THE OMAHA GUIDE

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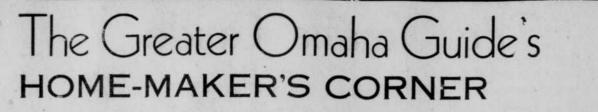
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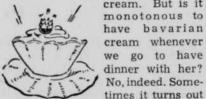


### **One Dessert—Many Variations** (See Recipes Below

### Variations on a Theme

I have often thought that most of us would be better cooks if we learned to make a few dishes well instead of gathering hundreds of recipes without ever learning how to do any one of them well enough to set in front of company. Then, if these few dishes get monotonous, there are always good variations to use to make them seem entirely different than the basic recipe.

One woman whom I know frankly admits that the only dessert which she can be certain of turning out 'right and proper'' is a bavarian cream. But is it



times it turns out to be maple flavored, garnished with

Lima Beans with Ham Chunks Seven-Minute Cabbage Fried Tomatoes Jellied Pear Salad Bran Muffins Jelly Orange Chiffon Pie Beverage

lenus

bers' Point-Easy

delicious variations, too, if you have a good basic recipe:

1 teaspoon vanilla

Custard Base Ice Cream. 2 cups milk ⅔ cup sugar 2 tablespoons cornstarch 3 eggs 1 cup heavy cream

Scald 11/2 cups milk and add all dinner with her? but 2 tablespoons of the sugar to it. No, indeed. Some-Add cornstarch and salt to remaining 1/2 cup milk. Add to milk which has been heated in top part double boiler, stirring occasionally Buy your Poultry at the Beat 3 egg yolks and 1 white, add the hot custard and return to double Nebraska Poultry boiler to cook for 5 minutes. Chill. Beat 2 egg whites with the remaining sugar until stiff and add to chilled custard with vanilla. Finally add cream which has been beaten until thick but not stiff. Freeze without stirring.

# PRICE OF PEACHES ALONG ATLANTIC SEABOARD INCREASED: LOW SUPPLY

PEACHES PLENTFUL HERE bushel container; 1,3 cents a pound (From the OPA)-The ceiling, for peaches in non standard conpring for fresh peaches grown in tainers and 1,3 a bushel for ungradeight States along the Atlantic sea- ed, orchard-run peaches in any conboard, and in West Virginia, has tainer.

been increased 61 cents a bushel for For peaches grown in Delaware the period August 1-20, 1945, the Maryland, New Jersey, New York, Office of Price Administration said. North Carolina, South Carolina, Pen ENROLLS 14,636 MEMBERS Retail ceiling prices will be in- nsylvania, Virginia and West Vir-Philadelphia, Pa.-Harold L. Pilcreased 61 cents a standard bushel ginia, the old and new ceiling prices grin, director of the very successful container; 35 cents a standard half f.o.b. the shipping point, follow:

Philadelphia NAACP membership drive, reported this week 14,636 Graded and packed in standard members and \$22,226,97 in

PHILADELPHIA NAACP

organiz

NAACP

individu bers ead

	Graded and packed in standard half	\$3.04
ation of the "50" club, first	bushel container	1,9
ually responsible for 50 mem-	Graded and packed in non-standard . container, per pound Orchard-run packed in any contain-	7.5 cer
ch.	er	6.6 cei

In the membership drive workers who secured more than 100 new tory under the Stabilization Exten- OPA said. The increase granted is manda- have been substantially reduced,

NAACP members were: Dr. Thomas sion Act, which provides for ceiling (Amendment 134 to Maximum Georges, 367; Mrs. Marie Bowes, prices to be increased when yields Price Regulation 426-Fresh Fruits 134; Miss Susan Masseaux and Mrs. are substantially reduced by unfav- and Vegetables for Table Use. Sales orable growing conditions. Reports Except at Retail-effective 12:01 a. O. M. Duncan, 117; Warren Smith, indicate that the yield of peaches in m. August 1, 1945.) 115; C. L. Epps, 114; Mrs. J. M. the States covered by this provision

Davenport, 111; Lida B. Lee, 107; INFLATION Capt. B. E. Ammons and Alvin Moss and Mrs. Susan Washington, 104. William C. FitzGibbon Attorney Theodore M. Spaulding is president of the Philadelphia branch,

Four thousand years ago a hungry man started "inflatior" when he bar-

tered away his birthright for a mess take an active part in fighting infla-

down. Likewise, if we Americans in- plete victory over it unless we wage sist upon gratifying our desires by war against it every day in every trading our plentiful dollars for in- week throughout the years by investdustry's scarce supplies of consumer ing every available dollar in War goods, we, like Esau, will barter away Savings Bonds.

our birthright of economic stability in the post-war years to come. Spending an extra dollar a day

doesn't seem much. After all "it's only a dollar." But spending that extra dollars-300 days in the yearracks, or housing markets.



