

A UNITED STATES SENATOR

Used Pe-ru-na For Dyspepsia With Great Benefit.



HON. M. C. BUTLER,
Ex-United States Senator From South Carolina.

Ex-U. S. Senator M. C. Butler from South Carolina, was Senator from that state for two terms. In a recent letter from Washington, D. C., he says: "I can recommend Peruna for dyspepsia and stomach trouble. I have been using your medicine for a short period and I feel very much relieved. It is indeed a wonderful medicine besides a good tonic."—M. C. Butler.

Peruna is not simply a remedy for dyspepsia. Peruna is a cathartic remedy. Peruna cures dyspepsia because it is generally dependent upon catarrh of the stomach.

If you do not derive prompt and satisfactory results from the use of Peruna, write at once to Dr. Hartman, giving a full statement of your case and he will be pleased to give you his valuable advice gratis.

Address Dr. Hartman, President of The Hartman Sanitarium, Columbus, O.

Small Island Owned by America.
Wake Island in the North Pacific, which the United States owns, is barely one square mile in area and has little economic value except for the guano deposits on its rocky surface and possibly as a stepping stone of cable connection between the United States and its Asiatic possessions.

Care of the Hair.
It is now generally agreed that many of the shampoos in use are injurious to the hair. The best treatment is frequent brushing and absolute cleanliness. Wash the hair in a lather of Ivory Soap suds and rinse thoroughly. Let the last water be cool as it closes the pores of the skin and prevents colds.

ELEANOR R. PARKER.
Never play hat-pin selections. You may get stuck some.

\$36.00 per M. Lewis' "Single Binder," straight 50 cigar, costs the dealer more than other 50 cigars, but the higher price enables this factory to use higher grade tobacco. Lewis' Factory, Peoria, Ill.

A lean argument is better than a fat lawsuit.—Italian.

Defiance Starch should be in every household, none so good, besides 4 oz. more for 10 cents than any other brand of cold water starch.

Fella Umbrella Stealers.
A Parisian who has been much annoyed by duns has connected his bell handle with a powerful electric battery and switches on the current at psychological moments. So far the police have declined to interfere.

Find Historic Balloons.
The Montgolfier balloons, which made the journey from Paris to Rome on December 2, 1804, the day Napoleon was crowned by Pius VII., has been found in one of the storerooms of the Vatican.

The Cat Ate the Pie.
Marshall P. Wilder tells the story of a wife who told her husband that the cat had eaten the pie that she had baked for him. "Never mind, my dear," replied the husband, "I will get you another cat."

Dusting Carved Furniture.
There is no better way of dusting carved furniture than with a painter's brush. This will penetrate all the little crannies which could not be touched by an ordinary duster or brush.

Give Fortune to Governor.
Gen. Angel Martinez, who died in Colima, Mexico, recently, leaving no family, bequeathed his entire fortune, amounting to more than \$2,000,000, to the Governor of Colima.

Egypt Losing Payrus Plant.
The historically interesting payrus plant is nearly extinct in Egypt, and the only place where it is now to be found is abundance is along the Anepo river in Sicily.

Church to Have Widest Nave.
Michael's Church, at Coventry, is to have the widest nave of any English church. It is 125 feet wide. That of York Minster is 104½ feet in width.

First Woman's Periodical.
The first periodical for women—the Ladies' Mercury—was established in England in 1709. The Ladies' Magazine followed a year later.

To Remove Smell of Onions.
Jars and bottles that smell of onions will be quite sweet and odorless if left out of doors filled with sand or garden mold.

Loss of German Ships.
During 1901—the last year for which the figures are complete—Germany lost eighty-two registered ships.

Do Your Feet Ache and Burn?
Shake into your shoes, Allen's Foot-Ease, a powder for the feet. It makes tight or New Shoes feel Easy. Cures Swollen, Hot, Sweating Feet, Corns and Bunions. At all Druggists and Shoe Stores, 25c. Sample sent FREE. Address Allen S. Olmsted, LeRoy, N. Y.

The man who is afraid of his employer will not give him credit usually doesn't get much.

Piso's Cure for Consumption is an infallible medicine for coughs and colds.—N. W. SAMUEL, Ocean Grove, N. J., Feb. 17, 1900.

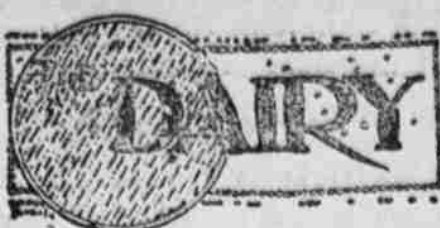
It is a terrible advantage to have never done anything, but one must not abuse it.—Rivarol.

All Up-to-Date Housekeepers use Defiance Cold Water Starch, because it is better, and 4 oz. more of it for same money.

The greater lawyer, the worse Christian.—Dutch.

