

# Where to go to Church Sunday



**ST. PHILIPS EPISCOPAL CHURCH**  
1119 North 21st Street,  
Rev. S. G. Sanchez, Pastor,  
Mass: 7:30-9:00  
Church School—9:45

**SALEM BAPTIST CHURCH**  
28th and Decatur St.  
Rev. W. E. Fort, pastor  
L. A. Henderson, reporter  
Sunday school, 9:30 a. m.  
Morning Worship, 11 a. m.  
BTU, 6 p. m.  
Evening Worship 8 p. m.

**BETHEL BAPTIST CHURCH**  
30th and S Street  
Rev. Hickerson, Pastor  
Sunday School 9:30 A. M.  
Morning Worship 11 o'clock  
BTU, 6 P. M.  
Evening worship 8 p. m.

**UNION MEMORIAL CME CHURCH**  
33rd and V Streets  
Rev. Hubbard, Pastor,  
Sunday School, 9:30 a. m.  
Morning Worship, 11 o'clock  
Evening Worship 8 P. M.

**ALLEN CHAPEL A.M.E. Church**  
25th and R Streets  
Rev. Fant, pastor  
Sunday School 9:30 A. M.  
Morning Worship 11 A. M.  
Evening Worship 8 P. M.

**MT. OLIVE BAPTIST CHURCH**  
3010 R Street,  
Rev. W. M. Clayton, Pastor,  
Mrs. Jeannette Thompson, Reporter,  
Sunday school, 9:30 a. m.,  
Morning Worship 11 A. M.  
BTU 6 P. M.  
Evening worship 8 p. m.

**CHURCH OF GOD IN CHRIST**  
2712 K Street  
Elder M. Chambers, Pastor  
Sunday School 10 A. M.  
Morning Worship 11 A. M.  
Y.P.W.W. 6 P. M.  
Evening Worship 7:45 P. M.

**CHURCH OF GOD IN CHRIST**  
1719 North 26th St.  
Elder Benson, Pastor  
Sunday School 10 A. M.  
Morning Worship 11 A. M.  
Y.P.W.W. 6 P. M.  
Evening Worship 7:45 P. M.

**CHURCH OF GOD IN CHRIST**  
2318 North 26th St.  
Elder V. M. Barker, Pastor  
Sunday School 10 A. M.  
Morning Worship 11 A. M.

**FELLOWSHIP BAPTIST CHURCH**  
1839 North 24th Street,  
Rev. D. A. Campbell, Pastor  
Sunday school ..... 9:45 a. m.  
Morning Worship ..... 11 a. m.  
BTU, at ..... 6:30 pm.

**CHURCH OF THE LIVING GOD**  
2316 North 25th St.  
Elder Steele, Acting Pastor,  
Ann Oliver, Reporter  
Sunday School 9:30 A. M.  
Morning worship 11 a. m.,  
Evening Worship, 8 o'clock

**CHURCH OF GOD IN CHRIST**  
1207 South 13th St.  
Elder D. M. Watson, pastor  
Iodel Watson, reporter  
Y.P.W.W. 6 P. M.  
Evening Worship 7:45 P. M.

**PARADISE BAPTIST CHURCH**  
1811 North 23rd St.,  
Rev. Adams, Pastor  
Sunday school, 9:30 a. m.  
Morning Worship 11 a. m.  
L.W. Mission, Thurs. 8 p. m.  
BYU, 6 P. M.  
Evening Worship, 8 p. m.  
Prayer Service, Wed. 8 p. m.

**MT. NEBO BAPTIST CHURCH**  
33rd and Pinkney St.  
Rev. J. P. Mosley, Pastor,  
James Butler, Reporter  
Sunday School—9:30 a. m.  
Morning Worship—11 a. m.  
BTU—6 P. M.  
Evening Worship—8 p. m.  
Men's Club—Mon, afternoon 8 o'clock,  
Junior Mission—Monday afternoon, 4 o'clock,  
Sr. Mission—Tuesday night, 3 o'clock.

