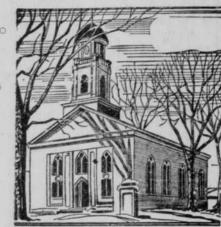
## Where to go to Church Sunday



BETHEL BAPTIST CHURCH 30th and S Street Rev. Hickerson, Pastor Sunday School 9:30 A. M. Morning Worship 11 o'clock BTU. 6 P. M. Evening worsmip o p. m.

CNION MEMORIAL CME. CHURCH

33rd and V Streets Rev. Hubbard, Pastir Sunday School 9:30 A. M. Morning Worship 11 A. M. Evening Worship 8 P. M.

ALLEN CHAPEL AME. Church 25th and R Streets Rev. Fant, pastor Sunday School 9:30 A. M. Morning Worship 11 A. M. Evening Worship & P. M.

MT. OLIVE BAPTIST CHURCH

3010 R Street. Sunday school, 9:30 a. m., Morning worship 11 a. m., BTU 6 P. M .. Evening worship 8 p. m., Rev. W. M. Clayton, Pastor, Mrs. Jeannette Thompson, Re-\$50,50.

CHURCH OF GOD IN CHRIST 2712 R Street Elder M. Chambers, Pastor Sunday School 10 A. M. Morning Worship 11 A. M. YPWW. 6 P. M. Evening Worship 7:45 P. M.

CHURCH OF GOD IN CHRIST 1710 North 26th St. Elder Bensen, Pastor Sunday School 10 A. M. Morning Worship 11 A. M. YPWW, 6 P. M. Evening Worship 7:45 P. M.

CHURCH OF GOD IN CHRIST 2318 North 26th St. Elder V. M. Barker, Pastor Sunday School 10 A. M. Morning Worship 11 A. M.

FELLOWSHIP BAPTIST CHURCH

1839 North 24th Street. Rev. D. A. Campbell, Pastor Sunday school ..... 9:45 a. m. BTU. at ......6:30 pm.

CHURCH OF THE LIVING GOD 2316 North 25th St. Elder Steele, Acting Pastor, Ann Oliver, Reporter Sunday School, 9:30 a. m. Morning Worship, 11 o'clock Evening Worship, 8 o'clock

PARADISE BAPTIST CHURCH 1811 North 23rd St., Rev. Adams, Pastor Sunday school, 9:30 a. m. Morning Worship 11 a. m. LKW. Mission, Thurs. 8 p. m. BYPU. 6 P. M. Evening Worship, 8 p. m. Prayer Service, Wed. 8 p. m.

MT. NEBO BAPTIST CHURCH 33rd and Pinkney St. Rev. J. P. Mosley, Pastor, James Butler, Reporter Sunday Schiol-9:30 a. m. Morning Wership-11 a. m. BTU-6 P. M Evening Worship-8 p. m. Mea's Club - Mon. afternoon 8 o'clock. Junior Mission-Monday afternion, 4 o'clock.

Sr. Mission-Tuesday night.

3 o'clock. BETHEL AME. CHURCH 2428 Franklin St. Rev. B. E. Jones, pastor Etta Mae Woods, reporter

BY ELMER CARTER PILGRIM BAPTIST CHURCH 25th and Hamlton St. Rev. . S. Goodlett, pastor Miss Grover L. Marshall ( rept. Sunday school, 9:30 a. m.; Morning Worship, 10:45 TU. 6 . M. Evening Wors up 7:45 p. m. Sunday School-9:30 a. m. Morning Service-11 o'clock Allen Christian Endeavor League-6:30 p. m. Evening Worship-8 p. m.

CHURCH OF GOD IN CHRIST 1207 South 13th St. Elder D. M. Watson, pastor Iodeil Watson, reporter YPWW. 6 P. M. Evening Worship 7:45 P. M.

SALEM BAPTIST CHURCH 28th and Dec tur St. Rev. W. E. Fort, pastor L. A. Henderson, reporter Sunday school, 9:30 a. m. Morning Worship, 11 a. m. BTU. 6 p. m. Evening Worship 8 p. m.

