Page 5





Serve Salads for Afternoon Snacks (See Recipes Below)

Lynn Chambers' Menus.

Roast Loin of Pork

Candied Apples

Sweet Potatoes, Baked

Buttered Brussels Sprouts

Biscuits with Jam Beverage

Pineapple Cole Slaw

Citrus Chiffon Pie

four hours; or, pack in equal parts

Sandwich Fillings

tablespoons mayonnaise, 5 table-

spoons prepared mustard and use

2. Mash 3 ounces of cream cheese

on whole wheat or rye bread.

on any type of bread.

dressing to moisten.

and spread on white bread.

od with a choice of fruit.

3 teaspoons baking powder

2 cups flour

1/2 cup sugar

1 egg. beaten

1/2 cup fat

1 cup milk

½ teaspoon salt

8 apricot halves or

quick type which uses an easy meth-

Fruited Coffee Cake.

4 peach halves or pineapple slices

baking powder, salt and sugar to-

range fruit over top of dough. Mix

2 tablespoons flour, 2 tablespoons

the top. Bake in a moderate (375-

If you want to serve a light des-

sert for an afternoon club meeting

or evening snack, it can be made

Frozen Orange Prune Whip.

(Serves 8)

½ cup extra-sweet corn syrup,

1/2 teaspoon grated orange rind

Beat egg white stiff. Gradually

beat in syrup. Add prune pulp

(made by rubbing cooked prunes

through a sieve, or by chopping

fine), folding it in thoroughly. Chill

cream until very cold, then whip un-

til stiff. Add orange juice, grated

rind and lemon juice to cream.

and freeze in refrigerator tray until

Released by Western Newspaper Union.

1 cup cream, stiffly beaten

1 tablespoon lemon juice

1 egg white

golden type

1/2 cup prune pulp

½ cup orange juice

degree) oven for 30 minutes.

Sift flour once, measure. Sift flour,

milk. Add to dry

Pour into greased

B-inch-square pan.

brown sugar, and 1 tablespoon fat there is more urgent need for gen-

together. Sprinkle this mixture over erous support than ever before to

1. Combine 2 cups ground ham, 5

and combine

Place in freezing

tray for three to

mixture.

cheese

Entertaining Easily

Wartime brought back a simplicity of entertaining which will last for some time. We learned that an elaborate meal need not be served for a gathering to be successful. In fact, the simplest of food wall prepared and nicely served will bring cheers from any crowd.

A salad with tiny sandwiches served with tea is ample refresh- lightly with a ment for an afternoon meeting of the fork. Chill, Whin club. A mouth-watering coffee cake cream until stiff with coffee is ideal for an evening get-together. Chocolate milk and lightly with maysandwiches or a casserole is perfect onnaise. Fold in fare for the children's party.

With sugar still among the scarce items, it's a good idea to conserve on this precious foodstuff whenever possible. Judicious use of sugar substitutes will pull you through many a scarce period, and salads and sandwiches served with beverages will take care of the other

When selecting a recipe, check over the amount of sugar required before starting to mix so that you will not be caught short - handed. Consider also whether it is wise | wheat or white bread.

to use, say two cups of sugar for a cake, or whether a cake with half or less of that amount couldn't do | mayonnaise to moisten. This is good just as well. It often will.

Many cookies and dessert sauces can be made just as sweet without sugar. These little economies will save sugar for the times when you

really need it. Here are two versatile salads which can easily meet entertaining needs. Both can be served with thin strips of sandwiches to act as a main dish.

Molded Main Dish Salad.

1 tablespoon unflavored gelatin 36 cup cold water

1 cup tomato juice 1 small can salmon, flaked

2 diced, hard-cooked eggs

34 cup chopped celery 1 tablespoon chopped onion

I teaspoon salt 1/4 teaspoon pepper Salad greens

Soften gelatin in cold water. Heat tomato juice to boiling. Add gelatin and stir until dissolved. Chill until partially congealed. Flake salmon; add. Add remaining ingredients. Place in individual ring molds or one 81/2-inch mold. Chill until firm. Unmold on bed of lettuce greens and serve with french dressing or mayonnaise.

