DEATH IN TRAILING SKIRT

Danger That Lurks in Present Day Obedience to Fashion's Whim

Only a little dust, almost imperceptible dust, caught on the rug on the

floor of the handsome hall. It was a Turkish rug, lying on the perfectly waxed, hardwood floor, in a hall where neatness seemed to reign along with all the appointments of wealth.

But there was that almost imperceptible dust. How did it come there? If you had ears that could hear its voices it would tell you. It would say that it had clutched a fold on the beautiful lady's gown and come in from the street.

It was a beautiful gown as well as a beautiful lady-a tallor-made gown, and its fashlonable blas flounce trailed stylishly on the ground.

Everything was stylish about the lady, from her fair face, with rather deep circles below the eyes, to her slender and handsome walking shoes. She walked trailing her gown properly, dust or no dust. Indeed, she ignored the dust of the street; but will the dust ignore her?

Let us listen, if she will not, for this almost imperceptible dust moves and acts with fearful force, and if we listen possibly we may understand its language.

Soon after coming in on the beautiful lady's gown, other steps followed and other gowns helped to move the dust along farther into the house; but it had a fancy for the beautiful lady. Her frailness attracted it and it followed her to the bed chamber. Her feet had never trod the loathsome precincts whence it came, but it came to her on her gown.

Soon there came to the chamber a little child, a sweet, rosy cherub. In its romping it stirred the dust about.

Then the dust began to be separated, being formed of many particles, and these talked among themselves. As they talked they danced back and forth, waltzing, swirling, capering, with every motion of the child and its mamma, the bear ful lady.

A scientist could have understood them if he had caught some of them under his microscope. He would have called them "germs." With what alarm he would have recognized the diphtheritic, and with what dismay would be have seen the tuberculous germ approaching the frail lady.

Back and forth, dancing, capering, waltzing, the germs kept time while baby, in its mother's arms, said, as thousands of other little ones were eaying-

"Now I lay me down to sleep.
I pray the Lord my soul to keep;
If I should die before I wake,
I pray the Lord my soul to take."

This baby was saying it for the last

ers, but this one was gasping out its little life on mamma's bosom-destroyed by a germ. A yellow card at the front door

warned all comers against diphtheria. The beautiful lady vainly sought health for a year or more, then found rest "beyond the sorrow and the part-

"Broken hearted," it was said. "Found death in the dust of the street," said the microscope. A victim of the long skirt.

Fashion and Consumption.

the larger towns promiscuous expectoration is prohibited. There are orprevented in the gutters and on the

By educating the tuberculosis pagood citizen; a careless consumptive is an enemy to society and the state.

precautions, the dust of the highway and crossings is teeming with various disease germs. It is practically impossible to eliminate these beds of filth. In the cleanest streets such colonies of germs are present.

The use of long, dragging skirts on folly. It is worse. It is absolutely rying tubercular germs. They are thus transplanted into the very household. In this simply yet sadly effective way, the children, so carefully guarded, are exposed to the dreaded plague. The entire family, satisfied with their fancied security, are stunned when tuberculosis claims one of their loved ones.

It may not strike the family circles. The household servants may be arfected. Many of the deaths of domestics have their explanation. The mistress, after a shopping tour, leaves from too long hours indoors, suc-

the careless mistress never suspects a cur of sugar. Add this to the corn any connection between her fooish starch mixture, and allow the whole fashion and the doomed domestic's to boil up once, stirring constantly sad fate.

never be stopped. The streets cannot water, for ten minutes. Cool to bloof be kept clean. But this can be done- heat before serving

The following short story from the every woman should wear sensible Woman's Journal is very timely in the skirts entirely clearing the ground. warning given against trailing skirts: This will entirely eliminate this great avenue of tuberculosis invasion

A Vegetarian Dinner.

Soup
Vegetable.
Entrée
Roast Imperial.
Vegetables
Scalloped Potatoes, Chopped Cabbage.
Macaroni with Tronata Sauce.
Stewed Vegetable Oysters.
Graham Bread.
Cream Crisps. Graham Bread. Cream Crisps.

Steamed Fig Pudding with Lemon Sauce.

The American Heart.