HILLSIDE PRESBYTERIAN CHURCH 30th and Ohio. Rev. J. E. Blackmore, pastor Mrs. T. Newte, reporter 9:30 a. m.—Sunday school 11 a. m .- Morning Service 11th and Ella Streets Rev. S. W. Wilkerson, pastor Virginia Beck, reporter Sunday school, 9:45 a. m. Morning Services, 11:00 a. m. ACE. League 7:00 p. m. Evening Service 8:00 p. m. Visitors are always welcome.

CHURCH OF GOD .2025 North 24th St. ..... Elder S. S. Spaght pastor Alice Britt reporter Sunday school 9:30 a. m. Morning Worship 11 a. m. Evening Worship 8 p. m.

FIRST CHURCH OF DELIVERANCE 1811 North 26th St. Rev. A. J. Thomas pastor Miss Bernice Ellis, reporter Tuesday and Thursday, Preaching 8:00. Sunday School, 10:30 a. m. Morning Worship, 11:00. Evening Worship, 8:00

CHRIST TEMPLE CHURCH 26th and Burdette St. "Holiness Unto the Lord" Rev. L. M. Relf, pastor Bertha Mallory, reporter. Sunday school-9:30 a. m. Morning Worship-11 a. m. HYPV-6:30 p. m. Evening Worship-8 p. m.

ST. LUKE BAPTIST CHURCH 29th and Burdette St. Rev. J. C. Crowder, pastor Joseph Cox, reporter Sunday School, 9:30 a. m. Morning Service, 11 a. m. BYPU, 6:30 p. m. Evening Worship 8 o'clock.

ZION BAPTIST CHURCH 2215 Grant St. Rev. F. C. Williams, pastor Sunday school-9:30 a. m. Junior Church-10:40 a. m. Morning Worship-11:30 a. m. BTU-6:00 p. m. Evening worship-7:45 p. m.

PLEASANT GREEN BAPTIST CHURCH 26th and Seward St., Rev. J. H. Reynolds, pastor Sunday School-9:30 a. m. Morning worship-11 a. m. BTU-5:30 p. m. Evening Worship-7:30 p. m. Wednesday night Prayer meet-

ing 7:30 p. m.

CLEAVES TEMPLE CME. 25th and Decatur St. Rev. T. J. Douglass, Pastor Malcolm Allen, reporter Sunday school, 9:30 a. m. Morning Worship, 11:00 Evening Service, 8:00 p. m.

ALLEN CHAPEL AME. 5233 South 25th St. Rev. E. F. Fant, pastor Sunday School-9:30 a. m. Morning Worship-11 a. m.

MORNING STAR BAPTIST CHURCH 26th and Franklin St. Rev. L. W. Anderson, pastor Mrs. Vera E. Hopkins, reporter Sunday School, 9:30 a. m.

INTERDENOMINATION CHURCH 1710 North 27th St. Elder W. I. Irving, pastor Mrs. Mildred Bryant, reporter Sunday School, 10 a. m. Moning Service 11:30

THE CHURCH OF THE LIVING 1906 North 24th Street. Rev. S. K. Nichols, Pastor. Rose Oliver, Reporter

MT. CALVARY COMMUNITY CHURCH Grant at 25th Stre-Rev. R. W. Johnson, pastor R. Hatter, reporter. Sunday School, 9:30 a. m. Morning Worship, 11 a. m. Evening Worship, 8 p. m.

ST. JOHN AME, CHURCH 22nd and Willis Ave.. "The Friendly Church" Rev. Ridley, Pastor Ruby B. Reese, Reporter

Sunday School-9:30 a. m. Morning Worship--11 o'clock Union-6:30 p. m. Evening Worship-8 o'clock

SEVEN DAY ADVENTIST CHURCH 2760 Lake St. Elder P. W. McDaniels, pastor, Sabbath School Saturday 9:30 Morning Worship 11 a. m, Vesper Service Friday evening 7:45 P. M., Wednesday Prayer Meeting -

THE SANCTIFIED CHURCH OF CHRIST 2230 Ohio St., Rev. J. C. Crawford, Pastor Worship 3 p. m, each Sunday.

7:30 P. M,

DAVID SPIRITUAL TEMPLE IN CHRIST COUNCIL BLUFFS, IOWA 1720 Ave A. Every Monday evening Circi Meeting at 8:30 P. M. Prophecy and Healing.