Frozen Fruit Salad. (Serves 8)

1 cup cottage cheese 16 teaspoon salt 1 cup pineapple, finely diced

1 cup cherries, pitted 1 cup peaches, sliced or diced 2 oranges, diced

8 marshmallows, quartered 1 cup whipping cream 1/2 cup mayonnaise

Combine cheese, salt, fruits and and prunes offer a flavorsome commarshmallows, tossing together bination.

Lynn Says:

Keep well-groomed: Art gum or wall paper cleaner may be used on light-colored felt hats and kid gloves for cleaning.

Light - colored furs may be cleaned and much improved in appearance by rubbing well with corn meal or flour. Shake out throughly and then brush well. To prevent blisters from new

shoes, cover irritated surface or place where shoe is most likely to rub with a small piece of adnesive tape.

To mend woolen garments, ravel a thread from the cloth itself and use for darning.

NEBR. CHILDREN'S HOME SOCIETY TO HOLD ANNUAL MEETING

ciety will hold its annual meeting Wednesday, Jan. 15, at 8 o'clock The Society provided over 20,000 at the Receiving Home, 3549 Fon-days care for Omaha during the gan broadcasting over CBS. The tenelle blvd., in Omaha.

The Society will review a year of outstanding service to children and elect officers as well as 10 trustees to serve for three years.

The Society established in 1893, now available from the University of Texas plans tended USO tour overseas. James Lewis Elkins directs and the program is under the personal superis state-wide and non-sectarian, as a black and white preprix.

the agency also provides a tremendous amount of temporary their scholarships to any school and emergency care. It has cared they choose. Nebraska Children's Home So- for more than 25,000 children and placed over 4,000 in good homes. standing singing groups in Amerpast year.

The University of Texas plans and last year completed an ex-

Social-Local News

"Events and Happenings of Social and Local Importance"

Just Call HA-0800 to publish your local news in your Newspaper—The Greater Omaha GUIDE.

Birthday Party

and Mrs. Harvey Avant, Mr. and Mr. and Mrs. A. Louis, Mr. and Mrs. Chas. Pankey and daughter Mrs. O. South, Mr. and Mrs. A. Barbara Joane Pankey, Yrs. Re- Macey, Mr. and Mrs. N. O. Wilson berta Bailey, Mrs. Roberta Craig, and Mrs. V. Bradley. Mrs. Dora Alexander, Mrs. Corine | Mr. Washington was the recipi-Jones, Dr. and Mrs. A. L. Haw- ent of a purse of \$17 and other kins, Mr. and Mrs. C. C. Foster, presents. Every one who attended Mr. and Mrs. Horace Clark, Mr. spent a most enjoyable evening, and Mrs. Joseph English, Mrs. We wish Mr. Washington many, Thelma Bell, sister of Mrs. English many more happy birthdays.

Mr. Leonard Ewing of 114 North | The Jolly Mates held their anhospital is at home and we hope the community.

A party was given in honor of Miss Stella Marie Woodlee, niece of Rose Littlejohn, Tenolia Walker, Thelma Batt and Alma Williams from Lyons, Nebraska. Guests at- YWCA PROVIDES ADDITIONAL tending were: Adrienne Merri- ACTIVITIES FOR THE weather, Joyce Blaine, Constance WINTER AND SPRING Kerr, Ida Mae Caldwell, Shirley | With the coming of the Winter Shelton, Delorice Clark, Vivian season, YWCA Northside Build-Mehan. Refreshment were served for women and girls to increase and games were played. Miss their knowledge and skills. our city. The party was Saturday, have been sent to all members in

BIRTHDAY PARTY

home, 2618 Grant. A lovely time which are as follow was had by all. Singing was ren- Cooking - Monday, 2-4-\$1.00 dered by a group of young girls. plus good costs. Happy Birthday was sun" by the guests led by Mrs. Geo. W. and 8-9:30 No fee Johnson. Mrs. Blanks received | Choral Singing-Monday, 8-9:30 many beautiful and useful gifts. —no fee. Among the guests were: Mrs. S. S. Bridge Spaghts, Mrs. Minnie Wilson, Mrs. fee. of ice and salt for four hours. Serve Mrs. Ida M. Moore, Mrs. Pe tra on crisp lettuce and garnish with additional whipped cream blended with mayonnaise.

Mrs. Ida M. Moore, Mrs. Peta and Bag-Ide Cay, 2-1 and 7-with mayonnaise.

