

MRS. COL. GRESHAM Was Given Up Pe-ru-na Saved Her Life. **BY THE DOCTORS.**

[It was catarrh of the lungs so common in the winter months.]



MRS. JENNIE DRISCOLL

Miss Jennie Driscoll, 870 Putnam Ave., Brooklyn, N. Y., writes:

"If people knew how efficient Peruna was in the cure of catarrh, they would not hesitate to try it. I have all the faith in the world in it as it cured me, and I have never known of a case when the person was not cured in a short time."—Jennie Driscoll.

Mrs. Col. E. J. Gresham, Treasurer Daughters of the Confederacy and President Herndon Village Improvement Society, writes the following letter from Herndon, Fairfax Co., Va.:

HERNDEN, VA.

The Peruna Medicine Co., Columbus, Ohio:

Gentlemen—"I cannot speak too highly of the value of Peruna. I believe that I owe my life to its wonderful merits. I suffered with catarrh of the head and lungs in its worst form, until the doctors fairly gave me up, and I despaired of ever getting well again.

"I noticed your advertisement and the splendid testimonials given by the people who had been cured by Peruna, and determined to try a bottle. I felt but little better, but used a second and third bottle and kept on improving slowly.

"It took six bottles to cure me, but they were worth a King's ransom to me. I talk Peruna to all my friends and am a true believer in its worth."—Mrs. Col. E. J. Gresham.

A PLAIN TALK

On a Plain Subject in Plain Language.

The coming winter will cause at least one-half of the women to have catarrh, colds, coughs, pneumonia or consumption. Thousands of women will lose their lives and tens of thousands will acquire some chronic ailment from which they will never recover.

KEEP PERUNA IN THE HOUSE.

Unless you take the necessary precautions, the chances are that you (who read this) will be one of

the unfortunate ones. Little or no risk need be run if Peruna is kept in the house and at the first appearance of any symptom of catarrh taken as directed on the bottle.

Peruna is a safeguard, is a preventative, a specific, is a cure for all cases of catarrh, acute and chronic, coughs, colds, consumption, etc.

If you do not receive prompt and satisfactory results from the use of Peruna, write at once to Dr. Hartman, giving a full statement of your case, and he will be pleased to give you his valuable advice gratis.

Address Dr. Hartman, President of The Hartman Sanitarium, Columbus, Ohio.

NOW DON'T FORGET

Don't forget when you order starch to get the best. Get **DEFIANCE**. No more "yellow" looking clothes, no more cracking or breaking. It doesn't stick to the iron. It gives satisfaction or you get your money back. The cost is 10 cents for 16 ounces of the best starch made. Of other starches you get but 12 ounces. Now **don't forget**. It's at your grocers.

MANUFACTURED BY **THE DEFIANCE STARCH CO., OMAHA, NEB.**

PORTRAIT AGENTS Deal Direct with Manufacturers and Save Money Our goods the best. Prices the lowest. Prompt shipments. Delivery of all portraits guaranteed. Request samples and rates free. Send for catalogue. Address **ADAM J. KROLL CO.,** New Era Building, Chicago.

W. N. U., Omaha. No. 4-1904

BISCUIT CURE FOR BRONCHITIS, CROUP, HOARSENESS, SORE THROAT, ASTHMA, WHOOPING COUGH, CONSUMPTION

A rut is the easiest thing to go in.

SICK WOMEN, MY CURE FREE.

I will send my marvelous remedy which has cured thousands of women of Leucorrhoea, Displacements, Falling of Womb, Hot Flashes, Ulcerations, Tumors and all Female Troubles Free to any Lady requiring it. No money, no C. O. D. All I ask is to tell your friends. Expectant mothers, it brings about childbirth without apparatus pain or danger. Write to-day. **MRS. M. MERKLE,** South Bend, Ind.

BEGGS' CHERRY COUGH SYRUP cures coughs and colds.