**BETHEL A.M.E. CHURCH**  
2428 Franklin St.  
Rev. B. E. Jones, pastor  
Etta Mae Woods, reporter

**PILGRIM BAPTIST CHURCH**  
25th and Hamilton St.  
Sunday school, 9:30 a. m.  
Morning Worship, 10:45  
11:00  
Evening Worship 7:45 p. m.  
Sunday School—9:30 a. m.  
Morning Worship—11 o'clock  
Allen Christian Endeavor League—6:30 p. m.  
Evening Worship—8 p. m.

**HILLSIDE PRESBYTERIAN CHURCH**  
30th and Ohio.  
Rev. J. E. Blackmore, pastor  
Mrs. T. Newton, reporter  
9:30 a. m.—Sunday school  
11 a. m.—Morning Service  
11th and Ella Streets  
Rev. S. W. Wilkerson, pastor  
Virginia Beck, reporter  
Sunday school, 9:45 a. m.  
Morning Services, 11:00 a. m.  
ACE. League 7:00 p. m.  
Evening Service 8:00 p. m.  
Visitors are always welcome.

**CHURCH OF GOD**  
2025 North 24th St.  
Elder S. S. Spaght pastor  
Alice Britt reporter  
Sunday school 9:30 a. m.  
Morning Worship 11 a. m.  
Evening Worship 8 p. m.

**FIRST CHURCH OF DELIVERANCE**  
1811 North 26th St.  
Rev. A. J. Thomas pastor  
Miss Bernice Ellis, reporter  
Tuesday and Thursday, Preaching 8:00.  
Sunday School, 10:30 a. m.  
Morning Worship, 11:00.  
Evening Worship, 8:00

**CHRIST TEMPLE CHURCH OF CHRIST (Holiness)**  
Church, 2124 North 24th Street  
Rev. O. A. Askernese, Pastor,  
Velma Shearson, Clerk,

**ST. LUKE BAPTIST CHURCH**  
29th and Burdette St.  
Rev. J. C. Crowder, pastor  
Joseph Cox, reporter  
Sunday School, 9:30 a. m.  
Morning Service, 11 a. m.  
BYPU, 6:30 p. m.  
Evening Worship 8 o'clock.

**ZION BAPTIST CHURCH**  
2215 Grant St.  
Rev. F. C. Williams, pastor  
Sunday school—9:30 a. m.  
Junior Church—10:40 a. m.  
Morning Worship—11:30 a. m.  
BTU—6:00 p. m.  
Evening worship—7:45 p. m.

**PLEASANT GREEN BAPTIST CHURCH**  
26th and Seward St.,  
Rev. J. H. Reynolds, pastor  
Sunday School—9:30 a. m.  
Morning worship—11 a. m.  
BTU—8:30 p. m.  
Evening Worship—7:30 p. m.  
Wednesday night Prayer meeting 7:30 p. m.

**CLEAVES TEMPLE CME.**  
25th and Decatur St.  
Rev. T. J. Douglass, Pastor  
Malcolm Allen, reporter  
Sunday school, 9:30 a. m.  
Morning Worship, 11:00  
Evening Service, 8:00 p. m.

**MORNING STAR BAPTIST CHURCH**  
26th and Franklin St.  
Rev. L. W. Anderson, pastor  
Mrs. Vera E. Hopkins, reporter  
Sunday School, 9:30 a. m.

**INTERDENOMINATION CHURCH**  
1710 North 27th St.  
Elder W. I. Irving, pastor  
Mrs. Mildred Bryant, reporter  
Sunday School, 10 a. m.  
Morning Service 11:30

**THE CHURCH OF THE LIVING GOD**  
1906 North 24th Street,  
Rev. S. K. Nichols, Pastor,  
Rose Oliver, Reporter

**MT. CALVARY COMMUNITY CHURCH**  
Grant at 25th Street  
Rev. R. W. Johnson, pastor  
R. Hatter, reporter.  
Sunday School, 9:30 a. m.  
Morning Worship, 11 a. m.  
Evening Worship, 8 p. m.

