

## A TRULY IDEAL WIFE HER HUSBAND'S BEST HELPER

Vigorous Health Is the Great Source of the Power to Inspire and Encourage—All Women Should Seek It.

One of the most noted, successful and richest men of this century, in a recent article, has said: "Whatever I am and whatever success I have attained in this world I owe all to my wife. From the day I first knew her she has been an inspiration, and the greatest helpmate of my life."



Mrs. Bessie Ainsley

To be such a successful wife, to retain the love and admiration of her husband, to inspire him to make the most of himself, should be a woman's constant study.

If a woman finds that her energies are flagging, that she gets easily tired, dark shadows appear under her eyes, she has headache, dizziness, bearing-down pains, nervousness, whites, irregularities or the blues, she should start at once to build up her system by a tonic with specific powers, such as Lydia E. Pinkham's Vegetable Compound.

Following we publish by request a letter from a young wife:

Dear Mrs. Pinkham: "Ever since my child was born I have suffered, as I hope few women ever have, with inflammation, female weakness, bearing-down pains, headache and wretched headaches. It affected my stomach so I could not enjoy my meals, and half my time was spent in bed."

"Lydia E. Pinkham's Vegetable Compound made me a well woman, and I feel so grateful that I am glad to write and tell you of my marvelous recovery. It brought me health, new life and vitality."—Mrs. Bessie Ainsley, 611 South 10th Street, Tacoma, Wash.

What Lydia E. Pinkham's Vegetable Compound did for Mrs. Ainsley it will do for every sick and ailing woman.

If you have symptoms you don't understand write to Mrs. Pinkham, at Lynn, Mass. Her advice is free and always helpful.

Every housekeeper should know that if they will buy Defiance Cold Water Starch for laundry use they will save not only time, because it never sticks to the iron, but because each package contains 16 oz.—one full pound—while all other Cold Water Starches are put up in 3 1/2-pound packages, and the price is the same, 10 cents.

Then again because Defiance Starch is free from all injurious chemicals. If your grocer tries to sell you a 12-oz. package it is because he has a stock on hand which he wishes to dispose of before he puts in Defiance. He knows that Defiance Starch has printed on every package in large letters and figures "16 ozs." Demand Defiance and save much time and money and the annoyance of the iron sticking. Defiance never sticks.

Mallee is a terribly deadly gun—at the breech end.

More Flexible and Lasting, won't shake out or blow out; by using Defiance Starch you obtain better results than possible with any other brand and one-third more for same money.

Stammering is unknown among savage tribes.

Insist on Getting It.

Some grocers say they don't keep Defiance Starch because they have a stock in hand of 12 oz. brands, which they know cannot be sold to a customer who has once used the 16 oz. pkg. Defiance Starch for same money.

No chromos or cheap premiums, but a better quality and one-third more of Defiance Starch for the same price of other starches.

### Safety in Proprietary Medicines.

Replying to the charge that certain popular proprietary medicines contain narcotic drugs, an authority says:

"Some years ago one of the leading pharmacists of America, in connection with some official work, undertook to ascertain, by an elaborate inquiry in representative cities of the country, what percentage of physicians' prescriptions contained a narcotic drug of some kind. Out of 100,000 representative prescriptions, dispensed in drug stores in all parts of the United States, it was found that 70 per cent contained opium or some one of its preparations.

"Proprietary medicines are almost invariably accompanied by the most detailed and specific directions for use, while the directions accompanying physicians' prescriptions are generally very brief and sometimes illegible. It is also true that but a moderate proportion of proprietary medicines contain any poison or narcotic, and, when they do, it is generally in such small quantities or so protected by accompanying antidotes, as to carry with it no danger whatever."

### Sisters and Brothers.

Don't snub your brothers. They are lovely things to have around, if only treated half-way decently. Unfortunately, girls forget that brothers also grow up, and they go on treating them as if they were boys. This leads to friction, and very often disagreeable repartee, when it is least wanted, and is most disagreeable.—New York Press.

