

The Omaha Guide

A WEEKLY NEWSPAPER

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THE COMMON DEFENSE

(by Rev. Williams C. Kernan)

QUESTIONS WE CANNOT ESCAPE

The purpose of American society to make steady progress toward the goal of liberty and justice for all has never been better defined than it was by Abraham Lincoln. Starting from the principles of the Declaration of Independence, Mr. Lincoln said, "Public opinion on any subject always

has a 'central idea' from which all its minor thoughts radiate. The 'central idea' in our public opinion at the beginning was 'the equality of man' and, although it has always submitted patiently to whatever seemed to be a matter of actual necessity, its constant working has been a steady and progressive effort towards the practical equality of all men."

What Mr. Lincoln said so truly and so clearly in the middle of the 19th century is still true and must always remain true of America. Democracy in this country is tested and proved in every generation by the degree to which it succeeds in applying the principles of the Declaration of Independence to the lives of all the American people.

Is there more opportunity for more people so that the sons of the lowliest may by the exercise of virtue and hard work, attain the goal toward which they strive? Are the civil rights of all guaranteed and protected so that, in the wise employment of them, men of talent, however obscure today, may live to bless the common life of us all tomorrow? Is racial and religious prejudice and its unseemly offspring, discrimination, consigned to the limbo of all foul and

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Palmer's SKIN SUCCESS OINTMENT

Show Fronts

BY JOHN M. LEE

An Item or Two About A Personality or Two
NEW YORK—Hollywood has never permitted a Negro star to shine in the celluloid heaven it has created out of pure imagination. Photogenic Lena Horne has come closer to the distinction than any other Negro performer, but she has missed the mark by so great a margin, it is possible that she will soon fade unless she gets a break of some consequence almost immediately.

she has never had a chance. For all of the vaunted liberalism of the Hollywood studio personalities there isn't the slightest hope that a Negro actor of the highest ability will get a chance to rise to stardom. Witness the slaughtering of the exceptional ability of Canada Lee in the film, "Lifeboat". Hollywood is not averse to using the device of token representation to satisfy the millions of Negroes who support the film industry. Negro actors are featured in grade 'A' pictures in segregated spots that flash on the screen for a few brief minutes, and which many times do not have a discernible relationship to the story.

THEY'LL NEVER DIE By Elton Fax
JAMES A. FIELDS WAS BORN A SLAVE 1844 IN HANOVER COUNTY VA. AS A BOY HE WAS A CARE-TAKER OF HORSES USED OFTEN BY WHITE LAWYERS & WAS THUS THROWN INTO CONTACT WITH LEGAL AFFAIRS. HE WAS A MEMBER OF THE FIRST GRADUATING CLASS AT HAMPTON INSTITUTE! 10 YRS. LATER HE WAS GRADUATED FROM THE LAW SCHOOL AT HOWARD UNIV. MR. FIELDS WAS IN TURN A SUCCESSFUL TEACHER, LAWYER, LEGISLATOR, & PROPERTY OWNER. OF HIM VIRGINIA MAY WELL BE PROUD!

JAMES A. FIELDS - PROMINENT LAWYER OF VA.
Continental Features

in the days of which Kipling wrote "We must do as he advised, and stand firm, armed and ready, that we may be able to say: 'We never pay any one Dane-geld' No matter how trifling the cost. For the end of that game is oppression and shame, And the nation that plays it is lost!"

Your BABY
By Edna Mae McIntosh

There are some "tricks" about introducing new foods which it is as well to know about even though you may not need to use them.

Most babies love cod liver oil, providing mother doesn't show in any way that she doesn't like it. It is not a good practice to mix it with other foods. Give it before the path so that if some is spilled it doesn't get on his clothes.

Orange juice is diluted with boiled and cooled water. If it seems to upset him it may be put into his milk. If he is breast-fed, postpone giving it for two or three weeks and then start again. It may be added to the milk and put on his cereal and thus diluted.

Cereals, the special pre-cooked baby cereals, are usually the first new food given a baby. At first use enough milk to make it quite liquid, more nearly like a thickened milk than a cereal. If your baby is breast-fed, starting cereal gives you an opportunity to introduce another form of milk—usually diluted evaporated milk.

