## Phone Your News To HAO



Take Breakfast To The Park



Avoid crowded picnic areas by picnicking at breakfast time. Early risers know that picnics are more enjoyable if the surroundings are uncluttered with people-or things.

Breakfast is an easy meal to take on a picnic. Ready-to-eat cereals are just right—no cooking is necessary—merely pack the cereal box in the picnic hamper. This breakfast takes just a few minutes to pack. MENU

Shredded Wheat Fresh Sliced Peaches and Milk Pecan Rolls Butter Chocolate Milk

The peaches could be sliced and sugared at home. Additional sugar would not be necessary with the sweetened peaches. Pecan rolls are a favorite—butter probably would be unnecessary.

Colorful plastic spoons, paper plates (except the cereal bowls) and gay bandannas for napkins add a festive note to the outdoor breakfast.

Another way to vary the way you serve that all important meal—breakfast—is to serve it on trays that can be carried to the porch or natio.

Doctors and dietitians agree that a basic breakfast of fruit, cereal, milk, bread and butter will provide one-fourth of the daily nutritional requirement. You and your family will feel better and work better, especially in the late morning hours, if you eat a basic breakfast the

### Raise Funds For Olympics



Tubie Resnik (right) executive vice president of Calvert Distillers Co., wishes bon voyage to Joe Yancey, founder and coach of the New York Pioneer Club, who is leaving with a team of young athletes for the Olympic elimination trials in Boulder, Colorado. This is the third successive year that Mr. Resnik has raised funds to help send one of Mr.

Yancey's Pioneer teams to the tryouts. Under Mr. Yancey's leadership, the Pioneer Club has been fighting juvenile delinquency, by training young athletes and demonstrating the ideal of American brotherhood in action for over 19 years. At the moment he donates his coaching services for more than 250 young Negro and white athletes. Several weeks ago his Harlem track and field team won the Metropolitan AAU championship, breaking the hold of the New York AC for the first time in 26 years. In other years, the Pioneer Club has succeeded in placing a number of its stars on United States Olympic teams. Mr. Yancey was once chosen as the "Man of the Year" for his work with youth.





CHECK TO NAACP: Lawrence Winters, Metropolitan Opera Star (right) chosen as a Man of Distinction by Calvert Distillers Co. presents the Calvert check to Robert L. Carter, assistant to Thurgood Marshall and administrator of NAACP Legal Defense and Educational Fund. The presentation took place in Winters' dressing room at the New York City Centre where he is appearing with the New York City Opera.

## Speaking of Cards

one tells you that Calypso is only a determined at the beginning of the combination of Canasta and Bridge. game by drawing cards and unaltered Nothing could be farther from the by any of the cards received in entruth as you yourself will discover the very first time you play the game. Calypso is

Calypso, of course, is the exciting new card rently sweeping the country which gives each player his own persuit and played wit four decks of cards

Calypso has already been described by one well-known card expert as the first really new card game since Whist. Whist first appeared way back in the sixteenth century.

that Calypso is an entirely new game, a few comparisons with Canasta and Bridge may help.

THE NEWEST CARD GAME play every hand. But Calypso's biggest distinction is that it gives each player his own personal trump suit,

Calypso is a game in which tricks are taken, but unlike Bridge, the number of tricks captured has no significance and they are frequently broken up in the process of forming Calypsos. Calypso also differs from Bridge in that no one suit ranks higher than another.

What about Canasta? The games are similar in that the main object in Calypso is to complete as many Calypsos as possible during the four deals comprising a game. But you cannot add to a Calypso (a complete run of 2, 3, 4, etc., up to the ace of your personal suit) by melding from your hand; you build the Calypso shuffled together to
form one giant pack. Conceived in
the romantic island of Trinidad.
Calypso has already been described even used.

Perhaps the best news for most card fans is that a Calypso game is the sixteenth century.

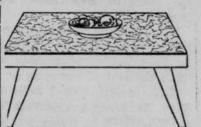
If this isn't enough to convince you hat Calypso is an entirely new game,

You can get a free, pocket-sized leaflet containing the complete rules How does Calypso differ from Bridge? For one thing, there is no bidding in Calypso. For another, there is no "dummy"; all four players Avenue, New York 17.

