EVERY ONE ASKS HIM

HOW HE GOT RID OF HIS OBSTINATE MUSCULAR RHEUMATISM

Mr. Jones Tells of the Way by Which Ha Treated Himself Successfully

When Doctors Failed.

Bix physicians, all of them good, one of them a specialist, had done their best for Mr. Jones at different times during three years, and still he suffered fearfully from the tortures of rhenmatism.

The rhenmatism that had been dormant in his system was suddenly brought to an acute stage by exposure while he was drawing ice in February, 1901. From that time on for a period of more than three years he was a coustant sufferer. He tried many kinds of treatment, but the rheumatism wouldn't budge. When regular doctors failed, and one remedy after another proved useless, many said: "I should think he

would give it up and save his money." Of his condition at this time, Mr. Jones says: "My rheumatism started in my right thigh, but in time it appeared in every muscle of my body. I lost the use of my left arm entirely and nearly lost the use of my right one. My feet were badly affected, especially the bottoms of the heels. When my right side was affected there was swelling, but the left side didn't swell when the disease settled there. The internal organs didn't seem to be involved at all. The trouble was all in the muscles and the nerves."

Among the few who still encouraged Mr. Jones to think that a cure might yet be found was a friend who had reason for great confidence in Dr. Williams' Pink Pills, and acting on her advice he bought a box of them in September, 1904. The story of what followed is brief, but nothing could be more satisfactory.

"When I was on the third box," says Mr. Jones, "I could realize a change for the better. I felt sure then that Dr. Williams' Pink Pills were the right medicine for my case. I kept on with them for several weeks longer and now I am entirely well, and everybody is asking what I took."

Mr. William Jones lives at Oxford, Mich. Dr. Williams' Pink Pills effect wonderful cures in rheumatism, because they work directly on the blood which is the sent of the disease. They are sold by every druggist.

New South Wales Wool.

New South Wales owns more than 60 per cent of the entire number of sheep pastured in the provinces of Australia. Since 1860 the wool clip has brought to New South Wales alone the enormous sum of \$1,330,000. Nearly 250,000,000 pounds of wool are yealy exported from New South Wales. Angora goats have also been bred in the colony, and there are at present nearly 40,000 of them in the country.

New and Profitable Occupation.

A shorthand writer in Berlin attends the funerals of prominent persons and takes down verbatim the adfresses of the officiating clergymen. He prepares highly-ornamented copies of these and sells them to the friends. of the eulogized dead. He is doing a profitable trade.

American Coal Production.

The United States produces 319,000,-000 metric tons of coal a year, worth at the mines \$485,000,000 and costing consumers nearly a billion dollars.

Iris plants grow in Thibet, 15,500 feet above sea level, in such masses as to look like sheets of purple.

A Wonderful Discovery.

Broadland, S. Dak., April 17 .- Quite a sensation has been created here by the publication of the story of G. W. Gray, who after a special treatment for three months was prostrate and helpless and given up to die with Bright's Disease. Bright's Disease has always been considered incurable, but evidently from the story told by Mr. Gray, there is a remedy which will cure it even in the most advanced stages. This is what he says:

"I was helpless as a little babe. My wife and I searched everything and read everything we could find about Bright's Disease, hoping that I would be able to find a remedy. After many failures my wife insisted that I should try Dodd's Kidney Pills. I praise God for the day when I decided to do so. for this remedy met every phase of my case and in a short time I was able to get out of bed and after a few weeks' treatment I was a strong, well man. Dodd's Kidney Pills saved my

A remedy that will cure Bright's Disease will cure any lesser Kidney Disease. Dodd's Kidney Pills are certainly the most wonderful discovery which modern medical research has given to the world.

The water is so clear in the flords of Norway that objects 11/2 inches in diameter can be distinctly seen at a depth of 150 feet.

The Present Rate Law.