UNITED SABBATH DAY ADVENTIST CHURCH 2320 North 28th St. Elder Arthur Holmes, Pastor, Sabbath School Saturday 9:80 c

Morning Worship 11 a. m.

CALVARY BAPTIST CHURCH OF RED OAK, IOWA 603 Grimes St., Rev. Goldsmith, Pastor. Julia Keene, Reporter. Sunday school 10 a. m. Morning worship 11 a. m, BYPU. 6:30. Evenig Worship 8 p. m. Prayer meeting Wednesday

THE FIRST CHURCH OF DELIVERANCE 2621 Blondo St. Rev. A. J. Thomas, Pastor, Rev. Frank Johnson, Asst Pst" Rt. Rev. William Taylor, Bishor

MT. MORIAH BAPTIST CHURCH 24th and Ohio St. Rev. David St. Clair, Pastor F. Burroughs, Reporter Sunday School, 9:30 a. m. Morning Service, 11:00 a. m. Evening Service 8:00 p. m.

ST. BENEDICT CATHOLIC CHURCH 2423 Grant St. Father Preuss, Pastor Father Morlan, Asst. Pastor Low Mass-6:00 Children's Mass\_8:30 High Mass-9:00.

CLAIR CHAPEL METHODIST CHURCH 22nd and Miami St. Rev. C. C. Reynolds, pastor Mrs. Ellis Kirtley, reporter Sunday School-9:30 a. m. Morning Worship-11 a. m. Evening Worship-8 p. m.

FIRST MISSION OF THE GOD SENT LIGHT Prophet Hess, officiator Ora Robinson, reporter Services Sundays, Tuesdays and Thursday nights at 8 o'clock Private readings daily at 2010 North 23rd St.

EPISCOPAL CHURCH 1115 North 21st St. Rev. Stams, pastor Mass, 7:30 and 9:00. Church School-9:45 FREESTONE PRIMITIVE BAPTIST CHURCH 26th and Hamilton St. Rev. Dan Thomas, pastor Mrs. Pinkie Oliver, reporter 9:30 a. m.—Sunday school 11 a. m .- Morning Service 6 p, m.-YPVW 8 p. m .- Evening Service.

ST. PHILIPS

SUBSCRIBE WOW!



Here's One Of The Best Home Ways

To Build Up RED BLOOD! So start today—try Lydia E. Pink-ham's Tablets—one of the greatest blood-iron tonics you can buy to help build up red blood to give more strength and energy—in such cases. Taken as directed—Pinkham's Tab-lets are one of the very best home ways Taken as directed—Pinkham's Tablets are one of the very best home ways
to get precious iron into the blood.
They help build up the BED QUALITY
of the blood by reinforcing the haemoglobin of red blood cells.

Just try Pinkham's Tablets for 30 days
then see if you too don't remerkable.

—then see if you, too, don't remarkably benefit. Follow label directions. Lydia E. Pinkham's TABLETS South Carolina Editor Supports Views of Miss Kaemmerle on Race Relations

CHARLESTON, SC.,—John C. Hunt, editor of the South Carolina Federationist, official organ of the American Federation of Labor, published at harleston, Friday, wrote a blistering dnuenciation of the reported attitude taken by Dr. John E. Pomfret, president of William and Mary College, Williamsburg, Va., over a liberal editorial on the Negro question written for the college paper by Miss Marilyn Kaemmerle of Jackson, Mich., the editor. Mr. Hunt's letter, made public her, said the action "because of her views on racial policies is a serious affront to intellectual integrity, and a deplorable blow to the sense of racialjustice and decency that is awaken-

Declaring that even though Dr. Pomfret may not have banished "every vestige of race prejudice" from his mind he might permit open discusion of it as a scholar and an educator, the labor editor continued: "I am sure that at least part of the public response to your action will reveal to you the type of ignorant, venomous and irresponsible mental-

"As a native white southerner, educated in the south and having spent all of my life here, I live and work for the day when the vicious mentality will be replaced as the ruling force in the South by the sanity of Miss Kaemmerle's biologically and socially sound racial outlook."

White Army Officer, Back From Combat, Pleads For Fairness to Negro Citizens

ATLANTA—Declaring that it has been his experience as an officer that Negroes make first rate soldiers, Lt. Jerome Chaiken, just returned from combat and now assigned to Fort Benning, in a letter to the Atlanta Journal asks, "Why don't we treat them as first-rate citizens?"

