### MIDDLE LIFE

A Time When Women Are Susceptible to Many Dread Diseases-Intelligent Women Prepare for it. Two Relate their Experiences.

The "change of life" is the most critical period of a woman's existence, and the anxiety felt by women as it draws near

is not without reason. Every woman who neglects the care of her health at this time invites disease and pain.

When her system is in a deranged condition, or she is predisposed to apoplexy, or congestion of any organ, the ten-dency is at this period likely to become active -and with a host of nervous irritations make life a burden. At this time, also, cancers and tumors are more liable to form and begin their destructive work.

Such warning symptoms as sense of suffocation, hot flashes, headaches, backaches, dread of impending evil, timidity, sounds in the ears, palpitation of the heart, sparks before the eyes, irregularities, constipation, variable appetite, weakness, inquietude, and dizziness, are promptly heeded by intelligent women who are approaching the period in life when woman's great change

may be expected. Lydia E. Pinkham's Vegetable Compound was prepared to meet the needs of woman's system at this trying period of her life. It invigorates and strengthens the female organism and

builds up the weakened nervous system. For special advice regarding this important period women are invited to write to Mrs. Pinkham at Lynn, Mass., and it will be furnished absolutely free of charge. The present Mrs. Pinkham is the daughter-in-law of Lydia E. Pinkham, her assistant before her decease, and for twenty-five years since her advice has been freely given to sick

Read what Lydia E. Pinkham's Compound did for Mrs. Hyland and Mrs. Hinkle:

Dear Mrs. Pinkham:-

Dear Mrs. Pinkham:—

"I had been suffering with displacement of the organs for years and was passing through the change of life. My abdomen was badly swollen; my stomach was sore; I had dizzy spells, sick headaches, and was very nervous.

Compound to the first life in which the life in which the life is will do for other women at this time of life.

It has conquered pain, restored health, and prolonged life in cases that utterly baffled physicians. Lydia E. Pinkham's Vegetable Compound Succeeds Where Others Fall.



treatment with Lydia E. Pinkham's Vege-table Compound as you directed, and I am happy to say that all those distressing symp-toms left me and I have passed safely through the change of life, a well woman. I am recommending your medicine to all my friends."—Mrs. Annie E. G. Hyland, Chester-town, Md. "I wrote you for advice and commenced

Another Woman's Case. "During change of life words cannot express what I suffered. My physician said I had a cancerous condition of the female organs. One day I read some of the testimonials of women who had been cured by Lydia E. Pinkham's Vegetable Compound, and I decided to try it and to write you for advice. Your medicine made me a well woman, and all my bad symptoms soon disappeared.

disappeared.

"I advise every woman at this period of life to take your medicine and write you for advice."—Mrs. Lizzie Hinkle, Salem, Ind. What Lydia E. Pinkham's Vegetable Compound did for Mrs. Hyland and

If you have cream to separate a good

at St. Louis.

Buying trashy cash-in-advance sepa

rators is penny wise, dollar foolish. Such machines quickly lose their cost

on such liberal terms that they actually

Mention This Paper.

If you haven't the ready cash

instead of saving it.

They received the Grand

Prize or Highest Award

Cream Separator is the most profitable investment you can possibly make. De-

from "Yankee Doodle." She was never able to sing to her bables. Lullaby to her spells infinite distress. Prof. Till's discovery of music in the paleozoic rocks of the Cumberland mountains, in England, was a great step forward in the production of pleasurable emotion. The rocks are gneiss and hornblende, deposited according to geological test prior to the introduction of life upon earth-in all probability 100,000,000 years ago. The rock band is a natural effect.

