

HAY FEVER

"Having used Peruna for catarrh and hay fever, I can recommend it to all who are suffering with the above diseases. I am happy to be able to say it has helped me wonderfully."
—Mayme E. Smith.



MISS MAYME SMITH,
444 E. Mound Street, Columbus, Ohio.

HAY FEVER is endemic catarrh. It is caused by some irritating substance in the atmosphere during the late summer months. It is generally thought that the pollen of certain weeds and flowers is the cause of it.

Change of locality seems to be the only rational cure. The use of Peruna, however, stimulates the nervous system to resist the effect of the poisonous emanations and sometimes carries the victim through the hay fever season without an attack of the disease.

A large number of people rely upon Peruna for this purpose. Those who do not find it convenient to change their location to avoid Hay Fever, would do well to give Peruna a trial. It has proven of priceless value to many people.

LEFT THE BABY BEHIND.

The Nurse Had the Carriage, But the "Baby" Was Missing.

Mrs. Maud Miller Hipple, whose advocacy of a course in "motherhood" for young matrons has already begun to bear good fruit, was talking of the duties of young mothers.

"And no young mother," she said, "no matter how many her millions nor how high her station, should trust her little one entirely to a nurse's care. A nurse may be the most intelligent, most conscientious; but to rear a baby properly is a difficult task, and only one person is sufficiently interested in this task to perform it well. That person is the baby's mother."

Mrs. Hipple smiled. "A young mother," she said, "was walking with her husband on the Atlantic City board walk. Suddenly she gave a little cry of pleasure. 'Oh, she said, 'there is nurse—nurse wheeling baby.'"

"And she ran lightly to the luxurious coach of leather, with its swan-shaped carriage and its rubber-tired wheels, and she pushed back the parasol that shaded the occupant from the sun.

"Then she gave a great start. 'Why, nurse,' she cried, 'where's baby?'"

"The nurse gasped. 'Goodness gracious, ma'am! I forgot to put him in!'"

TERRIBLE SCALY ECZEMA.

Eruptions Appeared on Chest, and Face and Neck Were All Broken Out—Cured by Cuticura.

"I had an eruption appear on my chest and body and extend upwards and downwards, so that my neck and face were all broken out; also my arms and the lower limbs as far as the knees. I at first thought it was prickly heat. But soon scales or crusts formed where the breaking out was. Instead of going to a physician I purchased a complete treatment of the Cuticura Remedies, in which I had great faith, and all was satisfactory. A year or two later the eruption appeared again, only a little lower; but before it had time to spread I procured another supply of the Cuticura Remedies, and continued their use until the cure was complete. It is now five years since the last attack, and have not seen any signs of a return. I have more faith in Cuticura Remedies for skin diseases than anything I know of. Emma E. Wilson, Liscomb, Iowa, Oct. 1, 1905."

First Coins Were Brass.

The first coins were struck in brass about 1184 B. C., and in gold and silver by Pheldon, tyrant of Argos, about 862 B. C.

Defiance Starch is the latest invention in that line and an improvement on all other makes; it is more economical, does better work, takes less time. Get it from any grocer.

Wonder why it is a spinster can never remember anything that occurred a good many years ago.

