CHICKEN CUTLETS WITH RICE. ►A teacupful of rice, some good stock one onion, salt and pepper, some cold ham and chicken, egg, breadcrumbs. Boil a teacupful of rice in some good stock and pound it in a mortar with an onion that has been cooked in butter, with salt and pepper. Pound separately in equal proportions cold ham and chicken; form this into cutlets; cover them with egg and bread crumbs and fry. Serve with a sharp sauce.

CHICKEN LOAF .- A chicken, two ounces of butter, pepper and salt, egg. Boil a chicken in as little water as possible until the meat can easily be picked from the bones; cut it up fine; then put it back into the saucepan with two ounces of butter and a seasoning of pepper and salt. Grease a square china mold, and cover the bottom with slices of hard boiled eggs; pour in the chicken, place a weight on it, and set aside to cool, when it will turn out.

PRESSED CHICKEN .- Two chickens, boiled until the meat leaves the bones easily; then pull to pieces and chop fine, letting the liquor, in which they were cooked boil down until only a cupful remains. Add about one-half as much chopped ham as chicken; roll | minute or 1,200 times an hour. two soda crackers, pour the stock over, seasoning highly. Mix well together, put in a deep, long pan, pressing down hard with the hand. Fold a cloth several times, put over the top, and put on a weight. It will slice nicely if prepared the day before using.

CHICKEN RISSOLES .- Some remnants of fowl, ham and tongue, butter, a pinch of flour, white pepper, salt, nutmeg, parsley, eggs, a few drops of lemon juice, flour, water, three pinches of sugar. Mince very finely some remnants of fowls, free from skin, add an equal quantity of ham or tongue, as well as a small quantity of truffles, all finely minced; toss the whole into a saucepan with a piece of butter mixed with a pinch of flour; add white pepper, salt and nutmeg to taste, as well as a little minced parsley; stir in, off the fire, the yolks of one or two eggs beaten up with a few drops of lemon juice, and lay the mixture on a plate to cool. Make a paste with some flour, a little water, two eggs, a pinch of salt, and two or three of sugar; roll it out to the thickness of a penny piece, stamp it out in round pieces three inches in diameter; put a piece of the above mince on each, then fold them up, fastening the edges by moistening them with water. Trim the rissoles neatly with a fluted cutter, dip the charge was made in accordance each one in beated up egg, and fry a golden color in hot lard.

CHICKEN TERRAPIN.—Place stewpan on the fire with a small teacup of water in it; when it boils add the flesh of tender boiled chicken, picked fine. Mix smooth a quarter of a pound of butter with a tablespoonful of flour. When the chicken has boiled three minutes add the butter and flour, stirring it all the time. Season with salt, cayenne pepper, a small blade of mace and half a pint of good sherry wine. Let it simmer over slow fire ten minutes, then add gill of milk and serve in a hot dish.

CREAM CHICKEN .- Four chickens, three cans of mushrooms, four sweetbreads. Boil chicken till tender and cut as for salad, removing all skin; boll and chop sweetbreads. Mix chicken, sweetbreads and mushrooms, and bake in alternate layers with breadcrumbs, seasoned with pieces of butter and cream dressing given below. This is sufficient for 20 people.

CREAM DRESSING .- One and onehalf pints of cream, one grated onion, three tablespoonfuls of flour, four tablespoonfuls of butter. Heat cream, rub flour in butter and put in the cream; cook till it thickens; take off and stir in onion. Put the first layer of chicken, sweetbreads and mushrooms in a dish and season each of the layers with cayenne pepper and salt. Let the top layer be of bread crumbs .- Chicago Tribune.

Potato Salad. In a new book, "The Up-to-Date Waitress," by Janet McKenzie Hill, several new salads are described. A tomato salad Du Barry sounds attractive. Peel a good-sized tomato for each person to be served, cut a piece from the top and with a teaspoon scoop out a portion of the pulp. Sprinkle inside with salt and set upside down in the refrigerator. When ready to serve fill the tomato shells with cold cooked cauliflower and set on heart leaves of lettuce. Put a tablespoonful of mayonnaise on each tomato.