OVER THE TEACUPS

Box Plaited Waist. Shirt waists or the simpler sort are always smart whether made from cotton, silk or wool. This one is laid in full length box plaits at front and back, with sleeves that are plaited above the elbows and is eminently satisfactory. The model is made of peach colored taffeta with pipings of



4498 Box Plaited Waist, 32 to 40 bust.

panne velvet. To make it will be required 4 1/2 yards of material 21, 3 1/2 yard 27 or 2 1/2 yards 44 inches wide. A May Manton pattern, No. 4488, sizes 32 to 40, will be mailed to any address on receipt of ten cents.

Squirrel Ulster. A most comfortable fur wrap seen last week was a long ulster of squirrel fur cut with flare at the bottom where it touched the floor. It was almost close fitting at the shoulders, and the sleeves were the modified kimono shape. A large hat covered with squirrel fur and trimmed with a gray ostrich plume topped this wrap.

Of Pink Crepe Albatross. Tucked blouses are much in vogue and may be looked for in still greater numbers with the season to come. This one is made of pale pink crepe albatross with trimming of cream lace, but is suited to all the cotton and linen waistings as well as to silk and wool. The arrangement of the tucks at the back is peculiarly desirable and gives graceful tapering lines to the figure, while those in front and sleeves provide becoming and fashionable fullness below the stichings. When preferred the lining can be omitted and the waist can be left plain, with a regulation box plait at the center.

The waist consists of the fitted lining, fronts and back. The back is smooth, but the fronts are full and blouse stylishly over the belt. The sleeves are the favorite ones that fit

the upper arms snugly and form soft puffs below the elbows. At the neck is the usual stock.

The quantity of material required for the medium size is 4 1/2 yards 21 inches wide, 3 1/2 yards 27 inches wide or 2 1/2 yards 44 inches wide, with 2 1/2 yards of insertion 2 1/2 inches wide to trim as illustrated.

The pattern, 4617, is cut in sizes for a 32, 34, 36, 38 and 40 inch bust measure.

Machine Hemstitching. It is useful to know that hemstitching can be done on the machine with a little care and trouble. Draw the desired number of threads, fold over with edge in center of drawn threads. Loosen the tension and stitch as near the edge of the hem as possible and then pull out the bastings.

Take the goods in one hand and the hem in the other, pull the edge of the hem to the bottom of the drawn threads and the work is complete. This is really hard to tell from hand work and is much more quickly done.

Tucks may be made the same way and are a pretty decoration to children's clothes or a shirtwaist.

Mending China.

China may be mended as firmly as a rock in the following manner: Two persons will be needed for the work, however, for the manipulation must be done rapidly. The necessary materials are a little unslaked lime, pulverized, the slightly beaten white of an egg, and a small hair brush, such as is used for gum. Put the white of egg on the broken edges of both pieces to be joined, and immediately dust one edge with the powdered lime, put the two edges accurately and firmly together, hold in place for a minute or two, and then lay aside to dry.



When Boiling a Cracked Egg.—When boiling a cracked egg a teaspoonful of vinegar put into the water will prevent it boiling out, no matter how much it is cracked.

New Pudding Tins.—Before using new pudding tins place them in the oven with a little oatmeal or bran and water, when they will be much sweeter, and it will prevent the puddings from sticking.

About Mixing Mustard.—When mixing mustard add a spoonful of salt and the same quantity of moist sugar, and mix with boiling water. It will be found to keep moist much longer and have a better taste.

Torn Oilcloth.—This is difficult to mend satisfactorily. Try putting a piece of sticking plaster underneath the tear. It will need to be made damp and must be left severely alone after sticking it on till quite dry.

Gay Russian Garnitures.

From Russia come all sorts of red and blue heavy wool and cotton embroideries, not expensive and exceedingly smart on the plainer shirt-waists. Where the embroideries are

in bands, strips are used on the front plait, running out in epaulettes over the shoulders, and for collars and cuffs.

Girl's Costume.

Veiling in all colors is much used for young girls' frocks, but is especially charming in the lighter ones. The very pretty costume illustrated shows the material in one of the new reseda shades, with machine stitching in corticelli silk of the same color, yoke and straps of taffeta, the latter held by gold buttons showing a



4611 Girl's Costume, 8 to 14 years

tracery of black, and drop ornaments that combine reseda with black and white. The color combination is a peculiarly good one and the effect admirable, but there is the whole long list of beautiful tones from which to choose.

