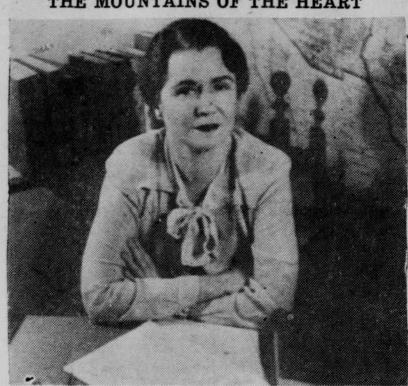
THE MOUNTAINS OF THE HEART



(by Ruth Taylor)

Every heart has its own mountains to cross.

Several years ago on my way back from the West Coast, I stopped off in Colorado and one never-to-be forgotten day I drove out to visit a few of the editors of the small town papers. One place I stopped, was just a little one street town nestling into the heart of the mountains. I stood with the editor at the front door of his office and looked around at the mountains circling the town. It was sheer unadulterated beauty and I said enviously, "How fortunate are you who live here!"

He smiled a soul-weary smile and said, "I know what you mean—but our hearts are always striving to cross the mountains."

Every heart has its own mountains to cross. No matter where we live, we feel that happiness lies on the other side of the range that had our ways been laid in other places, we would have done so much, we would have gone so far!

We condemn those who live on the other side for not making the most of their great opportunities. We forget that they in turn condemn us for not realizing how fair our own pathways are. Intolerance breeds on both sides of the mountain, whether it be a physical one or a mountain built of our own prejudices and ignorance.

Mountains are too often but misunderstandings. They look impassable to those who only see them from afar. But those who live among them know that there is always a way through.

The trails of understanding are not easy. No trail that leads upward is ever an easy road at the start. Carved out of the living rock by the explorer, made by his sufferings and hardships, it requires the footsteps of many to make it a road. No road can ever be made alone.

But the reward of effort is great. When one reaches the summit and sees both sides of the mountains—then is the way made clear. Then is the hour of understanding. Then has the heart truly cross the mountains.



Recognition By GEORGE S.BENSON

President of Harding College Searcy. Arkansas



SHOUTS of hurrah for a hero ielp other people more than him. The effect is to inspire everybody to public service. Unselfish things people do for their country, home town, family or church, are not rightly done for praise. In fact, people who do noble things with glory as the primary aim quite often miss the target.

Danville, Ill., cashes-in on this powerful influence. The Commercial-News, a Danville daily newspaper, keeps the idea alive. Every Monday morning the paper carries a story about some citizen who has performed a noteworthy public service. He is designated the "Man of the Week," and the article tells why, also, other in-teresting things about the man.

Something SELECTIONS are Unselfish always on a basis of public service, not personal achievement. An ambitious young insurance man who sells his first million-dollar policy is not necessarily Man of the Week, although he probably feels pretty successful. Dan-ville's Man of the Week must have done something big for Danville and, like as not, received no commission on it.

The weekly selection, the biographical sketch of some good citizen every Monday, the repeated reminder of what a fine thing t is to be unselfish and thoughtful, keeps Danville's citizens "on

TROUBLEU BYNDL

efer Innerclean Herbal Laxative.

1. Contains only Natural Herbs.

the Family for Months.

Caution: Use only as directed.

At all druggists. Or write for FREE GENEROUS SAMPLE, Innerclean

Herbal Laxative

2. Thorough yet Gentle in Effect.
3. No Unpleasant After-effects.

No Unpleasant After-effects.
Pleasant and Easy to Take.
No Fuss, No Brewing, No Bother.
Dose can be easily Adjusted to your Individual Needs.

ical, a 50c package lasts

their toes." They never let a good man down. The newspaper learns of praiseworthy achievements because somebody always writes to the editor and tells him.

