

# SUFFERING WOMEN.



Tired, Nervous, Aching, Trembling, Sleepless, Bloodless—Pe-ru-na Renovates, Regulates, Restores—Many Prominent Women Endorse Pe-ru-na.

**Mrs. EMMA MITCHELL.**

AMERICA is the land of nervous women. The great majority of nervous women are so because they are suffering from some form of female disease.

Mrs. Emma Mitchell, 520 Louisiana Street, Indianapolis, Ind., writes: "Peruna has certainly been a blessing to me. When I first began taking it for troubles peculiar to the sex and a generally worn out system, I had little faith.

"For the past five years I have rarely been without pain, but Peruna has changed all this, and in a very short time. I think I had only taken two bottles before I began to recuperate very quickly, and seven bottles made me well. I do not have headache or backache any more, and have some interest in life. I give all credit where it is due, and that is to Peruna."—Emma Mitchell.

By far the greatest number of female troubles are caused directly by catarrh. They are catarrh of the organ which is affected. These women despair of re-

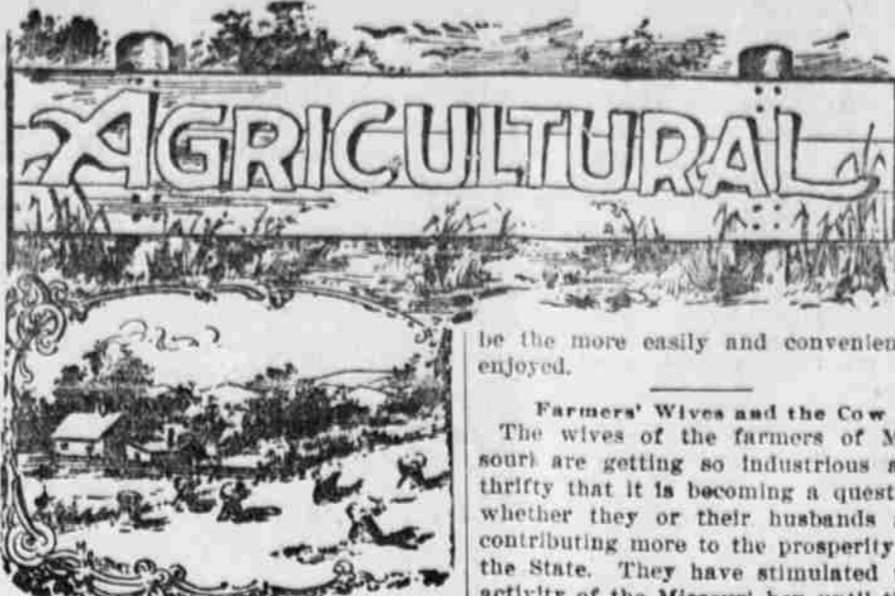
covery. Female trouble is so common, so prevalent, that they accept it as almost inevitable. The greatest obstacle in the way of recovery is that they do not understand that it is catarrh which is the source of their illness. In female complaint, ninety-nine cases out of one hundred are nothing but catarrh. Peruna cures catarrh wherever located.

Chronic invalids who have languished for years on sick beds with some form of female disease begin to improve at once after beginning Dr. Hartman's treatment.

Among the many prominent women who recommend Peruna are:—Belva Lockwood, of Washington, D. C.; Mrs. Col. Hamilton, of Columbus, Ohio; Mrs. F. E. Warren, wife of U. S. Senator Warren, of Wyoming.

If you do not derive prompt and satisfactory results from the use of Peruna, write at once to Dr. Hartman, giving a full statement of your case, and he will be pleased to give you his valuable advice gratis.

Address Dr. Hartman, President of The Hartman Sanitarium, Columbus, Ohio.



## AGRICULTURAL

be the more easily and conveniently enjoyed.