The costume consists of the waist and the skirt which are joined and closed together at the back. Both fronts and back of the waist are tucked, and are gathered at the lower edge but the tucks of the fronts extend to yoke depth only, while those of the back are full length, and the fronts are joined to a vest-like portion which consists of a tucked yoke with full portion below. The skirt is cut in five gores, the seams being concealed by the tucks.

The quantity of material required for the medium size (12 year) is 5 1/2 yards 27 inches wide, 3 1/2 yards 44 inches wide or 3 1/2 yards 52 inches wide, with 1/2 yard of silk for yoke.

The pattern, 4611, is cut in sizes for girls of 8, 10, 12 and 14 years of age.



Little balls of fur dangle from smart collars.

Panne de chine is the latest fabric. Oh, dear! Any more?

Such gorgeous shaded plumes as complete the velvet hat!

Rip the gold braid off your beaver hat and trim it now with tulle.

Deep linen collars, shaped to the neck, are worn with tailored dresses.

One charming cream broadcloth coat is lined with turquoise satin duchesse.

A gown of white broadcloth, a corsage bouquet of violets and a big purple hat—there's beauty.

Deep silk fringe is knotted into the lace collar that finishes one gem all in delicate champagne color.

Scarlet slippers with gold heels are pretty enough in the showcase; but are they worn off the stage?

In Dahlia Red.

A soft shade of dahlia red shows in a chiffon velvet gown and the little toque to match. The Louis Seize coat is cut tight-fitting, the fronts flaring below the waist. Heavy-plated gold braids inclose a brilliant embroidery of small pattern. The skirt is in double box plaits all around and there is a stiff flounce in the drop skirt to hold out the extra width of the velvet skirt.

TO WORRY

A Sure Starter for Ill Health.

Useless worrying (a form of nervousness) is indirectly the result (through the nerves) of improper feeding. A furniture man of Memphis says:

"About a year ago I was afflicted with nervous spells, would worry so over trivial things.

"I went to consult one of the best physicians in Memphis and he asked among many questions if I drank coffee.

"His advice was: 'Go to some provision store and get a box of Postum, drink it in place of coffee and as you are confined to your desk to a great extent try and get out in the open air as much as possible.' I followed his instructions regarding the Postum.

"At that time my weight was 142 and I was taking all kinds of drugs and medicines to brace me up, but all failed; to-day I weigh 165 and all of my old troubles are gone, and all the credit is due to having followed this wise physician's advice and out of the coffee and using Postum in its place.

"I now consider my health perfect. I am willing to go before a notary public and testify that it was all due to my having used Postum in place of coffee." Name given by Postum Co., Battle Creek, Mich.

There's a reason for quitting the drug-drink coffee, and there's a reason for drinking Postum. Trial 10 days proves them all.

Look in each package for a copy of the famous little book, "The Road to Wellville."

Readers of this paper can secure any May Manton pattern illustrated above by filling out all blanks in coupon, and mailing, with 10 cents, to E. E. Harrison & Co., 63 Plymouth Place, Chicago. Pattern will be mailed promptly.

Name _____
Town _____
State _____
Pattern No. _____
Waist Measure (if for skirt) _____
Bust Measure (if for waist) _____
Age (if child's or miss's pattern) _____

Write plainly. Fill out all blanks. Enclose 10c. Mail to E. E. Harrison & Co., 63 Plymouth Place, Chicago.

STYLISH LITTLE FROCK.