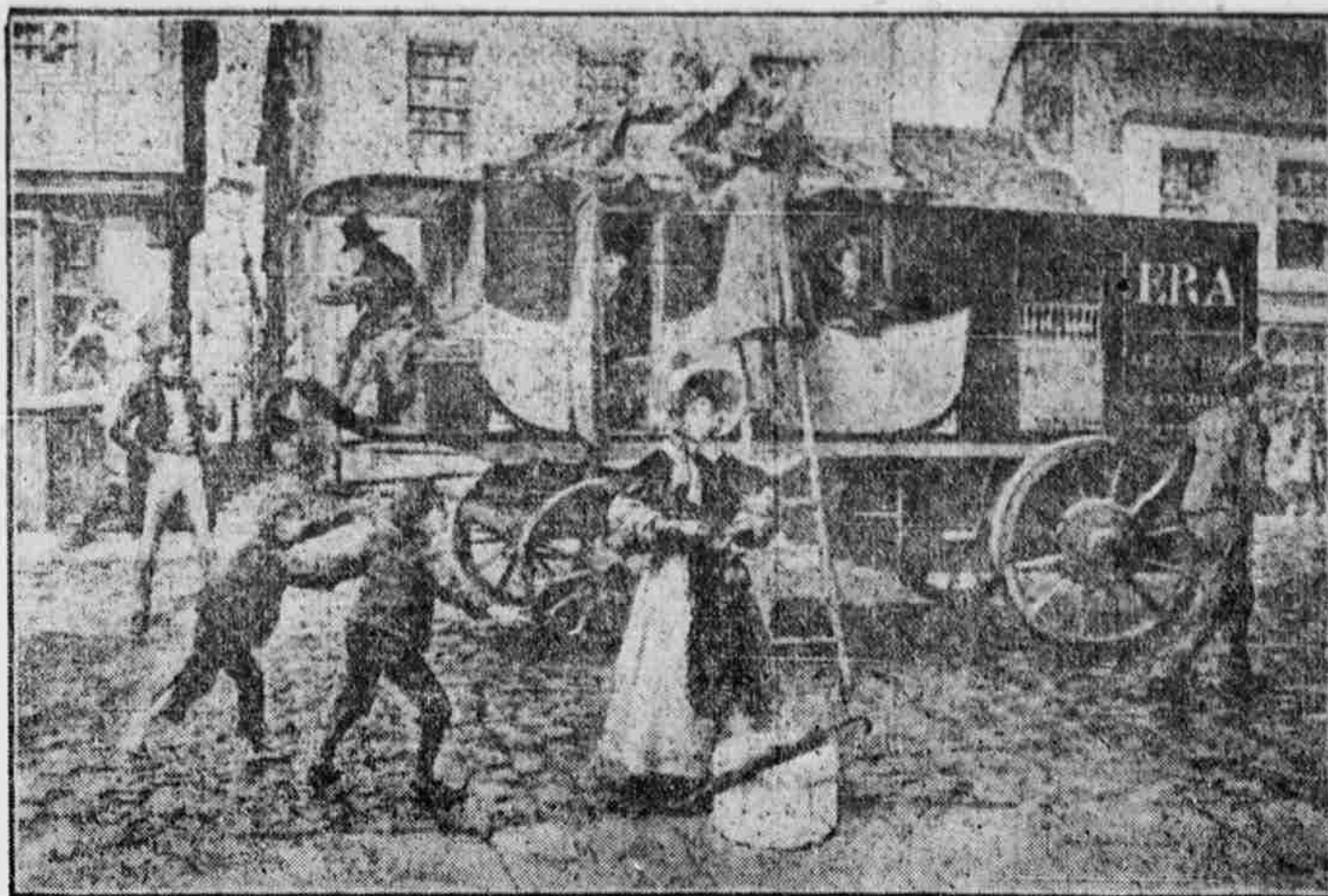
Lewis' Single Binder costs more than other 5c cigars. Smokers know why. Your dealer or Lewis' Factory, Peoria, Ill.

But the defeated candidate doesn't care much what else happens.

Mrs. Winslow's Soothing Syrup. For children teething, softens the gums, reduces inflammation, allays pain, cures wind colic. See a bottle.

It's as difficult to find a friend as it is to lose an enemy.

The Automobile Seventy-Three Years Ago.



Hancock's steam-coach, which plied between London and Greenwich, resembled two stage-coaches on end, with a third compartment like a mail or luggage van. It was mentioned in the Parliamentary Report of 1833 as a machine in daily use on common roads. The Report continues, "Mr. Hancock reckons that with his carriage he could keep up a speed of ten miles per hour, without injury to the machine."

To Abolish Wrecks.

DEVICES INTENDED TO MAKE RAILROAD TRAVEL SAFER.

Inventions Recently Patented by an Indiana Man Which Are Hoped to Do Away Entirely with Present Despatching System.