When the first thinned vegetable or fruit is given, it is fed with a spoon. This method helps to accustom your baby to the spoon as a utensil. If he doesn't seem to like the new food, remember it is a new texture and consistency and not so much a matter of a new taste. Dilute it with milk for the first few feedings. Either vegetable or fruit may be thickened with some of his cereal. It makes the new food more like the cereal he already eats.

Jackson-Cox In Prelim Go
A few months ago Omaha's Eugene Brown was working on an impressive string of welterweight kayos. He looked like a sure comer. Then Warren Corbett cooled the Omaha. That shot Corbett to the top of the preliminary-boy heap.

And then last week Sioux City's Jesse Jackson hammered out a decision over Corbett; flooring the Minnesotan twice.
So now it's Jackson who steps into the picture. Wednesday he was matched with Roy Cox, busy club fighter out of New Orleans, for a four-rounder on the August 12 Council Bluffs Legion Park outdoor card.
The Legion card, probably the last outdoor show of the local season, will offer a double main event. Uancho De La Cruz will swap punches with Sterling Ingram in

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The Waiter's Column

Blackstone waiters topping the service at all times.

Railroad boys serving with a smile on wheels.

Regis hotel and White Horse Inn waiters on the up and go on service.

Fontenelle Hotel waiters on the improve at all angles of the service.

Waiters at the Hill hotel quick

CROSSWORD PUZZLE

All country clubs going good as the golf season is going over big.

Musical headwaiter continues as a head-liner at the foundation he had built is becoming more solid every day.

This writer had a very pleasant interview with the streamlined lunch car man Mr. James Robinson in a Northside business house on his return from a tour with the Shriners.

Northside Drama

By Al Sparks

TRAFFIC SAFETY RECORD
Al says this auto safety record contest reminds him of high school track meet competition, while he was watching Di Giorgio, Christensen won the race. But, traffic safety prizes, we can still beat Detroit's record and save many lives in doing so.

CONTEST
Old Timer says these homicides, or whatever you call them, won't let him sleep and that little sleep he does get, is marred by dreams.

Last night he dreamed that the Negro news publications were sponsoring a nation-wide anti-homosexual contest offering cash prizes to the cities most successful in suppressing casualties. Such cash prizes to be used to fight juvenile delinquency, the source of most crime.

PASSIVE RESISTANCE
Whenever there is something in the paper which displeases him, one subscriber calls up and demands a limited cancellation. Says a permanent cancellation would kill the interest. Old Timer says: "Tell me the reason, it ain't pleasing."

WHO'S NUTS
The fellows in the office were debating the feasibility of using "mental immaturity" to describe vandals, criminals and delinquents. One group maintained that violence and crime was an indication of mental immaturity. Another group said that crime is not necessarily a sign of "mental immaturity", the offenders just plain "didn't care". Old Timer said mental immaturity did not necessarily mean insanity. A lady staff member said "only people who are mentally mature have enough sense to go crazy" Al said "Nuts".

QUALITY OF MERCY
It appears that this fellow Taylor has little appreciation for the quality of mercy. How many faiths did he break?

Many Vets Buying Surplus Property
Veterans of World War II are now buying more than half as much surplus property in one month as they formerly bought in six months. War Assets Administration reported today.

Sales to veterans in June accounted for 35 percent of all Consumer Goods sold during the entire month. The total of sales in terms of reported costs was \$221,815 of which the veterans share was \$77,789. This is an increase of 63 percent over the previous month. Veterans previous peak was \$47,789 which occurred in May.

Gordon T. Burke Regional WAA Director said that Omaha's Regional sales to veterans accounted for 51.3 of all Consumer Sales during the month, amounting to

CROSSWORD PUZZLE

STANBACK

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"HEALTH AND BEAUTY"

FALLING HAIR

Someone has said that "an ounce of prevention is worth a pound of cure". We find his saying very true in the falling of hair. It is much easier to keep a healthy head of hair than it is to grow a beautiful head of hair with a diseased scalp.

In order to understand the principles underlying the treatment of the scalp, and reaches the surface to the production of a new growth of hair we should learn what the hair is and how the hair grows. We are then in a position to know when we can expect results and why.

By Christine Althouse



The hair like the nails, is an appendage or an out-growth of the cuticle, and reaches the surface through the hair follicle (a tube-like inversion of the skin). From the bottom of the hair follicle, we find the papilla or "mother" of the hair. It is from the papilla that the new hair is created as it is here we find the nerves and blood vessels.

(To be continued next week)

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