'Despite what cynics say, I like to feel we are at death grips with the Nazis and Japs because they tried to deny man his fundamntal right to be free. Yet there are those among us, soldiers and civilians, supposedly at odds with the enemy, who unconsciously refuse to grant certain segments of this nation their inalienable right to be free.

"If we allow justice and reason to govern our thinking," the letter continued, the day will come when the spirit of Lincoln will not be just a tinued, the day will come when the spirit of Lincoln will not be just a dream but areality. On that day the seeds of peace will transplant those of war. For then men will prove they live together in harmony, regard-less of race, creed or color."

The Road To Health

(BY ORVILLE L. BALLARD, MD.) Tuberculosis Physician, Waverly Chad. Then we should do what he Hills Sanatorium, Waverly Hills | advises us to do. Ky, for ANP

FEEL BAD? DO YOU COUGH? at the clinic of our hospital, men and women come in complaining of feeling poorly and having a bad cough. When I ask them if they have had the cough long they often say it has been hanging on for months.

"Have you done enything about it?" ask. Usually the answer is something like

this: "Well, doctor, a riend gave me some ough syrup. I've een taking it, too, Dr. Banard but it doesn't seem to

I explain to such a patient that before I can do anything for him I want a picture of his lungs, and arrange for him to have a chest Xray. All too often when I look at the x-ray pictures I find that the cause he liked it and probably bemany months, perhaps for a year or two, that he had it long before didn't have room for more food. he began coughing. Although with tuberculosis coughs, actually | until months after he gets the dis-

help much.'

Tuberculosis, or consumption, is milk. a disease caused by a small germ. We get these germs from somebody who has tuberculosis. We the air in a room where a person with the disease has been. Most people come in contact with tuberculosis germs at one time or another, but if our bodies are healthy they fight off the germs and no harm may be done.

If we are in a rundown condition, the germs are more likely to work their way into one of our and so we do not know we are ill even though a lot of damage has been done to the lung. After a while, however, we begin to feel tired all the time, we may lose weight we do not want to eat and we start coughing. Sometimes we cough up blood.

When we get to feeling all-in and start coughing, some good friend is apt to suggest that we take a 'tonic" or cough syrup. But notonic, no cough syrup and no drug will kill tuberculosis germs or cure tuberculosis.

The smart thig to do when we feel bad is to find out why we feel oad. When there does not seem to be any reason why we are tired all the time and are losing weight, we should go to a clinic or a doctor. If the doctor thinks there is something seriously wrong, he will have an x-ray taken of our lungs. That is the only way to find out for certain whether the germs have damaged the lungs, If they have not, the doctor will know that we have not tuberculosis and will tell us what is wrong. If the lungs are diseased, the doc

tor will also tell us what to do. He will say that tuberculosis can be cured but it is easier to cure it when the disease first gets hold of us than after the germs have damaged the lung. That is why we should go to the doctor when we first begin to feel bad.

Rest, not drugs helps to cure tuberculosis. When we have tuberculosis we need rest in bed 24 hours a day, octors usually recommend that people with tuberculosis go to a hospital built especially to take care of patients with this lisease. There is at least one of hese hospitals in every state and in many counties, supported by the state or county for the care of tuperculosis people. The doctor nows where these hospitals are and how to arrange for their patients to get in them.

Many people think they can rest at home, and sometimes the doctors. You girls who suffer from simple anemia or who lose so much during monthly periods that you are pale, feel tired, weak, "dragged out"—this may be due to low blood-iron. we stay at home we may be temped to get up when company comes, or just to have dinner with the fam ily but we stay in bed all the time until the doctor says it is safe to get up. Another reason it is better to go to the hospital is that if we stay at home we may give the disease to other members of the

We should try to avoid being eriously sick by going to the docor when we first begin to feel

(This column is co-sponsored by

the National Medical Association Time and time again when I am and the National Tuberculosis Association in the interest of better health of the people.)