Indianapolis, Ind.—Elmer E. Steiner, of Knightstown, has just patented two devices invented by him which he hopes will prevent many railroad accidents and make travel on trains much safer than it is at present.

Steiner's devices do away with the present despatching system and put in its stead an automatic system. He worked for two years on his inventions, and he thinks he has succeeded. He says his system has the following advantages:

It does away with all possibility of rear or head-on collisions, as each train crew knows at any time just where all the others are.

It is security against any train running into an open switch, as the register on each train shows whether the switch be open or closed.

It does away with telegraph operators, thus saving millions in salaries to the companies using it.

The system "cannot go to sleep at the instrument or the switch" and can work 24 hours a day without food, fatigue or pay.

Being purely mechanical, it is infallible, and cannot make a mistake or "misinterpret orders," and even if it could disaster would be impossible.

It does away with the necessity of making stops for any purpose except to take on or discharge passengers or freight.

"With the train reporting system," said Steiner, "a railroad may be equipped at regular intervals of any distance desired with stations in the track bed, each of these stations being connected by circuits of electric wires with the central office. Whenever a train passes over one of the stations it automatically registers the number of the train and the number of the station, so that the central dispatcher can tell at any moment just where any train is.

"In addition, every switch on the

line is equipped with stations, and the minute a train enters a siding the dispatcher will be notified by it by the automatic register of the number of the train. A switch is always registered open or closed, and if one is inadvertently left open the register will show it, and an approaching train can be advised of it from the central office."

With the intercommunicating system—his second device—attached, there is nothing left to be desired in a system of train despatching. By means of this system the central dispatcher may communicate order to an engineer, conductor or train crew, either while the train is standing still or moving, and in the same manner the crew can answer the orders. The system is so arranged that each train makes a constant circuit with the central office, and each train is constantly in a circuit with every other train on the same division. Thus one train crew can communicate with any other crew, and the register on one train will show just where every other train on the road is at any given time. An engineer can look at the register and

tell long before he reaches it if a switch which the train is approaching is open or closed, and he knows at a glance just how far ahead or behind him is any other train, in whichever direction it may be going.

The system would do away entirely with telegraph operators at way stations, so far as delivering and receiving orders are concerned. It would even be possible for trains to run under this system without a despatcher, as each train would know at any time where other trains were located. This, of course, would be impracticable, as it would give free rein to train crews to run too much at will.

Power for the system is furnished by either storage batteries or dynamos. Once installed the system would be inexpensive, as the first cost would be the greatest. It is adaptable to electric roads as well as to steam railroads.

Steiner, who is a rural mail-carrier, first began to think of his invention two years ago when he heard railroad men on a train discuss the problem of railroad accidents and their prevention. He then resolved to use his mechanical talent and ability in that direction, and he hopes that he will soon see the results of his labor in general use.

SCENTS BURIED TREASURE.

Man Finds Mark of Vessel That May Have Held Gold.

Fort Worth, Tex.—While looking over his pasture in Reed county Mr. Dillard, who lives near Thorp Springs, was attracted by a mound of fresh earth. Upon investigation it was discovered that a hole had been dug and at the bottom was the imprint of some kind of a vessel that had been removed.

The place is particularly marked, the excavation being in the center of four roughly hewn stones, set in a square and sunk almost out of sight in the earth. A short distance from this square is another stone with a hatchet sketched on its surface, the edge of the hatchet blade pointing directly to the place where the excavation was made.

Mr. Dillard says he had often noticed the stones, but supposed they were simply an old landmark. The

supposition is that the vessel contained money and the find may be connected with an old story that has been told in that section ever since it was first settled.

This story is that in the country between Comanche peak and Robinson creek a large quantity of gold had been buried by parties who on their return from the goldfields of California were attacked and killed by the Indians then infesting the country.

Woman a Hermit 20 Years.