**ST. JOHN A.M.E. CHURCH**  
22nd and Willis Ave.  
"The Friendly Church"  
Rev. Roney, pastor  
Ruby B. Reese, Reporter  
Sunday School—9:30 a. m.  
Morning Worship—11 o'clock  
Union—6:30 p. m.  
Evening Worship—8 o'clock

**SEVEN DAY ADVENTIST CHURCH**  
2760 Lake St,  
Elder P. W. McDaniels, pastor.  
Sabbath School Saturday 9:30 a. m.  
Morning Worship 11 a. m.,  
Vesper Service Friday evening 7:45 P. M.,  
Wednesday Prayer Meeting—7:30 P. M.

**THE SANCTIFIED CHURCH OF CHRIST**  
2230 Ohio St.,  
Rev. J. C. Crawford, Pastor  
Worship 3 p. m., each Sunday.

**DAVID SPIRITUAL TEMPLE IN CHRIST COUNCIL BLUFFS, IOWA**  
1720 Ave. A.  
Every Monday evening Circ. Meeting at 8:30 P. M.  
Prophecy and Healing.

**UNITED SABBATH DAY ADVENTIST CHURCH**  
2320 North 28th St.,  
Elder Arthur Holmes, Pastor,  
Sabbath School Saturday 9:30 a. m.  
Morning Worship 11 a. m.

**CALVARY BAPTIST CHURCH OF RED OAK, IOWA**  
603 Grimes St.,  
Rev. Goldsmith, Pastor,  
Julia Keene, Reporter,  
Sunday school 10 a. m.  
Morning worship 11 a. m.,  
BYPU, 6:30.  
Evening Worship 8 p. m.  
Prayer meeting Wednesday

**THE FIRST CHURCH OF DELIVERANCE**  
2621 Blondo St.  
Rev. A. J. Thomas, Pastor,  
Rev. Frank Johnson, Asst. Pst.  
Rt. Rev. William Taylor, Bishop

**MT. MORIAH BAPTIST CHURCH**  
24th and Ohio St.  
Rev. David St. Clair, Pastor  
F. Burroughs, Reporter  
Sunday School, 9:30 a. m.  
Morning Service, 11:00 a. m.  
Evening Service 8:00 p. m.

**ST. BENEDICT CATHOLIC CHURCH**  
2423 Grant St.  
Father Moylan, Pastor,  
Low Mass—6:00  
Children's Mass—8:30  
High Mass—9:00.

**CLAIR CHAPEL METHODIST CHURCH**  
22nd and Miami St.  
Rev. C. C. Reynolds, pastor  
Mrs. Ellis Kirtley, reporter  
Sunday School—9:30 a. m.  
Morning Worship—11 a. m.  
Evening Worship—8 p. m.

**NEW HOPE BAPTIST CHURCH**  
26th and Seward Streets,  
Rev. L. R. Bragg, Pastor,  
Mrs. Ada J. Fields, Reporter,  
9:30 A. M. Sunday School  
11:00 A. M. Morning Worship  
6:00 P. M. BTU.  
7:30 P. M. Evening Worship  
8:00 P. M. Wednes. Prayer Meeting  
8:00 P. M. Junior Church  
Visitors are always welcome.

**FIRST MISSION OF THE GOD SENT LIGHT**  
Prophet Hess, officiator  
Ora Robinson, reporter  
Services Sundays, Tuesdays and Thursdays 8 o'clock  
Private readings daily at 2010 North 23rd St.

**FREESTONE PRIMITIVE BAPTIST CHURCH**  
26th and Hamilton St.  
Rev. Dan Thomas, pastor  
Mrs. Pinkie Oliver, reporter  
9:30 a. m.—Sunday school  
11 a. m.—Morning Service  
6 p. m.—Y.P.W.  
8 p. m.—Evening Service.