We have heard much about the American stomach and the American nerves, but we are just awakening to a discovery that there is being rapidly developed a form of heart disease which, if not peculiar to America, may at least be said to be more prevalent in this country than in any other part of the world. The heart-weakness resulting from the use of tobacco and alcohol and from a sedentary life on the one hand, and extremely violent exertion on the other hand, is no longed in the army examinations are refused on account of heart weakness. reported to be pneumonia, typhoid fever and other affections in which specigar, the cigarette and the pipe are bing a store, probably the most common cause of exercise, overeating, the use of condiments and excesses of all sorts are also to a large degree responsible for the rapid increase of this grave mal-

SOME WHOLESOME RECIPES.

Vegetable Soup .- Simmer together slowly for three or four hours, in five quarts of water, a quart of split peas, a slice of carrot, a slice of white turtwo stalks of celery cut into small bits. When done, rub through a colander, add milk to make of proper consistency, reheat, season with salt and cream, and serve.

Roast Imperial.-Mix together one-When night came again, thousands | Line an oiled baking dish one-half position. bake in a moderate oven until firm legislature. enough to cut into slices. Serve with

cranberry sauce or fruit jelly. dinances and rules against spitting in | ing the cover just long enough before | line at Kearney by September 1 public conveyances, on the floors of the potatoes are done, to brown niceassembly halls and on the sidewalks. ly. If preferred, a little less milk may Of necessity, however, this cannot be be used, and a cup of thin cream added when the notatoes are nearly done.

finely chopped cabbage; pour over it tient himself in regard to his duty to a dressing made of three tablespoonhis fellow citizen much more can be fuls of lemon juice, two tablespoonfuls done. A careful consumptive is a of sugar, and a half cup of whipped cream, thoroughly beaten together in the order named. This is also nice Even with the civil and self-imposed served simply with sugar and diluted lemon juice.

Macaroni With Tomato Sauce .-Break macaroni into inch lengths. enough to make one cup, and drop into boiling water. Let it boil until perfectly tender. In the meantime, the average highway is the height of of stewed or canned tomatoes through class of '98, and has been principal of dangerous. The sweeping cloth picks fragments. Heat to boiling, thicken years. up dust and dampened particles car with a little flour; a tablespoonful to of salt. Dish the macaroni in indieach dish.

Steamed Fig Pudding.-Moisten two cupfuls of finely grated Graham bread crumbs with half a cup of thin sweet cream. Mix into it a heaping cupful of finely chopped fresh figs, and a quarter of a cup of sugar. Add lastly a cup of sweet milk. Turn all into a her mud-bordered skirt for the maid | pudding dish, and steam about two to clean. In the cloud of dust arising and one-half hours. Serve as soon as from the brush the fatal bacillus done with a lemon sauce prepared as The girl, already weakened follows: Heat to boiling in a double boiler a pint of water in which are cumbs. A few weeks later she is two slices of lemon, and stir into it a forced to stop work and waste away | dessert spoonful of cornstarch; cook in hopeless dependence on her over. four or five minutes, or until it thickburdened family or at public expense. | ens. Fruerre the juice from one large Another girl is easiy obtained and lemon and mix it with two-thirds of then take from the fire. Leave in the Expectoration on the streets can double boiler, surrounded by the hot

THE NEWS IN NEBRASKA

STATE NOTES.

nected with the Dempster Mill Manufacturing company in Beatrice for the secretary, has resigned her position.

The county insanity commission of sane, and he has been committed to fingers taken off. the Lincoln insane hospital for treatment.

N street, South Omaha, caused by taking an overdose of chloreform,

ing west of Beatrice, had a narrow the iron piece. ascape from being buried alive. They had sought shelter in a cave from an approaching storm and shortly after

they emerged the roof collapsed. Large areas of corn have been re- in the ground and was rusty. planted in Cuming county by reason of the wet weather having materially THOMAS ELECTED injured the seed. Most of the corn originally planted is showing signs of weakness, being extremely yellow.

R. L. Massey, conductor of an exer a rare condition, but has come to tra freight, was caught under the cars be one of the most common affections at Watson's ranch, west of Kearney, with which the physician has to deal, and seriously injured. In making a A large propertion of the men reject- switch he slipped and fell under the cars, two of which passed over him,

Samuel S. Rickley has commenced A large proportion of the public men an action in the district court at Cowho die suddenly die as a result of tumbus wherein he seeks to recover the failure of the heart. The same \$10,000 damages from the Union Pamay be said also of many of the cific rallroad. He was badly injured cases in which the cause of death is while in the employ of the company,

Guy Applegate and William Roberts escaped from the county jail at Necial strain is brought to bear upon the braska City, and no trace of them heart, and in which the failure of the has yet been found. They were under organ to meet the emergency is one of two years' sentence to the penitenthe most common causes of death. The tiary, having pleaded guilty to rob-

The Union Pacific has two large exthis growing frequency of cardiac aftra gangs laying new steel on the main fections; but the neglect of physical line. This new steel will be put between Columbus and Central City. The new rails weigh ninety pounds to the foot and is replacing steel of a lighter pattern which will be used on the branch tracks.