The duties of the present Interstate Commerce Commission are to correct all discriminations in railroad rates. If it finds that an unjust rate is in effect, the railroad is notified. If it aeclines to change it, the Commission can bring sult in Court and if the Court decides in favor of the Commissioners' finding, the railroad must obey, or its officers may be brought up for contempt of court and summarily dealt with.

People who are always regretting the past, are always the people who are putting the future on the burn.

Mrs. Winslow's Soothing Syrup. For children teething, softens the gutts, reduces to flammation, allays pain, cures wind co in. Elec bottle

NEW LAWS OF NEBRASKA

Complete List of Bills Passed by the Recent Session of the Legislature.

Signed March 9.

Senate file No. 62, by Meserve of Knox.
A bill forbidding attorneys to practice in
the state without being admitted to the
bar. A fine of \$190 is provided, or imprisonment in the county fail not exceeding
thirty days, or both, at the discretion of
the court. Signed March 9.

Senate file No. 66, by Senator Jones of
Otoe. A bill exempting boundary streams,
with the exception of such portions as are
within 100 feet from the mouth of any
stream tributary thereto, from the operation of the fish laws of the state. Emergency clause. Signed March 9.

Senate file No. 69, by Senator Jones of
Otoe, Requires the county board of equali-

Senate file No. 69, by Senator Jones of Otoe, Requires the county board of equalization to hold a session on the first Tuesday after the second Monday of June in each year to equalize the valuation of personal property. Every four years, beginning in 1904, the valuation of real property must be equalized. This affords rening in 1894, the valuation of real property must be equalized. This affords relief, particularly to certain counties where whole precincts had been over assessed by error of the assessor. Provision is also made that in case of division of real estate assessed as entities the board shall apportion to each parcel its just proportion of assessed valuation. Signed March 2. Senate file No. 46, by Senator Shreck of York. A bill requiring railroad companies to issue return transportation to shippers of live stock. One man may accompany two cars; two men may necompany six

of the stock. One man may accompany it wo cars; two men may accompany six cars. Signed March 9.

Senate file No. 200, by Senator Cady, granting graduates of osteopathy schools authority to practice osteopathy in Nebraska. Signed March 11.

Senate file No. 44, by Senator Gibson of Douglas, the South Omaha charter bill.

Douglas, the South Ominhs charter bill.
Emergency clause. Signed March 17.
Senate file No. 125. by Thomas of
Douglas, a bill prescribing penalities for
the neglect of children. Parents or
guardians may be fined not to exceed
\$1,000 or imprisoned for not more than
one year. Emergency clause. Signed
March 21. March 21.
Senate file No. 34, by Giffen of Dawson, for.

Senate file No. 34, by Giffen of Dawson, suthorizing publication of the biennial reports of the state board of irrigation. Bigned March 28.

Senate file No. 107, by Cady of Howard, transferring \$2.346.15 from the penitentiary special labor fund to the general fund. Emergency clause. Signed March 28.

Senate file No. 128, by Epperson of Clay, permitting the wife to be a witness.

Senate life No. 128, by Epperson of Clay, permitting the wife to be a witness against the husband in descrition cases. Signed March 28.

Senate file No. 129, by Epperson of Clay, providing for remitting the sentences in descrition cases when the husband provides for the support of the wife. Signed March 28.

March 28.

Senate file No. 19. by Epperson of Clay.

a bill to confine inchriates, dipsomaniacs and narcotic fiends in the asylums of the state. Commissioners of insanity in each county to hear the application, which must be made in writing by a relative or person who knows the dipsomaniac. The bibulous habits of the erring one must be proven and the dipsomaniac is confined in the asylum until cured. He may be paroled on promise of good behavior, but must be instantly returned to the asylum should he lapse into drunkenness. Signed March 28.

Senate file No. 63. by Jackson, a bill pro-

Signed March 28.

Senate file No. 63, by Jackson, a bill providing for the redemption of tax sale certificates and applying only to Gage county. Signed March 28.

Senate files Nos, 64 and 66 open the Missouri river to fishing at all seasons by the use of seines or other legal methods, but except so much of the river as is within 106 feet of its tributaries. Therefishing is prohibited during the closed season. Unconstitutionality is avoided by terming the Missouri "all boundary streams," Emergency clause.

