EAD THE OMAHA GUIDE

News From Around Nebraska

The Christmas season is now getting into full swing. Out at Fairbury, Nebraska the youngsters are going to get a Santa Claus treat that is quite unusual. Instead of Santa Claus visiting the town in a sleigh, wagon, jeep or fire truck, he will come with a mechanized sled. The Fairbury Journal pictured the huge machine that will haul thirty or more youngsters at a time. Pulling the simulated sled are five reindeer mounted on rubber wheels.

Bridgeport businessmen are planning a series of free Christmas theatre shows and free treats for the kiddies, according to the Bridgeport News-Blade. The youngsters would be entertained while the parents tend to their Christmas shopping, it is planned.

Madison will have free train rides and some visits from Santa Claus for the younger generation, according to the Madison Star.

A hunter at Ogallala last week claimed he got three pheasants with two shells. According to his story which appeared in the Keith County News, the hunter flushed out a flock of pheasants and got two birds with the first shot. On the second volly he got another-and his hunting was over for the day with the legal limit bagged. "I could have gotten more, but three's the limit" the hunter was quoted as saying.

The News didn't say just where that spot is. Must be a good

Some duck hunters on the Loup river near Loup City didn't do so well, according to the Sherman County Times. They walked across the ice on the Loup one morning last week to an island where they had a duck blind. Everything went well until they discovered the ice had broken up and huge chunks were floating downstream. They had no boat but finally decided to wade to shore through the cold water. The big chunks of ice gave them lots of trouble and they had to ward them off with poles as they felt their way through the icy water. They were successful in getting back to land but not anxious to repeat the experience.

The American Legion post at Oshkosh has purchased a tract of land near town to provide a place for trap shoots and other activities which the Post is planning.

A county road crew in Pierce county was responsible for an accident which happened there last week, the Pierce County Leader revealed last week. The men had built a weed fire along the road and the fire laid down a heavy smoke screen. A motorist coming along was unable to see a county truck standing at the roadside and the car collided with the truck doing damage to both vehicles.

Another freak accident took place near Hartington. A weed fire had spread to a wooden bridge which it burned out during the night. A young man came along about 3:30 in the morning, ran into the open creek and was severely injured. The fire, which had spread from the roadway shoulder to the bridge, is believed to have been started by a cigarette tossed out of a pa

giving with mingled feelings of thankfulness and being "overstuffed." It seems he operates a turkey ranch as a sideline to his job. Shortly before Thanksgiving he received a package from an outstate friend. Sure enough-a turkey for Thanksgiving dinner.

Lexington is staging a residential lighting contest with prizes of \$100. The winners will receive merchandise prizes in the amount of \$16.66 each which will be negotiable in any Lexington store. Both house and yard displays are included in the decorating contest, the Dawson County Herald has announced.

Also at Lexington: Baseball for 1956 is out, it has been decided. The team this past season ran a sizeable deficit which necessitated even selling some of their equipment to pay off their obligations. A meeting called to determine the interest apparent for next year met with almost no response and the Dawson County Herald has consequently announced the committee's decision to Wellesley, Mass. Slowly, the forget the whole affair next year.

A new home heated by electricity is the latest thing in home building in the area between Missouri Valley and Logan. The Harrison County Times, printed at Missouri Valley, showed the picture of a new farm home which is being heated with radiated electric heat. The system is said to be working very satisfactorily and is operating for about the same cost as any other automatic heat. Two other electrically heated homes are under construction in the Missouri Valley area, the newspaper stated.

An electronics firm from Ohio has had scouts checking up on Wahoo the past week with consideration given to establishing a plant there. The firm would need 8000 square feet of floor space and would employ about 70 women, the Wahoo Newspaper stated. At Hooper groups of men are soliciting the rural areas for funds with which to complete the new Hooper auditorium. A bond issue of \$45,000 has been used up and money is still needed

to complete plumbing, wiring, heating and other indoor facilities. Construction work on the building has progressed as far as the money will reach. Tekamah Masons dedicated their new Masonic Temple last

week in services which drew high-up masons from quite an area. The building, erected by Blair's Jensen Construction Co. was praised for its beauty and general utility. Cattle Rustlers are active in the Neligh vicinity, the Neligh Leader has revealed. A rancher there discovered a truck in one

truck. The rustlers got away when they noticed that they had been discovered. Contracts for a satelite TV tower in the Ogallala vicinity have been let and that area is now assured of television reception some

time next summer. Channel 6 will be relayed over the tower.

of his corrals and men were seen attempting to load cattle into the

At Central City a Savings and Loan Association is encouraging the establishment of savings accounts by offering a free electric clock to anyone establishing a savings account of \$100 or more. Looks like even the banks are going to join the give-away

New Uses Needed For Farm Products

Senator Roman Hruska, speaking recently about the farm problems which are now facing the middlewest, declared that a strong farm research and educational program is one of the soundest contributions the government can make to the American farm-

The senator, we believe, has something there; something which might be a permanent and yet self-supporting solution to

Price supports, it is recognized, are helpful, but they are also expensive and very temporary. But the law of supply and demand can do more toward regulating prices than any other prop which

Nebraska farmers already know the value of high-yield hybrid corn. They have seen the use of soybeans grow until it has developed into one of the important crops on every farm.

