

**Woman And Her Mission.**

By Mrs. H. C. Farnam of Waltham, Neb.

When God sends a little child to the home in the mother's heart is a new fountain opened.

She loves all children for her own child's sake.

Her eyes are unsealed and she sees the angel nature, under the dirt and rags of the beggar child. Hail woman! Hail thou faithful wife and mother, the latest choicest part of heaven's great plan, none fills thy peerless place at home, no other help-mate is found for laboring suffering man.

Home is next to heaven and the home that is well ordered, pure and bright is thus heavenly by the agency of woman's heart and woman's hand. Napoleon once said, the greatest need of France is better mothers. Every mother has entrusted to her care, what? Untold sums of money? A deed of the homestead? The family jewels? Perhaps none of these; but what she would not give in exchange for the crown of England a precious immortal soul. Even the diadem which Victoria wore as Queen of Great Britain and Empress of India did not shine with such enviable lustre as that crown of the pure wife and exemplary mother. This crown is within your reach.

Out of lowly cottages and cabins have sprung our noblest men and women. Dr. Dodridge, Bishop Hall, Henry Clay, Benjamin Franklin, George Washington, Abraham Lincoln, James Garfield, and many others are proof that our noblest patriots, our most profound scholars, our holiest ministers, were stimulated to their high positions and usefulness by those high principles which they derived in early life from their excellent, pious mothers. It has passed into a proverb. Show me the mother and I will show you the man, for she has moulded his character and shaped his destiny. How many have said, all that I am or hope to be, I owe to my mother. What a tribute for time and eternity. The mother in her office holds the key of the soul, and she it is who stamps the coin of character and makes the being, who would be a savage but for her gentle care, a christian man. The mother may weave into the life of her child, thoughts and feelings, rich and beautiful, grand and noble, which will make all after life brighter and better.

The Queen that sits upon the throne of home, crowned and scepted as none other ever can be is the mother. Her enthronement is complete, her reign unrivaled; and the issue of her empire is eternal, for no influence in the universe contributes so

much toward guiding immortal souls heavenward as the home and the mother.

She more than anyone else helps to clothe the immortal soul in garments of light and loveliness or else in garments of sin, sorrow and shame.

And they are woven stitch by stitch; every word and every look makes an impression, which time will never obliterate. These precious babes, heaven's choicest gifts to us are of all created things the most helpless and dependent.

Through the mothers influence they may become a blessing to her and the world or a curse to mankind. They may have strong and healthy babies or the direct reverse.

When we consider that so many die in infancy and childhood, two of ten through the ignorance and inexperience of mothers, well may the cry go out, "Rachel weeping for her children and would not be comforted because they are not." This scourge has gone the length and breadth of our land, every where are homes desolated. Who hath not lost a loved one? Did our Father in Heaven mean it to be so? Did he decree the worldly throne to stand empty? Has he not made physical laws that we must obey? When we remember that so many of these innocent babes fill premature graves, sent there by the hand of their own mothers, is ignorance excusable when the knowledge is within their reach? Is this ignorance innocuous in the sight of God?

Even a brief limit may give most valuable assistance in the discharge of her sacred duties not only to herself but to her family and the world.

Nine years ago a few benevolent ladies in the city of New York, inspired by the example and success of a similar work in England by Florence Nightingale opened an institution for educating nurses. A large and handsome building was erected for the purpose and donated by a public spirited lady, Mrs. W. H. Osborne of that city.

A thoroughly competent lady instructor trained in London was placed at the head of the school.

At first the applicants were few, but as the importance of the work was appreciated the number increased until there were twice as many applying as could be accommodated. From this institution 149 pupils have already received diplomas and now have in charge the principal hospitals in the different parts of the United States.