**Farmers' Wives and the Cow**  
The wives of the farmers of Missouri are getting so industrious and thrifty that it is becoming a question whether they or their husbands are contributing more to the prosperity of the State. They have stimulated the activity of the Missouri hen until that valuable member of barnyard society is almost laying gold dollars, and now they are making the Missouri cow accomplish results that would have astonished her ancestors. Here, for instance, is Mrs. Anna Gowin, of Poplar Bluff, who, without, perhaps, being the champion dairy woman of the State, is doing an amount of business in this line sufficient to keep her and her husband comfortably without other resources. "I kept account of the milk and butter we sold last year," Mrs. Gowin writes to her mother, Mrs. W. H. Boulden, of Farber, "beginning the 1st of last May, and by the 1st of this month we had sold 2,190 gallons of milk and 1,489 pounds of butter. We got 25 cents a pound for the milk. Charlie Davault is always bragging about how much the Audrait women sell, but I don't think any of them can beat that on milk and butter." Probably not. Mrs. Gowin's receipts from milk and butter were \$578.75, or almost \$48.25 per month. They show how much the farmers of Missouri have lost by not giving the Missouri cow the chance and encouragement she deserves.—Kansas City Journal.



**Using Bordeaux Mixture.**  
As fruit growers become more familiar with the use of bordeaux mixture they more fully appreciate its value, although experiments during the past season demonstrate that it has been used stronger than is necessary except where the plants have been infested unusually bad. The most desirable formula is four pounds of copper sulphate and four pounds of unslaked lime to forty gallons of water. Place the copper in an old bag and hang it in a few gallons of water until dissolved. The lime should be slaked and then strained into the copper solution, at the same time adding the balance of the water. When the mixture is to be used it should be kept stirred, so that the ingredients will be well mixed. As the mixture is given it is used mainly for scale, and when it is to be used on insects, such as potato bugs, paris green may be added at the rate of one pound to 150 gallons of the bordeaux.—St. Paul Dispatch.

**Covering Peach Trees.**  
Several years ago the writer participated in the work of laying down peach trees in autumn and covering them in various ways to protect them through the winter and spring. This plan has been tried in various ways almost every year, and nearly always with success. In a season like the present one, when peaches promise to be a rarity, any scheme of carrying the fruit buds through the freezing weather is especially attractive. Prof. W. Paddock has recently reported the success of several growers in various parts of Colorado who have been practicing this method. They find it profitable as a commercial venture. It looks like an impracticability, to be sure, to lay down and partially cover a fruiting tree every fall, but it has been shown repeatedly that it is perfectly feasible. The expense is only about 10 or 15 cents a tree, and even a dozen good peaches will almost cover the cost.—Country Gentleman.

**Farm Notes.**  
Slightly moisten commercial fertilizers before sowing them on a windy day. This will prevent no inconsiderable loss, as the finer particles of available plant food may be frequently blown long distances. This is a practical point of great importance.

The kind of crops and the manner of cultivation determine the profit. While some farmers barely subsist on a farm of a hundred acres, it is not difficult for others to make small farms of only ten acres pay. There are some sections in which a twenty-acre farm is considered a large one, and yet such farms pay well and their owners are prosperous.

**A saving of labor may be made in the garden by frequently using the rake. Very young weeds may be easily destroyed by passing the rake between the rows, while by allowing the weeds to remain until well rooted a hoe may be necessary. Economy of labor is in keeping weeds and grass down as their seeds germinate, which renders the task easier.**

**The Ant Nuisance.**  
Ant hillocks on lawns dull the lawn mower and injure the sod. Slaked lime or kerosene will drive most of them away, and a little bluishphide of carbon poured into each hillock and covered over with the loose earth will clear them out thoroughly. For ants in the house, rat poison in molasses will kill a lot of them, and the rest will take the hint and leave.

**The New Road Material.**  
Roadways of tar-macadam have been in successful use for some years in Southern Ontario. The cost is from one-third to one-half that of asphalt or vitrified brick. It is more enduring than either, and appears to stand well the wear and tear of heavy teaming.