4605 Girl's Box Plaited Suspender Costume, 6 to 12 yrs.

Suspender costumes are exceedingly charming for little girls and are among the novelties of the season. This one is made of dark red henrietta with pipings of black velvet and is worn over a guimpe of sheer white lawn. The skirt is laid in deep box plaits, which are lapped at the upper edge and allowed to flare at the lower, and the suspenders are cut in sections which are joined at the front by orna-

mental buttons. The guimpe is one of the new ones of the season and box plaited in harmony with the skirt. To make the frock for a girl of 10 years of age will be required 4 1/2 yards of material 21 inches wide, 2 1/2 yards 27 as 1 1/2 yards 44 inches wide with 1 1/2 yards 35 inches wide for the guimpe. A May Manton pattern, No. 4605, sizes 6 to 12 years, will be mailed to any address on receipt of ten cents.

Deafness Cannot Be Cured

by local applications, as they cannot reach the diseased portion of the ear. There is only one way to cure deafness, and that is by constitutional remedies. Deafness is caused by an inflamed condition of the mucous lining of the Eustachian Tube. When this tube is inflamed, you have a running sound or imperfect hearing, and when it is entirely closed, deafness is the result, and unless the inflammation can be taken out and this tube restored to its normal condition, hearing will be destroyed forever. Nine cases out of ten are caused by catarrh, which is nothing but an inflamed condition of the mucous surfaces. We will give One Hundred Dollars for any case of deafness caused by catarrh that cannot be cured by Hall's Catarrh Cure. Send for circulars free. Sold by Druggists. J. C. HENNEY & CO., Toledo, O. Take Hall's Family Pills for constipation.

The Day Growing Longer.

Professor Woodward has gone over the calculations of Laplace by the aid of modern data, and concludes that though in theory the length of the day on earth must be increasing, owing to the increasing mass of the planet due to the constant deposit of meteors, etc., yet the change is so infinitesimal that there has not been a half second of difference in 10,000,000 years.

Dealers say that as soon as a customer tries Defiance Starch it is impossible to sell them any other cold water starch. It can be used cold or boiled.

The woman who regards money as the aim of life wonders why it can't bring contentment.

FITS permanently cured. No fits or nervousness after first day's use of Dr. Kline's Great Kidney & Bladder Cure. Send for FREE 30c. trial bottle and treatise. Dr. R. H. Kline, Ltd., 611 Arch Street, Philadelphia, Pa.

A gentleman does not have to coin unmentionable language in order to express himself.

In Emmons Co., Dakota.

We can sell you 100 acres fine land. You can break 100 acres this spring. sow it to Salzer's Flax and reap enough to pay for your land, etc., having a fine farm free the first year. Have ten such places for sale. JOHN A. SALZER SEED CO., (W. N. U.) La Crosse, Wis.

Getting into debt is like dropping from a balloon. Getting out again is like climbing a greased pole.

DON'T SPOIL YOUR CLOTHES.

Use Red Cross Ball Blue and keep them white as snow. All grocers, 5c. a package.

The man who likes club life never regards himself as the least bit selfish.

Storekeepers report that the extra quantity, together with the superior quality of Defiance Starch makes it next to impossible to sell any other brand.

Many a great man has found difficulty in finding real friendship.

Mrs. Winslow's Soothing Syrup. For children teething, softens the gums, reduces inflammation, allays pain, cures wind colic. 25c a bottle.

There are a few things that even a very young man doesn't know.

London's Campaign Against Rats.

London's campaign against the dock rats has progressed satisfactorily. According to the official reports of the rat killers, over 5,000 of the rodents have been killed every month of the past year. Since the bubonic plague scare roused the authorities to action, not less than 250,000 rats have been killed. The gain has been great, not only from the health point of view, but in the saving of property. The destructive capacity of the London wharf rat is very large, individually and collectively.

Medicinal Bones and Horns.

A writer in the Pharmaceutical Journal remarks that considerable traffic is carried on in the present time in the bones of the tahr, the native name for the wild goat, Capra jemlanica, which frequents the steep tree covered slopes of the Himalayan range, and which bones are exported to India, being employed as an imaginary never failing remedy for rheumatism. Again, the antlers of the Altai wapiti, of the deer tribe, are exported, it is said, to China, realizing a very high price where they are much esteemed for medicinal purposes, while the horns of the Sumatran rhinoceros are imported by, and valued in, the same country as a supposed means of counteracting disease.

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