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## DO YOU RECEIVE RATIONED ITEMS WITHOUT GIVING UP POINT COUPONS?

### The Black Market Cannot Exist Unless It Has Customers



A housewife pays 10 cents above ceiling price for chicken, a woman gets lamb chops without ration stamps, a man who has no ration points with him brings home a rib roast for Sunday dinner, a business executive entertains friends in a restaurant that serves steaks above ceiling prices those are the people who make the black market possible, according to the Office of Price Administration.

If there were no black market customers, there would be no black market, OPA Administrator Chester Bowles has pointed out frequently. Business, legitimate or otherwise, cannot operate without customers, and no law can be enforced in a democracy without the active support of the people.

It's up to the American people themselves to kill the black market by refusing to pay above-ceiling prices or to take any rationed item without giving the correct number of ration points.

OPA has a limited number of investigations and of farmer-slaughterers who sell meat. There are price panel assistants working with the local War Price and Rationing Board who check retail outlets. But it is impossible for these few people to cover every spot where meat is handled.

The black market is not necessarily a mysterious outlaw organization operating far off somewhere. It may be no farther away than your corner store or the restaurant on the next block.

Any store charging over-ceiling prices or failing to collect stamps for rationed items or any restaurant charging above-ceiling prices for the food served is a black market shop.

Any farmer or slaughterer who sells meat at retail above ceiling prices or without taking ration stamps—whether he realizes it or not—is a black market operator.

If you pay above-ceiling prices or fail to give stamps for rationed items, you are a part of the black market operation.

OPA requires retailers to post the ceiling prices and the point values for meat where customers can see them. Restaurants are required to post the ceiling prices for 40 of their most popular dishes and to have the ceiling prices for all other foods on their menus available for customers to see upon request.

Recent surveys show that a high percentage of retailers and restaurants are complying with this requirement.

People who are willing to sell for or pay above ceiling prices are taking meat away from those who try to stay within the legal ceiling prices.

The people who either sell or buy meat without taking or giving ration stamps are getting more than their fair share of meat. These people, many of whom are close to local slaughterers, literally are taking meat that belongs to the men in the armed services and to people living in places far removed from the slaughterers.

**Food is Fun, Even in War Time**

Food can be fun, even in wartime. In spite of rationing and shortages that make meatless meals frequent "musts," you can serve tempting and exciting no-point mainstay dishes if you set up a file of unusual wals of combining vegetables and eggs.