**On plows, loose bolts, wagon frames and the like, where the joint and strain comes directly against the bolt, it is hard to keep them tight. Take off the joint and increase friction by using an iron washer with a leather washer under it. Turn very tight.**

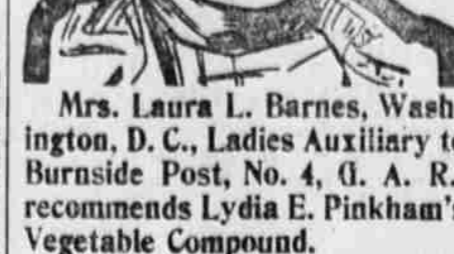
**Wheat for Eggs.**  
Wheat contains a larger per cent of albumen than any other grain, and for this reason is one of the best grains to feed for egg production. It should not be made an exclusive ration, however.—Commercial Poultry.

# HAIR GROWTH

Promoted by Shampoos of Cuticura Soap

And Dressings of Cuticura the Great Skin Cure

Purest, Sweetest, Most Effective Remedies for Skin, Scalp and Hair.



**Mrs. Laura L. Barnes, Washington, D. C., Ladies Auxiliary to Burnside Post, No. 4, G. A. R., recommends Lydia E. Pinkham's Vegetable Compound.**

In diseases that come to women only, as a rule, the doctor is called in, sometimes several doctors, but still matters go from bad to worse; but I have never known of a case of female weakness which was not helped when Lydia E. Pinkham's Vegetable Compound was used faithfully. For young women who are subject to headaches, backache, irregular or painful periods, and nervous attacks due to the severe strain on the system by some organic trouble, and for women of advanced years in the most trying time of life, it serves to correct every trouble and restores a healthy action of all organs of the body.

"Lydia E. Pinkham's Vegetable Compound is a household reliance in my home, and I would not be without it. In all my experience with this medicine, which covers years, I have found nothing to equal it and always recommend it."—MRS. LAURA L. BARNES, 607 Second St., N. E., Washington, D. C.—\$2.00 per bottle. If original of above letter proving genuineness cannot be produced.

Such testimony should be accepted by all women as convincing evidence that Lydia E. Pinkham's Vegetable Compound stands without a peer as a remedy for all the distressing ills of women.

A man is never a hypocrite when he is alone.

Ask Your Dealer for Allen's Foot-Ease. A powder to shake into your shoes. It cures the feet. Cures Corns, Bunions, Swollen, Sore, Hot, Callous, Aching, Sweating feet and Ingrowing Nails. Allen's Foot-Ease makes new or tight shoes easy. Sold by all druggists and shoe stores. Sample mailed FREE. Address Allen S. Olmsted, Le Roy, N. Y.

Mrs. Winkler's SOOTHING SYRUP for children teething, softens the gums, reduces inflammation, allays pain, cures colic. Price 25c bottle.

IN ITS ADVANCED and chronic form a cold in the head is known as Nasal Catarrh and is the recognized source of other diseases. Having stood the test of continued successful use, Ely's Cream Balm is recognized as a specific for membranous diseases in the nasal passages. It is non-drying, does not produce sneezing. Price 50 cents at druggists or by mail. Ely Brothers, 56 Warren Street, New York.

Give up prejudice and try it.

Messrs. ELY BROS.—I have been afflicted with catarrh for twenty years. It made me so weak I thought I had consumption. I got one bottle of Ely's Cream Balm and in three days the discharge stopped. It is the best medicine I have used for catarrh.

FRANK E. KINDLESPIRE, Proberta, Cal.

DO YOU WANT YOUR MONEY TO EARN 7 PER CENT INTEREST PER ANNUM

Write me for particulars of a safe, secure investment making seven per cent on deposits of one hundred dollars or more. BANK REFERENCE. W. H. HOKE, York, Penn.