> It is said that these rocks when struck give forth sounds as various as the chords of a grand plane, and more accurate. Mr. Till and his father, starting with an octave and a half, spent twelve years in perfecting an instrument of broad capacity. The rocks are from six inches to four feet in length, arranged on a frame about twelve feet long. They give a scale of five octaves and are played upon by four persons, each with two hammers or mallets, to beat out the sound. There are skeptics who asservate that the "rocks" are iron or steel in disguise. This the Tills re-

HAS MADE A PIANO OF STONE Prof. Till Discovered Musical Propererties of Paleozoic Rocks. Of course, there is music in every-

thing except an occasional soul. It is in all woods, metals, minerals,

waters, atmospheres and spaces, says the New York Press. But there are

some men and women who are unable

to hum the simplest tune. I know a

mother of several children in this city

who couldn't tell "Old Hundred"

The Old Gods and the New. The Old Gods and the New.
In the twilight of the ages
Where the dust of years lies dead,
Wrinkled Seers and wrinkled Sages
Since the centuries have sped.
Stand the wraiths of unattended
Gods who once were called sublime,
Even in their ruin splendid,
Mocking and defying Time.

In the wake of winds that follow
Fast along the path of man,
Comes an echo of Apollo,
Floats the reedy note of Pan,
And a clearer note is ringing
Mid the clashing of the spheres,
And a wilder flight is winging
Through the vistas of the years.

And from out the ocean mighty
High above the coral caves,
Rises Venus Aphrodite
Throned and sceptered by the waves,
While the horn of Neptune winding
In the night's recumbent noon,
Scatters music o'er the blinding
Silver pathway of the moon.

So the old gods were most human,
More like song, and life, and wine,
Touched to love words by a woman,
Mortal half, and half divine;
And the later gods we fashion
For their loss have not sufficed,
No! not even the compassion
And the great white soul of Christ.
—Ernest McGaffey, in National Magazine

Was Right in His Line.

Those little dabs a man gives his wife when he leaves town and calls them kisses are about as thrilling as the average kiss one sees given in parting at the Union Station, for kissing at that place is so common an occurrence that the employes pay little lay means daily waste of attention to it. But the other aftertime, labor and product. noon, the people who watched the DE LAVAL CREAM Twentieth Century Limited pull out SEPARATORS save saw a kiss that was nearly good \$10.- per cow per year enough to put in a "best selling" every year of use over all novel. The man put his arm around ty setting systems the woman, drew her close and then and \$5 .- per cow over all imitating separators. kissing her on the mouth, pressed his cheek to hers for a moment; let her go and jumped on the already moving train.

Every one was thrilled until it was learned that he was an actor and had 'earned to kiss as a child learns its A, B, C's .- Columbus Dispatch.

Seasick French Sailors. Bitter complaint is made by a Send to-day for new catalogue and French naval journal because the modern training of French naval of-THE DE LAVAL SEPARATOR CO. ficers and seamen does not sufficiently habituate them to the sea. On the 74 Cortlandt Street NEW YORK voyage of the Jaureguiberry from Toulon to Brest that battleship had to Writing Advertisers Kindly face a storm in the Bay of Biscay. which prostrated no fewer than 200 seamen and a large number of of-DEFIANCE STARCH for starching finest linens. ficers. In the Russian fleet at the battle of the Japan sea there was a similar state of affairs. It is urged that there be more cruising at sea in all weathers and a period of some years' service on torpedo caft for officers, with the object of giving the personnel of the French navy its sea legs.

Better Than Any Speech.

Among the anecdotes told in J. H. Settle's book concerning election humors is the following about Lord Rosebery:

His lordship was in the east end of London at an election time, and while inspecting a great establishment several of the employes, whose knowledge of the distinguished guest chiefly centered in him as the owner of a good horse, communicated to one of the company their wish that Lord Rosebery would do them a favor.

"What is it you want-a speech." asked the gentleman. "A speech! No! Speech be hang-

ed!" was the reply. "We want a tip

Helen Gould's Many Charities. In the name of her father and

mother, Helen Gould, with the assistance of Elizabeth Altman, annually distributes \$500,000 in charity. Prob ably Miss Gould supports directly and indirectly more charities than any person living. Her donations annually reach 500 or more beneficiaries. Her total disbursements during the last sight years-and they are all made with business judgment and through a perfect system-reach \$4,000,000.