# For the Home

Distinctive Table Top

F YOU have a coffee table with a marred top but otherwise good appearance, you can make it like new without a lot of laborious refinishing. And at the same time you can give the table a distinctive feature that it never had - a marble pattern top with a surface that takes abuse.

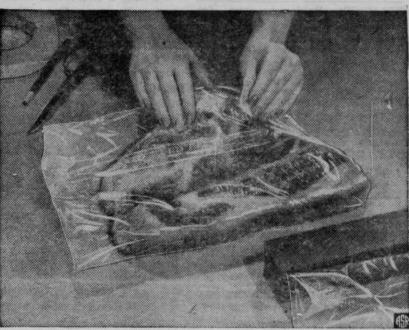


The simple job is done by applying a new top in the form of a plastic-finished Marlite panel in one of five authentic marble patterns. Widely used for walls and ceilings, the material is available at lumber yards.

Saw a panel to fit, allowing a fraction of an inch for smoothing edges by planing and sanding. Bond the panel to the table with adhesive and leave weights on top until the adhesive is set. Wax the edges or paint them to harmonize with the marble pattern and table finish.

Your new table top, with its baked-on plastic finish over a tempered Masonite hardboard base, will defy attacks by beverages, heat and wear. Dampcloth wiping will clean it.

#### Freezer Facts



Today's homemaker is a smart food buyer. One of her favorite tricks is taking advantage of "specials" in meats at the supermarket, buying extra cuts and storing them in her home freezer to stretch her food

But she also knows proper freezing must follow her trip to the store— if her thrift-wise shopping is really to pay off. Thus she keeps in mind three important points about freezing meats at home:

1. Choose high quality meats. Since freezing does not improve the flavor of any food, the frozen product will be no better than the food in

2. Package meats properly. Choose a wrapping material which keeps air out. When air is allowed to reach food during freezer storage, the result is loss of moisture, accompanied by a change in flavor. The food soon becomes unpalatable. The condition known as "freezer burn" occurs when air enters the package.

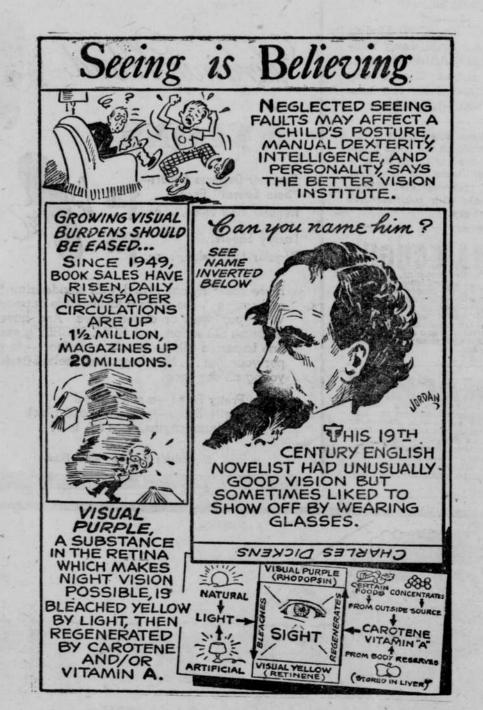
One of the best freezer wrapping materials on the market is the new plastic wrap made of saran. Because this transparent film clings to the shape of any food being wrapped, it is possible to mold the film closely even to irregular cuts of meat, such as roasts, squeezing out a maximum

even to irregular cuts of meat, such as roasts, squeezing out a maximum amount of air from the package.

Follow this simple method: First, pad any bony edges with an extra piece of saran; then overwrap with a single thickness of the film using the "drug store wrap" method; pull saran tightly around meat to get the closest possible seal before applying freezer tape; tape and label. Masking tape which may be written on is good and makes labeling easy.

3. Label foods accurately. Label each package with date, name of product, and approximate number of servings. It is helpful to add an "expiration date" to the label—the maximum storage time. Most freezer manuals will have storage time charts. Check freezer occasionally to use up those foods stored longest. Use all foods before expiration date.

Careful attention to good freezer techniques and proper packaging will insure a high quality frozen food product.





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