A One-Man ARTICLES all are Selection written by a modest scribe who signs his name Bob Poisall; no title after it. Incidentally, Bob picks the Man of the Week every time. He does it without help or advice from staff or board. Usually he selects a man of Danville, Vermilion County, but there is no rule. If the town's benefactor lives somewhere else he's not

Every year, since April 1940, Mr. Poisall has planned and organized a dinner with all trimmings and invited his 52 select ed men to eat with him. This banquet has become quite an institution. There are not always just 52 men present. Once in a while Bob has a hard time deciding which of two good men te choose and ends by naming both

The moral to this story is obvious. Once I attended Bob's ban quet - a completely American function. I met 52 good men and true, most of whom were still surprised that what they did should be considered great. May be every town can't have one but it's a constructive project for any community where there is a mas who has the knack.

Trouble Spot Prague was a source of political nd religious doctrines that shattered the peace of Europe for centuries. From a Prague pulpit John Huss expounded his ideas for the reformation of the church, and kindled the spark of Czech nationalism that later flamed on battlefields. Prague's loss of religious liberty under Austrian rule started the Thirty Years war which cost the country its independence. Turmoil had its contrast in the peaceful reign of Prince Wenceslaus, canonized as a saint and immortalized in the Christmas carol "Good King Wenceslaus."

EDITORIAL - COMMENT Washington Digest

Concentration Camps **Turned Men Into Brutes**

Prisoners Who Survived Cruelties Eventually Adopted Ways of Their Sadistic Guardians.

> By BAUKHAGE News Analyst and Commentator.

(This is the second article on postwar Germany explaining how the Nazi nned terror," methodically applied to the older Germans, has produced a state tind among the anti-Nazis which vastly complicates American rule of Germany.)

trolled by law and order. To be de-

prived suddenly of one's civil rights

with no recourse, came as a severe

The transportation to the camp

and the initiation into it frequently

and psychological torture which the

Corporal punishment, says Bettel

heim, describing his own observa-

tions, consisted of whipping, kick-

ing, slapping, intermingled with

shooting and wounding with the

he says, "the prisoners were forced

One thing which has surprised the

Americans in occupied Germany is

the tendency of the German people

to deny that they knew the extent of

the atrocities which were perpe-

This is a result of a planned ef

According to statements concern-

groups indiscriminately, say a few

was done as a threat against that

The effect on a group was some-

degree, as the effect on a family.

The effect on the families of the

prisoners, of course, was marked.

At first a great deal of money was

spent in attempting to get the pris-

oner released. The gestapo always replied that it was the prisoner's

own fault that he was imprisoned.

to find it hard to get jobs, children

was denied. Always the terror hung

over them. The friends and relatives

pects. So the influence of the camp

reached out over the whole group.

As the Nazi regime became more

harsh and especially latterly, when

world resentment increased against

it even before the war, many more

Germans, passive before, became

openly dissatisfied and critical. It

was impossible to imprison them all

without interfering with the func-

tioning of the country's economy.

Then "group" arrests increased.

People in lots of a hundred or so

from one profession, or trade, or af-

filiated body, would be jailed. Thus

the effect of the "terror" was multi-

plied. This was the manner in which

the entire population of the country

General McClure recognizes how

crushing has been the effect of

"planned terror," but I doubt if the

general public has any realization

of its magnitude. "We shall often

have to go far out of our way," says

the general, 'to help certain in-

dividuals who have not had an easy

men whose broken spirits may well

need our support and guidance to

return to the ways of active per-

It took centuries to develop human

dignity, but it took only a few

sonal democratic initiative."

was enchained.

whole particular group.

mind and soul.

ignore their existence.

Dread Fear Hung

fect of the camp.

Over Everyone

prisoner has ever experienced.

blow to the prisoner's mentality.

WNU Service, Union Trust Building | as he was to processes logically con-Washington, D. C. In my preceding column I described the state of mind of the middle-aged German who had been anti-Nazi or at least had no connections with the Nazi party. A study of the gestapo methods has is the first experience of physical revealed that it was planned definitely to destroy initiative and individuality. This has greatly complicated the work of the American administration of occupied Germany. As I said, the gestapo made use of a definite system of "planned