Fremont is using the money received from dog licenses this year in putting in new cement street crossings. These crossings cost. \$30, so that for each thirty licenses a new crossing is put in. Forty-one permanip, one cup of canned tomatoes and nent sidewalk permits have been issued by City Clerk Stiles since the new ordinance went into effect.

Stacy Bell of Fremont, who has Schneider-Fowler company, left for half cup of lentil pulp (prepared by Manila, Philippine islands, where he rubbling well-cooked lentils through a has been appointed a typewriter and the act is not ministerial. colander), one-half cup of pease pulp, stenographer in the government serone-half cup of English walnuts, and vice. His appointment came very scon season to taste, with sage and salt. after he took the examination for the NO DEFINITE NEWS OF

of little voices sent up the baby pray- | inch deep with the mixture. Pack in | During the past few days the state loosely a dressing made from the fol has purchased twenty acres of land lowing ingredients: Four slices of south of the penitentiary at \$100 an zwieback, steamed until softened, one acre, and will, probably within a few a telegram from Colonel Edwards, half cup of hot cream, sage and salt days, take 200 acres more at the same chief of the insular bureau of the govto taste, and one well-beaten egg. Mix price. To secure the funds peniten- ernment relative to Colonel Taylor, retogether lightly with a fork. Cover tiary lands in Seward and Lancaster cently reported wounded in the Philipclosely with peas, lentil and nut mix- counties are being sold under the auture. Spread over the top thick cream, thority of an act passed by the recent | that, owing to the isolated locality in

idly with the line from Topeka to received as to how badly Colonel Tay- nois, laid the cornerstone of a college Scalloped Potatoes .- Pare the pota Marysville, Kan. The rallway officials lor is hurt. toes and slice thin; put them in lay expect to have that part of the road ers in an earthen pudding dish, dredg | completed before August and through ing each layer lightly with flour, add trains running over that line and the In all American cities and most of salt, and pour over all enough good, St. Joseph and Grand Island into the most prominent democrats of rich milk to cover well. Cover, and Hastings, and out of that city over the southern Nebraska, died at Excelsion day after. bake rather slowly till tender, remove Burlington stub to the Union Pacific

Herman H. Peters of Hay Springs, Sheridan county, has filed application of this city. with the secretary of the state board of irrigation for two projects to use Chopped Cabbage.—Take one pint of water from Niobrara river, one to cost the Mirage canal, which has occasioned much controversy before the state board of irrigation.

At a special meeting of the board of education A. O. Thomas, who was recently elected principal of the Kearney Normal, resigned as superintendent of the city schools. The board by a unanimous vote elected George Burgert to fill the vacancy. Prof Burgert prepare the sauce by rubbing a pint is a graduate of the state university, a colander to remove all seeds and the Kearney High school for three

Land Commissioner Eaton has anthe pint will be about the requisite nounced the following dates for school proportion. Add a half cup of very land auctions: Keith county, June 6, thin sweet cream and one teaspoonful 11 a. m.; Kimball county, June 7, 11 a. m.; Cheyenne county, June 8, 11 a. vidual dishes, and serve with a smal | m.; Holt county, June 12, 11 a. m.; quantity of the sauce poured over Rock county, June 12, 5:30 p. m.; Cherry county, June 14, 11 a. m.; Sheridan county, June 15, 11 a. m.; Sioux county, June 16 2 p. m.; Hayes county, June 20, 2 p. m.; Frontier Illinois, admitted to the Soldiers county, June 22, 2 p. m.; Fierce, June Platte, June 28, 2 p. m.

Dilks Black, who left Frement some years ago and went west, has been promoted to the position of assistant superintendent of the Houston & Texnis. Mr. Black was formerly train

lispatcher.

APPLIED MATCH TO BOMB

Miss May Leary, who has been con. Explosion That Followed Seriously Injuring Two.