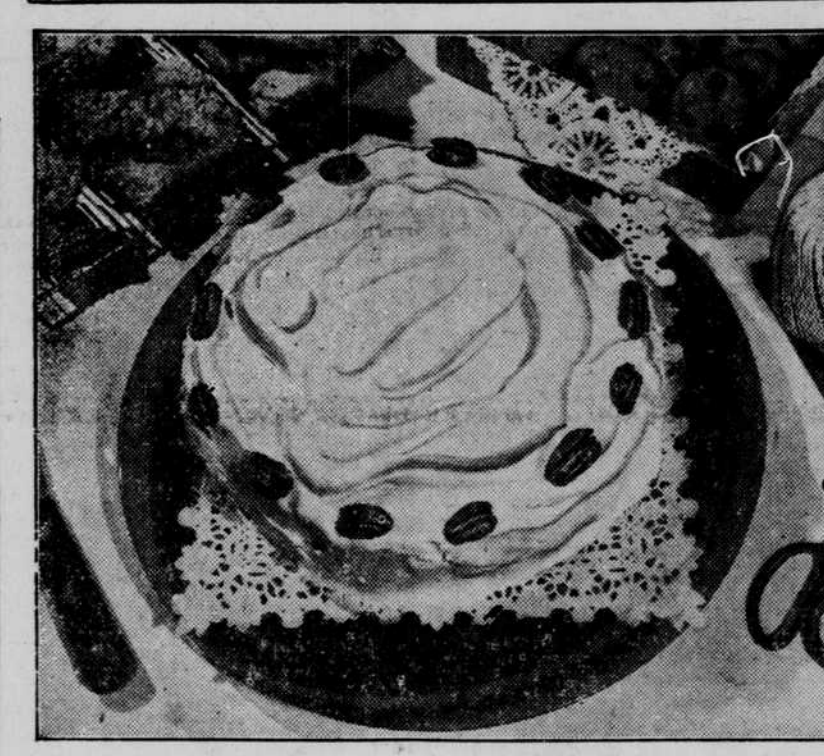
Even if you're crowded for time, you can evolve a deluxe spinach and egg dish that's a real conversation maker if you use point-free quick-frozen spinach. Like all quick-frozen vegetables, this delicacy comes from its carton all ready to cook, free from grit and sand, for all chores of cleaning and trimming were done before quick-freezing sealed in its full quota of vitamins, minerals and farm-fresh flavor. Just pop the spinach, still frozen, into the small amount of water called for on the carton; and when it is cooked, season it, press into a ring mold and bake. Serve it piping hot with creamed carrots in the center and surround it with a garnish of sliced tomatoes or radish roses. It's easy to vary the filling: Instead of creamed eggs, try creamed fish and a garnish of pickled beets; or serve creamed carrots in the center and surround it with devilled hard-cooked eggs. It doesn't take long to master the trick of giving sopped eggs to the egg halves. Just cut the eggs in two with a zigzag line. They will be sure to add to the eye appeal of your novel treat.

Poached eggs in nests of spinach are good, too. Sprinkle them lightly with paprika or garnish them with minced parsley. Another good way to serve this satisfying combination is with a flavonous white sauce, either creamed or scalloped. Use any water left after cooking the quick-frozen spinach for the sauce, to save all the precious vitamins.

**SPINACH RING**  
1 box (14 oz.) quick-frozen spinach  
1 cup boiling water, salted  
Dash of pepper  
one half teaspoon salt  
three fourths teaspoon minced onion  
2 tablespoons melted butter  
1 egg, slightly beaten  
Drop frozen spinach into briskly boiling salted water. Bring again to a boil and boil 4 to 5 minutes, or until just tender, separating leaves with fork during cooking. Drain & chop. Add seasoning, butter and egg and mix very thoroughly. Turn into small well-greased ring mold. Place in pan of hot water and bake in moderate oven (375 F.) about 30 minutes, or until firm. Unmold. Fill center with mushrooms, creamed fish or eggs. Serves 6.

**SCALLOPED SPINACH & EGGS**  
1 (14 oz.) package quick-frozen spinach, or other quick-frozen vegetable  
4 hard-cooked eggs  
WHITE SAUCE  
2 tablespoons butter or margarine  
2 teaspoons minced onion  
2 and one half tablespoons flour  
1 and one fourth cups milk  
6 tablespoons vegetable liquor or vegetable liquor and milk  
Salt and pepper to taste  
Cook quick-frozen spinach or other vegetable according to directions on box. (For White Sauce, melt butter or margarine in saucepan. Add onion and flour and stir to a paste. Add milk gradually, stirring constantly. Cook 2 minutes or until thickened, stirring constantly. Measure liquor drained from cooked vegetable, adding milk if necessary to make up the amount. Add to white sauce and blend season with salt and pepper. Arrange seasoned drained spinach, or other vegetable, white sauce and sliced eggs in alternate layers in greased casserole. Sprinkle generously with buttered crumbs. Place in pan of hot water and bake in hot oven (450 F.) about 20 minutes, or until browned. Serves 4 to 6.