It will, I realize, be somewhat difficult for a person living in a democratic country to grasp the extent to which such methods could be applied. First, we must realize that a totalitarian government is the absolute antithesis of a democracy. In a democracy the individual is the unit. The state exists for the individual. Under Nazi-Fascist totalitarianism, it is not enough to say that the individual exists for the state. The

or spiritual values can exist. . . . " It was the first task of the Nazis to destroy this concept of individuality. The terror was a part of the method employed

individual as a concept does not

exist at all. "The Fascist conception

of the state," said Mussolini, "is all-

embracing; outside of it no human

Purpose Was to Break Will to Resist

Bruno Bettelheim, author of "My Life in Nazi Concentration Camps," testifies to the purpose of the camps and the achievement of this purpose by the gestapo from his own experiences. He says that among the aims

1. To break the prisoners as individuals and convert them into docile masses from which no individual or group act of resistance could arise. 2. To spread terror among the

rest of the population by: a. Using the prisoners as hosb. Demonstrating to them what

happened to those who oppose Nazi rulers. 3. To provide gestapo members with a training ground so they could:

a. Lose all human attitudes and emotions: b. Learn the most effective ways of breaking civilian re-

sistance. 4. To provide a laboratory in which the gestapo could study the effectiveness of torture, minimum nourishment and medical care, and normal activities plus hard labor.

The general purpose, of course, was to create a civilian population of maximum benefit to the Nazi

The author's study of prisoners conducted under the camp regime, Then members of the family began supplemented by a careful selfanalysis, leads him to believe that | had trouble at school; poor relief the camp treatment resulted in either death or an adaptation to camp life. The prisoner finally ac- of a prisoner were considered suscepted his position and even came to imitate the gestapo in manner and conduct.

This seems a logical progression when we know that the gestapo themselves in their training were submitted to tortures almost equal to those inflicted on the prisoners. One of the gestapo games, the author relates, was for two of them to stand up and beat each other. The one who stood the longest, won. Old prisoners who were thoroughly "changed" were said to indulge in the same sport among themselves.

Many Were Killed, Or Were Suicides

Bettelheim describes the three stages through which the prisoners passed. The first is the arrest; the second is transportation to the camp, which is the hardest to bear, he says. The last is prison life; after a period of transition during which, unless the prisoner either resists physically and is murdered or life these last 12 years and more, resists introspectively and commits suicide, he is gradually "changed" until he reaches the "old prisoner" stage. Then his previous nature is eradicated, his individuality lost

and his subjection complete. The initial shock was devastating | months in a Nazi concentration especially to a German, accustomed | camp to destroy it.

American girls.

Life is gradually returning to normal in the Berlin suburbs, says a erty ships have been battered be-Moscow broadcast, and a bicycle | yond use in service. A lot of them race was held in one town on July 1. put up a good scrap before they

BARBS . . . by Baukhage

We hope it wasn't a master race. were scrapped.

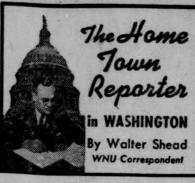
A spark plug gap will gradually widen after several thousand miles of normal service due to wear. To remedy this condition, set the gap to the exact size specified by the engine manufacturer, using a roundwire feeler gauge. Do not guess or use a "thin dime" or a flat fleeler gauge. A gap may widen or wear quickly at low mileage. This indicates that the plug is operating "too A statue of Saint Wenceslaus looked hot"—often the wrong type of plug. down from its pedestal in Wences- If rapid gap wear occurs at low mileage, replace with a "cooler" type plug.

There is pressure to break down | Three million barrels of petrolethe anti-fraternization rules in the um products were lost by recent American army of occupation in strikes in this country, according to Germany. It is not coming from an estimate made by the Petroleum administration.

Two thousand seven hundred Lib-

Keeps Cake Moist

Frosting on a cake is more than a "treat." It helps to keep the cake moist as well. For professional looking cake, apply frosting as follows: 1. Allow cake to cool, and brush off loose crumbs. Spread frosting evenly and fairly thin over sides with spatula or knife. 2. Pile remainder on top, spreading lightly toward edges, leaving most of the frosting in the center. 3. Run spatula over sides again to fill in any spaces and to set frosting in place. 4. Let frosting "set" well before putting cake away or attempting to cut it.