Mrs. Winslow's Soothing Syrup. For children teething, softens the gums, reduces inflammation, allays pain, cures wind colic. 25c. bottle.

Sin sears over the senses of the soul.
Speaking to the point makes the point.



Temperature of Churning.

Many a farmer's wife spoils her butter by churning at too high a temperature. The result is that the product of her churn is greasy and poor in quality and keeps for but a short time. Some people also put hot water into the cream to make the butter come quicker. The result of this rise in temperature is to destroy the grain and at the same time incorporate with the butter a great deal of casein, which is the part that goes to make the body of cheese. This butter is increased in quantity also by the incorporation of an unusual amount of water. If the butter is made when the temperature of the cream is at, say, 80 degrees, the kind of a butter will result that if it came under the eyes of United States dairy inspectors would be excluded from the market and the sellers thereof fined for selling butter with a water content above the legal 16 per cent. The woman that wants to make good butter must do her churning when the cream is at a temperature of not above 65 degrees. It would be better to churn at as low as fifty degrees, but this is rather hard for people that have to churn by hand. The people that try to work the so-called two-minute churns frequently have to raise the temperature of the cream to about 80 degrees before getting the results that have been advertised. That is, the time of churning is regulated to some extent by the temperature. Every maker of butter should have a thermometer. One can be purchased for twenty cents, and, this being the case, there is no reason why every person should not have the advantage of knowing the temperature of their cream at churning time.

Cream in the Pantry.

It is common in our farm houses to set the cream in the pantry or in the cellarway, where all kinds of food are also kept. It is safe to say that cream cannot be set in such places and give good butter. Some people may like butter that tastes of doughnuts, pies, cookies, limburger cheese, onions, celery, cloves, cinnamon, oranges, apples and the like, but most people like to have the aroma that belongs to butter rather than to the pantry. Probably the one greatest obstacle to getting good flavor in farm-made butter is this one of the setting of milk to rise in the pantry. It is such a firmly settled custom that it will be with difficulty broken up, in spite of the fact that much such butter has to be sold to the poorest market and at not above ten cents per pound. The nose of the housewife is so accustomed to the smells of them when she is putting her milk away to undergo the process of cream raising. Cream in the pantry should be abolished, and in its place should come cream in the cream room, a place set aside for this operation and sealed against the entrance of all odors that will give the butter a disagreeable taste. The woman that does that is very likely to get a great reputation as a maker of fine butter.

Wheat Bran For Milk Making.

Men frequently misjudge the value of feeds by their density. Thus there is a strong opinion among farmers that cornmeal is better for milk making than bran. It is heavy and has a beautiful color and the cow owner associates it with rich cream. But the fact is, bran is, in the main, more valuable for milk making than is cornmeal, in spite of the attractive appearance of cornmeal. The stomach of the cow is better suited to take care of bran than of cornmeal, because it is more bulky. The cow was made for the purpose of using up just such waste products as bran would be without farm animals to consume it. And bran cannot be judged by its lightness. The question of using or not using bran is one that must be decided on its price, compared with the prices of other like feeds. At the same price as corn it is far more profitable to be used for the making of milk. Its protein content is high, but not so high that the digestive apparatus of the animals will be injured by it. American farmers should not permit a pound of bran to go across the waters, but should buy and feed every pound of it, thus not only making the profit that may be made out of it, but saving the fertility for their land; for the fertilizing qualities of bran are considerable.

The Hand Separator to Stay.

There has been war between the men that believe in hand separators for farm use and the men that believe that all milk should be hauled to the creamery. The latter declare that as good butter cannot be made from gathered cream as from the cream taken from fresh milk brought in. This may be so; but one thing should not be lost sight of, and that is that the hand separator has come to stay, and the argument of whether it is a good thing may as well be discontinued. The time will be better spent if put upon the questions that have come with it. Every situation has its own problems and every new invention brings a lot of new problems. It was only natural that the hand separator should have its new phases and its new questions. Some of these are hard to settle. The hardest is the one relating to the freshness of the cream when delivered to the butter-maker. This problem will be settled as we have all other questions before it.



Mrs. Hughson, of Chicago, whose letter follows, is another woman in high position who owes her health to the use of Lydia E. Pinkham's Vegetable Compound.

"DEAR MRS. PINKHAM:—I suffered for several years with general weakness and bearing-down pains, caused by womb trouble. My appetite was fitful, and I would lie awake for hours, and could not sleep, until I seemed more weary in the morning than when I retired. After reading one of your advertisements I decided to try the merits of Lydia E. Pinkham's Vegetable Compound, and I am so glad I did. No one can describe the good it did me. I took three bottles faithfully, and besides building up my general health, it drove all disease and poison out of my body, and made me feel as spry and active as a young girl. Mrs. Pinkham's medicines are certainly all they are claimed to be."—Mrs. M. E. HUGHSON, 847 East Ohio St., Chicago, Ill.