Georgia's Only Republican Governor. Rufus Bullock, the only Republican ever elected governor of Georgia and who played a conspicuous part in the econstruction period, is now spending his declining days in the village of Albion, N. Y., his boyhood home. Although his mind is as brilliant and clear as ever, a form of paralysm which seized him a year ago has made him an almost belpless invalid.

U. S. NAVY enlists young men and mechanics. Permanent Recruiting Station, Postoffice Building, Omaha, Neb. Sub-Stations, Burr Block, Idncoin, Neb., and Postoffice Building, Council Bluffs, la. Temporary Recruiting Station open at Sioux Falls, S. D., April 3th to 14th; Yankton, S. D., April 16th to 2ist; Sioux City, Ia., April 23rd to 25th; Des Moines, Ia., April 38th to May 5th, inclusive, Opportunity for advancement and special mechanical training better than ever before. Pay \$16 to \$70 per month, besides allowances. Apprentice Seamen enlisted between 17 and 25 years are transferred to a Navy Yard. Good openings for Machinists, Electricians, Coppersmiths, Musicians, Carpenters, Stenographers, Firemen, Bakers, etc. Call at 27 address any of the above Navy Recruiting Stations, for full information as to pay and terms. Enlistments four years. Only citizens of the United States of good character are accepted.

Stammering is unknown among savage tribes.

A magnificent steel engraving of Hagerman Pass, the most famous mountain pass in Colorado, has been issued by the Colorado Midland Railway. This engraving is 26x40 inches and suitable for framing. It will be sent to any address on receipt of 15. cents in stamps by C. H. Speers, G. P. A., Denver, Colo.

The average weight of an Andaman Islander is sixty pounds.

-that Allcock's are the original and only genuine porous plasters; all other so-called porous plasters are imitations.

Clergymen stand second in the list of inventors; mechanics first.

FITS permanently cured. No fits or nervousness after er. Send for FREE \$2,00 trial bottle and treatise. DR. B. H. KLINE, Ltd., 931 Arch Street, Philadelphia, Pa.

A matrimonial storm will curdle even the milk of human kindness.

DISFIGURED WITH ECZEMA. Brushed Scales From Face Like Powder-Under Physicians Grew Worse-Cuticura Works Won-

ders.

"I suffered with eczema six months. I had tried three doctors, but did not get any better. It was on my body and on my feet so thick that I could hardly put a pin on me without touching eczema. My face was covered, my eyebrows came out, and then it got in my eye. I then went to another doctor. He asked me what I was taking for it, and I told him Cuticura. He said that was a very good thing, but that he thought that my face would be marked for life. But Cuticura did its work, and my face is now just as clear as it ever was. I told all my friends about my remarkable cure. I feel so thankful I want everybody far and wide to know what Cuticura can do. It is a sure cure for eczema. Mrs. Emma White, 641 Cherrier Place, Camden, N. J., April

A girl never marries the best man, which may be the reason so many of them marry the wrong man.

Smokers have to call for Lewis' Single Lewis' Factory, Peoria, Ill.

The wages of sin doesn't bother some fellows. They do it for fun.

Mrs. Winslow's Soothing Syrup.
For children teething, softens the guras, reduces in flammation, allays pain, cures wind colid. 25ca bottle.

In Vienna glass is being used to fil teeth with.

900 DROPS Avegetable Preparation for Assimilating the Food and Regulating the Stomachs and Bowels of INFANTS CHIEDREN Promotes Digestion.Cheerful-

NOT NARCOTIC. Purpe of Old Dr. SAMUEL PITCHER Punjskin Sepel-Alx Surna -Rodelle Selts -Anise Soed -Preparatus -Ji (urbeitche Solds -Wirm Soed -

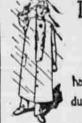
Aperfect Remedy for Constipafion, Sour Stomach, Diarrhoea Worms, Convulsions, Feverishness and Loss of SLEEP.

