

FOR THIRTY YEARS

Congressman Meekison Suffered With
Catarrh—Read His Endorsement
of Pe-ru-na.



CONGRESSMAN MEEKISON, OF OHIO.

Hon. David Meekison is well known, not only in his own State but throughout America. He began his political career by serving four consecutive terms as Mayor of the town in which he lives, during which time he became widely known as the founder of the Meekison Bank of Napoleon, Ohio. He was elected to the Fifty-fifth Congress by a very large majority, and is the acknowledged leader of his party in his section of the State.

Only one flaw marred the otherwise complete success of this rising statesman. Catarrh with its insidious approach and tenacious grasp, was his only unconquered foe. For thirty years he waged unsuccessful warfare against this personal enemy. At last, Peru-na came to the rescue, and he dictated the following letter to Dr. Hartman as the result:

"I have used several bottles of Peru-na and I feel greatly benefited thereby from my catarrh of the head. I feel encouraged to believe that if I use it a short time longer I will be fully able to eradicate the disease of thirty years' standing."—David Meekison, ex-member of Congress.

This season of catching cold is upon us. The cough and the sneeze and nasal twang are to be heard on every hand. The origin of catarrh, the most common and dreadful of diseases, is cold.

This is the way the chronic catarrh generally begins. A person catches cold, which lingers on longer than usual. The cold generally starts in the head and throat. Then follows soreness of the air passages which incline one to catch cold very easily. At last the person has a cold all the while seemingly, more or less discharge from the nose, hawking, spitting, frequent clearing of the throat, nostrils stopped up, full feeling in the head and sore, inflamed throat.

The best cure to treat catarrh is at the very beginning. A bottle of Peru-na properly used never fails to cure a common cold, thus preventing chronic catarrh. While many people have been cured of chronic catarrh by a single bottle of Peru-na, yet, as a rule, when the catarrh becomes thoroughly fixed, more than one bottle is necessary to complete a cure. Peru-na has cured cases of innumerable catarrh of twenty years' standing. It is the best, if not the only internal remedy for chronic catarrh in existence.

But prevention is far better than cure. Every person subject to catching cold should take Peru-na at once at the slightest symptom of cold or sore throat at this season of the year and thus prevent what is almost certain to end in chronic catarrh.

The poet is born, but the liar is compelled to acquire his art.

GREGORY SEEDS
Sole and exclusive agents for the West and South.
J. J. Gregory & Son
Chicago, Ill.

LESS THAN HALF
rates to Indian Territory, Oklahoma and Texas on February 16th, March 1st and 15th. If you contemplate a trip Southwest, don't overlook this. Don't delay. Write to-day.

GEORGE MORTON.
Gen. Pass. and Ticket Agent,
St. Louis, Mo.

CAPSICUM VASELINE
(PUT UP IN COLLAPSIBLE TUBES)
A substitute for and superior to mineral or any other plaster, and will not blister the most delicate skin. The pain-relieving and curative qualities of this article are wonderful. It will soothe the toothache at once, and relieve headache and neuralgia. We recommend it as the best and safest external counter-irritant known, also as an external remedy for pains in the chest and stomach and all rheumatic, neuralgic and gouty complaints. A trial will prove what we claim for it, and it will be found to be invaluable in the household. Many people say "It is the best of all our preparations." Price 15 cents, at all druggists or other dealers, or by sending this amount to us in postage stamps we will send you a tube by mail. No article should be accepted by the public unless the same carries our label, as otherwise it is not genuine.
CHESBROUGH MFG. CO.,
17 State Street, New York City.

LEWIS' SINGLE BINDER
THE BEST QUALITY
STRAIGHT CIGAR ALWAYS RELIABLE
Your jobber or direct from Factory, Florida, Ill.
W. N. U., Omaha. No. 8—1904

BEGG'S CHERRY COUGH
SYRUP cures coughs and colds.

HEARTH & BOUDOIR

To Clean Jewelry.

Diamonds may be washed in a lather of soap, rinsed with cold water, and polished with a chamois leather. Just before polishing rub a little eau de Cologne on the stones. Other precious stones may be cleaned with cold water and yellow soap, then lay them in sawdust to dry. Opals should be cleaned with a wet leather and polishing afterwards with precipitated chalk, finally rinsing in cold water. Gold and silver ornaments only require washing in cold, soapy water, to which a few drops of ammonia have been added; leave them in this for an hour and then rinse in clean water. Ivory ornaments, brushes, etc., should be rubbed with a little peroxide of hydrogen and placed in the sun to dry.