FREMONT-Otto Lottenburg and past twelve years as a confidential Roy Killian were injured by the explosion of a bomb near Morse Bluff in Saunders county, Lottenburg had one Lancaster county has adjudged Jay beg amputated below the knee at the Northrup, an Omaha bookkeeper, in. Fremont hospital and Killian had two

The men were out for a trip across country and Lottenburg found a pe-Hon. T. J. Crummel returned to Au- culiar looking iron piece containing a burn from Omaha with the remains bluish powder. He lit a match to look of his nephew, Jess Van Ness, who into it and a terrific crash followed. was found dead in his room at 2524 Lottenburg's legs were shattered and he fell senseless to the ground. Killian, a hundred feet away, had his Mr. and Mrs. George Vertrees, Ilv. fingers shattered by a fragment of

No account can be given of how the bomb came to be where it was found. It evidently had not been moved for a long time, as it was partially buried

PRINCIPAL OF NORMAL

LINCOLN-ExState Superintendent Fowler, who was elected principal of the Kearney normal, declined the position. He declared in a telegram to the state board of education that he had made a contract with an eastern publishing house, and could not accept the place.

The declination was accepted. The board took two ballots, and on the second ballot A. O. Thomas of Kearney received four votes. He was declared elected.

Young Woman Kills Herself.

O'NEILL-Word was received here that Miss Julia Sullivan of this place had committed suicide at Clearwater by shooting herself in her room at a hotel there. She was an exceptionally bright and an ambitious girl, had been teaching school and some time ago took the civil service examination for a position as teacher in the Philippines, Having passed examination she was encouraged to believe she would get an appointment, but was disappointed.

Cannot Force Issue of License.

Attorney General Brown has filed a orlef in the supreme court sustaining his demurrer to the application of E. S. Spinney of the Bankers Union of the World, for a mandamus to compel the issuance of a license from the auditor's department. The state conbeen employed for many years as a tends that the auditor refused to issue stenographer in the office of the Nyediscretion confided him by the statute. and that he cannot be coerced where

WOUNDED COLONEL

OMAHA-Senator Millard received pines. The telegram is to the effect later made a rapid journey through which the fight with the islanders oc-The Union Pacific is advancing rap- curred, no definite news has yet been

> Prominent Democrat Dead. RED CLOUD-J. L. Miner, one of

Springs, Mo. He was a pioneer merchant, and at the time of his death was president of the People's Bank California. His was the longest con-

District Reunion G. A. R.

\$1,400 and the other \$500. Both of the of the citizens and members of the of the country. His last was his secprojects are in the neighborhood of Grand Army of the Republic, an exe ond trip to the far west in search of cutive committee was appointed to carry on the affairs of the Southwest een Nebraska district, Grand Army of the Republic, which will be held at this place August 14 to 19, 1905.

> Want Estate of Deceased Irishwoman. Governor Mickey has received a letter from Thomas Gerrard & Co., of inquirles as to the estate of Mary Kelley or Mary Callaghan, who is supposed to have died within the last two the foundations. A huge, square pedyears, either at Omaha or at El Paso, Texas.

> LINCOLN-Adjutant General Culver announced Monday that Rev. J. E. Tuttle of the First Congregational hands are now engaged and in the church in this city has been appointed chaplain of the Second regiment this under-pedestal lay the great diffiwith the rank of captain.

GRAND ISLAND-David W. David, a member of Company D. Fifty-first Home from York county, in 1900, pass-27, 9:30 a. m.: Knox, June 27, 4 p. m.; ed away. He enlisted in 1863 and served until the end of the war.

Will Make a Brick Test.

HUMBOLDT-At a meeting of the as railroad, with headquarters at En- promoters of the new brick plant it was decided to make tests of the Humboldt clay at the brick plants at At Plattsmouth, William Doud was Table Rock and St. Joseph with a placed under arrest upon a statutory view to determining whether the procharge preserved by Miss Della Ho- duet is best fitted for wet or dry press ban. The defendant entered a plen ing. Practically all the \$20,000 stock or not guilty before Justice Anreher is sold to local investors and steps and gave bond for his appearance on will eb taken to permanently organize May 31, when the evidence will be and incorporate as soon as the result heard. Both parties reside at Green- of the above experiment is learned to ha favorable.

RECORD OF VACATIONS TAKEN BY PRESIDENTS.