Mrs. Ida M. Moore, Mrs. Peta and Bag-Ide Cay, 2-1 and 7-with mayonnaise.

Mrs. Ida M. Moore, Mrs. Peta and Bag-Ide Cay, 2-1 and 7-with mayonnaise. Geo. W. Johnson and family, Betty of Crescent, Iowa. Mrs. C. R. Pledges, Miss Eloise and Macy 9:30-no fee. White Miss Hattie Jean Matlock Ballet and Rhythmics-Saturand Alie Mae Halcomb

with 1 tablespoon worcestershire JANUARY JUMP sauce and 2 tablespoons finely cut FUN NIGHT

chives. Use with rounds of whole the YWCA, 17th and St. Mary's eggs with minced celery, onion

to 11:30. juice, chopped sweet pickle and of students from the five public in doing YWCA club work are in-4. Combine cottage cheese with games, door prizes, floor show, chopped dates and preserved ginger show, dancing and snack bar. All Entre Nous Club. high school students are welcome. 5. Mix cottage cheese with Admission at the door is twentychipped, crisp bacon and add salad five cents.

POLIO PATIENTS RECEIVE A fruited coffee cake is always HOSPITALIZATION IN delightful because it has flavor and HOME STATES is appealing to look at. Here is the

fantile paralysis receive hospitali- siae YWCA, call Webster 1539. zation and medical care in their home states through funds contributed to the March of Dimes, annual campaign of the National Foundation for Infantile Paralysis, according to Charles H. Bynum, director of Interracial Activities

for the Foundation. "During 1946, my field activities took me into every state with a population of 10,000 or more Negroes,"stated Mr. Bynum, "and it was comforting to learn that logether. Cut fat into dry ingredients cal chapters of the National Foununtil mixture redation are providing hospitalizasembles coarse tion for Negro polio patients in corn meal Com- their home communities and at bine egg with hospitals in nearby communities." Typical of such service is the Mississippi Emergency Hospital at ingredients. Stir Jackson, iMssissippi, which not only until mixed. only provides hospitalization for Negroes but employs Negro professional personnel. Mr. Bynum Leave apricots whole and cut disclosed that during the 1946 epipeaches or pineapple in half. Ardemic local chapters of the Na-

the 1947 March of Dimes. "WINGS OVER JORDAN" INSTITUTES MONTHLY SCHOLARSHIPS

tional Foundation in 39 states ex-

hausted their funds and said that

entirely without sugar. Orange juice "Wings Over Jordan" will inaugurate a series of monthly scholarship awards when the program starts its 10th year on CBS. Sunday morning, Jan. 12 (CBS, 11:05 11:30 a. m., EST). Rev. Glynn T. Settle, founder and director of the group, will present the award. The first winner, now being chosen from among the Negro high school students of Cleveland, will ap-on the broadcast to accept the award. Succeeding winners will be announced each month.

also carried out with spectacular success by the "Wings" choral five years. group. High school students in principal cities will copete on a local basis, writing essays on the first-including the cemetery. subject. "Why the Negro Spirit-Combine prune and cream mixtures | uals | Should Be Preserved." committee of religious, civil and educational leaders will choose the monthly winners from among the best essays forwarded from each

Winners will be allowed to apply

The "Wings Over Jordan" choir has become one of the most outica in the nine years since it bechoir now spends the greater part of its time touring the country

vision of Rev. Glynn T. Settle.

Mrs. Sarah Washington of 1714 of New York; Mr. and Mrs. H. North 28th st., gave a Surprise Combs and Mrs. Combs' sister of Party on her husband, Mr. Avery Chicago, Ill.; Mr. and Mrs. Robt. Washington, January 3. It was a Harris, Mr. and Mrs. Arthur Wilcomplete surprise for Mr. Washigton was unaware of all the pre- Mr. and Mrs. J. T. Fields, Mr. and parations for the party; owing to Mrs. L. Artison, Mr. and Mrs. W. nelpful initiative of Mrs. Vawter. Seals, Mr. and Mrs. Emmet Avant, The Washingtons have a very uni- Mr. and Mrs. W. R. Rodgers, Mrs. que recreation room where the Camie Websbter, Mr. and Mrs. arty was held. Those attending Thos. Moore, Mr. and Mrs. I. S. McFerson; Mr. and Mrs. H. Vaw-Mr. and Mrs. Paul Barnett, Mr. ter, Mr. Taylor Murell and Co.,

42nd av., who has been very sick nual Xmas dancing party. Thursfor three weeks at the Methodist day Dec. 26 at the Masonic hall. After the party, the club and a he will continue to improve as number of invited guests attendhe is a very prominent feature in ed a banquet dinner given at Mary's Chicken Hut. Everyone expressed having an enjoyable time.

