunded. 50c.

If you want to see a man act silly hunt up one who is jealous.

Panthers and Grizzly Bears.

Ship Furs Pelts McMillan Fur & Wool Co., Minneapolis, Minn. Write for prices.

Virtue is its own reward—or its own punishment, as the case may be.

You always get full value in Lewis' Single Binder straight 3c cigar. Your dealer or Lewis' Factory, Peoria, Ill.

There is no cure for the indigestion caused by being compelled to eat your own words.

Top Prices for Hides, Furs, Pelts. Write for circular No. 9 N. W. Hide & Fur Co., Minneapolis, Minnesota.

Isn't it strange that men who brag always brag about something that doesn't interest you in the least?

Garfield Tea (the Herb remedy which is guaranteed under the Pure Food and Drugs Law) should be taken to regulate the Liver, Kidneys, stomach and bowels, and to purify the blood.

A woman gets almost as much satisfaction out of a good cry as a man does out of a "smile."

900 DROPS

CASTORIA

A Vegetable Preparation for Assimilating the Food and Regulating the Stomachs and Bowels of

INFANTS & CHILDREN

Promotes Digestion, Cheerfulness and Rest. Contains neither Opium, Morphine nor Mineral. **NOT NARCOTIC.**

Recipe of Old Dr. SAMUEL FITCHER

Pumpkin Seed -
Licorice -
Rhubarb Sals -
Aloe Sals -
Sage -
Sassafras -
Sulphur -
Mint -
Cinnamon -
Nutmeg -
Cloves -
Peppermint -
Sage -
Sassafras -
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A Perfect Remedy for Constipation, Sour Stomach, Diarrhoea, Worms, Convulsions, Feverishness and **LOSS OF SLEEP.**

Fac Simile Signature of
Chas. H. Fitcher
NEW YORK.

116 months old
35 DROPS - 35 CENTS

EXACT COPY OF WRAPPER.

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For Infants and Children.

The Kind You Have Always Bought

Bears the Signature of

Chas. H. Fitcher

of

In Use For Over Thirty Years

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For Cough, Cold, Croup, Sore Throat, Stiff Neck, Rheumatism and Neuralgia

At all Dealers
Price 25c 50c & \$1.00

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Sloan's Book on Horses, Cattle, Hogs & Poultry

Address Dr. Earl S. Sloan
615 Albany St; Boston, Mass.

At the Waist

Wine of Cardui

Mrs. Annie Hamilton, of Stetsonville, Wis., writes: "Cardui saved me from the grave after three (3) doctors had failed to help me. It is a good medicine and I recommend it to all suffering women." For sale at all druggists, in \$1 bottles.

WRITE US A LETTER

Write today for a free copy of valuable 64-page illustrated Book for Women. If you need Medical Advice, describe your symptoms, stating age, and reply will be sent in plain sealed envelope. Address: Ladies Advisory Dept., The Chattanooga Medicine Co., Chattanooga, Tenn. 81

WOMEN SUFFER

Many women suffer in silence and drift along from bad to worse, knowing well that they ought to have immediate assistance.

How many women do you know who are perfectly well and strong? The cause may be easily traced to some feminine derangement which manifests itself in depression of spirits, reluctance to go anywhere or do anything, backache, dragging sensations, flatulency, nervousness, and sleeplessness.

These symptoms are but warnings that there is danger ahead, and unless heeded, a life of suffering or a serious operation is the inevitable result. The best remedy for all these symptoms is

MISS JULIE FLORENCE WALSH

Lydia E. Pinkham's Vegetable Compound

made from native roots and herbs. No other medicine in the country has received such widespread and unqualified endorsement. No other medicine has such a record of cures of female ills.

Miss J. F. Walsh, of 328 W. 36th St., New York City, writes:—"Lydia E. Pinkham's Vegetable Compound has been of inestimable value in restoring my health. I suffered from female illness which caused dreadful headaches, dizziness, and dull pains in my back, but your medicine soon brought about a change in my general condition, built me up and made me perfectly well."

Lydia E. Pinkham's Vegetable Compound cures Female Complaints, such as Backache, Falling and Displacements, Inflammation and Ulceration, and organic diseases. It is invaluable in preparing for child-birth and during the Change of Life. It cures Nervous Prostration, Headache, General Debility, and invigorates the whole system.

Mrs. Pinkham's Standing Invitation to Women

Women suffering from any form of female weakness are invited to write Mrs. Pinkham, at Lynn, Mass. Her advice is free.

NO MORE MUSTARD PLASTERS TO BLISTER.

THE SCIENTIFIC AND MODERN EXTERNAL COUNTER-IRRITANT.

CAPISICUM VASELINE

EXTRACT OF THE CAYENNE PEPPER PLANT

A QUICK, SURE, SAFE AND ALWAYS READY CURE FOR PAIN—PRICE 15c—in COLLAPSIBLE TUBES—AT ALL DRUGGISTS AND DEALERS, OR BY MAIL ON RECEIPT OF 15c. IN POSTAGE STAMPS. DON'T WAIT TILL THE PAIN COMES—KEEP A TUBE HANDY.

A substitute for and superior to mustard or any other plaster, and will not blister the most delicate skin. The pain-alleviating and curative qualities of the article are wonderful. It will stop the toothache at once, and relieve Headache and Sciatica. We recommend it as the best and safest external counter-irritant known, also as an external remedy for pains in the chest and stomach and all Rheumatic, Neuralgic and Gouty complaints. A trial will prove what we claim for it, and it will be found to be invaluable in the household and for children. Once used no family will be without it. Many people say "It is the best of all your preparations." Accept no preparation of Vaseline unless the same carries our label, as otherwise it is not genuine. SEND YOUR ADDRESS AND WE WILL MAIL OUR VASELINE PAMPHLET WHICH WILL INTEREST YOU.

CHESEBROUGH MFG. CO.
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160 ACRE FARMS IN WESTERN CANADA FREE

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