Many wealthy families eagerly apply for these nurses, and in some instances have refused to perform difficult operations without the assistance of trained

nurses. So great was the benefit that an evening school was opened about a year ago in the city of Philadelphia for women and girls who were anxious for self-improvement. The Physiology and Hygiene of daily life are here taught with minute instruction for nursing the sick and the care of a child from its birth; and hundreds of mothers are being blessed in this way and the question naturally arises, why was she not before taught this which of all things of the most vital importance every day and every hour of our lives? Such information universally possessed cannot but result in great benefit to the individual and the common wealth.

Every day the reaper death reaps with his keen sickle the flowers of our land, the sweetest, the dearest of earth's choicest gems.

If we ask why so many fair girls of eighteen or twenty are followed by weeping to an early tomb, the answer is chiefly from diseases resulting from want of knowledge in regard to the laws of health. Stealthy is the approach of diseases, all curable at first, all well nigh hopeless at last when they have unmasked their real features. Every mother should be able to nurse her own sick. For whose eye is so practised, whose hand so tender, whose heart so loving, as the anxious mother? She should also know the symptoms as well as the cause of diseases.

There are hundreds of simple home remedies known to practical nurses on every hand, in our houses, on our tables and grown in our yards and gardens, and on the wild prairie, planted by the hand of God. Yet mothers go on giving improper food unsuited to the delicate stomach, and then with no practical knowledge of the simple remedies of nature neglects the case, until a doctor is called so often, alas, when it is too late. Observation and many years experience have fully convinced us that simple remedies and good nursing have accomplished better results than eminent physicians.

We should then depend more on the simple remedies of nature than the dosing and drugging system, which has occasioned more than any one thing so much degeneracy of the human family. Thousands daily die victims to medicine, who might have lived to a good old age had they trusted to nature and simple remedies.

A no less distinguished physician and author than John Mason Good says, "That medicine has destroyed more lives than war, pestilence and famine combined." Is not this a fearful and alarming fact? You may ask, what are some of the simple remedies? Their name is legion. They were well known by our mothers and grand mothers. Many are here today, who, because of good nursing and simple remedies have survived the perils of childhood and are now living witnesses to the truth of my words.

What other qualities women may lack? She is, or should be eminently fitted for the sick room; for of this realm woman is the queen. The God of nature has given her the ability. It is for her to develop, cultivate and improve it. If she neglects this is she not held responsible? Nature has fitted woman to be the angel of mercy in the sick room, cooling the parched lips, smoothing the pillow and doing what only loving hands can do with untiring devotion. How imperative then is the knowledge of nursing the sick and the home practice of remedies, and who can understand it without studying this important subject.

Is it not just as essential that the lady are furnished with practical books written on the home practice of remedies and nursing their loved ones when sick; as it is that physicians have books to inform themselves on the branch of work that they

have to do? Besides one can often save life in case of accident and emergencies, while a physician is being procured or at least much suffering can be alleviated.

Knowledge is power. How true is this, and yet we often defer seeking this knowledge until it is, "too late." The one we prized more than all else beside has gone forever.—Too late!

How the sad words echo in the dreary chamber. To such, in the language of Longfellow, I would say: "Look not mournfully into the past it comes not back again. Wisely improve the present, it is thine, go farther to meet the shadowy future, wiser and better." How long will American women consent to deform themselves by tight lacing, and sacrifice their health to false ideas of beauty. Hair dye and paint has often done its fatal work. Let us not do as though we were painted idols for the eye to worship, but let us ever think ourselves women with immortal minds, that might perchance when wearied with pleasures honeyed cloying cup, not all too weak to take at times a draught from the rich springs of knowledge and of truth.

The want of proper knowledge in all these departments has sent thousands to premature graves, or made them invalids for life.

If it is important to know how to get well, is it not more important to know how to keep well?

This knowledge is indeed the true guide to health, wealth and happiness. Doctors are not employed to tell us how to keep well, that is our mission. Every family should have the book, "The Well to Keep Well, the Sick to Know How to Get Well." No family can afford to pass it by.

It has been said, that he who puts a good book into a family, confers a favor that will last through all time; and if it saves sickness, pain, suffering and even death itself how nobly will the author feel repayed.