YWCA Notes

Clark. Jwendolyn Carter, Alice ing will offer many opportunities Woodlee is a holiday visitor in many activities in the building the form of a fo'der which is called "Around the Clock at the YWCA." Three phases of health, A birthday party was given for wealth and happires are taken Mrs. Willie Blanks, Jan. 6 at her care of through the activities

Thursday, 2-4:30

Bridge - Thursday, 1-3:30-no Hat and Bag-Tuerday, 2-4-

Slip Covers and Draperies-Noami, Gloria Jean and Geo. Jr. Monday, 8-9:30-\$1.50, 10 lessons. Physical Fitness-Thursday. 8-

day, 10-12-no fee. Registration for these classes can be made by coming to the building or by telephoning Web-January Jump means fun nite ster 1539. The classes will begin for all high school students at officially on January 13.

av., Saturday, Jan. 11 from 8:00 | Club activities for the Winter season will be resumed this week. The Fun Nite Council, composed Those persons who are interested high schools of Omaha, plan the vited to become a member of the evening's entertainment of team following clubs: Quack Club Timekeepers Club, Trojan Club and

The Mothers' Council, which has been newly organized in the building to devise and provide means for the happy living of our youth, is up and going and is anxious for interested mothers and friends to join with them in their activities. For information regarding any NEW YORK-Negro victims of of the activities held at the North-



"Mr. District Attorney" says-

Some people deny themselve necessities until it's too late to en joy them. Others enjoy luxurie until it's too late to deny them. .

It a recent dinner party a friend and I asked ourselves why so few people are successful conversationalists. We concluded: because most of us are so busy thinking about what we want to say next that we're poor at lis-tening to the other fellow. Good conversation is a 50-50 affair.

Courtesy to others is more than a duty - it's a necessity for our own well being and contentment.

Since 1941, youngsters in our community have been urged to join boys' clubs, form sand-lot teams, organize musical groups and participate in all sorts of supervised games. Scores of The purpose of the award is to boys and girls now are too busy with foster interest in preserving Ne- these youth council activities to get ingro spirituals, a function that is to trouble. The town hasn't had a also carried out with spectacular single case of juvenile delinquency in

A fast driver gets everywhere

"It Pays To Look Well" MAYO'S BARBER SHOP Ladies and Children's Work A Specialty 2422 Lake Street

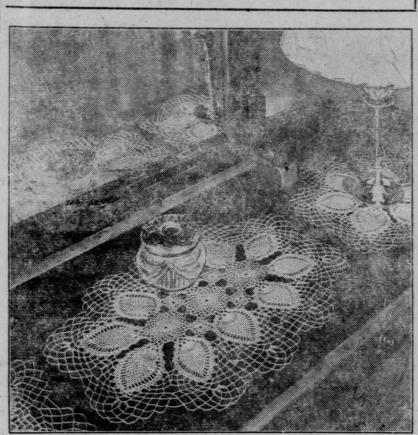
We wish to Announce THE OPENING OF THE G & J Smoke Shop 2118 NORTH 24th Street Everything in the Line of CIGARS, CIGARETTES, & SOFT DRINKS Jackson & Godbey, Props.

Omaha, Nebraska, Saturday, January 11, 1947



Takes all kinds of words to make a vocabulary! In the vernacular, here you've got the "slats" of a model against the slats of a vene-tian blind. The shapely legs are wearing the Venetian Blind Slipper, so named because its cross-pieces give the effect of a venetian blind and perform the same function—to "ere" and obstruct!"

CROCHETED VANITY SET FOR METICULOUS HOME MAKERS



Send a stamped, self-addressed envelope to this paper and receive com plete instructions on how to make this vanity set at home

Returns Home After Visit Mrs. J. Wendell Thomas of 2022 Lake Street, returned home Monday evening, after enjoying herself by visiting with relatives and

friends in Kansas City, Mo. To Husband's Side

Mrs. Louise Rippatoe, office sec retary of The Omaha Guide, left Friday for St. Joseph. Mo., to be with her husband, whose mother

THE ROAD

INFLUENZA By Gerald A. Spencer, M. D. New York. N. Y.