Fac Simile Signature of Chart Flatcher. NEW YORK. At 6 months old Duses - 35 Cents

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The Kind You Have **Always Bought** Bears the Signature ness and Rest. Contains neither Opium Morphine nor Mineral.

Thirty Years



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W. L. DOUGLAS MAKES & SELLS MORE MEN'S \$3,50 SHOES THAN ANY OTHER MANUFACTURER IN THE WORLD. \$10,000 REWARD to anyone who can disprove this statement.

If I could take you into my three large factories at Brockton, Mass., and show you the infinite care with which every pair of shoes is made, you would realize why W. L. Douglas \$3.50 shoes cost more to make, why they hold their shape, fit better, wear longer, and are of greater intrinsic value than any other \$3.50 shoes.

W. L. Douglas Strong Made Shoes for Men, \$2.50, \$2.00. Boys' School & Dress Shoes, \$2.50, \$2, \$1.75, \$1.50 CAUTION,—Insist upon having W.L.Douglas shoes. Take no substitute. None genuine without his name and price stamped on bottom.

Fast Color Eyelets used; they will not wear brassy. Write for Illustrated Catalog.

W. L. DOUGLAS, Brockton, Mass.

W. L. DOUGLAS, Brockton, Mass.

THE ONLY ONE

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The Genuine is Manufactured by the California Fig Syrup Co.

The full name of the company, California Fig Syrup Co. Is printed on the front of every package of the genuine.

The Genuine- Syrup of Figs- is for Sale, in Original

Packages Only, by Reliable Druggists Everywhere Knowing the above will enable one to avoid the fraudulent imitations made by piratical concerns and sometimes offered by unreliable dealers. The imitations are known to act injuriously and should therefore be declined. Buy the genuine always if you wish to get its beneficial effects. It cleanses the system gently yet effectually, dispels colds and headaches when bilious or constipated, prevents fevers and acts best on the kidneys, liver, stomach and bowels, when a laxative remedy is needed by men, women or children. Many millions know of its beneficial effects from actual use and of their own personal knowledge. It is the laxative remedy of the well-informed. Always buy the Genuine-Syrup of Figs MANUFACTURED BY THE Louisville, Kx PRICE FIFTY CENTS PER BOTTLE

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Third National Bank, St. Louis, Mo. Address American Rice Packing Co., 208 South Commercial Street, St. Louis, Mo.

PIT & PITLESS SCALES. For Steel

and Wood Frames, \$25 and up. Write us before you buy. We save you money. Also Pumps and Wind PRICE, 7 25 Cts.

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GRIP, BAD COLD, KEADACHE AND NEURALGIA. "t sell Anti-Gripine to a dealer who won't Guaranter Call for your MONEY BACK IF IT DON'T CURE. F. W. Diemer. M. D., Manufacturer. Springfield, Mo.

24 REGISTERED HEREFORD BULLS FOR SALE

#### BENT HEREFORD LIVE STOCK CO., - HAZARD, SHERMAN COUNTY, NEBRASKA. THE BOTTOM

a cathedral if you begin with the spire. You cannot have healthy children by improper feeding. Let the children be reared on good, healthy, nourishing food to make them a nation of mental and physical workers, instead of puny, pitiful for the Liverpool cup!"

is the best food for the growing child, the laboring man, the feeble and the aged. No breakfast food to compare with it.

Palatable-Nutritious-Easy of Digestion and Ready to Eat Can be served hot. Put in a hot oven for a few minutes; or cook in boiling milk to a mush.

As much nourishment Grocers Grocers Package Dr. V.C. Prices Dr. Price, the famous food expert, the creator of Dr. Price's Cream Beking Powder, Delicious Flavoring Extracts, Ice Cream Sugar and Jelly Desserts, has never been compelled, nothwithstanding strenuous Food laws, to change any of his products. They have always conformed to their requirements. This is an absolute guarantee of their quality and purity.