Furniture Stains.

Have ready three pieces of woolen cloth; dip one into linseed oil, rub the spot briskly, wet the second with alcohol and apply to oily surface, rubbing quickly, as too much alcohol will destroy the varnish, and finally polish with the third cloth, moistened with oil or furniture polish. Another way is to use equal parts of vinegar, sweet oil, and spirits of turpentine; shake all well together in a bottle; apply with a flannel cloth and rub dry with old silk or linen.

To Polish Windows.

For cleansing windows nothing else is equal to clear vinegar. It gives a a soft cloth, dry with another, and polish with chamois skin.

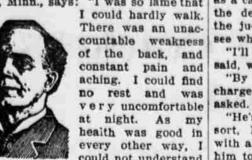
Mixing Mustard.

When mixing mustard, always use milk instead of water, and the mustard will not dry up so quickly.

To Remove Varnish. Alcohol will remove varnish from HIS ONE WEAK SPOT.

Prominent Minnesota Merchant Cured to Stay Cured by Doan's Kidney Pills,

O. C. Hayden, of O. C. Hayden &



could not understand this trouble. It was just as if all the strength had gone from my back. After suffering for some time I began using Doan's Kidney Pills. The remedy acted at once upon the kidneys, and when normal action was restored, the trouble with my back disappeared. I have not had any return of it."

For sale by all dealers, 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

FACTS ABOUT HUMANITY.

The average number of teeth is 32. The weight of the circulating blood is 29 pounds.

A man breathes about 20 times a

The average weight of the brain of a man is 31/2 pounds; of a woman 2 pounds, 11 ounces.

The average height of an American is 5 feet, 9 inches; of a Frenchman 5 feet, 4 inches; of a German 5 feet, 7

Sheer white goods, in fact, any fine wash goods when new, owe much of their attractiveness to the way they are laundered, this being done in a manner to enhance their textile beauty. Home laundering would be equally satisfactory if proper attention was given to starching, the first essential it up for seven months, when my strength to stiffen, without thickening you will be pleasantly surprised at the improved appearance of your work.

Harriman Resents Overcharge. E. H. Harriman sent his \$10,000 automobile to a repair shop in New York city in January, and when he got a bill for \$1,797, refused to pay it. The owner of the repair shop re-

fused to surrender the vehicle and Mr. Harriman proceeded to recover it by a writ of replevin. The men who are trying to collect this large sum will now have to sue for their money. Mr. Harriman evidently believes that with his supposed ability to pay.

No One Wanted Box 13.

In no other western European country is superstition so prevalent as in Austria-Hungary. Quite recently the chamberlain's office changed the number of box 13 in the Imperial opera house and the Imperial Court theater to 12a, because the public objected to sitting in a box bearing this unlucky number. None of the rich subscribers who takes a box for the year wanted No. 13, and for single performances it was just as hard to dispose of.

This superstition reaches its height in medicine. Speaking at the health exhibition, Dr. Heinrich Grun declared that in many instances superstition and especially local superstition, was an absolute menace to public health.

In the Austrian hospitals one finds no block or pavilion 13, no ward 13. no staircase 13. Very few patients will consent to be operated upon on the thirteenth day of the month, and In this respect Friday, too, is considered just as unlucky. At Carlsbad, Marienbad, Gastein and other famous Austrian cure resorts nobody wants to begin his cure on a Friday.

DIDN'T BELIEVE

That Coffee Was the Real Trouble.

Some people flounder around and take everything that's recommended but finally find that coffee is the real cause of their troubles. An Oregon man says:

"For 25 years I was troubled with my stomach. I was a steady coffee drinker, but didn't suspect that as the cause. I took almost anything which someone else had been cured with but to no good. I was very bad last summer and could not work at

"On Dec. 2, 1902, I was taken so bad the doctor said I could not live pour on milk or cream and eat. It over 24 hours at the most, and I made all preparations to die. I could makes you strong. hardly eat anything, everything distressed me, and I was weak and sick all over. When in that condition coffee was abandoned and I was put on Postum, the change in my feelings came quickly after the drink that was

poisoning me was removed. "The pain and sickness fell away from me and I began to get well day by day, so I stuck to it until now I am well and strong again, can eat heartily, with no headache, heart trouble or the awful sickness of the old coffee days. I drink all I wish of Postum without any harm and enjoy it immensely.

