

The Greater Omaha Guide's HOME-MAKER'S CORNER

America's War Loan Record

Loan	Quota	Sales	Percent of Quota
(In Millions of Dollars)			
First	\$ 9,000	\$ 12,947	144
Second	13,000	18,555	143
Third	15,000	18,944	126
Fourth	14,000	16,730	120
Fifth	16,000	20,639	129
Sixth	14,000	21,621	154
Seventh	14,000	26,313	188
TOTALS	\$95,000	\$135,749	Average 143

FIGHT Inflation!

Get this anti-inflation list from your OPA price board today! Help fight inflation by writing prices you pay on the list. Send list to your OPA price board. If you have been overcharged, OPA will take action against the violator. Your name will not be used if you so request.



GROCERIES

ITEM	BRAND	SIZE OR WEIGHT	I PAID	CALLING PRICES
Tomato Soup	Sunshine No. 1	10 1/2	.094	.074
Baked Beans	Sage	18 1/2	.104	.104

... Then FOLD and MAIL it to your Local OPA Board.

REMEMBER! An OVERCHARGE is the same as a PAY CUT

A Delightful Gift for A Woman You Know... Powder Cape

Indispensable to the fastidious woman who likes to comb her hair and put on makeup after she is dressed. These capes are made of a water-repellent fabric—in a ring pattern on pastel grounds.

\$1.25

MAIN FLOOR SQUARE AND NOTIONS

Thomas Kilpatrick & Co

TO CARVE RIBS



1 Have the butcher cut along cartilage end of ribs to loosen but not remove breast bone.



2 After braising, remove breast bone before sending to table. Save that bone and the tissue attached to it, and when the oven is lighted for other baking, melt it down, add the grease to your salvage container.



3 Cut one or two ribs for each serving.

TO CARVE BRISK



1 Place whole cooked brisket with fat side up, and rounded side away from carver. Divide brisket into two pieces.



2 Turn thick or rounded end of brisket at angle to allow removal of slices.



3 Remove slices from this end of brisket at angle shown in order to cut across meat fiber. After dinner, try out the scraps of fat left on dinner plates. Every drop of fat is needed now as never before.

TO CARVE STEAK



1 Before serving, remove blade bone, back strap, and any loose pieces of back bone. Excess fat should also be removed, melted down, and added to the used fat container.



2 At the table, remove rib and back bone.



3 The muscle along the back bone is more tender than the muscle around the blade bone. Carve so that every serving includes a part of each muscle.

SOCIAL NOTES

NEIGHBORHOOD IMPROVEMENT CLUB MEETS

Catalpa Place Improvement Club met at the home of Mr. and Mrs. F. A. Kincaid, 2861 Corby Street, Friday, November 30. Mr. W. F. Haynes was chosen permanent chairman and Mrs. Kincaid was elected secretary. The next meeting will be held January 11, 1946 at the home of Mr. and Mrs. James E. Grizzard, 2860 Corby St.

BOARD AND STAFF MEMBERS ATTEND CONFERENCE

Mrs. Grayce A. Bradford, Neighborhood Secretary, and Miss Mae B. Taylor, Vice President of the Board of Directors, attended the regional conference of the National Urban League in St. Louis, on December 6, 7, and 8.

LONG SCHOOL PTA

The Long School PTA will have its Christmas program Thursday, December 13 at 2:45. Christmas carols will be sung by the upper grade pupils.

Mrs. Milton Johnson, Pres., Mrs. George Reeves, Publicity Chairman.

LEADS IN CONVENTION GO HANG! THURS., FRI., DECEMBER 20, 21

Miss Dorothy Watson will portray the part of Ruth Jenkins in the Muse Drama Guild Production "Convention Go Hang!" Thursday, Friday, December 20, and 21st, 1945 at 8:00 pm. in the Urban League Auditorium. She is a new comer to the Drama Guild Stage, bringing along abundance of experience gained acting in church dramas and high school dramatics. She is an ardent participant in community activities and is past President of Tomorrow's World. She likes the stage especially acting and from all indications shows promises of going places in the dramatic field if she decides to so continue.

Mr. Eddie Wright who entered our armed services in the Army branch, August 1942 and just recently discharged October 1945, winner of the Purple Heart and Bronze Star while serving in England, France, Belgium, Holland, Scotland, Luxembourg, will play the part of Donald Blair who has just returned from College to startle his family with the announcement he is not going to get married, but he plans to devote his life to writing a book on Soul Freedom. Before entering service Mr. Wright has written and directed several plays, one being a musical Deep Purple. He comes to the Drama Guild Stage well qualified for his role in this production.

Jack West a student enrolled at the University of Omaha taking up his pre-medical work will star in the part of Regis, rival for the hand of Ruth Jenkins. Jack is activity member of Medical Club, President of Tomorrow's World and very popular among the younger set.

Supporting this cast of all-stars studied show are Miss Clair Robbins (as Betty Blair), Mr. Harvey Carter (as Mr. Blair), Miss Bur-



EDNA MAE MCINTOSH

Miss Edna Mae McIntosh, above, succeeds Lillian B. Storms as writer of the "Your Baby" column which appears regularly in this paper. Miss McIntosh formerly taught nutrition and conducted nutrition research at Florida State College for Women. She received her undergraduate degree (B.S.) and also her Master's degree from that institution and then worked toward her doctorate at Columbia University.

For Greater Coverage ADVERTISE IN The Omaha GUIDE!



Your BABY

By Edna Mae McIntosh

This column now is being written by Miss Edna Mae McIntosh, formerly assistant professor of foods and nutrition at the Florida State College for Women. She succeeds Dr. Lillian B. Storms.