Trenton, O.—Kate Zimmerman, of Frazer street, who has been living alone in one room, refusing to have anything to do with other persons for 20 years, will be visited by the health officers to-morrow. According to the police reports to-night, neighbors have complained. Charles Reigter takes her food in a basket, which she hauls up with a rope. It is believed the woman is a miser and that this accounts for her secrecy and strange manner of living.

who was a prospector at that time, reserving the important details and simply giving a general idea of the location of the hidden wealth.

A day was appointed. The men were to meet at the cabin of Marks, who lived alone, early one morning. When the morning came with it came a light fall of snow. Marks feared that they would be followed and could be tracked in the snow. He would not consent to take the chance. His limbs quaked with terror when he seemed so near to obtaining the fortune which had been buried for four years. Clark described his terror as most abject. He thought that every man who looked at him and was a stranger was one of his robber confederates in the hold-up.

Another day was set when Marks and Clark were to go to the cache and obtain the money. It was destined that the robber was not to reap the reward of his four years' vigil over the treasure, for the night before the day appointed when the money was to be unearthed Marks was found in his office dead.

Shortly after Marks' death Clark told the story to Mayor Baldwin, who was at that time in Cripple Creek established as an attorney and enjoying the excitement of the early mining camp. With the death of Marks also passed away the secret of the hiding place of the money, for he left no chart, no papers of any kind by which the fortune could be located, and the gold stolen from the express safe 13 years ago still lies buried among the hills along the Florence & Cripple Creek railway.

A henpecked husband may not suffer more when the family is boarding at a hotel, but he looks as if he does.

VARIETY IN NECKWEAR.

Pretty Little Collars in Endless Styles and All Are Fashionable.

It is really impossible to mention one-half of the pretty things in this year's list of styles. Many of them are actual necessities and are required by the woman who is going to look dainty as a sort of finish to her gown.

The question of what to wear at the throat is one which worries every woman under the sun. The stock has undoubtedly brought on many a case of nervous prostration. "What shall I wear around my neck?" is something which every woman asks herself at least once a day.

The problem is partially solved by the little stiff linen collar which comes this year in wide variety as well as in varying height. It is embroidered and buttoned around the throat with small buttons and corresponding button holes. This serves as a sort of foundation for the stock which can be fastened over it.

There is really quite a choice for the woman who goes in for a variety of neck designs. She can tuck her ruff, or she can embroider it. Or, if she desires to do so, she can make one of the flat variety which lies rather close to the neck and bust.

The shape of the empire fichu is long and pointed at each end, and is cut so that it can be draped across the back, over the shoulders and high upon the bust. Here it is caught with a chon of ribbon, elaborately tied in one of the new bow knots, in which there are many ends and very few loops.

HEALTH AND BEAUTY NOTES.

Goggles are induced by straining the eyes.

Don't use soda when shampooing the hair. Eggs and hot water are all you need.

To keep the hair fluffy and free from oil give yourself a good, thorough shampoo every two weeks.

Thin arms should be washed twice a day with a fine lather of soap, rinsed well, dried thoroughly and then rubbed vigorously. This treatment will bring the pores into action and induce a healthy condition of the skin.

One of the most delightful sachet powders is made by combining 5 cents' worth of powdered orris root with 5 cents' worth each of oil of cloves and oil of lavender. Place in small bag of paper or silk in the dresser drawers.

Here is a remedy for calloused feet: Salicylic acid, 1 dram; cocaine, 5 grains; collodion, ½ ounce. Paint over the corn or bunion twice a day and scrape away the superficial growth at the end of three or four days.

Wrinkles can easily be overcome when they first appear. After they become furrows and gullies it is a difficult matter to erase them. The newest and best complexion treatments are a combination of scientific massage and electricity.

When the hands are sore and blistered wash them in fresh buttermilk and allow it to dry on the skin, as it aids in whitening it. Slices of raw cucumber, cut thick, peel left on, may be bound on sunburned fingers at night and do wonderful work in restoring the natural color.

Cure of Nervous Habits in Children.