"This seems like a strong story, but I would refer you to the First Nat'l Bank, the Trust Banking Company, or any merchant of Grant's Pass, Ore., in regard to my standing, most brilliant polish. Rub it on with and I will send a sworn statement of this if you wish. You can also use my name." Name given by Postum Co., Battle Creek, Mich.

Still there are many who persistently fool themselves by saying "Coffee don't hurt me." A ten days' trial of Postum in its place will tell the truth and many times save life. "There's a reason."

Look for the little book, "The Road to Wellville," in pkgs.

THE CAMERA FIEND.

Man Was Not Satisfied with Ordinary Amusement Like Taking Pictures.

A well-known criminal lawyer one Co., dry goods merchants, of Albert day sauntered into a police court just Lea, Minn., says: "I was so lame that as a case was called. It appeared that the defendant had no attorney, and the judge glanced about the room to countable weakness see whom he might assign to the case.

"I'll take it, judge," the late comer said, wishing to pass away the time. "By the way, what is the man charged with?" the attorney presently

"He's a camera flend of the worst sort, Mr. Brown," the judge said with a slight smile. "I expect to send him to the workhouse for about three

"What!" the lawyer shouted, Indignantly. "Your honor must be joking. Send a man to the rock pile for three months for a little harmless amusement like taking pictures?"

"Well," the judge said, mildly, "he don't take pictures much-it's the cameras he takes."

FOUR YEARS OF AGONY.

Whole Foot Nothing But Proud Flesh -Had to Use Crutches-"Cuticura Remedies the Best on Earth."

"In the year 1899 the side of my right foot was cut off from the little toe down to the heel, and the physician who had charge of me was trying to sew up the side of my foot, but with no success. At last my whole foot and way up above my calf was nothing but proud flesh. I suffered untold agonies for four years, and tried different physicians and all kinds of ointments. I could walk only with crutches. In two weeks afterwards I saw a change in my limb. Then I began using Cuticura Soap and Ointment often during the day, and kept large number of exceptionally fine carbeing good Starch, which has sufficient limb was healed up just the same as if I never had trouble. It is eight the goods. Try Defiance Starch and months now since I stopped using Cuticura Remedies, the best on God's earth. I am working at the present day after five years of suffering The cost of Cuticura Ointment and Soap was only \$6, but the doctors' bills were more like \$600. John M. Lloyd, 718 S. Arch Ave., Alliance, Ohio, June 27, 1905."

Iodine a Cure for Snake Bite.

For a sure cure for snake bite, take about seven drops of iodine, scarify and bathe the wound also with iodine. This remedy was first used by a medical officer in British service in India. It has cured both man and a number of animals; it never fails; it is really wonderful in its effects.

One instance I will relate. A young man working for me in the harvest field was bitten by a very large rattlesnake on one of his large toes. I gave him about seven drops of tincture of iodine on a little sugar, and to make doubly sure repeated the dose an hour later. His foot swelled, but next morning he was all right. I have had animals whose bodies have swelled considerably, but all have recovered from the bite.-Topeka Capital.

Nothing Succeeds Like "EGG-O-SEE."

The man who preaches the best sermon; the man who tells the funniest stories; the man who keeps the best store; or the man who makes the best goods soon finds that people come to him. Merit is the best advertisement in the world. People speak well of things they know are good. They pass the good word along.

The best breakfast food is EGG-O-SEE, for it contains all the life-giving properties of nature's best food, which is wheat.

EGG-O-SEE is deeply in debt to the thousands of wives and mothers who use it in their homes, for these good women tell their neighbors about this great food.

Children and aged persons alike are friends of EGG-O-SEE.

Merit and common sense are the things that advertise EGG-O-SEE most. EGG-O-SEE is cheap. A 10cent package contains ten liberal breakfasts. EGG-O-SEE is sold everywhere. Grocers must keep it if they want to keep their good customers, for good customers insist on buying EGG-O-SEE.

