Sick, suffering, languid women are learning the true cause of bad backs



and how to cure them, Mrs. W. G. Davis, of Groesbeck, Texas, says: "Backaches hurt me so I could hardly stand. Spells of dizziness and sick headache were frequent and the action of the kidneys was irreg-

Soon after I began taking Doan's Kidney Pills I passed several gravel stones. I got well and the trouble has not returned. My back is good and strong and my general health better."

Sold by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

Every boy has three ambitions before he finally settles down. His first is to be the snare drummer in the village band. The second is to be an Indian killer and scout. The third is to be a locomotive engineer. Then he forgets about them and is ambitious only to make a living.

Ethics.

"Do you think we will ever be able to communicate with Mars?"

"My dear sir," answered the astronomer, "you surely do not think I would spoil pages of magazine articles yet to be written by endeavoring to prove the contrary. It would be very unprofessional."-Washington Star.

Catarrh Cannot Be Cured

with LOCAL APPLICATIONS, as they cannot reach the seat of the disease. Catarrh is a blood or constitutional disease, and in order to cure it you must take internal remedies. Hall's Catarrh Cure is taken internally, and acts directly on the blood and mucous surfaces. Hall's Catarrh Cure is not a quack medicine. It was prescribed by one of the best physicians in this country for years and is a regular prescription. It is composed of the best tonics known, combined with the best blood purifiers, acting directly on the mucous surfaces. The perfect combination of the two ingredients is what produces such wonderful results in curing catarrh. Send for testimonials, free. sults in curing catarrh. Send for testimonials, free. F. J. CHENEY & CO., Props., Toledo, O. Sold by Druggists, price 75c. Take Hall's Family Pills for constipation.

Time to Get Busy.

Her Husband-I thought you were going to visit your mother. His Wife-And so I am.

"Well, you had better begin to pack your trunk at once. The train leaves in 48 hours."-Chicago Daily News.

When Your Grocer Says he does not have Defiance Starch, you may be sure he is afraid to keep it until his stock of 12 oz. packages are sold. Defiance Starch is not only better than any other Cold Water Starch. but contains 16 oz. to the package and sells for same money as 12 oz. brands.

Real Merit.

Mrs. Skimkins-How do you like your new boarding house? Mr. Jobkins-Oh! the rooms are

fair, the table is only tolerable, but the gossip is excellent,-Hotel Life.

Those Who Have Tried It. will use no others. Defiance Cold Wabrands contain only 12 oz.

When all of the pretty little home ornaments go into the daughter's room the son is very apt to look for his pleasant things down town.

CRITICAL PERIOD

INTELLIGENTWOMENPREPARE

Dangers and Pain of This Critical Period Avoided by the Use of Lydia E. Pink. ham's Vegetable Compound.



How many women realize that the most critical period in a woman's existence is the change of life, and that the anxiety felt by women as this time draws near is not without reason?

If her system is in a deranged condition, or she is predisposed to apoplexy or congestion of any organ, it is at this time likely to become active and, with a host of nervous irritations, make life

At this time, also, cancers and tumors are more liable to begin their destructive work. Such warning symptoms as a sense of suffocation, hot flashes, dizziness, headache, dread of impending evil, sounds in the ears, timidity, palpitation of the heart, sparks before the eyes, irregularities, constipation, variable appetite, weakness and inquietude are promptly heeded by intelligent women who are approaching the period of life when woman's great change may be expected.

We believe Lydia E. Pinkham's Vegetable Compound is the world's greatest remedy for women at this trying period.

Lydia E. Pinkham's Vegetable Compound invigorates and strengthens the female organism, and builds up the weakened nervous system as no other medicine can.

Mrs. A. E. G. Hyland, of Chestertown, Md., in a letter to Mrs. Pinkham, says:

Dear Mrs. Pinkham:-"I had been suffering with a displacement

"I had been suffering with a displacement for years and was passing through the change of life. I had a good deal of soreness, dizzy spells, headaches, and was very nervous. I wrote you for advice and commenced treatment with Lydia E. Pinkham's Vegetable Compound as you directed, and I am happy to say that all those distressing symptoms left me, and I have passed safely through the change of life a well woman."

For special advice regarding this important period women are invited to write to Mrs. Pinkham, Lynn, Mass She is daughter-in-law of Lydia E. Pinkham and for twenty-five years has been advising sick women free of Her advice is free and always helpful to ailing women.

PIT & PITLESS SCALES. For Steel and Wood Frames, \$25 and up. Write us before you buy. We say 2 you BECKMAN BROS., Dea Moines, lowe.