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H. ANRDEWS, Prop. -Phone JA. 4117WHITE MEN TO TAKE AWAY ADVANTAGES WON BY NE-

possible use that can be made of the

remainder of these funds is to invest

**GROES UNLESS LEADERSHIP** CAN CONTROL MASSES Probably our greatest need today amounts to \$40 billion for the coun- is someone to give the race a lasting try-\$40 billion squandered-because lesson in the fundamental values of there is not that much extra value life beyond the mere routine of getavailable on meat blocks, garment ting the job to earn the money with which to buy food, pay the rent and The extra dollars spent, buy in- purchase clothes.

pointing out cases which he will con-Without going into the long argu-To prevent this wanton dissipation | mentative passages of profound sotend stress characteristic racial tenof our surplus buying power we must cialogical whyfores and wherefores dencies. He is going to show that Nechannel its flow into reservoirs of of the race problem, it can be safely gro children, masses of them are alcredit to conserve and augment its said that the American Negro stands most completely ignorant of the dispresent value for future distribution in danger of losing every social adciplinary controls that go with American family life and run wild through when post-war industry can produce | vantage he has won or been granted ample consumer supplies. unless he pulls himself together right

This is a private fight. It's personal away and gets rid of his own burden. to each of us. It's a battle, the prog- That burden is, lack of mass discipress and outcome of which affect line, lack of respect for the rights of every American pocketbook today and) others, and true pride in honest race the strength of our individual and achievement.

national economic structure in the to- The war is going to end some day morrows that will come. It is a con- and when it does, many of the temflict, however, in which each one of porary advantages we have won in us may arm himself with a ready and the midst of a national hysteria are

"THE GOVERNMENT NEEDS AND ASKS ITS CITIZENS TO MAKE SURE OF THE BIGGEST POSSIBLE HARVEST FROM YOUR VICTORY GARDEN, AND STORE AND CAN FOR YOUR FAMILY'S NEEDS. CIVILIAN SUPPLIES OF CANNED VEGETABLES WILL BE LOWER NEXT WINTER."

American life-the outstanding jobs small minority of the American Ne-The white man is going to point to | that have come to us in recognition | groes who have had the advantages of our abilities; the social prestige we of schooling, exposure to cultural inall the outward manifestations of our lack of control as a basis for his su- are attaining on the exploits of our fluences are ready to take their place perior attitude; he is going to illus-Marian Andersons, Paul Robesons, in the Negro middle class, were all trate his case with the increasing in-Joe Louises, Ben Davises, George that mattered. cidents of our juvenile delinquency,

MAKE SURE OF A BIG HARVEST !"

criminally neglected.

Washington Carvers, and so on-those The problem then would be basileading us haven't seen the fact that cally changed. The possibilities of the great mass of Negroes-the 20 complete integration into American million and over of us who make up life of the Negro would be brighter. America's minority grouu, are being The efforts of Frederick Douglass, W. E. B. DuBois, James Weldon

recencenter

It would be lovely indeed, if that Johnson, Walter White and others



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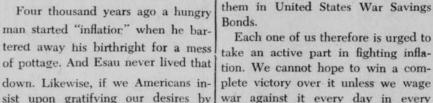
WOMEN WANTED

CLIMAX









pecan nutmeats. Another time she will cleverly flavor it with chocolate and coffee, a most intriguing combination. Then during the fruit season, she has a spree by adding delicious combinations like pineapple and apricots.

Basic Bavar'an Cream. (Serves 6) 1 envelope plain, unflavored gelatin

1/4 cup cold water 2 egg yolks 1/2 cup sugar 1/4 teaspoon salt 1 teaspoon vanilla 1 cup thin cream 2 egg whites

Soften gelatin in cold water. Scald milk in top part of double boiler, then gradually add the combined egg yolks, sugar and salt. Return to the double boiler and cook until custard-like in consistence. Remove from heat, add gelatin and stir until dissolved. Add vanilla and cream. Chill, and when mixture begins to thicken, beat until fluffy with rotary egg beater. Fold in stiffly beaten whites. Pour into mold or molds that have been rinsed in cold water. Chill until firm. When ready to serve, unmold and garnish as desired.

Bavarian Cream Variations. Maple Bavarian: Make above recipe using shaved maple sugar in place of white sugar. One dozen cut marshmallows may be added or 1/2 cup chopped pecans or walnuts. Butterscotch: Omit white sugar. hot custard.

Chocolate Rice: Beat 3 tablespoons cocoa into 1 cup cooked rice and fold into bavarian mixture.

Fruit Bavarian: Fold 1 cup diced fruit into bavarian cream after it starts to thicken.