Mrs. Wilkins, a neighbor of mine with three children, phoned me the other day. She sounded rather worried. She said that her husband, who is a truck driver, had just been vaccinated against influenza. The company doctor had told the employees that a "flu" epidemic had been predicted for this winter and suggested that they have inoculations

as a safety measure.

Mrs. Filkins, remembering stories of the terrible "flu" epidemic in 1918, wondered if she and her children should have the vaccine. The Wilkins cildrehn go to school and church. and like to go to movies, parades and other places where there are crowds. Although they are generally healthy, they stayed out of school several times last winter with colds. I told Mrs. Wilkins that, since her children are rather susceptible to colds and other respiratory diseases, I thought vaccination against "flu"

was a good idea. Mrs. Wilkins realized that the influenza vaccine is a preventive measure, not a cure, and that it has to be taken before a person gets the disease to do any good. explained that the vaccine was discovered six years ago, and that

LAKE SHOE SERVICE Now Is The Time To Get Your Shoes Rebuilt! Quality Material & Guaranteed Quality Work 2407 Lake Street

it was made by injecting the in- if Roma sherry, with small glasses fluenze virus (the germ which in a ring and let the guests help causes "flu") into an egg contain- themselves. Cool the sherry wine ing an unborn chick.

She immediately asked whether the vaccine would make her children sick. I said they might have a slight reaction, a coreness of the arm (where the injection would be given, possibly a headache and a slight fever. The reaction, as a matter of fact, could sometimes resemble a mild case of influenza. I explained that I would give them the injection with a very tiny needle under the skin

of the upper arm, and it might sting for a few minutes. Although the vaccine does not provide immunity or protect for for many years, it is effective for at least six months to a year. For this reason it should be used this year, especially, since this winter presents the possibility of a "flu"

epidemic. Like any mother, Mrs. Wilkins wanted to be "on the safe side" where any question of her family's health was concerned. The upshot of the matter was that she and her children came in to be inoculated.

"Flu" is highly infectious and the germs spread very quickly from person to person. That's why when there is "flu" around, there's danger of an epidemic. Doctors hope that wide use of the newly THE PROPERTY OF THE PROPERTY O

Johnson Drug Co. 2306 North 24th St. --- FREE DELIVERY---WE 0998

Watson's

School of Beauty Culture

amparaderivaceaen

ENROLL NOW Terms Can Be Arranged 2511 North 22nd Street - JA-3974 -

-BEATRICE L. MORGAN-

• ATTRACTIVE TEACHING METHODS. • RECITALS. STUDENTS ALL AGES.

2537 Patrick

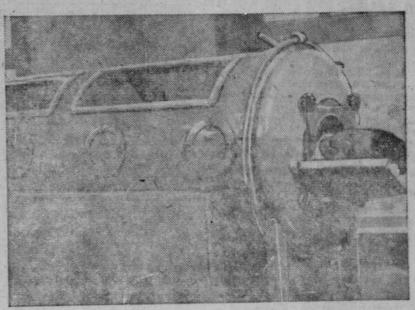
JA-0559

CLASSIFIED ADVERTISEMENT

BEDFOSD PARK-One New Home for immediate occupancy. 2 more for May 1st. Small down payment-F.H.A. and G. I. Loans. Phone Hiram D. Dee, JA. 7718, JA. 1620.

Nice Room for rent for settled couple or railroad man. Modern conveniences. 2509 Maple Street.

"Please Join the March of Dimes"



Aided by the Arkansas State Chapter of the National Foundation for Infantile Paralysis, Estella Orborne, Sparkman, Arkansas, has been in an iron lung since August 8th. For three months she received medical care at the University Hospital at Little Rock. Now at a private nursing home, Estella is making good progress. She is now using the new chest type respirator and is able to be up in a wheelchair at regular intervals. Funds for respirator cases are contributed to the National Foundation for Infantile Paralysis through the annual March of Dimes. January 15-30.

ped vaccine will help pre- should be isolated immediately. symptoms of influenza are a moderate fever, headache, general pains in the muscles, sometimes a sore throat and an irritating disease. cough. Anyone who gets "flu"

January Birthday

A birthday is always a grand

reason for having a party and this birthday basket plays a dual role

since it permits everyone to share in the celebration and also serves

as a novel and decorative center-

piece. Ask everyone to bring a

birthday wish or poem on a small

card. Tuck the cards in colored

envelopes, pile high in a flower

basket and present to the honored guest. If desired, tiny humorous

gifts may be attached to the cards.