### Cause for Rejoicing.

The Pall Mall Gazette rejoices in the fact that Canada is a "chip of the old block," because a steamship, with supplies for the Hudson bay mounted police, has been kept waiting at St. Johns for weeks while the police department and ministry of marine settle a dispute as to which shall control her movements.

### "Tainted" Grass.

A Welsh revivalist asked where some grass that had been brought for his horse had been procured. He was told that it had come from the football grounds. "I would insult my horse by giving it grass from such a sinful place," he declared.

### GRATIFYING PRAISE.

Letter from Marcus Mayer, the Great Patron of Music and Drama.

Marcus R. Mayer, who brought to America Mme. Patti, Duse, Salvini, Coquelin and other famous singers and actors, writes:

Gentlemen: I wish as many suffering men and women as I can reach to know the excellence of Doan's Kidney Pills. I was greatly benefited by this remedy and know it cured several who had kidney trouble so badly they were agonized with pain in the back, head and loins, rheumatic attacks and urinary disorders. I am glad to recommend such a deserving remedy.

(Signed) MARCUS R. MAYER. Sold by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

The average weight of an Andaman islander is sixty pounds.

Piso's Cure cannot be too highly spoken of as a cough cure.—J. W. O'BRIEN, 222 Third Ave., N. Minneapolis, Minn., Jan. 6, 1900.

Three-quarters of the world judge by manner rather than by words.

Those Who Have Tried It will use no other. Defiance Cold Water Starch has no equal in Quantity or Quality—16 oz. for 10 cents. Other brands contain only 12 oz.

### CHIRPS OF A CHERUB.

Some people bore you until you feel like a sieve.

I envy the wife of a great man, but my tears just splash-splash over the husband of a great woman.

People who amount to anything don't have to throw a continuous stream of hot air on their ancestors.

A woman who couldn't hit a nail on the head to save her life has been known to knock a man silly without even trying.

Discretion is the gang-plank of security. If you kick it away, don't squeal if you find yourself floundering in deep water.

The editor of a newspaper, generally speaking, is a moral man, because he is too busy and too tired to be anything else.

Put a Yale lock on your purse and your sympathies when a fellow slaps you on the back and calls you his best friend. It's a touchdown.

Woman's according to the creation story, always was more perfect than man. Adam had a rib pinched, but Eve got all that was coming to her.

A man who always is truthful when he tells his wife that he is going to the club should be put in a glass case. But—sh!—if she believes him, don't say a word.

Many a man who proposes offers a woman an old, moth-eaten love with an unholy record of fire-escapes; but he wants a brand new, triple-plated article in return.

### THE NERVES AND LIFE.

The nerves of the human body are not unlike the electric telegraph wires. The cavities of the heart are contracting steadily and alternately under the guidance of nerve cells.

By this means the stream of blood, laden with nourishment, is sent to every part of the body.

Nerve power is essential to our well being; the loss of it means mental and physical exhaustion.

The business man who is practicing cruelty in overworking his brain gradually finds his work a toil rather than a delight.

Among women the physical symptom of impending nervous exhaustion is the inability to enjoy refreshing sleep.

REFLECTIONS OF A BACHELOR. Every girl would like a runaway match if it were not for the wedding presents.

A man has to be a very slow traveler for his income ever to catch up with him.

Blood is not much thicker than water when money is at stake.—American Illustrated Magazine.

### SIDE REMARKS.

Matter may be the Aladdin's lamp, but mind is the genius that knows and reveals its secrets.

People who bet are constantly buying a chance that is always worth less than the money paid for that chance.

We have had stone ages and bronze ages; the age we live in is the paper age. Its fitting cognizance would be—in a field agent, a printing press rampant.

Poetry is the only thing the Germans do not dump in this country. If there were any money in it they would have opened a manufactory long ago.

Vegetarianism is all the vogue among those who take thought what they shall eat and what they shall drink. Bridge and boiled cabbage came in together, and who shall say which has the firmer hold upon persons of fashion?—New York Times.

### Study and Think.

It is a piling up of reserve force that produces positiveness and popularity. A lack of inherited energy hinders, but a knowledge of self and the application of useful truths compensate.—Earl M. Pratt.