Chocolate Bavarian: Add 2 squares melted, unsweetened chocolate or 6 tablespoons cocoa to scald- excellent suggestions. They are ed milk. Continue as directed. If a slight flavor of coffee is desired with the chocolate, substitute 1 tablespoon cold, boiled coffee for 1 tablespoon of the milk.

Coffee Bavarian: Substitute 1/2 cup cold, boiled coffee for 1/2 cup milk and add 1 tablespoon lemon juice. Ice cream comes in for many

Lynn Says How to make good pastry: The proper proportion for pastry is cup flour, salt to taste and 1/3 cup shortening or substitute. The important points are: have ingredients as cold as possible; never over-mix shortening and flour. The mixture should be "lumpy" about the size of giant When the shortening is not

thoroughly mixed with the flour, it "streaks" and makes for flakier crust. Too much water makes the

pastry a "toughie." Use just enough to make the dough stick together. On damp days, less water is required, on sunny days,

### Ice Cream Variations.

Banana: Crush three bananas through potato ricer, adding 2 tablespoons lemon juice. Add to custard before adding egg white. Caramel: Heat the sugar of the

> above recipe in heavy skillet stirring until melted and light brown in color. Add 1/4 cup water and

plus 1 tablespoon of sugar. Proceed as directed above. Chocolate: Melt 11/2 to 2 table-

adding to custard while hot. Coffee: Scald 1/3 cup finely ground

coffee in the milk, then strain through three thicknesses of cheesecloth. Proceed as above, adding 1/2 teaspoon almond flavoring. Mint: Add 1/8 teaspoon mintextract for vanilla. Tint the ice cream a delicate green. Or, if mint extract is Cook 3/4 cup brown sugar with 2 not available, melt 1 cup crushed tablespoons butter and add this to or ground mints in milk. Tint pink or green, as desired.

> Peach: Add 1 cup crushed peaches, 1/3 cup sugar and 1/4 teaspoon almond extract. Omit vanilla. Now we come to an interesting

variation in the meat department. When you want to dress up pork chops for company, here are two stuffed to stretch the meat. Pork Chops I. pork chops (cut pocke thick alongside bone) 2 cups toasted bread cubes

Salt and pepper to taste 2 tablespoons parsley 4 tablespoons fat 1 can tomato soup Stuff pork chops with toasted bread

SO.

cover and cook over low heat fo

Perk Chops II.

6 thick pork chops, cut for stuffin

2 tablespoons lard or substitute

Stuff pork chops with a well sea

soned mixture of rice and pimien

tos. Pin with toothpick. Sear

chops until golden brown: Seasor

with salt and pepper, and add 1/2

cup water, cover tightly, and cook

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cubes and parsley. Pin together

with a toothpick.

Sear chops on

let. Season with

salt and pepper,

add tomato soup.

both sides in skil- D

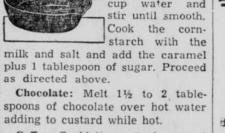
60 minutes

1½ cups cooked rice

2 pimientos, shredded

until tender

Salt and pepper to taste



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potent weapon effectively to destroy going to be taken away from us by our common enemy-inflation. the white man flushed with victory That weapon is War Savings Bonds. and with enhanced pride in the abili-

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\$160 billion during the fiscal year The prejudices which we fight at 1945. Of this, normal taxes-Federal, home so valiantly are going to be State, County and local-will take more vicious, and necessary to the some \$21 billion. This will leave ap- white man as he settles down to rein your spare or full time! NG proximately \$139 billio nin the hands construction of his domestic social ormore bossesm NO depression wor- of the American people. It is esti- der. First and foremost among the ries Our sure-fire plans tell you mated that of this some \$99 billion reasons that will be put forward why HOW to start your own paying will be spent for necessary consumer the Negro must be kept in the status Send for our NEW. "3-WAY goods and services, thus leaving \$40 of a second rate citizen or inferior

being is that he cannot control his It is obvious, of course, that if we own people. It will be claimed that should insist upon using this \$40 bil- he must constanly be supervised by lion to acquire merchandise valued at whites (whether by policemen, lynch-\$99 billion for which a like sum has ing mobs, or Jim Crow rules and regalready been provided, we would in ulations) to avoid serious conseface be paying \$139 billion for com- quences to the overall pattern of Ammodities and services worth but \$99 erican domestic social and economic Designation of the second s billion, accordingly the surplus funds

available in the hands of the American people, \$40 billion, would con-Use The Omaha Guide stitute the margin of inflation. While portion of this excess revenue will As A-

counts in banks, building and loans Medium of Advertising and similar thrift institutions, the best

Negro of earlier generations (reared in the fear of the white man, taught by example to accept the inferior status in which he was placed) is typical of the kind of Negro to be desired to live in the midst of the "new white" civilization the white man intends to build in this country, after the war.

We Suffer Too Much Waste It is strange, indeed, that in our rapid acquisition of better places in

public or is ready to receive, that t

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