For this party, simple refresh-

ments are most appropriate such

as thin cut sandwiches or wedges

of birthday cake, offered with small

suffet table with the birthday

hasket in the center and the birth-

day cake at one end. At the other

asses of sherry wine. Set your

vent future epidemics. The early Old people especially should be guarded against possible infection, they are less able to survive the Your family doctor is the best of when or whether you

> you live and work, and he knows the health conditions in your com-In the past six years, the United States has approximately doubled

> its tanker tonnage, so that it now

should be vaccinated against in-

has about 65 per cent of the How women and girls

from functional periodic pain Cardui is a liquid medicine which many women say has brought relief from the cramp-

1 - Taken like a tonic, it should stimulate appetite, aid digestion,* thus help build resistance for the "time" to

2 Started 3 days before "your time", it should help relieve pain due to purely functional periodic causes.

nd of the table place the bottles beforehand by placing in the refrigerator for one hour or longer. Another refreshment idea that's always welcome on cold, nippy eveings, is this California lemonade, ade with fragrant port wine for

in to visit. CALIFORNIA LEMONADE (Served Hot) 1 tablespoon sugar
1½ tablespoons lemon juice
6 tablespoons water
3 oz. Roma Port

Dissolve sugar in lemon juice in sauce-an. Add and Port. Heat (but do

ifferent and delicious fiavor. This monade, served hot, is approprite for informal entertaining, for bridge games, or when friends drop may get wanted relief

of functional periodic distress. Here's how it may help:

like agony and nervous strain

Try Cardui. If it helps, you'll be glad you did.

* BAR & BLUE ROOM E. McGILL, Prop.

2423-25 NORTH 24TH ST. WINE, LIQUORS & CIGARS Blue Room Open 8 p. m. to 1 a. m. Open for Private Parties from 2 to 7pm -No Charges WE SPECIALIZE IN MIXED DRINKS Free Delivery from 8 a.m. to 1 a m

JAckson 9411 WE CARKY A FULL LINE OF **Bonded Liquors** icoccoccoccoccccccc

ROSE Beauty Salon

Now located at 2219 Maple Street -PHONE: JAckson 7610-Open from 10 A. M. to 6 P. M. Each Week Day.

Featuring AN INTRODUCTORY OFFERING,— A Series of Three Scalp Treatments Mrs. Rose Lucky Johnson formerly operated a Beauty

Salon at 2408 Erskine Street OPERATORS: MRS. REBECCA EVANS, MRS. EDNA McDONALD. MRS. ROSE LUCKY JOHNSON, Prop.

ARE YOU JUST A PLAYTHING FNATURE?

Nature may endow you with breathtaking beauty, a lovely curvaceous figure. She may bestow gifts on you that make you a brilliant actress, a leader in your class at college, sought after at dances, or a charming wife and mother.

Yes, Nature may do all this. And yet you may find your face mockingly slapped if you suffer these distressing symptoms. which so many unfortunate

girls and women do. Something You Should Not Joke About!

So if female functional monthly

disturbances are causing you to suffer from pain, nervous distress and feel weak, restless, so cranky and irritable that you almost turn into a 'she-devil'on such days-THIS IS SOMETHING YOU SHOULDN'T JOKE ABOUT. Start right away-try Lydia E. Pinkham's Vegetable Compound to relieve such symptoms. It's fa-mous for this purpose. And don't



forget - Pinkham's Compound DOES MORE than relieve such monthly pain. This great medicine also relieves accompanying nervous tension, irritability, those tired-out, mean 'pick-oneveryone' feelings-when due to this cause. Taken regularly thruout the month-Pinkham's Compound helps build up resistance against such distress-a very sensible thing to do. Just see if you, too, don't remarkably benefit! All drugstores.

Lydia E. Pinkham's COMPOUND