Mrs. Pinkham Tells How Ordinary Tasks Produce Displacements.

Apparently trifling incidents in woman's daily life frequently produce displacements of the womb. A slip on the stairs, lifting during menstruation, standing at a counter, running a sewing machine, or attending to the most ordinary tasks may result in displacement, and a train of serious evils is started. The first indication of such trouble should be the signal for quick action. Don't let the condition become chronic through neglect or a mistaken idea that you can overcome it by exercise or leaving it alone. More than a million women have regained health by the use of Lydia E. Pinkham's Vegetable Compound.

If the slightest trouble appears which you do not understand write to Mrs. Pinkham, at Lynn, Mass., for her advice, and a few timely words from her will show you the right thing to do. This advice costs you nothing, but it may mean life or happiness or both.

Mrs. Lelah Stowell, 177 Wellington St., Kingston, Ont., writes:

"DEAR MRS. PINKHAM:—You are indeed a godsend to women, and if they all knew what you could do for them, there would be no need of their dragging out miserable lives in agony. I suffered for years with bearing-down pains, womb trouble, nervousness, and excruciating headache, but a few bottles of Lydia E. Pinkham's Vegetable Compound made life look new and promising to me. I am light and happy, and I do not know what sickness is, and I now enjoy the best of health."

Lydia E. Pinkham's Vegetable Compound can always be relied upon to restore health to women who thus suffer. It is a sovereign cure for the worst forms of female complaints,—that bearing-down feeling, weak back, falling and displacement of the womb, inflammation of the ovaries, and all troubles of the uterus or womb. It dissolves and expels tumors from the uterus in the early stage of development, and checks any tendency to cancerous humors. It subdues excitability, nervous prostration, and tones up the entire female system. Its record of cures is the greatest in the world, and should be relied upon with confidence.

\$5000 FORFEIT if we cannot forthwith produce the original letters and signatures of above testimonials, which will prove their absolute genuineness. Lydia E. Pinkham Medicine Co., Lynn, Mass.

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ALWAYS ASK FOR THE BEST WESTERN MADE SHOES.

These brands will guarantee you a good shoe for men:

Star and Crescent **E. Z. Walker**
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Our PRAIRIE QUEEN leads all others in Women's and Children's Shoes.

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It's the thoroughly modern and scientific system of loading and the use of only the best materials which make Winchester Factory Loaded "New Rival" Shells give better pattern, penetration and more uniform results generally than any other shells. The special paper and the Winchester patent corrugated head used in making "New Rival" shells give them strength to withstand reloading.

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in sheets of PURE ANILINE BLUE. No bottles. No paddles. No waste. Gives 100 sheets of blueing water each wash-day. Ask your grocer for it or send 10c for a book of 100 sheets.

The Handy Blueing Book Co., 87 E. Lake St., Chicago.

ANTISEPTIC PILE CONES

Sample Free. ANTISEPTIC PILE CONE CO., Creola, Mo.

Colonies Pay for Defense. Canada pays to the British government one-half the cost of the maintenance of the imperial troops provided for her defense, while New Zealand is a party to the naval agreement of 1903, under which she pays her proportion of an annual colonial contribution of \$1,000,000 for the naval defense of herself and the Commonwealth of Australia.

Good Pro. In the principal. In Alsace, appeared. Displacement: "The Hickory." Hickory.

There is cheaper wagons than Old Hickory, but none so good. If you want a good Wagon buy a Hickory.

Our Motto: "Undersell."

G. W. APPLE,
West Side Square, Broken Bow, Nebraska.

BARGAIN RATES

On August 9th and 10th and September 13th and 14th, round trip tickets will be sold via M. K. & T. R'y. from St. Louis, Kansas City, Hannibal, and other Missouri and Kansas points, to Indian Territory, Oklahoma and Central and Eastern Texas, at

\$15.00

The Southwest is inviting. The crops are good; conditions and prospects were never more favorable. Indian Territory, Oklahoma and Texas, are in need of people and offer plenty of opportunities for investments of capital and labor.

GO NOW!

Take advantage of this exceptional opportunity.

Ask me about rates and particulars. I'll gladly send you something new in printed matter about the Southwest.

George Morton
Gen. Pass. and Tkt. Agt.
ST. LOUIS, MO.

WE DEMAND YOUR ATTENTION.

If anyone offered you a good dollar for an imperfect one would you take it?

If anyone offered you one good dollar for 75 cents of bad money would you take it?

We offer you 10 ounces of the very best starch made for 10c. No other brand is so good, yet all others cost 10c. for 12 ounces. Ours is a business proposition. **DEFIANCE STARCH** is the best and cheapest.

We guarantee it satisfactory. Ask your grocer.

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Omaha, Neb.

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Promotes Digestion, Cheerfulness and Rest. Contains neither Opium, Morphine nor Mineral. NOT NARCOTIC.

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