Chief Executives Have Frequently Left the White House on More or Less Extended Trips-Criticism of Johnson's Journeyings.

The presidents have been accustomed to spend more or less of their time away from Washington, although once in the history of the country the lower house of congress took it upon itself to criticise the chief executive for his absence from Washington, says the New York Sun. The criticism consisted in asking the president what executive acts were performed by chief executives while they were away from the capital. The president of whom the inquiry was made was Grant. As a matter of record presidential vacations began in the administration of Washington. Investigation shows that the father of his country in the etcht years of his office took 181 days to himself.

The country at that time did not offer the same inducements in the way of travel as now. It is not mentioned anywhere, so far as investigation has extended, that Washington suggested any deduction from his pay for time he was on jaunts.

The first Adams beat the traveling record of his predecessor. While he was in office only one term, he was away from the seat of government altogether one year and twenty days, fit I noticed was a better circulation and or more than one-fourth of the time for which he was chosen.

Jefferson was a good deal of an absentee. Unless the figures in his case are wrong, he was away from the all the troubles had disappeared." capital 796 times in the eight years of his administration.

Monroe, in whose term there was a surplus of good feeling in the country, was away in the eight years he served all right and move about the same as nearly one-third of the time.

Jackson served two terms and took more than a year and a half out of his time.

While all the presidents have taken vacations, those who served in the good old times, when, according to some, the government was nearer the people than in more recent years, did a good deal more knocking about than the presidents since the civil war.

Lincoln, by reason of the war, was forced to remain in and about the capital more closely than any other son made his famous swing around in the things we are doing, the circle, for which he was censured by the country generally, as his travels were unmistakably for political purposes.

Grant made several trips while he was president. Hayes made few. Arthur was the first president to go into the far west. During part of his visit he, like Roosevelt, disappeared for a few days from the correspondents when he went into the depths of Yellowstone park.

In Cleveland's first administration he went fishing to one of the inland" lakes of Wisconsin. In his second admininstration he made several brief trips and hunted ducks frequently.

Harrison, who came between the two administrations of Cleveland; made a swing through the south and Illinois, Iowa, Kansas and Missouri. During the trip he addressed the Grand Army of the Republic of Illibuilding at Galesburg, dedicated a corn palace in Iowa, attended a Grand Army of the Republic review at Topeka, Kas., spoke in Kansas City the same night and visited St. Louis the

As is well known, President McKinley was the first president to visit tinuous presidential journey in point of miles.

President Roosevelt is the greatest CAMBRIDGE-At a mass meeting presidential sportsman in the history game.

Rebuilding the Campanile.

Slowly but surely the work of restoring the campanile of St. Mark's at Venice is proceeding. A high wooden paling hides the scene of operations from outsiders and forms a workyard. In this space eighty work-Dublin and Drogheda, Ireland, making men are employed either in preparing the stone or hewing the timber or carrying the cement which is needed for of the original site and of the old campanile and is to serve again for its successor. The groundwork of this pedestal is the part on which the strengthening and consolidating of culty of beginning the work of reconstruction. For it was long before any means could be found whereby to prevent the ground under it from yielding.

> Humanity. In tracing up the various faults
> To which mankind is heir.
> The great, the small, the odds and ends
> Scraped up from here and there.
> No doubt you'll find some flinty breast
> Their hiding place, but then.
> There's still a deal of heavenliness
> Within the worst of men.

In tracing up the virtues, all,
To which mankind is helf.
The virtues great, the virtues small,
The virtues odd and rate.
Perhans you'll find them centered in erhaps you'll find them centere Some other breast, but then here's still a let of hellishness

Within the best of men. Thus be reluctant to condemn YTis righteous, judging lives of men To measure first your own.

or where you see the works of God

The devil's, too, you'll find;

ho' one be most in evidence

The other lurks behind.

-Floyd D. Rase.

IN SEARCH OF REST ATAXIA IS CURABLE

REPORTED CURE STANDS TEST OF FULL INVESTIGATION.

A Former Victim of Locomotor Ataxia Now Free from Suffering and

Actively at Work. "Yes," said Mr. Watkins to a reporter, *it is true that I have been cured of ataxia by Dr. Williams' Pink Pills." "Are you sure you had locomotor

"The doctors themselves told me so. Besides I recognized the symptoms." "What were they?"

ataxia?"

