

# — READ THE OMAHA GUIDE —

Phone Your News, HA0800



THE CLOSE RELATIONSHIP of civil defense and Ground Observer Corps is illustrated by this historic land office at Winterville, Ohio, which serves today as Jefferson County Civil Defense headquarters and as a site for skywatchers in the Canton, Ohio, filter center area. Civil defense and the GOC cooperate very closely, and data supplied by the more than 17,000 GOC posts in the nation is used in alerting civil defense local and national units to action. (U. S. Air Force Photo)

## "DRIVING THROUGH THE YEARS"

The Story of The Motor Car  
The Motorist's Tools Through the Years



MOTORING IN THE EARLY DAYS WAS AN ADVENTURE, WITH DUST CLOAKS, GOGGLES AND GLOVES YOU STARTED. BUT IF TROUBLE CAME, YOU NEEDED A ROPE TO BE PULLED OUT OF THE MUD, VULCANIZING EQUIPMENT TO PATCH YOUR TIRES...

TIRE TOOLS TO CHANGE YOUR TIRES, EXTRA GASOLINE BECAUSE STATIONS WERE FAR APART...



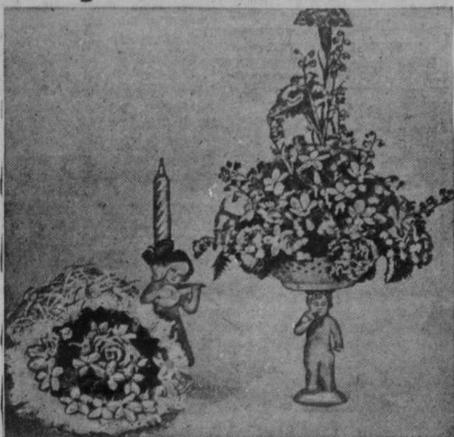
...AND YOU NEEDED ALSO A SHOVEL TO DIG YOURSELF OUT OF SANDY ROADS.

TODAY'S CAR IS ONE OF THE MOST COMPLEX MECHANISMS IN THE WORLD, YET THE AUTOMOTIVE INDUSTRY HAS DEVELOPED IT SO WELL THAT THE MOTORIST CARRIES SCARCELY ANY TOOLS AT ALL, AND THOSE HE CARRIES, LIKE THE TIRE JACK, IS A JOY TO WORK SUCH AS BUICK'S EXCLUSIVE JACK THAT IS WORKED BY FOOT - AND A LUBRICATION JOB EVERY THOUSAND MILES OR SO, A CHECK EVERY FIVE THOUSAND ARE ALL THE CARE THAT TODAY'S CAR NEEDS.



YOUR HOME MERCHANTS ASK YOU TO "BUY AT HOME"

## Fragrant Valentine Flowers



HERE ARE TWO SUGGESTIONS for saying "I love you" on Valentine's Day this year—each "Saying it With Flowers." Since this is a frankly sentimental holiday, choose delicate, fragile flowers, like the fragrant stephanotis, sweetheart roses and violets in the old-fashioned nosegay bouquet. Stephanotis, carnations and lily of the valley are arranged in the dramatic compote. The two cherubs carry through the hearts and flowers theme. If you are far away on Valentine's Day, any florist who is a member of the Florists' Telegraph Delivery Association can send this type of gift, or the traditional long-stemmed red roses, to your lady fair. (ANS)

## It's Glass



Consumers thin glass fibers that won't burn or wrinkle are used to weave this Fiberglas curtain. The candle flame may leave a dark smudge where it touches the curtain, but it can't start a blaze. The same is true of many drapery fabrics made of glass by scores of manufacturers. A new dawn of brightness and beauty is being reflected in modern living with curtains and draperies woven of actual glass fibers. In conventional fabrics, light filters through the spaces between the threads but in Fiberglas, the threads themselves diffuse and transmit the light. They have the almost magic effect of softening, diffracting, and at the same time glowing with the light. As curtains, glass fabrics are becoming more popular with the busy housewife every day. They are the easiest to care for since they can be washed and rehung in a matter of minutes with abso-

lutely no ironing. Because they are made of glass, they cannot deteriorate from sun, mildew, fire, rain, heat or humidity, nor will they stretch or shrink. The same advantages apply to Fiberglas drapery fabrics. Fiberglas curtains and draperies come in a wide variety of weaves, textures and colors and are being designed and manufactured by some 50 firms throughout the country. The characteristic glow suffused through these translucent yarns, creates an effect that is similar to a stained glass window.