House Jacket.

House jackets are possessions of which no woman ever yet had too great a variety. This one is made with a slightly open neck and loose sleeves that are much to be desired from the standpoint of comfort as well as beauty. The model is made of flowered challie trimmed with lace, but is well adapted to all the pretty washable fabrics in vogue. The big collar is a feature and gives the long, drooping shoulder line which so completely marks the season.

The jacket is made with fronts, backs and side backs and is loose at the front but curved to fit the figure at the back where it is cut to form deep points. The big collar finishes the neck and extends down onto the fronts and the sleeves are cut to form the fashionable handkerchief points.

The quantity of material required for the medium size is 4 yards 24 inches wide, 3 1/2 yards 27 inches wide or 2 yards 44 inches wide, with 7 yards of insertion and 8 yards of edging to trim as illustrated.

The pattern 4643 is cut in sizes for a 32, 34, 36, 38, 40 and 42-inch bust measure.



4643 House Jacket, 32 to 42 bust.

With the Housewife

It is a good idea to put a little shot in the bottom of tall vases. Then they are not so liable to be knocked over by careless hands.

When cleaning the bars of a new or rough stove, if they are first rubbed over with a cloth dipped in vinegar and water the blacklead will be found to adhere, and a brilliant polish will be the result.

The bars of a grate often have a burned appearance, which prevents their taking a good polish. This difficulty is soon overcome. Before applying the black lead rub the bars with a piece of lemon and they will be quite easy to polish well afterward.

Bacon rinds can be utilized many ways, so do not throw them in the garbage barrel. Wash them thoroughly and put them in a jar for future use. They make an excellent seasoning for greens and come soups and they are often used to give a finishing touch to baked and fricasseed chicken.

Fancy Waist.

All broad shoulder effects are in vogue and as a consequence berthas of all sorts are worn. This smart and effective waist combines pine green Corcan crepe with chiffon velvet in a deeper shade of cream-colored lace, and exemplifies a berthas of the newest sort together with sleeves that can be full or elbow length as desired. The lace yoke over the under one of velvet is singularly handsome as well as novel and the use of both heavy and



4641 Fancy Waist, 32 to 40 bust.

fine lace on the same waist is a feature of the latest designs. The waist is made over a fitted lining which is faced to form the yoke and on which the full front and backs and the circular folds, which give a berthas effect, are arranged. The sleeves are made plain above the folds but full and soft below, forming full puffs which are finished with frills when elbow length is used, and below which deep cuffs are added to give full length. At the waist is a shaped bodice that is softly draped.

The quantity of material required for the medium size is 5 yards 21 inches wide, 4 yards 27 inches wide, or 2 1/2 yards 44 inches wide, with 1 yard of all over lace, 1 1/2 yards of velvet and 3 yards of lace for frills to make as illustrated.

The pattern 4641 is cut in sizes for a 32, 34, 36, 38 and 40-inch bust measure.

Parisian Touches.

The fashion of wearing lace in conjunction with the heaviest fur is of Parisian origin. The leading furriers there are mixing guipure in with bands alternating with fur, and one of the newest models is a skirt composed of douces of sable alternating

with bands of Irish guipure.

This is a beautiful creation for carriage wear, but too heavy for any other occasion.

There is a delicious blouse of lace, the full sleeves held in with bands of fur just above the elbow, and again by a deep cuff of the same. A lace pelerine, with a deep border of fur, completes the costume, which is destined for a marriage trousseau.



Save all lemon rind, dry it in the oven, grate and store in an air tight tin. A little of this added to an apple pie gives a delicious flavor.

Make tea for an invalid with boiling milk instead of boiling water. It is much nicer and much more digestible if the milk really boils.

To remove tar from any dress materials, cover the space with a little butter; let it stand awhile, then sponge off with warm water and soap.

To clean black lace, first wash in weak tea, rinsing afterwards in a second lot. Then wring out, lay between two pieces of black material, and iron with a moderately hot fatiron till dry.

Before frying oysters for steak, etc., parboil them first, and they will not curl up, but fry a golden brown, instead of the indigestible black shriveled chips one so often sees.

If you find a difficulty in threading your needle, try holding it in front of a piece of white paper. This shows up the eye, and the needle is much easier to thread.

Novelties in Dress.