UPTON SINCLAIR STRIKES BACK

Author of "The Jungle" Faces Prince of Packers With Awful Array of Facts Calculated to Distroy the Infamous Industry.

"But the condemned steer does not

"I have witnessed the fards many

"I have even marked beef with my

"Of all the evils of the stockyards,

the canning department is perhaps the

from all parts of the United States

der. Bundles of gristle and bone melt

"I have seen catttle come into Ar-

mour's stockyards so weak and ex-

hausted that they expired in the cor-

rals, where they lay for an hour or

two, dead, until they were afterward

hauled in, skinned, and put on the

market for beef or into the canning

lishment was selling carrion.

"In other words, the Armour estab-

"There are hundreds of other men

in the employ of Mr. Armour who

could verify every line I have writ-

ten. They have known of these

things ever since packing has been an

industry. But I do not ask them to

come to the front in this matter. I

stand on my oath, word for word, sen-

tence for sentence, and statement for

"I write this story of my own free

will and volition, and no one is re-

sponsible for it but myself. It is the

product of ten years of experience.

It is the truth, the whole truth, and

nothing but the truth, so help me

"Sworn to and subscribed before me

Notary Public, Kings County, N. Y.

"Certificate filed in New York coun-

The significance of this statement,

as Mr. Sinclair notes, is heightened

by the fact that, published as it was

in a newspaper of prominence, whose

proprietor is a man of immense wealth

and could be reached by the courts.

Mr. Armour made no move to insti-

tute suit for libel, practically admit-

Mr. Sinclair makes the assertion,

and gives abundant proof, that the

worry incidental to the "embalmed

beef" scandal during the war with

Spain caused the death of Philip D.

Armour, and that millions of dollars

were spent by the packing interests

in the effort to keep concealed the

truth about the matter. The awful

mortality from disease among the sol-

was distinctly attributable to the meat

seems small reason to doubt that meat

Summing up the entire facts of the

"Writing in a magazine of large

circulation and influence, and having

the floor all to himself, Mr. Armour

spoke serenely and boastfully of the

quality of his meat products, and

challenged the world to impeach his

into court charged with crime by the

commonwealth of Pennsylvania, he

spoke in a different tone, and to a

different purport; he said 'guilty.'

He pleaded this to a criminal indict-

ment for selling 'preserved' minced

ham in Greenburg, and paid the fine

.16, 1905, to the criminal charge of

situation, Mr. Sinclair concludes:

outcome may be imagined.

ting that the statement was true.

"ORVILLE F. PURDY

this first day of March, 1899.

"THOMAS F. DOLAN.

department for cans.

statement.

In a recent issue of the Saturday room on trucks, are forthwith cast Evening Post Mr. J. Ogden Armour into the hissing steam-boilers and dismakes the assertion that the govern- appear. ment inspection of the beef trust slaughter-houses is an impregnable stay in the tank any longer than the wall protecting the public from im- time required for his remains to drop pure meat, and that not an atom of through the boiler down to the floor diseased meat finds its way into the below, where he is caught on a truck products of the Armours. Mr. Up and hauled back again to the cuttington Sinclair, author of "The Jungle" room. The bottom of the tank was (a terrific statement of packing house open, and the steer passed through conditions), studied the meat industry | the aperture. for two years, including much time spent in the Chicago stockyards as a times. I have seen the beef dropped workman; he is the best equipped into the vat in which a steam-pipe outside authority on stockyard condi- was exhausting with a great noise so tions. In Everybody's Magazine for that the thud of the beef striking the May Mr. Sinclair makes a startling truck below could not be heard, and and convincing answer to Mr. Ar- in a short time I have witnessed mour's assertion. Commencing with Nicholas bringing it back to be prethe statement that J. Ogden Armour pared for the market. is the absolute and not the nominal head of the great packing house in- knife so as to distinguish it, and dustry which bears his name Mr. Sin- watched it return to the point where clair says: "I know that in the state- it started. ments quoted, Mr. Armour willfully and deliberately states what he absolutely and positively knows to be worst. It is there that the cattle falsehoods.