Curing the nervous habits or "tricks" of children is one of the most insistent problems facing parents. The problem is made particularly difficult because the habits come so quietly that we find them established before we have really noticed them. Some habits are caused by disordered nerves, and in such a case the doctor must be consulted. Twitching of the face or limbs, opening of the mouth, blinking of the eyes, hesitation of speech, are all indications that something is wrong, and no child must be punished for them. Indeed, mere punishment never does any good either to the tricks dependent on bad health or on those of imitation. Defective sight is the cause of many so-called tricks. A child whose vision is faulty screws up his eyes or scowls in his efforts to adapt his powers of sight. In such a case an optician or oculist should be called in and the sight tested. A bad habit is simply repeated action, and it is only by persistently stopping it that one can hope to eradicate it.

Where Mirror Is Handy.

The pier mirror, which was the delight of a generation or two ago, is not so much in evidence these days, although every woman who has ever had access to one of these full length looking glasses knows what a delight it is to be able to see how one's clothes look from head to foot.

The cheval glass, of course, fulfills this mission, but it calls for more room space than the old-time pier glass. As a substitute for the banished mirror house designers are introducing a mirror for the gratification of artistic taste in the selection of handsome doors and provides a valuable aid to smart dressing for the women of the household.

Where room space is at a premium these door mirrors are a positive boon, and they are ornamental as well as useful.

Thin Cookies.

Cream together three-quarters of a cup of butter and lard mixed and two cups of sugar. Add the beaten yolks of four eggs, and then the whites beaten to a stiff froth, two cups of flour sifted with five level teaspoons of baking powder and enough more flour to thicken. Roll thin and bake in a quick oven.

SICK FOR TEN YEARS.

Constant Backache, Dropsy and Severe Bladder Trouble.

Freew W. Harris, of Chestnut St., Jefferson, Ohio, says: "For over ten years I suffered from kidney disease. The third year my feet and hands would swell and remain puffed up for days at a time. I seemed to have a constant backache. Finally I got so bad that I was laid up in bed with several doctors in attendance. I thought surely I would die. I changed medicine and began using Doan's Kidney Pills when I was still in bed. The relief I found was so great that I kept on until I had taken about ten boxes. The kidney secretions became natural and after years of misery I was cured. I have increased in weight, and show no symptoms of my former trouble."

Sold by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

SECOND HAND MAIL BOXES.

Why a Little Village May Have Big Numbers in Its Post Office.

The man who was spending his summer vacation in the country was looking quizzically at the mail boxes in the rural post office.

"I did not know this was such a large place," he said. "I thought it had a population of only about 4,000, but the mail box numbers run much higher than that, and I don't suppose every one in town rents a box either."

The postmaster peered out of his little barred window.

"I can explain that," he said. "You see the country post offices never get new boxes, but we have those left over when the city establishments make over their offices and get new boxes. So you see lots of country places are bound to have high number boxes."

"Although our numbers run over 4,000, you won't find any less than 1,000, some other country post office drew the lower ones. I myself would rather get the big numbers, for it makes us seem like a bustling little city."

Swords Into a Plow.

During the centennial celebration in Philadelphia in 1876 the members of the Universal Peace union assembled to celebrate the tenth anniversary of the foundation of the order.

A number of officers and descendants of officers gave their swords to be made into a plow as a symbol of peace. The weapons were afterward fashioned into a homely agricultural implement, which, however, instead of being a plow, took the shape of the ordinary field cultivator.

This cultivator may now be seen in the hall at Geneva, Switzerland. Over it is an inscription giving the history of the implement.

Hasty Nervous Chewing of Food the Cause of Dyspepsia

If your teeth are fit, chew, chew, until the food is liquid and insists on being swallowed.

If teeth are faulty, soften Grape-Nuts with hot milk or cream, or allow to stand a minute soaking in cold cream.

"There's a reason," as follows

Grape-Nuts food is in the form of hard and brittle granules. Intended to be ground up by the teeth; that work not only preserves the teeth but brings down the saliva from the gums so necessary in the primary work of digestion.

Many people say (and it is true), that when they eat Grape-Nuts they seem able to digest not only that food but other kinds which formerly made trouble when eaten without Grape-Nuts.

Chew!

"There's a reason" for

Grape-Nuts