**A Kettle Swing.**  
An exceedingly simple yet convenient hanger for a kettle is shown. Let a represent a post 4x36 inches; b a piece 3x4 edgewise, with a three-quarter-inch bolt through it and the post, so b can turn easily; c is a small iron loop-like rod on wagon end gear, so chain can turn easily; d is a chain running from c to e, which is a half-inch hook for hanging kettle. On the other hook, e, at other end of rod, b, hang the kettle. This arrangement allows the kettle to be swung off the fire easily at any moment, and without legs or anything under the kettle to interfere with building a fire. Such a hanger is easy to make, but should be made of only good, strong material and put up substantial or firm.—E. G. Beergisser, in Farm and Home.

**Let us labor to make the heart grow larger as we become older, as the spreading oak gives more shelter.**—Richard Jeffries.

If I were you, I would not worry. Just make up your mind to do better when you get another chance, and be content with that. —Beatrice Harraden.

Many a new joke at which the audience laughs uproariously has done service for a hundred years.

A burning desire to fill a high place, to do something unusual to attract public attention, to do that which must be accomplished with tremendous strain and stress of the faculties—a straining after effect—this morbid ambition is one of the curses of the age.—Success.

How would it do to also call upon the army to fix the price of coal.

The E. L. list—It is alright so far. I am still alive.—Kansas City Star.



**Hires Rootbeer**  
The coolest drink for hot weather. A package makes five gallons. Sold every where, or by mail for 25c. CHARLES E. HIRES CO., Malters, Pa.

In case of doubt, always lead a trump. This is a good rule, in life as well as in whist.

I cannot praise Pile's Cure enough for the wonders it has worked in curing me.—R. H. Seidel, 2206 Olive street, St. Louis, Mo., April 15, 1901.

The Querist—What do you think of the doctrine of the survival of the fittest?

The President has ordered department chiefs to make the government reports shorter. He must wait somebody to read them.

## NERVE WORN KIDNEYS.

Doan's Kidney Pills make freedom from kidney trouble possible. They carry a kind of medication to the kidneys that brings a bright ray of hope to desperate cases.

Aching backs are eased. Hip, back, and loin pains overcome. Swelling of the limbs and dropsy signs vanish.

Lock Haven, Pa.—Mrs. L. W. Ammunen writes: "A few weeks ago I sent for a trial box of Doan's Kidney Pills for myself, and they did all they are said to do. My kidneys were kicked last year by a horse and badly hurt—and after he recovered he was in such misery that he could hardly walk, and to stop caused him such distress that he thought he would have to quit work—also, it affected his bladder, and he was unable to make his water without so much distress. I insisted on his getting a box of your pills and trying them, so I went to Mason's Drug Store and got a box. The first box helped him so much that I got the second and also the third, and now he is entirely well."—Mrs. L. W. Ammunen, Lock Haven, Pa.

**FREE TO WOMEN!**

To prove the healing and cleansing power of Paxtine Toilet Antiseptic we will mail a large trial package with book of instructions absolutely free. This is not a tiny sample, but a full-sized, complete, enough to convince anyone of its value. Women all over the country are praising Paxtine for what it has done in local treatment of female ills, curing all inflammation and discharges, wonderful as a cleansing vaginal douches, for sore throat, nasal catarrh, as a mouth wash, and to remove tartar and whiten the teeth. Send to-day; a postal card will do.

Sold by druggists or sent postpaid by us, 60 cents, large box. Satisfaction guaranteed. R. PAXTINE CO., 215 Colchester Ave., Boston, Mass.

## WESTERN CANADA

HAS FREE HOMES FOR MILLIONS!

Over 200,000 Americans have settled in Western Canada during the last 5 years. They are contented, happy and prosperous, and there is room still for millions more. If you are tired of your present location, or are seeking a better one, send for our Free Home Book, containing full particulars of land, water, stock, and all other facilities. Free Home Book of 150 Acres. Free.