But with this increase in production must also be teamed an equal increase in use if demand is to keep up with the supply.

Europe, once a market for many farm products, is back in production again and while farmers there may not produce as much per acre, or come through with the high quality this country delivers, their production still fills many needs which were once supplied by American-raised farm products.

So, there must be a swing toward research and the development of new uses for the farm products which are being raised.

The Senator pointed out that when farm prices slump, there should be a step-up in budgets for research purposes. These funds were increased \$2.6 million in 1953. In 1954 another \$12 million went into research and in 1955 still another \$8 million went into the work.

The program is attacking the problem from both ends. It is aimed to determine how production costs can be reduced and at developing new uses for existing products and even entirely new products which will be in demand.

It's a long range program—one which cannot be carried out in a single year. But eventually, unless something interferes with the work now going on, new uses and new demands will stabilize farm prices.

There is no assurance that farm profits will return to the high peak that they reached a few years ago. —But men in business are getting a pinch, too, with increased pressure being brought by labor, increased taxes and increased competition.

It now appears that 1956 is going to be a year when both farmers and owners of businesses are going to have to analyze costs carefully, pick up a lot of loose ends and make every move count for just a little more than it did before.

But regardless of what happens, this country's farm research program must go on so that new products and new uses may be developed to bring the demand more nearly in line with the supply and thereby create an equitable and fair price structure for agri-

Vermont Youth Waging A Battle Against Polio

One autumn afternoon, over two years ago, a husky six-yearold yelled and ran happily attend classes, he follows the through the fields of a farm curriculum closely. He sits doing near Berlin, Vt. He and his six his lessons at home in a specially brothers were having a whopping designed highchair, from which good time. He was brimming he can survey the family activigood time. He was brimming with avuhavanas The nast day would be a big one in his young life—he would enter the first the thousands of polio patients

But for Butchie Martin that day never came. Suddenly strick- program. For him, every new en with a severe case of polio, Butchie was rushed to the hospital where he waged a long, deserate struggle for his life. Twenty-one months later the struggle had been won, but Butchie was almost totally paralyzed from the worst case of polio ever to strike a Vermont child.

Butchie was sent to the March of Dimes respirator center in child was weaned from a confining iron lung to the greater freedom of a chest respirator and a rocking bed. Today, he needs the respirator only at night and when he gets fatigued. "I bet if I tried once I could breathe a whole night alone," he

says proudly. At the Wellesley center, Butchie was taught to make use of his one remaining source of strength, the ability to move his neck and facial muscles. "Wellesley was fun," Butchie recalls. "I even learned to play drums holding a

stick in my mouth." Today using this one remaining bit of power, he keeps his head moving all during the day. Sometimes he uses it to butt his brothers. That's his favorite game and a close second is checkers. "I'm the checkers champ in the family, except for Dad," he

Butchie is able to grasp a pencil between his teeth and write his lessons; with a brush he paints pictures with a deftness considered good for his age. "I've got so much strength in my mouth," he brags, "that once I

bit the end off a tin horn." The entire Martin family shares Butchie's determination to restore some strength to his motionless limbs. Mr. Martin is training to be a practical nurse at Waterbury State Hospital in order to be able to care for his son. Mrs. Martin works tirelessly carrying out a rigid schedule of nuscler exercises and special invalid care taught her at Heaton Hospital as a part of the National Foundation for Infantile Paralysis' overall plan of patient

care and rehabilitation. "We consider we owe Butchie's life to the National Foundation,"

Mrs. Martin declares. This past fall Butchie, after a summer of tutoring, was able to "enter" the third grade with his from their eyes are oily secretions.

ties going on around him. Butchie is a good example of

being aided by the National Foundation's costly patient aid advance is a grand achievement. His face glows as he recites his accomplishments. "Just the other day I turned from my stomach to my back. I'm working on moving my right arm and left leg now." In spite of these real advances, the road back is still long and hard. Tens of thousands of victims still have to beat polio.

For the Home

Portable 'Bed Desk'

WHEN sniffles or something more serious keeps an active youngster in bed, the hours will pass more pleasantly with a portable "bed desk." Such a desk, basically a panel to rest on the lap or on pillows, provides a firm, hard surface suitable for drawing, writing, playing games or holding books.