The fact that no preparation, no cooking is required, makes EGG-O-SEE very popular. Open the package; put as much as you like in a dish; is delicious. It is wholesome. It

A lot of interesting facts about EGG-O-SEE have been published in book form entitled, "Back to Nature." This book also has a course of physical culture-fully illustrated. Anyone wishing this book will receive it free by addressing EGG-O-SEE Company, 10 First St., Quincy, Ill.

Destroys Oder of Gases.

M. Deletrain, of Geneva, has combined certain materials, put together in the form of a small solid cone, which, when dissolved in petrol of bezine, destroy the odors of burned gases, and leave an agreeable perfume

Give Defiance Starch a fair trialtry it for both hot and cold starching, and if you don't think you do better work, in less time and at smaller cost, return it and your grocer will give you back your money.

The people who believe most strongly in luck are those who never

Lewis' Single Binder straight 5c. You pay 10c for eigars not so good. Your dealer or Lewis' Factory, Peoria, Ill.

Boys will be boys, especially the gay old ones who have passed 60.

LOVE LORE,

It is easier to love and be wise than to be generous and have money. Jealousy is green and does not harmonize with Love's hair and eyes. Love laughs at locksmiths, because parents don't lock up their daugh-

ters any more. When Poverty comes in at the door Truelove engages her on the spot to do the cooking.

The pity of Love's blindness is that marriage is the only oculist that guarantees to restore the sight.

Don't complain of your lover's amateurishness. In this you have proof positive that you are the first.

Show me the sweethearts of the land, and I will confess myself that much more puzzled about the men. Life gave a dinner, and, while it

may not have been a feast from an epicure's point of view, it was a great success. The guest of honor was Love.

When Love begins to sicken and decay, sometimes the tonic of indifference will effect a quicker recovery than all the careful nursing in the world.

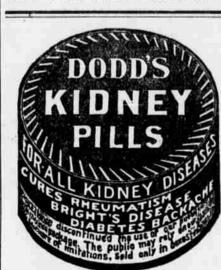
are plainly printed on each package of Defiance Starch, Men's Collars and Cuffs can be made just as stiff as desired, with either gloss or domestic finish. Try it, 16 oz. for 10c, sold by all good grocers.

Judge Lebbeus R. Wilfley, attorney general of the Philippine islands, has been appointed to the judgeship of the United States court in China, which is to replace in a large measure the present consular court. Judge Wilfley is from St. Louis.

Miss Alice De Rothschild, a sister of the late Baron Ferdinand De Rothschild, has a collection of Hindoo bulls. zebras and llamas. She is also interested in cattle breeding and owns a riage horses.

International Cyclopedia. The medical faculty of the Paris university plans an international technological encyclopedia. It is to be issued in ten languages, including "Esperanto," the world language.

Short ladies should avoid much trimming on their skirts, says a fashion writer. Yes, and so should long ladies if their husbands are short.



Railway Tariff Simplified.

Germany has just revised its railway tariff, which involves a multiplication of tickets. It is calculated that a traveler with a small family going from Mulhouse to Bale will find himself furnished with 60 tickets, in addition to which are those for bag-

To prevent that tired feeling on ironing day-Use Defiance Starchsaves time-saves labor-saves annoyance, will not stick to the iron. The big 16 oz. package for 10c, at your gro-

Ireland Loses Population. The number of marriages registered

in Ireland in 1904 was 22,961. The excess of births over deaths was 24.-298, but this was more than offset by the emigration of 36,902 persons.

Rapid Increase in Population. In eight years the population of Osaka, Japan, has increased from \$11,800 to over 1,026,000. The number of factories has increased by 991.

The greatest cause of worry on ironing day can be removed by using Defiance Starch, which will not stick By following the directions, which to the iron. Sold everywhere, 16 oz.

> Rich Oil Fields of Africa. The oil fields near Delagoa bay, in Africa, are expected to prove among the most productive in the world.

