## CAUCHT BY THE GRIP <br> 

Released by Pe-ru-na-Congressman Howard's Recovery=Congressman Geo. H. White's Case.





 Foran Mealine Cor, Payne, Ala.










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## Makes Hair Grow

Perhaps your mother had thin hair, but that is no reason why you must go through life with half-starved hair. If you want long, thick hair, feed it Feed it with Ayer's Hair Vigor, the only genuine hair food you can buy.
Your hair will grow thick and long, and will be soft and glossy.
Ayt's Hair Vigor always color to gray hair; is healthy, and stops falling of the hair.




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S. M. ADSIT, O. P. A


threatens the life of rich and poor, can attack and kill only those whose bowels are not kept thoroughly cleaned out, purified and disinfected the year round. One whose liver is dead, whose bowels and stomach are full of half decayed food, whose whole body is unclean nside, is a quick and ready victim of appendicitis.
If you want to be safe against the scourge, keep in good health all the time, KEEP CLEAN INSIDE! Use the only tonic laxative, that will make your bowels strong and healthy, and keep them pure and clean, proEPIDEIVIIC DISEASES. It's CASCARETS, that will keep and save you. Take them regularly and you will find that all diseases are absolutely