### Impure Soda Water.

A soda water manufacturer at Rochdale, England, has been fined for selling soda water that contained only half a grain of carbonate of soda to a given quantity, whereas it should have contained from eight to ten grains.

### Easy to Tell the Difference.

As near as the layman can make out from the elaborate account of the distinction made by the experts, the best way to tell the difference between a cyclone and a tornado is to look at the wreckage afterward.

### Relic of Fire-Worshipping Days.

In Quito, Ecuador, it is usual to uncover one's head when there is a flash of lightning. This is probably a relic of fire-worshipping days.

### FITS

permanently cured. No fits or nervousness after first day's use of Dr. Kline's Great Nerve Restorer. Send for FREE BOTTLE and treatise. Dr. J. C. KLINE, 1410 Arch Street, Philadelphia, Pa.

When a man lies for the sake of being considered smart he has the merit of not doing a harm to anyone except his own conscience.—Philadelphia Bulletin.

Men sometimes say smart things without being aware of the fact and then wonder what occasioned the laugh.

A woman's idea of a wise girl is based on the way she keeps away from the men considered a catch.

Bachelors show as much regard for children as do the men who are responsible for their bringing up.

Candor is all right in its place, but it has fractured many a friendship.

### Limits Use of Royal Arms.

The London Gazette recently published an official notice that any person who, without proper royal authority, uses in connection with any trade, business, calling or profession the royal arms or any device, emblem or title, may be restrained by injunction or interdict from continuing to use the same.

### Eland Made Domestic Animal.

A Rhodesian hunter of the name of Jelliman has been successful in domesticating and training a number of young eland to the yoke. He has had eight of them working in a wagon for some time, and they answer admirably, being faster and more powerful than oxen.

### Wild Cats in Nevada.

Wadsworth Nev., once a lively railroad town of 4,000 population, but now a collection of deserted shanties, is overrun by thousands of wild cats, the descendants of two or three hundred abandoned house cats.

### Forty-one Years in Service.

The Rt. Hon. Sir Francis Bertie, British ambassador in Paris, recently passed his sixty-first birthday, having been forty-one years in service.

### Low Temperature of Trees.

The average temperature of a tree is under 50 degrees Fahrenheit, as against the 98 degrees of the human body.

### Deafness Cannot Be Cured

by local applications, as they cannot reach the diseased portion of the ear. There is only one way to cure deafness, and that is by constitutional remedies. Deafness is caused by an inflamed condition of the mucous lining of the Eustachian tube. When the tube is inflamed you have a rumbling sound or imperfect hearing, and when it is entirely closed, deafness is the result, and unless the inflammation can be taken out and this tube restored to its normal condition, hearing will be destroyed forever; nine cases out of ten are caused by a cold, which is nothing but an inflamed condition of the mucous surfaces. We will give one Hundred Dollars for any case of Deafness (caused by catarrh) that cannot be cured by Hall's Catarrh Cure. Send for circulars free.

J. C. HENNEY & CO., Toledo, O. Sold by Druggists. Take Hall's Family Pills for constipation.

### Elephant Resents Teasing.

An elephant at Jena, Germany, seized a man who was teasing him with a knife and dashed him to the ground. Three days later the man succumbed to his injuries.

Mrs. Winslow's Soothing Syrup. For children teething, softens the gums, reduces inflammation, allays pain, cures wind colic. 25c a bottle.

### Education Kills Lace Making.

"The art of making Honiton lace," says the London Mail, "will soon be as extinct as the feather work of the Aztecs. The reason is that the local school board insists that children shall attend school instead of learning to make lace."

### Variety of Goods on View.

For a nice mint julep, a Tam Colline or a highball, or a nice, clean shave, or a haircut, or anything in the grocery, hardware, dry goods or millinery line, call at the City Drug Store. Also drugs for sale.—Irrigon (Ore.) Irrigator.

## CONSTIPATION AND STOMACH TROUBLE CAN BE CURED

J. S. Janssen, President of the Milwaukee Retail Druggists' Association,

Talks on the Dangers of Constipation and Stomach Trouble.