The shower-proof or rain veil is a novelty worth considering. It is said to be not only pretty and becoming, but to afford a practical protection for the hat over which it is thrown.

Everything is rain-proofed nowadays, even gloves. Chemical treatment has been found to render kid impervious to rain without impairing its softness and pliability.

High boots are coming in, and certainly afford good protection from the elements. The popular height is ten inches and the shoes come in both black and tan calfskin.

The variety of umbrella handles is constantly increasing, and there is no end to the new and pretty novelties. One attracting unusual attention is in the form of a unique little powder box with a mirror in the top.

Coats and Wraps.

There are coats of all styles and lengths for day wear. Some are sack shaped and trimmed with woolen lace and quaint buttons, while others are tight-fitting with long basques, large velvet revers and cuffs. For evening wear a beautiful model is made in black velvet lined with chinchilla and adorned with a collar of rare old lace. In a different style are some little taffeta coats for theaters. These do duty charmingly when accompanied by a plumed picture hat of lace and tulle or a flowered toque of smaller proportions.

Feeling Hungry.

The sensation of hunger has not been easy to explain. The new theory of a German physician is that it is

due to emptiness of the blood vessels of the stomach and it is pointed out that hunger is appeased with the rush of blood to the stomach, following the taking of food and beginning of digestion.

In many anaemic persons, who have no appetite when the stomach is empty, the blood vessels of the stomach are really congested instead of being empty. Lack of blood in the stomach in health acts on a special nerve, which is a branch of the same nerve trunk as the nerves of the mouth and tongue. A stimulus applied to the tongue, as by a spice, thus increases appetite, while disease affecting the nerves of the tongue may produce loss of appetite even when the stomach is empty.

Fancy Yoke Nightgown.

Dainty underwear is always in demand and nightgowns made with half low necks and short sleeves are much worn. This one allows of various combinations, but is shown with a yoke of lace and foundation material of fine nainsook. The yoke is shaped to extend over the shoulders and so gives the broad line that has become so general. The sleeves are gracefully full and soft.

The gown is made with fronts and back, which are tucked at their upper edges, so providing ample fullness below, and are joined to the yoke. The sleeves are tucked to fit the upper arms snugly, but fall in soft folds and are finished with generous frills that form jabots at the inner arms.

The quantity of material required for the medium size is 5 1/2 yards 36 inches wide, with 3/4 yard of all-over lace, 3 1/2 yards of insertion, 4 yards of wide lace and 1 1/2 yards of narrow lace to trim as illustrated.

The pattern 4652 is cut in sizes for a 32, 34, 36, 38 and 40-inch bust measure.

How to Make Shirtwaist Boxes.

Shirtwaist boxes are an innovation of great value. They can be easily made of wood richly carved or burned or simply of pasteboard covered with painted or printed silk and lined with paper or silk.

Readers of this paper can secure any May Mantion pattern illustrated above by filling out all blanks in coupon, and mailing, with 10 cents, to E. E. Harrison & Co., 65 Plymouth Place, Chicago. Pattern will be mailed promptly.

ONE OF THE NEW WAISTS.

Write plainly. Fill out all blanks. Enclose 10c. Mail to E. E. Harrison & Co., 65 Plymouth Place, Chicago.

Name

Town

State

Pattern No.

Waist Measure (if for skirt)

Bust Measure (if for waist)

Age (if child's or miss's pattern)

Write plainly. Fill out all blanks. Enclose 10c. Mail to E. E. Harrison & Co., 65 Plymouth Place, Chicago.

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Write plainly. Fill out all blanks. Enclose 10c. Mail to E. E. Harrison & Co., 65 Plymouth Place, Chicago.

Name

\$100 Reward, \$100.

The readers of this paper will be pleased to learn that there is at least one dreaded disease that science has been able to cure, and that is Catarrh. Hall's Catarrh Cure is the only positive cure now known to the medical fraternity. Catarrh being a constitutional disease, requires a constitutional treatment. Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system, thereby destroying the foundation of the disease, and giving the patient strength by building up the constitution and assisting nature in doing its work. The proprietors have so much faith in its curative powers that they offer One Hundred Dollars for any case that it fails to cure. Send for list of testimonials.

Address F. J. CHENEY & CO., Toledo, O.
Sold by all Druggists.
Take Hall's Family Pills for constipation.

When a woman knows she is home-ly she isn't ashamed to boast of her ability to cook.