That he might be properly equipped are prepared for canning. No matter to describe conditions in "Packing- how scrawny or debilitated canners town" Mr. Sinclair worked for a are, they must go the route of their period as a laborer in the plant of Ar. brothers and arrive ultimately at the mour & Co., and he tells of sights of great boiling vats, where they are filth and horror such as he hopes steamed until they are reasonably tennever to see again, but the strongest coincidence of the truth of the claim into pulpy masses and are stirred up that meat unfit for human food is put for the canning department. on the market comes from a man for years superintendent at Armour & Co.'s Chicago plant, Thomas F. Dolan, of Boston. Mr. Sinclair in his article BRVS

"At the time of the embalmed-beef scandal at the conclusion of the Spanish war, when the whole country was convulsed with fury over the revelations made by soldiers and officers (including Gen. Miles and President Roosevelt) concerning the quality of meat which Armour & Co. had furmished to the troops, and concerning the death-rate which it had caused, the enormity of the 'condemned-meat industry' became suddenly clear to one man who had formerly supervised it. Mr. Thomas F. Dolan, then residing in Boston, had, up to a short time previous, been a superintendent at Armour & Co.'s, and one of Mr. Philip D. Armour's most capable and trusted men. When he read of the death-rate in the army, he made an affidavit concerning the things which were done in the establishment of Armour & Co., and this affidavit he took ter Starch has no equal in Quantity to the New York Journal, which pubor Quality-16 oz. for 10 cents. Other lished it on March 4, 1899. Here are some extracts from it:

"There were many ways of getting around the inspectors-so many, in fact, that not more than two or three cattle out of 1,000 were condemned. I know exactly what I am writing of in this connection, as my particular instructions from Mr. W. E. Pierce, superintendent of the beef houses for Armour & Co., were very explicit and

"Whenever a beef got past the yard inspectors with a case of lumpy jaw and came into the slaughterhouse or the 'killng-bed,' I was authorized by Mr. Pierce to take his head off, thus removing the evidences of lumpy jaw. and after casting the smitten portion into the tank where refuse goes, to send the rest of the carcass on its way to market.

"I have seen as much as 40 pounds of flesh afflicted with gangrene cut diers during that few weeks' campaign from the carcass of a beef, in order that the rest of the animal might be rations supplied to the army. There utilized in trade.

"One of the most important regula- as little fit for human food is still tions of the bureau of animal indus- being placed on the market. How try is that no cows in calf are to be much disease and death has been the placed on the market. Out of a slaughter of 2,000 cows, or a day's killing, perhaps one-half are with calves. My instructions from Mr. Pierce were to dispose of the calves by hiding them until night, or until the inspectors left off duty. The little carcasses were then brought from all over the packing-house and skinned by boys, who received two cents for integrity, but when he was brought removing each pelt. The pelts were sold for 50 cents each to the kid-glove manufacturers. This occurs every night at Mr. Armour's concern at Chicago, or after each killing of cows.

"I now propose to state here exactly what I myself have witnessed in Philip D. Armour's packing house with of \$50 and costs. He pleaded guilty cattle that have been condemned by again in Shenandoah, Pa., on June the government inspectors.

"A workman, one Nicholas Newson selling adulterated 'blockweirst;' and during my time, informs the inspec- again he paid the fine of \$50 and costs. tor that the tanks are prepared for the Why should Mr. Armour be let off reception of the condemned cattle and with fines which are of less consethat his presence is required to see quence to him than the price of a the beef cast into the steam-tank. Mr. postage stamp to you or me, instead Inspector proceeds at once to the place of going to jail like other convicted indicated, and the condemned cattle, criminals who do not happen to be having been brought up to the tank- millionaires?"

A Stone Barometer.

it or otherwise.—Sunday Magazine.

In northern Finland, so a native

The Many Virtues of Salt.

Salt puts out a fire in the chimney. paper informs us, is a large stone Salt in the oven under baking tins which serves the inhabitants as an will prevent scorching on the bottom. infallible barometer. At the approach Salt and vinegar will remove stains of rain, this stone turns black or from discolored teacups. Salt and blackish gray, while in fine weather soda are excellent for bee stings it is of a light color and covered with and spider bites. Salt thrown on soot white spots. Probably it is a fossil which has fallen on the carpet will mixed with clay, and containing rock prevent stains. Salt put on ink when salt, niter, or ammonia, which accord- freshly spilled on a carpet will remove ing to a greater or less degree of the spot. Salt thrown on a coal fire dampness in the atmosphere, attracts which is low will revive it. Salt used in sweeping carpets keeps out moths.

DISFIGURING SKIN HUMOR.

Impossible to Get Employment, as Face and Body Were Covered with Sores-Cured by Cuticura.