"Have you noticed the large number of cases of typhoid fever lately?" said Mr. J. S. Janssen to a Daily News representative. "To my notion typhoid fever, malarial fever, appendicitis and many kindred complaints are the result of constipation, which in many cases is allowed by the patient to run along without proper treatment. You will remember when you were a child and the doctor was called, his first prescription was a dose of castor oil! All physicians know the value of having the bowels thoroughly opened. People, when they grow up, allow constipation to become chronic through lack of attention. Constipation is the failure of the bowels to carry off the undigested food, which collects in the alimentary canal and there decays, generating poisonous disease germs. These germs and their way into the body by means of which they are carried to every tissue. The fever thus created affects not only the lungs, kidneys, stomach, heart and nervous system, but in fact any organ of the body is liable to break down as a result. The blood becomes thin and watery. The sufferer loses in flesh and strength. Castor oil and pills will not cure an affliction like this. Something more than a laxative is needed. There are many physicians on the market and we sell a great many, having probably the most popular store in the city. I do not often talk about manufactured medicine, but the high esteem in which Mull's Grape Tonic is held by the drug and medical fraternities has impressed me and I know from actual experience right here in our store that Mull's Grape Tonic cures constipation and stomach trouble positively and permanently. Mull's Grape Tonic is not a physic, but it immediately clears the bowels of the decaying food because of the peculiarly strengthening effects it exerts over the organs of the digestive system. As a tonic it is superior to the nauseating cod liver oil compounds. It builds flesh faster and creates strength quicker than any other preparation known to medical science. The ingredients are positively harmless, made mainly from crushed grapes and fruits. Although a full bottle might be taken at once, no inconvenience would result. I only wish that people paid more attention to these little details, which in themselves in the beginning are of so slight importance, but which grow in magnitude until the most serious trouble and some deadly disease in fact result on the constitution. There is really nothing easier to take than Mull's Grape Tonic. I hope you, through the influence of your paper, can bring the readers to a sense of the gravity of allowing constipation to become chronic."

WRITE FOR THIS FREE BOTTLE TO-DAY.

Good for ailing children and nursing mothers.

112 FREE BOTTLE COUPON. 1115

Send this coupon with your name and address and your druggist's name, for a free bottle of Mull's Grape Tonic, for Stomach and Bowels to

MULL'S GRAPE TONIC CO., 148 Third Ave., Rock Island, Ill.

Give Full Address and Write Plainly. The \$1.00 bottle contains nearly three times the 50c size. At drug stores.

The 5c outline has a date and number stamped on the label—take no other from your druggist.

## UNCLE SAM—A Remedy That Has Such Endorsements Should Be in Every Home.



Election Returns That Interest All Parties.

## SLOAN'S LINIMENT

AND VETERINARY REMEDIES are a necessity to every Farmer & Stockraiser.

MAILED FREE. Sloan's Treatise on the Horse, and Sloan's Advice on the Care of Horses, Cattle, Hogs and Poultry. Send your address to

DR. EARL S. SLOAN, 615 ALBANY STREET, BOSTON, MASS.

## PATENTS FOR PROFIT

MUST FULLY PROTECT AN INVENTION. MASON, FENWICK & LAWRENCE, Patent Lawyers, Washington, D. C. Established 1861. Send for our 48th Anniversary free Booklet, showing illustrations of Mechanical Movements, References, Bradstreet and thousands of satisfied clients. Communications confidential. Write us to-day.

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\$3.50 & \$3.00 SHOES FOR MEN. W. L. Douglas \$4.00 Gilt Edge Line cannot be equaled at any price.

## SMOKERS FIND LEWIS' SINGLE BINDER

5¢ Cigar better Quality than most 10¢ Cigars. Your jobber or direct from Factory, Pooler, W.