The Editor of the Rural New Yorker

Than whom there is no better Potato Expert in the Country, says: "Salzer's Earliest Potato is the earliest of 38 earli-est sorts tried by me, yielding 464 bu. per acre." Salzer's Early Wisconsin yielded for the Rural New Yorker 736 bu. per acre. Now Salzer has heavier yielding varieties than above. See Salzer's catalog.

JUST SEND 10c IN STAMPS

and this notice to the John A. Salzer Seed Co., La Crosse, Wis., and receive lots of farm seed samples and their big catalog, which is brim full of rare things for the gardener and farmer, easily worth \$100.00 to every wide-awake farmer.

It describes Salzer's "Assault," yielding 100,000 lbs. per acre, of rich green fodder, Salzer's Victoria Rape, yielding 60,000 lbs. of sheep and hog food per acre, together with Salzer's New National Oats, which has a record of 300 bu. per acre in 30 states, so also full description of Alfalfa Clover, Giant In-carnat Clover, Alsike, Timothy and thousands of other fodder plants, Grasses, Wheat, Speltz, Barleys, etc. (W. N. U.)

Tibet, "the roof of the world," is a tableland three times as large as France.

Cheap Excursions to the South.

On February 16, March 1 and 15, the Kansas City Southern railway will offer to the public the extremely low rate of \$10.00 for the round trip to all points on the Port Arthur Route, including Beaumont, Port Arthur, Lake Charles, Shreveport, Texarkana, Fort Smith, Mena, De Queen and all intermediate points. The return limit on these tickets will be twenty-one days from date of sale, with stopover privileges at all points south of Kansas City on the going trip. Any information desired by the public relative to these cheap excursions will be cheer-fully furnished upon application to S. G. Warner, G. P. and T. A., Kansas City, Mo.

Heavenly bread is never blessed until it is broken.

FRAUDS IN A BALE OF HAY.

Frauds in Watch Cases.

According to an article in the Cincinnati Commercial, a fifty-one pound stone was recently found in that city secreted in a bale of hay of eighty pounds.

This is not as bad as finding a lump of lead of nearly one-half the weight of the solid gold watch case secreted in the center of the bale.

Gold watch cases are sold by weight, and no one can see where this lead is secreted until the springs of the case are taken out and the lead will be found secreted behind them.

These cases are made by companies who profess to be honest but furnish the means to the dishonest to rob the public. It is not pleasant for anyone to find that he has lugged a lump of lead in his watch case.

Another trick the makers of spurious solid gold watch cases is to stamp the case "U. S. Assay." The United States does not stamp any article made out of gold and silver except coin, and the fakir, by using this stamp, wants to make the public believe that the government had something to do with the stamping or guaranteeing the fineness of watch cases.

Another trick of the watch fakir is to advertise a watch described as solid gold filled watch with a twenty or twenty-five year guarantee. These watches are generally sent C. O. D., and if the purchaser has paid for the watch he finds that the company which guaranteed the watch to wear is not in existence.

The Duer-Hampden Watch Company of Canton, Ohio, who are constantly exposing these frauds, will furnish the names of the manufacturers who are in this questionable business.

A man's greatness is seen in his recognition of goodness.

To Wash China Silk Dresses.

China silk dresses may be quite successfully washed. Remove all spots with ben-zine. Then wash in warm soapsuds, rubbing between the hands, rinse through several waters. Use Ivory Soap and do not rub the soap on the dress. Wring as dry as possible, wrap in a sheet or clean cotton cloth and, when partially dry, iron.

ELEANOR R. PARKER.

Some men are so easy-going that after awhile they cease to go at all.

Largest growers of ONION

and Vegetable Seeds in the World.

LARGE RED GLOBE

Our Prices range from 60 cents to \$1.50 per pound, and no better seed is found on earth.

How to grow 1,200 bushels Onions per acre with each onion order.

Pkg., 10c. Cat. 5c. for postage.

John A. Salzer Seed Co., LA CROSSE, WIS.

\$500 Given Away

To a certain number of con-

sumers buying ALABASTINE and sending us before October 15, 1904, the closest estimates on the popular vote for the next President. Write us or ask a dealer in Alabastine for the easy conditions imposed in this contest, which is open to all.

ALABASTINE

is the only sanitary wall coating. Any-one can apply it. Mix with cold water. Not a disease-breeding, out-of-date, hot-water, glue-salmoning

Sample Card Free. Mention this paper.

ALABASTINE CO., Grand Rapids, Mich., or 105 Water St., New York City.