The women throughout the nation are waking up. Not by any human agency, not by any word of public speakers, but there is a power as mysterious as unseen, and as irresistible as the hand of fate; beckoning us onward to a higher nobler life. Our words whether good or bad go out into the unseen world. It is said they never die; that they echo on through eternity. History proves that although women swayed by lofty impulses approaches the angels, yet when yielding to a master passion, she is capable of a refinement of wickedness which men never attain. These are exceptions and not the rule.

For a woman's heart though delicate is strong like virgin gold it takes the furnace heat, giving to history an immortal song; a glow of heroism pure and sweet. Great men have sought the battle in their pride, hewing the path to glory as they fell. But women braver still have grandly died in silent struggles fame may never tell. To my sisters, who have no home to beautify, no families to love and care for, I would say: "God setteth the solitary in families." Trust in him for never are the righteous forsaken. If you are his child he has work for you to do, and is fitting you for it. It is not in man that walketh to direct his steps.

To the wife that has no children to arise and call her blessed there may be a greater blessing.

For thus saith the Lord: "Unto the eunuchs that keep my Sabbaths, and choose the things that please me, and take hold of my covenant; Even unto them will I give in mine house and within my walls a place and a name better than of sons and of daughters: I will give them an everlasting name, that shall not be cut off." Isaiah 56:4-5.

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**Market Report for Today.**

Wheat	.....	55
Barley	.....	32
Oats	.....	24
Rye	.....	35
Corn	.....	25
Lard	.....	4.50
Hogs	.....	3.00 @ 3.50
Cows	.....	\$2.50 @ 2.75
Poultry	.....	.....
Chickens, per pound	.....	.06
Turkeys, per pound	.....	.08
Primates	.....	.15
Butter	.....	.15
Eggs, per dozen	.....	.15
Miscellaneous	.....	.....
Potatoes, per bushel	.....	.50
Onions, per bushel	.....	1.00
Hay, per ton	.....	4.00
Straw, per cwt.	.....	.15
Sugar, granulated, per cwt.	.....	\$5.00 @ 5.75

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Pouch, east for train No. 42 closes at 8 a. m. and for No. 44 closes at 5:30 a. m. Mail for Anstey and points east of Grand Island closes on train No. 44.

Omaha via Elmo and Tuckerville, daily except Sunday closes at 7 a. m.; returning same day Calaway via McKinley daily except Sunday closes at 7 a. m., returning same day.

Grand Valley via Green and Elton close at 7 a. m., Tuesday, Thursday and Saturday, returning same day.

Sumner via Gurnsey, Georgetown and Upton arrives at 11:30, Tuesday, Thursday and Saturday returning leaves at 12:30 same day.

Omaha hours from 8:00 a. m. to 8:00 p. m. Sundays from 8:45 p. m. to 6:45 p. m. Monday 8:30 a. m. to 9 a. m. General delivery not open Sunday morning as heretofore. L. H. JAWETT, P. M.

**Burlington Route TIME TABLE**

**BROKEN BOW, NEB.**

Lincoln	.....	Denver
Omaha	.....	Helena
Chicago	.....	Butte
St. Joseph	.....	Portland
Keosauqua City	.....	Portland
St. Louis	.....	Salt Lake City
St. Paul	.....	San Francisco
All points East and South	.....	All points West

No. 12—Vestibled express daily, Lincoln, Omaha, St. Joseph, Kansas City, St. Louis, Chicago and all points east and south. 8:07 a. m.

No. 34—Local express daily, Lincoln, Omaha, Chicago and all points east and south. 10:30 a. m.

No. 41—Vestibled express daily, Helena, Butte, Boise, Portland and all Pacific Coast points. 6:04 a. m.

No. 42—Local express daily, Alliance and intermediate points. 11:55 p. m.

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Information, maps, time tables and ticket call on or write to H. L. Omsbey, agent, or J. Francis, G. P. A., Omaha, Nebraska.

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