Labor 'Invades' Agriculture

WNU Washington Bureau 621 Union Trust Building. ABOR organizations which have inched their way into the field of agriculture over vigorous protest agricultural organizations are planning enlargements of these labor beachheads already gained, according to indication

So alarmed has the Farm Bureau federation become over latest reports of labor encroachment into the farm field, that they are preparing to go before congress and ask for preventive legislation, probably similar to the Hobbs bill which passed the house in 1942, but which died in the senate. This measure brought labor organizations within the terms of the federal anti-racketeering

bayonet. Then there were tortures, This latest point of conflict is an the obvious goal of which was exther outbreak between farmers on treme exhaustion. "For instance," the eastern seaboard, particularly in the Philadelphia area, and the to stare for hours into glaring lights, Teamsters Union, AFL, which is to kneel for hours, and so on. From seeking to bring farm workers drivtime to time a prisoner got killed; ing farmers' trucks into the teamno prisoner was permitted to take sters union. In some instances farmcare of his or another's wounds. The purpose of the tortures was to break the resistance of the pris- ing fee" where the drivers have oners, and to assure the guard that been non-union. The house agriculthey were really superior to them." tural committee is expected within a few weeks to start hearings on But those who lived, according to complaints of farmers and revive the "hot cargo" investigation of 1942 point where what followed-more which exposed union practices in beatings, more indignities, little the food industry. It is reported food, exposure and brutally hard that some of the farm-to-market work-was not as bad as the initial truckers have been required to pay union fees as high as \$56 t For the rest, it was a slow but sure unload perishable foods. process of degeneration of body,

The farm bureau contends that this practice is an interference with the movement of food to market, will be ruinous to crops and trade and will diminish supplies to con sumers in a period in which food supplies are critically needed.

trated in the camps or to appear to Farm Leaders Apprehensive

Farm leaders are apprehensive of what may happen when and if John L. Lewis, head of the miners union, makes his peace and is received back into the American Federation of Labor. When that happens, and predictions are that it will happen ing conditions in Germany as early soon, the labor organizations are exas 1930, most of the Germans who pected to expend real money to had committed actual offenses finance union expansion. against the Nazi regime, had al-

Milk drivers in the dairy indusready been imprisoned, murdered or had died in the camps. Then the try, workers in canneries and proc-Nazis found it necessary to go out essors in fruit and other perish and arrest members of various ables, fruit pickers, hop workers and some others already unionized lawyers, a few doctors, a few from constitute the beachheads or springone organization or another. This boards from which further attempts to organize agricultural workers and farmers may proceed. It will be recalled that the indefatigable Mr. Lewis boasted that he would what the same, though in a lesser organize the agricultural workers of the nation into unions and farm leaders here do not believe that his

> boast was all bluff. The contention is made here that if the labor unions can force farm workers who drive farm-to-market trucks to join the teamsters union, why cannot they force drivers of tractors or combines or any other farm machinery to join a machinists union or some other labor

Teamsters Very Active

The teamsters union has been particularly active since the 1942 decision of the Supreme court which set aside convictions of members of a New York local who had forced out-of-state trucks to hire a union member as a "guest" driver at \$8 to \$9 per truck. As a result this decision Representative Mike Monroney (Dem., Okla.) introduced a bill to amend the Clayton anti-trust law to repeal the exemptions labor unions enjoy under the law. He didn't get very far with the bill. But he has now reintroduced the bill aimed primarily at collusive practices and it is before the house judiciary committee. Representative Hobbs (Dem., Ala.), has also reintroduced his measure, which has received approval of the house judiciary committee, and the meas-

ure is now pending before the house. "Not only have the unions attempted to force farmers to join them, but they have threatened to boycott processors and distributors who handle the farmers' products,' one farm leader said.

'We intend," he continued, "to use every resource we have to protect the farmers against this invasion of our rights and to obtain legislation which will outlaw such union

Every fiber of the traditional independence of farmers rebels at the thought of being forced into unions, or of being forced to pay union fees for the purpose of trucking their produce to market, according to farm leaders here, and they will fight every attempt of the unions to organize the farm workers. They do not believe unionism will work on the farms and that the unions will defeat the very purpose of the farm organizations themselves which have been built up.