Senate file No. 78, by Laverty of Baunders, a bill allowing the fish commissioner to have charge of spawn. Emergency clause. Signed March 28.

Senate file No. 111, by Meserve, a bill making adultery a telony and providing a penalty of imprisonment for a term of two years in the penitentiary. Signed March 28.

Senate file No. 123, by Thomas, a bill repealing section authorized country attorneys to employ legal help in tax litigation.

Senate file No. 123, by Thomas, a bill lected under the ferms of the defunct repealing section 405 of Cobbey's statutes. This section authorized country attorneys to employ legal help in tax litigation. Emergency clause. Signed March 29.

Benate file No. 11, by Sheldon of Cass, and the length of the time of such in-

Session of the Legislature.

(Continued From Last Week)

Semante file, No, H, by Jackson of Gare,
A fill graveling registration for the forms

(Continued From Last Week)

Semante file, No, H, by Jackson of Gare,
A fill graveling registration for the forms

(Continued From Last Week)

Semante file, No, H, by Jackson of Gare,
A fill graveling registration for the forms

(Continued From Last Week)

Semante file, No, H, by Jackson of Gare,
A fill permitting farmers to organize for

A fill organize for farmer to organize for

A fill

istrars shall act as judges, but shall receive no additional compensation for
their services. Any person desiring to
yote at a primary election must first
state to the judges what political party
he affiliates with and whose candidates
he supported at the last election. A first
yoter need not state his past political arfillations. Emergency clause. Signed
March 31.

same of S. Signed March 30.

Senate file No. 184, by Gilligan of Holt
Forbidding horse racing, ball playmake estimates of school district expenses when the school district stall to do
so. Emergency clause. Signed March 30.
Senate file No. 181, by Gould—Allowing
it as of twenty-five miles for a road
fund in townships where the freeholders desire it. Signed March 30.
Senate file No. 222, by Hughes of Platte
—of-rbidding horse racing, ball playing or any game or sport on Decoration
day. The penalty may be a fine not exceeding \$100 or imprisonment not more
than thirty days or both. Signed March
30.
Senate file No. 231, by Beghtol of Lancaster—Making the county surveyor of
ficio inspector or bridges and judge of
fine material in county bridges. Signed
March 30.
Senate file No. 74, by Thomas of Douglas, authorizing the use of voting manot content and allowing counties to buy the
machines and expend the difference of
the costs of elections for payment therefor Emergency clause. Signed April 1.
Senate file No. 23, by Wall of Sherman,
a bill giving district courts instead of
county commissioners jurisdiction over
cases where charses are preferred
against officials. Emergency clause.
Senate file No. 135, by Tucker, a bill to
for the costs of elections for payment thereagainst officials. Emergency clause.
Senate file No. 23, by Mesorve of Knox,
giving the custo Signed April 1.
Senate file No. 25, by Mesorve of Knox,
allowing guardinns and executors to
of the costs of elections for payment therefor Emergency clause.
Senate file No. 23, by Mesorve of Knox,
allowing substitute of the departments to be distributed to the
consts of elections for payment thereagainst officials. Emergency clause.
Senate file No. 23, by Mesorve of Knox,
giving the county county for the
machines and expend the difference of
the costs of elections for payment thereagainst officials. Emergency clause.
Senate file No. 23, by Mesorve of Knox,
giving the county.
Senate file No. 23, by Mesorve of Knox,
giving the county of the

Signed April I.

Senate file No. 138, by Tucker, a bid to quiet the title to land which has been platted and laid out in lots, alleys, streets and parks. The bill applies to citles of the second-class having less than 5,000 inhabitants and to villages where conveyances have been made within the last twenty-five years. Emergency clause.

Senate file No. 276, by Gould of Greeley, compelling live stock companies to unload the stock consigned to them within an hour and a half. After that time a penalty of \$2.50 per hour per car is assend.