A piece of Marlite left over from a wall or ceiling application serves admirably for the purpose, being both decorative and practi-



cal. This prefinished tempered pressed wood comes in various wood grain and marble patterns and plain colors, and has a baked plastic finish which is smooth and durable.

With a crosscut saw, cut a rectangle about 16 by 20 inches. rounding the corners and making a gentle, sweeping curve on one side to fit the body. A quarterround molding several inches from the bottom will help keep things in place. Nail it on by driving brads through the back of the panel.

Panel edges should be planed or sanded smooth. The molding can be painted. So can the panel edges and back, or they may be waxed

Deer are supposed to shed tears The drops, however, which fall

Honor Newsman Who Covered Till Case



Count Basic (right) and Joseph Makel, (left) national public relations executive of Calvert Distillers Company participated in honoring newsman James Hicks who distinguished himself in covering the Till case in Mississippi. A party in Mr. Hick's honor, sponsored by the Uptown New York City Press Club, was held at the Broadway's Birdland in

A Festive Dessert Need Not Be Heavy



Hew often have you blessed your thoughtful hostess for serving a light dessert at the end of a hearty holiday meal? When you want to be praised for serving a dessert that is festive, yet light,

try this one.

Delicious Eggnog Tapioca Cream, topped with bits of green and red candied fruit, is in the holiday mood, yet it meets the need of so many who do not care for heavy desserts.

Eggnog Tapioca Cream

2 egg whites 2 tablespoons sugar 2 egg yolks egg whites until foam

1/8 teaspoon salt
3 tablespoons sugar
1 cup light cream 1 teaspoon nutmeg 1 tablespoon sherry or sherry extract ogg whites until foamy throughou; add 2 tablespoons sugar, boon at a time, and continue beating with rotary beater until will stand in soft peaks. Set aside.

Mix egg yolks with ½ cup of the milk in saucepan. Add quick-cooking tapioca, salt, 3 tablespoons sugar, cream, and remaining milk. Place over medium heat. Cook until mixture comes to a boil, stirring constantly-this takes 5 to 8 minutes.

Pour small amount of hot tapioca mixture gradually on beaten egg whites, blending well. Then quickly add the remaining mixture, stirring constantly. (The hotter the tapioca and the faster it is blended in, the thicker and fluffier the pudding will be.) Add nutmeg and sherry. Cool, stirring once after 15 to 20 minutes. Chill. Serve plain or sprinkle with put maste shaved choselete additional plain or sprinkle with nut meats, shaved chocolate, additional nutmeg, or diced candied fruit. Makes 5 or 6 servings.

Holiday Heyday - Pie-wise!



Holidays mean work—but in spite of all the extra people to cook for . . . the extra-nice meals to get . . . and the extra housekeeping, homemakers in general think it's fun! And, this year, they'll want to try a brand new product—Angel Flake Coconut—which has arrived in time to make holiday desserts extra special. So, with this tender, wonderful tasting coconut, and an extra-easy recipe such as this one, every homemaker will have a Holiday heyday! Pink Alaska Pie

10 marshmallows 2 tablespoons butter 1 tablespoon hot water 3 or 4 drops red food coloring 1½ cups tender-thin flaked coconut

Melt marshmallows and butter in top of double boiler, stirring until blended. Add hot water and food coloring, stirring well. Add coconut and mix thoroughly. Spread on bottom and sides of greased 9-inch pie pan. Chill until firm. Serve with pudding or chiffon type pie filling or try Alaskan Filling.

Alaskan Filling 3 egg whites

1/8 teaspoon salt 6 tablespoons sugar 1 pint very firm ice cream (any flavor)

Beat egg whites with salt until foamy. Add sugar gradually and continue beating until meringue mixture will stand in peaks.

Pack ice cream into the chilled coconut crust. Spread meringue quickly over entire top of pie. Bake in moderate oven (450°F.) 5 minutes, or until meringue is lightly browned. Serve at once, or keep in freezing compartment of refrigerator until ready to serve.

Arrington **Well Liked** In Florida

Calvert Man of Distinction, Henry Arrington, first man of his race to hold a high public post in the South, is making many friends Year Show in Florida. He was recently interviewed by J. L. (Dixie) Smith of March 6th the Florida Herald and Mr. Arrington said: "In a lot of ways, I feel today like Jackie Robinson must have felt years ago when he broke into the lineup with the Brooklyn Dodgers."

Arrington, 31, a former criminal lawyer with the Justice Department in Washington was both appointment in Dade county is a great challenge to me individually. It means a great responsibility rides on my shoulders.