Paper Material Bamboo may prove to be a valuable raw material for the manufacture of paper and good quality composition board. Government plant explorers began bringing in bamboos from the Orient and other parts of the world about 50 years ago, and there are now many small plantings of good varieties on American farms the South. Commercial investigators are studying the processing of the culms (stems) into paper and boards, with results good enough to be called encouraging.

Umaha Guide

A WEEKLY NEWSPAPER *

Published Every Saturday at 2420 Grant Street OMAHA, NEBRASKA-PHONE HA. 0800 Entered as Second Class Matter March 15, 1927 at the Post Office at Omaha, Nebraska. under Act of Congress of March 3, 1879.

C. C. Galloway, Publisher and Acting Editor

All News Copy of Churches and all organiztions must be in our office not later than 1:00 . m. Monday for current issue. All Advertising Copy on Paid Articles, not later than Wednesday noon, preceeding date of issue, to insure public-

SUBSCRIPTION RATE IN OMAHA ONE YEAR \$1.75 THREE MONTHS SUBSCRIPTION RATE OUT OF TOWN SIX MONTHS National Advertising Representatives-INTERSTATE UNITED NEWSPAPERS, Inc

545 Fifth Avenue, New York City, Phone:-

MUrray Hill 2-5452, Ray Peck, Manager

STOCKED TO THE BRIM FOR YOUR TABLE, HOUSEHOLD NEEDS



The One Horse Store at 2851 Grant where Democracy begins with a Full Line of Meats and Groceries-A Store Stocked to the Brim as the above picture so indicates. Yes sir, we carry everything needed in the home for your Sunday dinner, with a full crew at your service with a smile.

Our motto: "The customer is the boss —we are your servants".

You are welcome to serve yourself if you like or you may wait your turn and one of the above clerks will wait on you with that ever polite service. You are cordially invited to inspect our store any time you find it convenient to do so.

The following clerks are waiting to welcome you, reading from left to right: Mr. C. F. Carlsen, Mrs. C. F. Carlsen, Miss Lawson and Mrs. Pearson.

You just can't beat the One Horse Store for your Meats and Grocery wants. O. K. and thanks a million. don't forget to come in to see us. Remember the One Horse Store, 28th St., at Grant, WE. 0567, Mr. C. F. Carlsen, owner. We have been serving many of our customers for 14 years. So trade where your Grandmothers and Grandfathers traded at for many years. Remember the "Customer is the Boss."



ROUEN, France.-In celebration at Rouen, Wacs of the 6888th Postal Directory Unit who retently arrived on the Continent, parade on historic streets of city where Joan of Arc was burned at he stake. (U. S. Army Signal Corps photo from Bureau of Public Relations.)

Fish Eyes Look a fish in the eye before buy-

ing it. If the eyes are brilliant, it's fresh. Other signs of freshness are a slippery, but not sticky, surface; pleasant odor; firm, elastic flesh.

Origin of Sphinx The Great Sphinx of Gizeh in Egypt is believed to have been built

to protect neighboring tombs from evil spirits. Gluing Wood For best results in gluing wood,

both the glue and the wood should be warmed to about 75 degrees Fah-Rural Population

About four-fifths of the population of Bulgaria live by agriculture or fishing.

Scrub Heifer Although a heifer may be wellbred, she'll be a scrub if not well

Tale Uses Talc, the basis of face powder, has important war uses.

Washing Walls

"ash walls and woodwork from the bottom up, but dust from the top down. Wash in upward direction, because water running down a soiled wall leaves streaks. Dust downward, because this method scatters dust the least.

WHAT? YOU DON'T WANT IT?

We Pay Cash For It!

We pay cash for that old piece of furniture and cooking utensils that you don't want. We call for and deliver. We pay cash right on the spot.

The three J. & J. Bargain Stores. Numbers 1 and 2, 1604-6 N. 24th St., Ja. 9452; Number 3, 2405 Cuming St., Ja. 9354.

Mr. Andrew Johnson, Proprietor.