"Since the year 1894 I have been troubled with a very bad case of eczema which I have spent hundreds of dollars trying to cure, and I went to the hospital, but they failed to cure me, and it was getting worse all the time. Five weeks ago my wife bought a box of Cuticura Ointment and one cake of Cuticura Soap, and I am pleased to say that I am now completely cured and well. It was impossible for me to get employment, as my face, head and body were covered with it. The eczema first appeared on the top of my head, and it had worked all the way around down the back of my neck and around to my throat, down my body and around the hips. It itched so I would be obliged to scratch it, and the flesh was raw. I am now all well, and I will be pleased to recommend the Cuticura Remedies to all persons who wish a speedy and permanent cure of skin liseases." Thomas M. Rossiter, 290 Prospect Street, East Orange, N. J. Mar. 30, 1905.

Lewis' Single Binder - the famous straight 5c cigar, always best quality. Your dealer or Lewis' Factory, Peoria Ill.

Pat's Idea of an Isand. Teacher-Patrick, describe an island. Patrick-Shure, ma'am, it's a place ve can't lave widout a boat.-Pilgrim.

Mrs. Winslow's Soothing Syrup. For children teething, softens the gums, reduces in flammation, allays pain, cures wind coile. 25c a bottle

Nothing comes so near to "censure" as "good advice."-Judge

Troubles of Spring Days,

These are the days when the old hen gets in her work assisting the radishes to come up; when the house dog begins a system of excavating in the flower beds and when the neighbor's old cow walks leisurely across the freshly prepared lawn. - Chapman (Kan.) Outlook.

Disappointed.

"So Mrs. Nurich was held up and robbed. How did she feel about it?" "Oh, she's fearfully mad. Only had five cents in her pocket book at the time, you know, and she's afraid people will think she hasn't any money." -Detroit Free Press.

Just What You Want.

The most complete Lithographic Map (Size 32x35) of that part of the Wind River or Shoshone Incian Reservation in Wyoming to be opened for settlement. Compiled under direction of John T. Wertz, Former United States Special Allotting Agent for this Reservation-from U. S. Gov't Surveys showing Townships, Fractional Townships, Sections, Lots, Mountains, Rivers, Creeks and Streams, Allotments to Indians, Proposed Railroads, Proposed Irrigation Ditches, Wagon Roads, Trails, Fords, Ferries, Bridges, Big Horn, Hot Springs, Military Post, Agency, and principal towns near Reservation. Every Homeseeker, Prospector and Engineer should have this map, as with it he can make his own selection of land, and know just where he is at. The above maps can be secured of S. D. Childs & Company, 200 Clark Street, Chicago, Ill., at rate of \$1.00 each.

NOTE.-For information as to character of land apply to John T. Wertz, Lander or Shoshone, Wyoming.

Prosperity has ruined many a man. but if a fellow is going to be ruined at all that is the pleasantest way.

FAINTING SPELLS

Cured by Dr. Williams' Pink Pills, the Remedy Which Actually Makes New Blood.

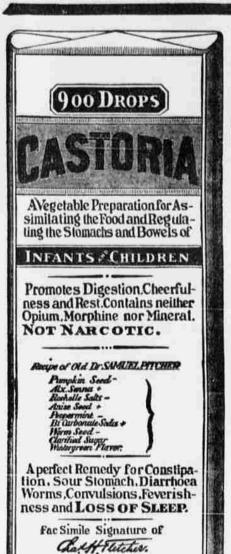
Ansemia makes the patient short of breath so that there is often a sense of suffocation, sometimes there is a cough and the sufferer seems to be going into consumption, at others there is a murmur of the heart and heart disease is feared. In the following case severe fainting spells were an alarming symptom resulting from "too little blood."

Mrs. George Forrester, of 7 Curtis street, Watertown, N.Y., says: "Some time ago I took a heavy cold and it left me in a very weak condition. I became worse and worse until finally I had ansemia. I lost flesh and appetite, had no color and was subject to fainting spells. Sometimes they would attack me suddenly and I would fall to the floor with hardly any warning.

"I had one of our best physicians, but after he had been attending me about a month without any improve-ment in my condition, I decided to see what Dr. Williams' Pink Pills would do. "The pills were well known to me for, about two years before, members of my family had taken them with the best results. I soon found that the pills were just what I needed for I soon began to notice an improvement. After I had taken them a while longer I was entirely cured, and we all believe in Dr. Williams' Pink Pills and recommend

them highly." Dr. Williams' Pink Pills actually make new blood. They do that one thing and they do it well. Impoverished blood is deficient in red corpuscles. Dr. Williams' Pink Pills increase the number of these red corpuscles and in this way sand health and strength to every tissue.