"Well, the first indications were a stiffness about the knee joints that came on about four years ago. A few months after that appeared, my walk got to be uncertain, shaky-like. I lost confidence in my power to control the movements of my legs. Once, when I was in the cellar, I started to pick up two scuttles of coal, and my legs gave way suddenly, and I tumbled all in a heap in a basket. I couldn't close my eyes and keep my balance to save my life. Then I had fearful pains over my whole body and I lost control over my kidneys and my bowels."

"How about your general health?" "Sometimes I was so weak that I had to keep my bed and my weight fell off twenty pounds. Things looked pretty bad for me until I ran across a young man who had been cured by Dr. Williams' Pink Pills and who advised me to try them."

"Did these pills help you right away?" "I didn't see much improvement until I had used six boxes. The first benea picking up in strength and weight. I gradually got confidence in my ability to direct the movements of my legs, and in the course of seven or eight months

"Do you regard yourself as entirely well now?"

"I do the work of a well man at any rate. I can close my eyes and stand up other men. The pains are all gone except an occasional twitch in the calves of my legs."

Mr. James H. Watkins resides at No. 72 Westerlo street, Albany, N.Y. Dr. Williams' Pink Pills can be obtained at any drug store. They should be used as soon as the first signs of locomotor ataxia appear in a peculiar numbness of the feet.

No one performs a single free action from anything but a selfish motive. That is, at any given moment we are doing the thing we wish to do, if we president. After Lincoln's death John are free to act. The difference comes

Selfishness the Ruling Spirit.

ULCERS FOR 30 YEARS.

Painful Eruptions From Knees to Feet Seemed Incurable-Cuticura Ends Misery.

Another of those remarkable cures by Cuticura, after doctors and all else had failed, is testified to by Mr. M. C. Moss of Gainesville, Texas, in the following letter: "For over thirty years I suffered from painful ulcers and an eruption from my knees to feet, and could find neither doctors nor medicine to help me, until I used Cuticura Soap, Ointment and Pills, which cured me in six months. They helped me the very first time I used them, and I am glad to write this so hat others suffering as I did may be saved from misery."

The fraternity of beliringers is known in Britain as "the exercise," as the dramatic profession is known as "the" profession. A bellringer is a 'member of the exercise."

FIXING RAILROAD RATES.

Making railroad rates is like playing a game of checkers or chess. Communities to be benefitted, producers, manufacturers or shippers to be aided represent the pieces used. Every possible move is studied for its effect on the general result by skilled traffic managers. A false move in the making of freight rates may mean the ruin of a city, of a great manufacturing interest, of an agricultural community. Railroads strive to bulld up all these so that each may have an equal chance in the sharp competition of business. So sensitive to this rivalry are the railroads that in order to build up business along their lines they frequently allow the shipper .o practically dictate rates. Rate making has been a matter of development; of mutual concessions for mutual benefit. That is why the railroads of the United States have voluntarily made freight rates so much lower in estal in the middle is all that is left this country than they are on the government-owned and operated railways of Europe and Australia that they are now the lowest transportation rates in the world.

He who tries to do his best should draw the line at doing his best friends.

Many Children Are Sickly. Mother Gray's Sweet Powders for Children, used by Mother Gray, a nurse in Children's Home, New York, Cure Feverishness, Headache, Stomach Troubles, Teething Disorders, Break up Colds and Destroy Worms. At all Druggists ,25c. Sample mailed FREE.

Address Allen S. Olmsted, Le Roy, N. Y. Some men would rather go to jail than hustle for a living.

Catarrh Cannot Be Cured

with LOCAL APPLICATIONS, as they cannot reach the seat of the disease. Catarrh is a blood or consti-tutional disease, and in order to cure it you must take tutional disease, and in order to cure it you must take internal remedies. Hall's Catarrh Cure is taken internally, and acts directly on the blood and macous surfaces. Hall's Catarrh Cure is not a quask medicine. It was presentled by one of the best physicians in this country for years and is a regular prescription. It is composed of the best tonics known, combined with the best blood purifiers, acting directly on the muscus surfaces. The perfect combination of the two ingredients is what produces such wondarful results in curing catarsh. Send for testimonials, free.

F. J. CHENEY & CO., Props., Toledo, O Bold by Druggists, price 75c.

Take Hall's Family Pills for constipation. Wrinkles are poetically termed by the Japanese "waves of old age."