## BREEZY



CHEERFUL

NO!

LITTLE MAGNOLIA

YOU SURE ARE

BUT IT WAS A

\$10 BILL I LOST

NOT TEN ONES.

AN HONEST LASSIE,

I KNOW,

WAS A \$10

BY THE WAY,

OSWALD, DID

YOU EVER RIDE

A HORSE, BEFORE

## JACK DAVIS

WELL, THEY PUT ME IN THE CAVALRY,

CHAPPIE! HOW BOUT

PICKIN' ME OUT A

GOOD HORSE?

ME

I'LL TRY TO

FIND IT FOR

YOU, MISTER

BEST!



"CHAPPIE"

WA'AL, HERE'S JUST THE ANIMAL

FOR YOU -





Danger in Milk Film Such a simple matter as washing glasses and dishes that have held milk is important to the family health, according to home economists of the U.S. department of agriculture, who advise an easy way to save time and trouble in insuring cleanliness and preventing the danger that lurks in "milk film." An advance rinse in clear, cold water is the practice suggested, alike for dishes and clothes or table cloths on which milk has been spilled. Most housewives know how hard it is to wash dishes, pitchers, and other milk containers clean. Protein in the milk also makes cleaning difficult, because the heat of the dishwater hardens or coagulates it. Similarly, milk on clothes, dish cloths, table cloths, and towels may leave a stubborn stain after washing. A cloth used to take up spilled milk may come out of the wash tub permanently stiff. Here again, the effect of the soap on calcium, and heat on protein show up.

Weather Report Of 21 U. S. cities tabulated as representative of the weather in their sections of the country during 1944, Los Angeles was nosed out only by Albuquerque and Helena for the distinction of having the least amount of rain, and by Albuquerque only for the ability to boast of the most sunshine. Albuquerque had 9.55 inches of rainfall during 1944; Helena, 12.83; and Los Angeles, 17.45. Mobile had 69.98 inches, to register highest, while second and third most amounts fell in Memphis with 55.76, and Houston with 54.54 inches. The sun shone for 3,125 hours in Albuquerque last year, and for 3,093 in Los Angeles. Oklahoma City was a close third with 3,080 hours. Cloudiest cities were Sault Ste. Marie with only 1,914 hours of sunshine; Buffalo, with 2,246; and Portland, Ore., with 2,284.

HE'S NEVER BEEN RIDDEN BEFORE, SO

YOU CAN BOTH

START TOGETHER

BUT THE LAST TIME I FOUND ONE THE MAN DIDN'T HAVE ANY CHANGE!

## Are YOU one of these three SKIN TYPES?



## Whether your complexion is naturally dark, medium or light, if it is tanned too

dark, medium or light, if it is tanned too dark as well as weather-beaten, coarse, blotchy or marred by blemishes (externally caused), here's good news: The original, genuine Dr. Fred Palmer's Skin Whitener helps lighten and brighten tanned too dark skin. It starts to work the minute it is applied. Also loosens blackheads so they can be more easily removed. Learn why thousands use Dr. Fred Palmer's Skin Whitener every year. Get a 25c box from your druggist and use as directed. Insist on the genuine. Use for 7 Days. If not satisfied, Your Money Back.

GALENOL CO., Box 264, Atlanta, Ga 

## DR. FRED PALMER'S SKIN WHITENER

A great help in choosing suitable accessories is a wardrobe planning chart. Such a chart simplifies and clarifies the process of selection if it is carefully followed. The chart is drawn with about 10 spaces across the top of the page and as many places down the left side as you have different garments in your wardrobe. Along the top are listed your various types of accessories, such as shoes, gloves, bag, sweater, blouse and hats. Down the left side of the page are listed the garments you have on hand or will need to get. This chart is filled in by listing the accessories you have or need in the column designated for that accessory and across from the garment with which you'll wear it.

Obviously some article, such as shoes, will be listed in more than one place. On the other hand, particular article is worn with only one garment, it will be listed in only one place. Suppose you have listed in the left-hand column a black coat, a wine suit and a dark green dress. You need a new hat and a new blouse for the suit, but your black bag, gloves and shoes will continue in use.

The most obvious choice of hat will do nothing to brighten your room in a modern home for man Buy A New Home.... to be bought also, it will be well to correlate the color of the hat with the blouse. Pink or soft rose is a possible choice. This shade in a blouse will be interesting with a wine suit, but there are very few people who have the coloring that people who have the coloring that would be suited to such a soft color Men Wanted in both a hat and a blouse. Also, the shade of the hat should be tied to the green dress in some way, either by a piping of color, a pin or some other detail added to the dress.

### Train Body to Develop Erect, Straight Figure

The person who is erect, straight and energetic has a good figure. The way the body is held is the result of training and habit. The muscles and bones go back into the same positions day after day, so posture habits should be good.

Stand in front of a mirror and see if you look like this: Your feet should be parallel, with the weight balanced equally upon the ball and the heel of the foot. The abdomen is flat in the lower part. There is no exaggerated curve in the back. The shoulder blades are flat across the back; the shoulders are even. The head is erect and a straight line could be drawn through the ear, shoulder cap, hip bone, knee and ankle bone. If you look like this, you don't have to worry. If you don't look so, it's time to do something about your posture.

Do you stoop over the sink, the kitchen table, the wash tubs, or the ironing board? Adjust the height of these work surfaces to your own height. To sweep, mop, or stir food in a pan at the stove requires continuous standing. Be sure you do not slump the shoulders and chest or thrust the hips out of place.

The chances are that when you were a baby, your mother gave you nothing but milk until you were about 7 or 8 months old Modern babies have a much more interesting menu long before that age Babies vary in the kind of growth they make and your physician recognizes what additional foods are necessary and when they should be started. However, there is a more or less general plan which is usually followed.

When your baby is about 3 weeks of age, some form of vitamin D is given. The doctor may specify one of the concentrates, as viosterol, or he may say to give cod liver oil. Give it before the bath and avoid oil stains on clothing. Hold baby's head so that a sudden movement will not spill the oil. A small spoon teaches the use

of other ways of eating than drinking from a bottle.

In a few days orange juice, for its vitamin C, is introduced. Dilute the juice with an equal amount of boiled water, partially cooled. If baby doesn't open his mouth, gently press his cheeks with your thumb and first finger and his mouth will open. Place the spoon well over his tongue, so he can't push it out.

At about 3 months the first cereal is given. Select a special baby cereal because of the fine texture and for the vitamins and minerals which have been put into it. Even though baby has learned to take orange juice and the cereal is thinned with milk, it is not liquid; it is the first solid food. It feels different in his mouth. It is something strange and his first impulse is to spit it out. To make baby's meals more interesting try using two special baby cereals alternately.

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## THREE O'CLOCK . AND I HAVEN'T SLEPT A WINK"

WAKEFUL NIGHTS - how the time drags! WAKEFUL NIGHTS—how the time drags! Minutes seem like hours, we worry over things done and left undone. After such a night, we get up in the morning more tired than when we went to bed. Nervous Tension causes many a wakeful night and wakeful nights are likely to cause Nervous Tension. Next time you feel Nervous and Keyed Up or begin to toss, tumble and worry after you get to bed—try

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