The foods introduced into your baby's diet during the first year are given for several reasons. Milk is almost perfect as an infant food but lacks several nutritive factors in sufficient amounts for rapidly growing little bodies.

Vitamin D is one necessary factor. If irradiated milk is used in the formula, your physician may consider enough vitamin D is supplied, or he may prescribe additional amounts in the form of cod liver oil.

Another substance needed is vitamin C, which is the reason orange juice is started before the end of the first month. Milk has very little iron. Anemia once was a common disease at five or six months of age. Modern babies are given special baby cereals which have added iron to supplement the small amount in milk. Present day babies seldom show any signs of anemia.

The baby cereals also have added thiamine or vitamin B, because milk has far less than needed. The richest source of thiamine is dried yeast which also has the other members of the vitamin B complex and some valuable protein. The baby cereals have added dried yeast to supply these factors. All of these are needed for growing healthy bodies.

The strained vegetables and fruits furnish additional vitamins and minerals. Another important reason the solid foods are given much earlier than they were a few years ago, is to teach babies to eat a variety of foods. If milk is the only food for five or six months babies become accustomed to a liquid diet and are apt to resist solid foods.

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"Free Delivery Twice A Day"

ney (as Mrs. Blair), Harold Matthews (as Buddy Jenkins). Don't miss this show for down right good entertainment. So come see Convention Go Hang! Thursday, Friday, Dec. 20th, and 21st, for there is fun enough for all in Convention Go Hang!

RETURNING SERVICEMAN

Corporal Charles Pete Smith, son of Mr. and Mrs. Ray Smith of 3012 Pinkney, has returned home after 23 months in the armed forces, 18 of which was served overseas.

The mother, Maggie Smith with all 6 children and a school mate friend of Corporal C. P. Smith, Miss Nonie Tucker attended church services at Mt. Calvary.

A special song was sung for Corporal Smith that was on his mind constantly while he was overseas, "Just A Closer Walk with Thee."

The mother feels that she has indeed been blessed in having her family safely together again.

The WEEK



(BY H. W. SMITH - HA-0800)

A Postwar disposal of the 15 dollar fleet of the U. S. A. ships will be brought before the U. S. Senate at an early date. The bill has been passed by Congress.

Washington, DC. reports by the U. S. Public Health Service that the rate of the influenza on December 29 was higher than in the last five years.

Six persons were overcome with gas fumes in Des Moines, Iowa on November 29.

Two young girls were arrested in Omaha for the theft of a purse on Nov. 29th...they admitted their guilt.

A five year old girl was killed by a truck in Tecumseh, Nebraska on Nov. 29th.

892 veterans of World War II were placed in Civil service jobs in states in October and November the report from the St. Paul, Minn., headquarters.

An Indian has been granted a beer license the assist. Attorney General of the State said an Indian is entitled to all privileges as any law-abiding citizen.

Read the Omaha Guide for all the news of the race!

Three persons were shot in Kansas City, Mo., in a family misunderstanding on Sunday afternoon, December 2nd.

Ford Motor Co., to get release of their building on Dec. 17 and it

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• Read The Greater OMAHA GUIDE Every Week

WILL MAKE PERSONAL APPEARANCE TOUR



IPS Photo Exclusive to Ted Yates Publications

It is an established fact that Louise Beavers (above) is an outstanding star of stage and screen. Her performance in the screen attraction "Imitation of Life" (in which another septa favorite—Miss Fredi Washington, now theatrical editor of the newspaper PV—also portrays a major role) is superb. Playing to record-breaking crowds, the film has been banned in the Deep South, where according to "Southern tradition" democracy is not at work. However, Miss Beavers, beloved by all, by popular demand will soon make a personal appearance tour. Joe Glaser, under whose direction the star has climbed to the top, in an exclusive interview revealed that he will positively accept bookings for this stellar attraction below the Mason-Dixon Line as well as in other sections throughout the country. Men like Glaser are real Americans.

will be opened as an auto parts depot.

Mat Kimes an Oklahoma desperado was captured in Little Rock, Ark., after being struck by a truck.

Omaha had the first real snowstorm on Sunday afternoon Dec. 2.

Are you a member of the NAA-CP? If not, take a membership today!

Read the Omaha Guide for all the news of the race!

THE NAA-CP
The Membership Committee held a very interesting meeting on November and the wide awake chairman was very much out in front on instructing all workers to step on the gas for new and active members as we should be very near the 2,000 member mark in Omaha.

***STORM - SASH Paint - Roofing SUTHERLAND LUMBER CO.**
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NEGRO DOLLS
Every home should have a Colored Doll. We offer in this sale two flashy numbers. With hair, moving eyes, shoes, stockings, nicely dressed. Price \$4.98 and \$6.59. If C. O. D. postage extra. Dealers—Agents wanted. Write National Co., 254 West 135th St., New York, 30.

Tortured man gets help!

Lemon Juice Mixed at Home Relieved RHEUMATIC PAIN says Sufferer!

"I have used ALLENRU for several months. I could hardly walk on account of my knees. But now those pains are relieved. I can go like a race horse now." Mort Shepard of Ohio.

Don't be a victim of the pains and aches caused by rheumatism, lumbago or neuritis without trying this simple, inexpensive recipe you can mix at home. Two tablespoons of ALLENRU, plus the juice of 1/2 lemon in a glass of water. Try a bottle TODAY! Be entirely satisfied with it—or money back. 85¢. Drug stores.

DEAF?

Do you suffer from hard of hearing and head noises caused by catarrh of the head? WRITE US NOW for proof of the good results our simple home treatment has accomplished for a great many people. Many past 70 report hearing fine and head noises gone. Nothing to wear. Send today for proof and 30 days trial offer. No obligations!

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