"I realize fully that many people will be watching my every move-people of my race and others on his staff. Both are

plans to devote his first days on gram." the job to "briefing and cram- Budde commented, "We are ming" on the criminal laws he happy to have the YMCA with us will be relying on in his future this year. Our show is all inclus-

tended schools there, studied at activities represented in the Tuskegee Institute and graduated "Sports, Vacation and Boat Show" from Howard University's law is the reason for having the show. school in Washington. He did ad- We certainly want to encourage vanced work in law at George- membership in and support of the town University, Washington.

ensuing months he appeared in several criminal trials as defense

Now he'll be on the "other side of the fence" as a prosecutor, at a salary of \$7,500 a year.

In a joint announcement made today, Ed Bastian, Chairman of the 1955 "YMCA Athlete of the Year" show and G. Edward (Gus) Budde, Managing Director of the Omaha "Sports, Vacation and Boat Show" said that the YMCA show humble and frank as he said: "This be held on Tuesday night, March 6, 1956. The YMCA show, honoring eighteen of Omaha's outstanding athletes and announcing the selection of the "Athlete of the Year" will precede the regularly sched-

uled evening show. others. I will do my best at all In making the announcement, times—of that you can be assured. Bastian said, "I think it is wonder-"As I start this new job, I am ful of the Omaha "Sports, Vacastrengthened by the fact that I tion and Boat Show" to cooperate will have the full support of the with us in putting on this venture. colored community in which I'll We have long been looking for an be working, and a very generous ideal spot to present our show support from Mr. Brautigam and and where else could you find a better location than the new City necessary if I'm to fill the bill, Auditorium? Our intention at and I'm confident I can do just this show is not only to bestow awards on the leaders in their Arrington, appointed to the pros- fields, but to show the public the ecutor's staff September 28 by work of the YMCA and interest Governor LeRoy Collins, said he the youth of Omaha in our pro-

ive. Encouraging the people of Born in Tampa, Arrington at- Omaha to participate in the sports YMCA as a part of our show.

Early in 1950 he was hired as Officials of the "Athlete of the an attorney by the Wars Claims Year" show promise a real top Commission, and late in 1951 notch performance and plenty of moved to the Justice Department crowd-pleasing action. The selecto specialize in criminal work tion of eighteen Omaha Athletes for the government operations of the Year will take place during January and February of 1956. The Last November he left the fed- selection of the "Athlete of the eral agency and moved to Miami Year" will be held secret until the to enter private law practice. In night of the show, March 6, 1956.

Science & Your Health

CYCLOTHERAPY IN MUSCLE SPASMS MUSCLE SPASMS ARE COMMON AMONG ATHLETES HUMANS RELY MUSCLES HOUSEWIVES ... MUSCLE SPASM IS ASSOCIATED WITH A VARIETY OF DISEASES HANDY MAN.

by Science Features

array of 500 muscles of various sizes for the physical power we we commonly become aware of this wonderful system of locomo-tion only when our muscles "act up"—when they remind us through pain or spasm that something has gone wrong.
A spasm is any sudden, invol-

untary contraction of a muscle. Twitching, cramps or other types of muscle spasm may be brought on by a variety of causes. Sudden chilling of the body after swimming may result in severe spasm of several of the body's muscles Sharply diminished circulation of the blood to any part of the body brings about spasms in the blood-starved area. Chemical imbalance is also a common cause of spasm; for example, recent research in-dicates that the painful legcramps of pregnancy are due to abnormally low levels of calcium in the blood of expectant moth-ers. The so-called night cramps —sleep-disturbing spasms of leg muscles—are also believed to be related to calcium metabolism.

Bacterial toxins can send the body's musculature into violent contractions; the most notorious of these is the noison secreted by the germ of tetanus or lock-jaw. In addition, many ailments of the nervous and skeletal systems are accompanied by muscular spasms. | affected parts.

We humans rely on a complex | In many of these chronic condi-rray of 500 muscles of various | tions, including arthritis, bursitis, paraplegia and low back pain. a new treatment known as cy-clotherapy is proving beneficial. Doctors have found that cyclotherapy, a unique form of elec-trically generated physical energy, has scored striking results in easing spasms and relieving the pain of patients suffering from a variety of ailments that affect the muscles, and helping them toward rehabilitation.

The physician also has a variety of other physical and chemi-cal agents at his disposal to quiet disturbed muscles. Heat, in vari-ous forms, has been used since time immemorial to "iron out the kinks" in painful muscles, and it is still a valuable means of therapy. Many drugs, including anesthetics, barbiturates, coun-ter-irritants and the recently developed "tranquilizing drugs" fighting armamentarium

not primarily the result of dis-ease, but is related to over-use of a particular set of muscles. In these conditions, such as the socalled "occupational cramps" or "athlete's cramps," modern meth-ods of treatment including cy-clotherapy have proven effective in restoring free motion to the

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