DD YOU F:EL LIKE THIS?





What Shall We Have for Dessert?

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## Dr:Bulls couch shrup

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## HOUSEKEEPERS

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arateful for kindness.
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cal camperesting feature in the pol.ti-
cend were to be heard in
every part of the north. The great
Frederick Douglass was one of the stars in the firmament of spellbinders.
His noble personality and rare eio-
quence gave an added interest and
eest to the campaigns. Mr. Douglass prestige mado the negro's. cause im-
portant in every poltical contetst, and
his counsel was olways sought and respected. But Mr. Douglass was not
alone. There were several colored
men in Congress and many others holding important federal positions
in the southern states who were men
of much elone
 Bruce. All these men were fmmensely
popular, mnch in demand and were
justly valued as adding strength and
picturesqueness to the fighting forces
 post-bellum negro orator. They ar
still loyal to the Repubican parts
but they are seldom heard on the po
litical hustings.
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A Lioted Kinght Templar
Owes His Health to Peruna


## Wheat=0



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phosphatic elements which

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