All druggists sell Dr. Williams' Pink Pills or they will be sent by mail, postpaid, on receipt of price, 50 cents per box, six boxes for \$2.50, by the Dr. Williams Medicine Co., Schenectady, N. Y.



CASTORIA

The Kind You Have Always Bought, and which has been in use for over 30 years, has borne the signature of and has been made under his perhat Hillichers sonal supervision since its infancy.
Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but

What is CASTORIA

Experiments that trifle with and endanger the health of

Infants and Children-Experience against Experiment.

Castoria is a harmless substitute for Castor Oil, Paregoric. Drops and Soothing Syrups. It is Pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its age is its guarantee. It destroys Worms and allays Feverishness. It cures Diarrhoea and Wind Colic. It relieves Teething Troubles, cures Constipation and Flatulency. It assimilates the Food, regulates the Stomach and Bowels, giving healthy and natural sleep. The Children's Panacea-The Mother's Friend.

GENUINE CASTORIA ALWAYS

Bears the Signature of hat Hetcher. The Kind You Have Always Bought

In Use For Over 30 Years

EXACT COPY OF WRAPPER.

NEW YORK.

At6 months old

35 Doses - 35 CENTS

THOUGHTS FOR QUIET HOUR.

Don't call the world dirty because you have forgotten to clean your

can be easily hidden it can as easily be lost. The only reason some men won't go to the church is because they are not

If your religion is of the kind that

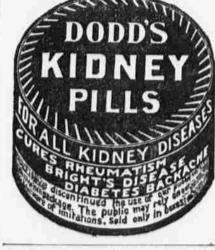
invited into the pulpit. If you want to make a rich man understand you must touch his pocket-

The people who are too lazy to prepare always have a lot to say about the way the prizes are distributed.

Kicker by Habit.

"That man began to kick the minute he entered the office," said the hotel

"Yes," answered the proprietor. "He behaves as if he had always been used to the worst of everything."-Wash-



PATENTS for PROFIT must fully protect an invention. Bookiet and Deak Calendar FREE. Highest references. Communications Confidential. Established 1881. Mason, Feawick & Lawrence, Washington, D. C.

OKLAHOMA PUBLIC LANDS Haif Million acree Lands, near Lawton, opened by Congress to Home-stead Settlement this Summer Get a Home in Sunny Southland: five years to pay. Maps, complete infor-mation regarding therms, Homesieding, Perms. mation regarding Opening, Homestending, Terms, etc., fifty cents. CATRON & CO., Lawton, Okia.

ALLEN'S FOOT-EASE A Certain Cure for Tired, Hot, Aching Feet. DO NOT ACCEPT A SUBSTITUTE.

alemolo Emello on every box.

YEAST

is made by the latest and best known process that experience and scientific research have thus far discovered.

Every detail of the manufacture is under the most careful supervision. We guarantee absolute cleanliness and purity to the least detail. You can buy a Ten Cake package

of this splendid yeast for Five Cents. Ask your grocer for it and insist that he furnish you ON TIME YEAST and not something "just as good" with but 7 Cakes of inferior yeast.

Ask Your Grocer for On Time Yeast 3

YOU CANNOT

all inflamed, ulcerated and catarrhal conditions of the mucous membrane such as nasal catarrh, uterine catarrh caused by feminine ills, sore throat, sore mouth or inflamed eyes by simply dosing the stomach.

But you surely can cure these stubborn affections by local treatment with Paxtine Toilet Antiseptic

which destroys the disease germs, checks discharges, stops pain, and heals the inflammation and soreness. Paxtine represents the most successful local treatment for feminine ills ever produced. Thousands of women testify to this fact. 50 cents at druggists.

Send for Free Trial Box THE R. PAXTON CO., Boston, Mass.

W. N. U., OMAHA, NO. 23, 1906.

Weakness

Women cannot possibly be strong, while suffering from any of the diseases peculiar to their sex. Even if you do not feel weak, the weakness of your system is there, and is a constandanger. I Put strength into your frame

WINE CARDU

WOMAN'S RELIEF

It gives you strength, where you most need it. It relieves pain. It regulates unnatural irregularities. It has been found a most successful cure for all the diseases peculiar to women. Try it.

At all Druggists

C15

TEXAS FARMS Kanches, City and unimproved property. Homesockers Excursions twice a month. Jno. F. Oglesby, Dallas, Tex.