THEY WOULD READ YOUR AD TOO, IF IT APPEARED HERE

**YOUNG IDEAS**  
from Polly Ponds

Q. It's like to know more about rouge and how to apply it. Could you tell me?

A. It's a cosmetic that should be saved for evenings when electric light washes color from your face. Never apply it in rosy blobs—but blend it into your skin with a powder puff or tissue until it's an almost invisible blush.

- 1... a round face will seem thinner if the color is applied toward the sides.
- 2... a long thin face can be sharpened when color is touched to the smiling mounds of the cheeks and to the chin.
- 3... a long or large nose can seem shorter when a faint touch of pink is applied to the tip.

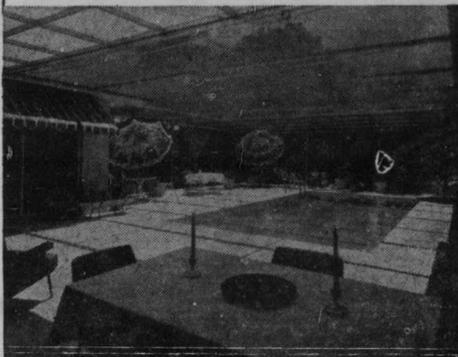
Your rouge should always blend with the shade of your lipstick. You can buy both, in smart brass cases, at your local ten cent store.

© 1956 Ponds Good Grooming Service



CIVIL DEFENSE "KEYPOINT" for Los Angeles is typical of some 200 such communication centers throughout the nation maintained by local civil defense. In less populous areas, "keypoints" are often police or fire stations, where someone is always on duty. They depend on the Federal Civil Defense Administration's 14,150-mile warning net (inset) to link them to Air Force air defense division control centers. Keypoints notify, in turn some 3,500 "sub-keypoints" which set off sirens and call out civil defense personnel.

## Patterns For Patios



New dimensions in outdoor living are rapidly sweeping the country with patios as comfortable and relaxing as your den. A well-enclosed, screen-enclosed outdoor living room can add a sense of openness, freedom and light to your home while offering shelter and privacy. Adding impetus to the trend, is a new screening made of actual glass fibers. It is now possible to enclose a porch, patio or pool with window screening made of glass yarns. This glass fabric is far stronger than ordinary screening, and like glass in its other forms, will not rust, rot or corrode; it will not stretch, shrink, dent or burn. Available in four attractive colors, grey, green, bronze and aqua, Fiberglas screening comes in widths up to 72" and may be purchased at your hardware store. It poses no problem for even the handy Do-It-Yourself-er, who can cut it easily with a household scissors and can work with it with no danger of stabbed fingers.

## HEALTH HORIZONS

Drug For Female "Tension State" Also Prevents Acne

Acne and other skin ailments which flare up periodically in women may be prevented by treatment with a drug developed originally to counteract pre-menstrual tension. The effectiveness of the drug, called Pre-mens, in the prevention of acne was described in a report by two Canadian physicians in a recent issue of the Archives of Dermatology, published by the American Medical Association. The Canadian specialists, Drs. Frederick Kalz and Allene Scott of McGill University and Royal Victoria Hospital, Montreal, based their study on sixty patients. Fifty patients were women who complained of one or more of the recurring symptoms of pre-menstrual tension—depression, anxiety, headache, bloating—and who suffered from characteristic monthly skin problems. The ten patients who served as controls included five postmenopausal women, normal in every respect, and five men, two of whom had acne. Pre-mens, the study showed, prevented the premenstrual flare-up of acne and other skin ailments in forty of the fifty patients in whom this phenomenon had been previously observed. The ten patients who derived no benefit from Pre-mens included the five men and five women who apparently were irregular in their hormone cycle. In the course of the study, the investigators observed that the average weight gain of 5.4 lb. characteristic of premenopausal patients just prior to the onset of the menses. However, when Pre-mens was given in the treatment, the average weight gain was reduced to 0.6 lb. The investigators concluded that the greater effectiveness of Pre-mens, which was developed by the research scientists of The Purdue Frederick Company of New York, may be attributed to the fact that the drug contains significant amounts of various vitamins, as well as a mild relaxant. These vitamins, the report notes, generally help to achieve an increased feeling of well-being, with the relief of irritability.