Senate file No. 214, by Thomas, describing the conditions under which real expenses.

clause.

Senate file No. 174, by Gould of Greeley, a bill fixing the poll tax in cities of \$5.000 or less and providing that \$2 may be paid in cash and the money to be expended in improving the highways adjacent to the city or the village. Emergency clause. ency clasise.

senate file No. 122, by Epperson of Clay, a bill requiring the tabulation of the vote on constitutional amendments on separate sheets and that the results be sent to the legislature to be canvassed.

Senate file No. 75, by Thomas, a bill codifying all the negotiable instrument laws of the state. The revision of the statutes was made by the American Bar association and all the laws concerning negotiable papers are arranged under convenient headings. The bill takes effect August 1, 1965. Signed April 1.

Senate file No. 148, by Bresee of Sheridan, a bill to make uniform the laws for the laying out of roads. Grounds or flower gardens are exempt from condemnation for roads, and no roads are permitted to be laid out when the existing roads meet all the exigencies of travel.

Signed April 1. sent to the legislature to be canvassed.

permitting licenses for fishing to be issued to non-residents for \$2. The price was \$10 voter need not state his past political affiliations. Emergency clause. Signed March 31.

Senate file No. 155, by Jones of Otoral Information of Wounding the Killing of red fox or wounding them between the season of January 1 and August 31 of each year. The penalty for the violation of the act is a fine of \$5, Signed March 30.

Senate file No. 188 by Epperson of Clay-A bill abolishing the office of state architect. Emergency clause. Signed March 30.

Senate file No. 188, by Gilligan of March 30.

Senate file No. 188, by Gilligan of March 30.

Senate file No. 188, by Gilligan of March 30.

Senate file No. 188, by Gilligan of March 30.

Senate file No. 210, by Giffin of Dawson to allow credits 210, by Giffin of Dawson to allow credits 220, by Giffin of Dawson to allow credits 220, by Giffin of Dawson to the color of the color o

sessed.
Senate file No. 214, by Thomas, describing the conditions under which real estate may be sold for taxes.
Senate file No. 215, by Thomas of Douglas, providing for the redemption of prop-

Senate file No. 25, by Thomas of Douglas, providing for the redemption of property sold for taxes.

Senate file No. 246, by Cady of Howard, allowing cemeteries to own eighty acres of land in small cities and in villages and permitting the municipality to own such property for cemetery purposes. Senate file No. 271, by Saunders of Douglas, revising the procedure in objection suits against assessments.

Senate file No. 262, by Sheldon of Cass, to allow the use of standard gas and electric light meters by cities.

Senate file No. 55, by Sheldon of Cass, allowing the majority of the resident stockholders in cemetery associations to hold elections. Emergency clause.

Senate file No. 185, by Cady of Howard, repealing the 7-mill levy limit of the revenue law. Emergency clause.

Senate file No. 281, by Mockett, allow-

Senate file No. 281, by Mockett, allow-ng insurance companies to file an an-ual instead of a semi-annual report, Emergency clause, House roll No. 384, by Andersen-the Omaha charter bill. This measure em-

bodies a thorough revision of the exist-ing charter, provides for an increase from nine to twelve councilmen, consolidates county and city treasurership makes county and city treasurership makes county assessor city tax commissioner and abolishes the board of public works, giving more power to the mayor and city council. Emergency clause.

Senate file No. 40, by Heghtol of Lancaster, providing penalties for cruelty to animals. Overworking, torturing and torneenting animals may be punished by the fines and penalties for misdemeanors. Emergency clause. Signed March.

13-Norman word of the same of NATURE'S GREAT DISINFECTANT.