## Bake Cakes and Cookies Every Week for Someone in the Service



**GIFTS of cakes and cookies head** the popularity list as favorite remembrances from home, when ever servicemen are polled. It's a good wartime slogan for every cook with access to an oven to bake cakes and cookies regularly for our boys. For local U.S.O. centers, canteens and servicemen's hospitals, you can bake the gooiest, most luscious frosted cakes you like and deliver them by hand. To make sure that the baked gifts you mail score as joyful antidotes to homesickness, it's important to choose recipes that travel well and pack well.

To begin with, choose cakes or cookies with good keeping qualities, for mailing. A cake with nuts or fruit stays fresh longer than a plain one. You may use frosting on a cake for delivery in the United States; but be sure to choose a frosting that doesn't crack or rub off easily. It's a good idea always to use cake flour to make sure of a fine, even grain.

There's a special technique for cookie packing. Wrap waxed paper packages of two or three cookies each, and prop the packages on edge in a strong box lined with waxed paper. Use little pads of paper between the packages, or else fill in all the crevices with popcorn, good eating when the box is unpacked.

**Mix Easy Happy Day Cake**  
2 1/2 cups sifted cake flour  
2 1/2 teaspoons double acting baking powder  
1 teaspoon salt

**Date Nut Sticks**  
1 1/2 cups sifted cake flour  
1/2 teaspoon baking powder  
1/2 cup sugar  
2 eggs, well beaten  
1 tablespoon melted shortening  
1 tablespoon hot water  
2 cups finely cut dates  
1/2 cup broken nut meats

Sift flour once, measure, add baking powder and salt, and sift again. Add sugar gradually to eggs, beating well. Add shortening and water; then dates and nuts, mixing well. Add flour gradually. Turn into two greased pans, 8 x 8 x 2-inches, spreading thin. Bake in slow oven (325 F.) 30 to 35 minutes. Cool. Cut in strips; remove from pans. Makes 4 dozen.

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**Your BABY**  
By Lillian B. Storms  
There is a difference between appetite and hunger. Until you stop to think about it, they seem to be inseparable or the same thing. Hunger is an uncomfortable feeling which is probably due to contractions of the stomach when it is empty. These contractions stop quickly when anything, even water, is put into the stomach. Appetite is an enjoyable desire for food. It is very closely related to other influences, psychic in nature, having largely to do with whether or not previous experiences with eating of food have been pleasant.

Most of us know children or adults who have had some disagreeable experience with some food and developed a dislike, i.e., a loss of appetite for that food. In one case a child would not eat tomatoes until his mother discovered the skin of a tomato bothered him. He said he couldn't eat it, probably he had at some time experienced difficulty chewing it and it may have choked him. An unpleasant family situation has sometimes been associated with the food served at the time. Or, urging or coaxing, as any one knows, very quickly destroy the pleasure in the desire for, and thus the appetite for any food. Doubtless one of the reasons children like sweets is because they are allowed only small amounts. Vegetables might be better liked if they were scarce.

We can help to associate the pleasure of taking food with the relief of hunger. This does not mean "pampering" the child's appetite by adding sugar to everything he eats but it does mean having respect for his appetite. He may, for no apparent reason, lose interest, or appetite for his food for several days. His appetite is your guide. Don't destroy appetite by urging. Give him time and a chance to eat what he wants at the time. Then leave the amount up to him.

**Your Home**  
By Frances Ainsworth  
It seems to me that when the question comes up of whether or not to have a basement under one's home, it should be decided not so much on whether it is needed as on how desirable it would be. Certainly there is a strong case to be made out for the basement beyond that of actual need, for even if the utilities normally housed in the basement could be accommodated upstairs, the fact remains that a house with a basement is drier, warmer, and more healthful.

When it is considered how little more is added to the cost of the home by providing a full basement, the benefits and conveniences are definitely worthwhile. It is the ideal location for the heating plant. The storerooms are ever so much more useful and practical than attic space. It is the best place for the laundry, and for such appliances as water heaters, incinerators, as well as for recreation and play rooms. Without the basement, all of these things would either have to be provided for by expensive upstairs space, crowding one out of much of the home, or else be deprived of them entirely.

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