## Careers for Your Child

**PRINTING**

In printing, the welcome mat is out for a wide range of educational backgrounds. There are 8 major fields in the industry and over 65 different kinds of jobs. A printer can be a scholar, artist, businessman or craftsman.

Right now in the United States the printing industry employs more than 750,000 men and women. But many more heads and hands are needed. Top men earn over \$20,000 a year.

Many printers eventually go into business for themselves. For additional information write: New York Life Insurance Company, Dept. CF, 51 Madison Avenue, New York City. Ask for booklet, Should You Go Into the Printing Industry?

## HOUSEHOLD HINTS by WALDMAN

**HOME FIRES COST AMERICANS MORE THAN \$25,000,000 EVERY YEAR!**

**A CARBON DIOXIDE FIRE EXTINGUISHER NEAR THE STOVE IS A MIGHTY GOOD IDEA.**

**TO PREVENT HOME FIRES STORE OILY RAGS, PAINTS, OLD PAPERS AND OTHER INFLAMMABLES IN COVERED WHEELBARROWS GALVANIZED PAILS.**

**FIGHT FIRES-- SAVE LIVES**

## ODDLY ENOUGH by WALDMAN

**THE COMMON COLD...**

MAN'S MOST EXTENSIVE AND EXPENSIVE AILMENT... COSTING THE U.S. OVER \$4,000,000,000 A YEAR... HAS LONG PUZZLED SCIENTISTS...

IN 1753 BENJAMIN FRANKLIN THEORIZED THAT GERMS CAUSE COLDS...

BUT DOCTORS TODAY STILL HAVE NO TEST TO PROVE A COLD EVEN EXISTS... NOR HAVE THEY IDENTIFIED ITS VIRUS.

**ORANGES AND LEMONS HAVE BEEN USED FOR CENTURIES AS "HOME" COLD REMEDIES...**

**AND NOW CITRUS COMPOUNDS CALLED BIOFLAVONOIDS... FROM PEELS OF THESE CITRUS FRUIT... ARE BELIEVED BY MANY SCIENTISTS TO HELP STIFLE SNIFLES.**

## Jiffy Coconut Ring



Turn breakfast into an event—serve hot Jiffy Coconut Ring with butter of margarine and marmalade.

In just about the time it takes to turn out a batch of rolled biscuits, you can also make this Jiffy Coconut Ring. Made from a biscuit dough, the simple coffee cake has the glamorizing touch of a luscious coconut, brown sugar and nut filling. Appealing also is the ring into which you shape the coffee cake.

Any good breakfast becomes better when it includes a nutritious hot bread such as Jiffy Coconut Ring. When you bake or buy products made with enriched flour, you gain a nutritional advantage of three B vitamins and food iron. Breads are just one part of a healthy breakfast. They fit right in with fruit or fruit juice, milk, eggs or meat, and enriched, restored or whole grain cereals.

Your baker's enriched breads are stand-bys for good breakfasting, too. Enriched white bread is almost indispensable for toast. Make a point to add occasional variety to the morning fare with raisin, cinnamon or whole wheat bread and with sweet rolls and coffee cakes.

**JIFFY COCONUT RING**

2 cups sifted enriched flour	1/2 cup shortening
1 tablespoon baking powder	1 egg, beaten
1 teaspoon salt	1/2 cup milk
1/4 cup sugar	Melted butter or margarine

Sift together flour, baking powder, salt and sugar. Cut or rub in shortening until mixture is crumbly. Combine egg and milk and add to flour mixture, stirring only enough to moisten flour. Turn out on lightly floured board or pastry cloth and knead gently 30 seconds. Roll out to rectangle 1/4 inch thick. Brush with melted butter or margarine and sprinkle with Coconut Filling. Roll up like jelly roll, sealing edge. Form into ring on lightly greased baking sheet. With scissors cut through ring almost to center, in slices about 1 inch thick. Turn adjoining slices of dough in opposite directions and stand on end. Bake in moderately hot oven (400 degrees Fahrenheit) 20 minutes.

**Coconut Filling**

1/2 cup chopped shredded coconut	2 tablespoons enriched bread crumbs
1/4 cup brown sugar	2 tablespoons melted butter or margarine
1/4 cup chopped nuts	

Combine all ingredients and mix until well blended. Makes 1 coffee cake.

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