Let the Sunlight Reach Every Corner of the House and Destroy the Germs.

sustains animal life, at the same time sorts of germs which are brought in contact with it. It is this fact alone which renders the earth inhabitable. Germs develop with such marvelous rapidity that they would quickly overwhelm us by their very numbers if not constantly destroyed by the sun. A little computation will readily show this. Some germs are capable of such rapid multiplication that they may double every fifteen minutes under favorable conditions of temperature and food supply. Estimate the number of germs which might be produced in a single day of twenty-four hours, or ninety-six doublings. The number would be more than thirtytwo thousand billion billions, or sufficient to cover eighty thousand square miles a foot deep, or fill a space of more than fifteen cubic miles. The increase of a minute organism occupying a cubic space of not more than one twenty-thousandth of an inch to such prodigious magnitude is beyond comprehension, and practically cannot occur; for while the germ may grow at this immense rapidity for a short time, the poisons which it produces become destructive to itself. The material upon which it feeds is also exhausted, so that its

growth ceases. Doubtless all have noticed the fact that mold grows during the night and in dark, damp cellars. Bright sunlight quickly destroys germs, mold, and other parasitic organisms. Diffused daylight does not act nearly so rapidly, but accomplishes in the course of a few hours what bright sunlight is capable of doing in a few minutes. It is clearly evident, then, that in order that our houses should be kept free from germs, they, like our bodies, should be made full of life. The shutters should be opened, the curtains raised, and the light admitted to every room in the house, closets included, so that the disinfecting power of light may be exercised in every nook and corner of the dwelling.

Occupation and Tuberculosis.

The influence of occupation as a cause of consumption is shown by Dr. J. M. French in the Medical Examiner.

At least four classes of employments ments have a tendency to favor the development of tuberculosis. They are:

1. Sedentary employments in illventilated apartments, involving confinement in impure air, and other unwholesome conditions. This class of occupations is typified by the socalled swet-shops for the manufacture of various articles of clothing.

2. Employments which necessitates the inhalation of irritating dust and noxious vapors. Such are those of stone-cutters, bleachers, matchmak- bake. ers, file-cutters, grinders, engravers, etc.

3. Employments which involve the overuse or abuse of certain muscles. These are athletes, prize fighters, gymnasts, wrestlers, professional bicycle riders, ball players, etc., a large proportion of whom die eventually of phthisis.

4. Employments which involve undue familiarity with intoxicants. These are those connected with manufacture and sale of wine, beer and the various classes of alcoholics. Tatham's tables show that, taking the average mortality from consumption at one hundred, that of publicans is one hundred and forty, of brewers one hundred and forty-eight and of bartenders two hundred and fifty-seven.

Overcoming Hereditary Tuberculosis. Much is being said nowadays respecting the out-of-door treatment of tuberculosis, a disease which, while rarely directly transmissible by heredity, is one the predisposition to which is in the highest degree hereditary. It has been clearly shown by numerous experiments in various parts of the United States that out-of-door life with regular hygienic habits, irrespective of altitude or special climatic advantages, is capable of so aiding the natural powers of the body as to effect a cure of this formidable malady without the use of drugs of any

Tuberculosis is a disease of civilization. It scarcely exists among savages who live in the primitive state. but quickly appears among such people when the habits of civilization are adopted, especially the indoor life, The South American monkey and the North American Indian alike fall victims to this disease when shut away from the sunlight and active exercise out of doors.

The time is not far distant when every large city will find it necessary to provide conveniences for the application of this simple curative measure, not only for the purpose of rescuing the victims of pulmonary tuberculosis from the certain fate which awaits them, but as an essential measure for protecting the public health.

Health Observations Abroad.

England is to see young women act- comes formed and browned, one may ing as barmaids in the public drinking places, and to see women elbow- til the whole is browned. The thin, ing their way to the bar and then wafer-like crusts are excellent served stand there, shoulder to shoulder with with hot milk or cream.

Nature's great disinfectant is sun- | a crowd of coarse, half-drunken men, ight. It is a most interesting fact and with them partake freely of inthat this wonderful light, which pro- toxicating liquor. Unfortunately, this motes the growth of useful plants and | painful sight is not at all rare, and it is quite common to see drunken womdestroys by its very brightness all en reeling about in the streets. What a sad commentary on our modern civ-

ilization. In Copenhagen it is the custom to dress young schoolgirls so that their arms are almost or entirely bare, even in weather when Americans appreciate their overcoats. This practice necessarily chills the blood, and tends to produce congestion of the internal organs, and undoubtedly lays the foundation for colds, pneumonia and tuberculosis.