Lewis' Single Binder costs more than other 5c cigars. Smokers know why. Your dealer or Lewis' Factory, Peoria, Ill.

It isn't until a man swears off that he finds out how many fellows want to treat him.

Defiance Starch-Good, hot or coldthe best for all kinds of laundry work, 16 oz, for 10c.

The man who does all he can generally finds that some one else will do the rest.

Mrs. Winslow's Soothing Syrup.
For children teething, softens the gums, reduces in
fammation, allays pain, cures wind colic. 25c a bottle.

A friend in need usually needs all he can squeeze out of you.

Good, Hot or Cold-Defiance Starch, 16 oz. for 10c.

The world likes a winner, but loves a good loser.

U. S. NAVY

enlists for four years young men of good character and sound physical condition between the ages of 17 and 25 as apprentice seamen; opportunities for advancement; pay 16 to 270 a month. Electricians, machinists, blacksmiths, coppersmiths, yeomen (clerks), carpenters, shiptiters, firemen, musicians, cooks, etc. between 21 and 35 years, enlisted in special ratings with suitable pay; hospital apprentices 18 to 28 years. Retirement on three-fourths pay and allowances after 30 years service. Applicants must be American citizens.

years service. Applicants must be American citizens.

First clothing outfit free to recruits. Upon discharge travel allowance 4 cents per mile to place of enlistment. Bonns four months pay and increase in pay upon re-enlistment within four months of discharge. Offices at Lincoln and Hastings, Nebraska. Also, during winter, at Des Molnes and Sloux City, lows. Address NAVY RECRUITING STATION, P. O. Bldg., OMAHA

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We guarantee two points: Our students study and our students behave themselves 18 Buildings 75 Professors 800 Students Courses in Ansient and Modern Languages, English, History, and Economics, Chemistry, Blodger, Pharmacy, Civil, Electrical, and Mechanical Engineering, Architecture, Law, Shorthand, Book-keeping, Type-writing.

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An Unsolicited Testimonial

I would state after twenty years of house-keeping and using nearly every yeast on the market, that I consider the On Time Yeast, the best I have ever used and would recommend it to all housekeepers. Respectfully, (Signed) ESTELLA E. FEAD, 223 S. 29th Ave., Omaha, Nebr.

P. S.—Mrs. Fead is the lady who won to New York Post's \$1,000 prize for making the best mince pies.

EACH 5 CENT PACKAGE OF

contains 10 Cakes. Other manufacturers put in but 7 Cakes. Buy the "On Time" and get the three

Ask Your Grocer for On Time Yeast 2

YOU CANNOT

all inflamed, ulcerated and catarrhal con ditions of the mucous membrane such as nasal catarrh, uterine catarrh caused by feminine ills, sore throat, sore mouth or inflamed eyes by simply dosing the stomach. But you surely can cure these stubborn affections by local treatment with

Paxtine Toilet Antiseptic

which destroys the disease germs, checks discharges, stops pain, and heals the inflammation and soreness. Paxtine represents the most successful

local treatment for feminine ills ever produced. Thousands of women testify to this fact. 50 cents at druggists. Send for Free Trial Box

THE R. PAXTON CO., Boston, Mass. DEFIANCE STARCH to the Iron

W. N. U., OMAHA, NO. 31, 1906.

ALLEN'S FOOT-EASE A Certain Cure for Tired, Hot, Aching Feet. Ollebetun 10 de DO NOT ACCEPT A SUBSTITUTE. on every box.



Dainty, Crisp, Dressy Summer **Skirts**

are a delight to the refined woman everywhere. In order to get this result see that the material is good, that it is cut in the latest fashion and use

Defiance Starch

in the laundry. All three things are important, but the last is absolutely necessary. No matter how fine the material or how daintily made, bad starch and poor laundry work. will spoil the effect and ruin the clothes. DEFIANCE STARCH is pure, will not rot the clothes nor cause them to crack. It sells at roc a sixteen ounce package everywhere. Other starches, much inferior, sell at roc for twelve ounce package. Insist on getting DEFIANCE STARCH and be sure of results.

Defiance Starch Company, Omaha, Nebraska.