The only chance being offered for entry. Send to the Canadian Government, 1100 Bank Building, Ottawa, Ont., or to W. V. Bennett, 911 New York Life Bldg., Omaha, Neb., the authorized Canadian Government Agent.

## Yours for a Clear Head

# BROMO-SELTZER

10¢ SOLD EVERYWHERE

The darker a piazza is the easier it is to find a girl sitting there.

When a man talks very much about his bank it is a sign his account is overdrawn.

A woman doesn't necessarily keep boards just because she sometimes boards a train.

In the crisis of a divorce suit a woman is apt to be unmanned.

Germany's navy costs \$42,000,000 annually.

Marriage is a feast—and the soup is often more palatable than the dessert.

There are four millionaires in Britain to one in France.

There are nearly 270 different religions in the United Kingdom.

"An opportunity for service is an occasion for thanksgiving."

I don't believe in good or bad luck; but yet I would not jinx an unlucky man in any kind of an enterprise.

Sale 10,000,000 Boxes a Year.

THE FAMILY'S FAVORITE MEDICINE

# Cascarets

CANDY CATHARTIC

10c, 25c, 50c. THEY WORK WHILE YOU SLEEP. All Druggists.

**BEST FOR THE BOWELS**

NEBRASKA NEWSPAPER UNION, 780-29. YORK, NEB.

## Liquid KOAL

The Great Germ and Insect Destroyer

Is now used throughout the United States in the treatment of hog cholera, swine plague, ergot diseases, corn stalk disease, pink eye, foot and mouth disease, scurvy, mange, Texas itch, scabs and all germ diseases of domestic animals.

\$100.00

St. Paul, Neb., April 9, '03.  
National Medical Co.  
Gentlemen: This is to certify that I have used Liquid Koal for ergot disease in cattle and believe it to be a cure for this disease from the experiments I have made, but believe it ought to be used when the animal is first taken with the disease. And for a lice killer it can't be beat by anything I know of. Yours respectfully,  
W. L. LITTLE.

Seward, Neb., Dec. 6, 1902.  
Liquid Koal, manufactured and sold by National Medical Co., York, Neb., is a necessity to any farmers raising stock. Several instances of inefficiency have come under my personal notice.  
JOHN HARVEY,  
Ex-Mayor, Seward.

Wanna, Neb., Dec. 18, 1902.  
I consider Liquid Koal one of the best articles for all around purposes on the market. For rats and lice in the chicken house and for lice on calves and horses it is the best and cheapest thing I have ever found. Liquid Koal ought to be on every farm.  
C. H. GROFF.

Hartington, Neb., Dec. 10, 1902.  
National Medical Co., York, Neb.  
Dear Sir: I am a user of Liquid Koal and am well pleased with it. I would not try to do without it as I find it useful in a great many ways. I have had no sick hog since I commenced using it a year ago. In my opinion it is the best and cheapest hog cholera preventive on the market today. You can use this as you wish. Anyone wishing to know more about this please write me.  
ENOCH ELY.

Seward, Neb., Nov. 28, 1901.  
To Whom It May Concern:  
This is to certify that I have bought the third lot of Liquid Koal from the National Medical Co., and think it the best germicide, styptic, appetizer and disinfectant that have ever used. I have had occasion to use it on two different horses this summer to cure the mange, and found it the best and cheapest remedy I ever tried; would not be without it on my place.  
W. B. FRANCIS.

Delmont S. D.  
I have used your L. K. and think it is a good preventive and disinfectant. I used it as a medicine for all kinds of stock and chickens. I had two cows that were sick very severe, and I used L. K. and it helped them. I also used it as a hog cholera preventive, and think it is all right.  
G. H. PATRICK.

PRICE:

One Quart Can..... \$1.00  
Five Gallons, per gallon..... 3.75  
A 25c 32-page Book on Germ Diseases of Animals Sent Free on Application.

MANUFACTURED BY  
**National Medical Co.**  
Sheldon, Iowa,  
York, Neb.