## MIXED FARMING

WHEAT RAISING RANCHING three great pursuits have again shown wonderful results on the

W. L. DOUGLAS MAKES AND SELLS MORE MEN'S \$3.50 SHOES THAN ANY OTHER MANUFACTURER.

## FREE HOMESTEAD LANDS OF WESTERN CANADA.

Magnificent climate—farmers plowing in their shirt sleeves in the middle of November. "All are bound to be more than pleased with the final results of the past season's harvest." Extract. Coal, wood, water, hay in abundance—schools, churches, markets convenient. This is the era of \$1.00 wheat. Apply for information to Superintendent of Immigration, Ottawa, Canada, or to authorized Canadian Government Agent—W. V. Bennett, 801 New York Life Building, Omaha, Nebraska. (Mention this paper.)

## W. L. DOUGLAS SAVING MADE SHOES FOR

Men, \$2.50, \$2.00, \$1.75, \$1.50 Dress Shoes, \$2.50, \$2, \$1.75, \$1.50

## DAXTINE TOILET ANTISEPTIC

FOR WOMEN troubled with its peculiar to their sex, used as a douche is marvellously successful. Thoroughly cleanses, kills disease germs, stops discharges, heals inflammation and local soreness. Daxtine is in powder form to be dissolved in pure water, and is far more cleansing, heating, germicidal and economical than liquid antiseptics for all TOILET AND WOMEN'S SPECIAL USES. For sale at druggists, 50 cents a box. Trial Box and Book of Instructions Free. THE R. PAXTON COMPANY BOSTON, MASS.

## CAUTION

—Insist upon having W. L. Douglas shoes. Take no substitute. None genuine without his name and price stamped on bottom. WANTED: A shoe dealer in every town where W. L. Douglas shoes are not sold. Full line of samples sent free for inspection upon request. Fast Color Egolets used; they will not wear heavy. Write for Illustrated Catalog of Fall Styles. W. L. DOUGLAS, Brockton, Mass.

## Home Visitors Excursion

November 27th To many points in Illinois, Indiana, Ohio, Kentucky, Western Pennsylvania, New York and West Virginia, at GREATLY REDUCED RATES. The WABASH has solid road-bed, rock ballast, and new equipment. Reclining chair cars (SEATS FREE.) For rates, maps and all information call at Wabash City Office, 1601 Farnham St. or address HARRY E. MOORES, G. A. P. D., Wab. R. R., Omaha, Neb.

## H.B. BRAND

ARE THE BEST MADE

Look for this brand on harness, collars, saddles, horse blankets, lap robes, etc. Made by Harpham Bros. Co., Lincoln, Neb. Drop us a card and will mail you a souvenir.

## ANTI-GRIPINE

IS GUARANTEED TO CURE GRIP, BAD COLD, HEADACHE AND NEURALGIA. I won't sell Anti-Gripine to a dealer who won't guarantee it. Call for your MONEY BACK IF IT DON'T CURE. F. W. Diemer, M. D., Manufacturer, Springfield, Mo.

## DEFIANCE Cold Water Starch

makes laundry work a pleasure. 16 oz. pkg. 10c.

## FREE BOTTLE COUPON

1115

## ANTI-GRIPINE

TO CURE THE GRIP IN ONE DAY. THIS HAS NO EQUAL FOR HEADACHE.

## CUBA

The J. L. HEAD CO. Real Estate, Loans, All classes lands, cash, fire, ins. Offices O'Reilly Bldg. Head Havana Cuba

## PISO'S CURE FOR CONSUMPTION

5 CENTS

## Mention Pillsbury's Vitos

to your grocer and see if he don't recommend it to you as the most substantial Breakfast Food.

Economical. Satisfactory. Pillsbury Quality Excells. Price 15c. Rocky Mountain Territory 20c.

If for any reason he fails to supply you send us his name and we will mail you a Free Sample Package Pillsbury Dept. P. Minneapolis, Minn.

## WINCHESTER REPEATING SHOTGUNS

No matter how big the bird, no matter how heavy its plumage or swift its flight, you can bring it to bag with a long, strong, straight shooting Winchester Repeating Shotgun. Results are what count. They always give the best results in field, fowl or trap shooting, and are acid within reach of everybody's pocketbook.

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