Tuberculosis is making sad havoc among the urban population of Norway. It is pitiful to note how this plague is decimating this once hardy race. Sedentary life, indoor confinement and defective ventilation are undoubtedly the most prolific causes, for fifty per cent of the tubercular cases make a satisfactory recovery when they are sent to some outdoor sanitarium; and what will cure a consumptive would certainly have prevented the onset of the disease.

The liquor curse is undermining the physical stamina of the Swedish race. Liquor drinking among the working classes is almost universal. Onethird of their population die before the age of twenty-one, and one-fourth of those who live, are rejected from military service on account of physical disqualifications.

An American Puzzle.

Dr. Lorenz, of bloodless surgery fame, cannot understand how Americans enjoy fair health on a diet that would depopulate any other country.

"The pies, puddings, sauces and innumerable other dishes, most of which are unhealthful in the extreme, partaken of by young and old alike in America, have caused me to wonder," says Dr. Lorenz, "that the people are not physical and constitution-

al wrecks." The secret is to be found in the simple, hardy lives of the forefathers of the present generation. Their vigorous health has bestowed upon the grandchildren wonderful constitutional vigor. But the change from the simple to the luxurious is working havoc. The rising generation have squandered the constitutional capital bequeathed to them and are rapidly becoming physical bankrupts. A halt must be called and the simple habits resumed or the prophecy of Dr. Lorenz will surely be realized.

BREAKFAST BREADS.

Corn Puffs.-Beat together two and one-half cupfuls of unskimmed milk and the yolks of two eggs, until thoroughly blended. Add two cupfuls of best granulated corn meal. Beat the batter thoroughly; stir in lightly the whites of the eggs, beaten to a stiff froth; turn into heated irons, and

Corn Dodgers .- Scald one cupful of best granulated corn meal, into which a tablespoon of sugar has been sifted. with one cup of boiling milk. Beat until smooth, and drop on a griddle, in cakes about one inch in thickness, and bake slowly for an hour. Turn when brown. If preferred, the baking may be finished in the oven after the first turning.

Hominy Gems.—Beat one egg until very light, add to it one tablespoonful of thick sweet cream, a little salt, if desired, and two cupfuls of cooked hominy (fine). Thin the mixture with one cupful or less of boiling water until it will form easily, beat well, and bake in heated irons.

Sally Lunn Gems.-Beat together the yolk of one egg, two tablespoonfuls of sugar, and one cupful of thin, ice-cold, sweet cream. Add slowly, beating at the same time, one cup and two tablespoonfuls of sifted Graham flour. Beat vigorously, until full of air bubbles, add the white of the egg beaten stiffly, and bake in heated irons.

Cream Corn Cakes .- Into one cup of thin cream stir one and one-half cups of granular corn meal, or enough to make a stiff batter; add one-third of a teaspoonful of salt; beat well, drop into heated irons, and bake.

Cream Graham Rolls .- To one-half cup of cold cream add one-half cup of soft ice water. Make into a dough with three cups of Graham flour, sprinkling in slowly with the hands, beating at the same time, so as to incorporate as much air as possible, until the dough is too stiff to be stirred; then knead thoroughly, form into rolls and bake.

Hoecake.-Scald one pint of white corn meal, with which, if desired, a tablespoonful of sugar and one-half teaspoonful of salt have been mixed. with boiling milk, or water enough to make a batter sufficiently thick not to spread. Drop on a hot griddle, in large or small cakes as preferred, about one-half inch in thickness. Cook slowly, and when well browned on the underside, turn over. The cake may be cooked slowly until well done throughout, or, as the portion underneath becomes well browned, the first brown crust may be peeled off with a knife, and the cake again One of the most pitiful sights in turned. As rapidly as a crust bebe removed, and the cake turned, un-