No one food should be permitted in such large amounts that the young child will not eat the variety of foods he should have. One mother said she was thank-

ful her child drank so much milk because he wouldn't eat other foods. He drank so much milk bepatient has "lung trouble." or tu- cause it was easier than to eat berculosis. The ex-ray indicates other foods. By the time he had that he has had the disease for drunk a couple of glasses of milk, his appetite was satisfied and he Milk is an important food and many people think that everybody with tuberculosis coughs, actually the baby needs but other foods with tuberculosis coughs, actually a person may not begin coughing not furnished by milk. Special baby cereals are fortified in vitamins and minerals to supplement those in

Vegetables supply vitamins par-ticularly, as do fruits. That is why vegetables and fruits are prepared may get the egrms from kissing the commercially, in strained form, so person, from using the same dish- that they may be conveniently and es he used or even from breathing safely given to babies before five or six months of age Formerly babies were limited to milk until toward the end of the first year and evidences of vitamin and mineral deficiencies were fairly com-

The other important reason these especially prepared baby foods are started during the first three to four months is to teach babies to eat a variety of foods of different lungs and hide there. Unfortun- texture, consistency and flavor, so ately, one may have the disease a that they will not become addicted long time without feeling any pain to milk and the so-called liquid

If your child drinks too much give him other foods first, while he is hungry, and withhold the milk. He won't starve himself.

EASY-TO-MAKE



COFT, drapable rayon fabrics are S easily handled by the home sewer, and conform to the new feminine formality being stressed today. Here a rayon mossy crepe is featured in an afternoon dress which combines two of the best current style details-gently gathered, three-quarter sleeves, and a draped surplice neck-The ingenious seamstress should be especially careful this year to choose rayon fabrics which have passed good wear tests and bear labels giving care-for suggestions. Would you like to test your sewing I.Q.? Send to the Women's Department of this newspaper, en-closing a stamped, self-addressed envelope, for the new, free leaflet, "Sewing Intelligence Test."

Use The Omaha Guide Medium of Advertising First New York Charter to Negro Insurance Company



Alfred J. Boheinger of the New York State Insurance Department is shown presenting an insurance charter to Dr. Charles N. Ford, President of the United Mutual Life Insurance Company, New York City, This marks the first insurance charter to be granted to a company owned and operated by Negroes in New

## SIGHT & SOUND IN EDUCATION & IRAINING



HELP DESTRUCTION AND MERCY DAVENPORT, IA. - Visual

Alexander F. Victor

Nationally Known

**Visual Education** 

training is serving the mission of mercy with the same facility that it is teaching the destructive art of war. It is used to instruct our fighting men in new techniques of combat and simultaneously it teaches the newest means of healing the scars of war.

This dual job is being done with

16 millimeter sound motion picture projectors, portable screens and films especially prepared to meet specific training needs.

Millions of our fighting men have been taught how to conduct themselves in combat by means of these sound films; they are shown how to handle and service their weapons from rifles to bazookas, cannon, warplanes and other equipment. Because they see the equipment going through the motions on the screen at the same time the voice on the sound track tells about its use, the men learn quicker and retain the lessons much

The effectiveness of this training method is evidenced by the hun-dreds of cases on record in this war where men who have never actually handled certain items of battle equipment were able to utilize them effectively in emergency situations.

Similar visual education techniques are employed to teach the newest developments in surgery in the treatment of wounds and injuries of all kinds and in nursing the casualties back to health. Here too, there are literally hundreds of instances of surgical and medical miracles wrought under shot and shell en battlefields, in emergency time to meet the needs of sparsely first aid stations right behind the settled sections where the shortage lines, with little or no standard of doctors is acute and where no equipment available. Thanks to other nurses are available to teach audio-visual instruction, thousands home nursing classes. During the of lives have been saved and many more thousands of men who under old conditions would be permanently disabled, have been restored ir

NAACP WILL HOLD CONFERENCE

a conference on Colonial problems. April 6, in the auditorium of the Under their direction, class mem-135th Street branch of the New York Public library. Persons invited to attend will consist mainly of native inhabitants of the various colonies in the world who have re- BASEBALL FANS sided recently in these colonies or have been in close contact with de- General Electric sports lighting exvelopments. Others will include pert, are one good reason why mapersons studying colonial condit- jor league night games consistentions. Dr. W. E. B. DuBois will be | ly average 6 to 1 in attendance over chairman of the conference.

Casual Charmer



THAT American designers make I the smartest casual clothes on the face of the globe is illustrated by this spun rayon flannel blouse with its bright piping and pearl buttons. The dirndl skirt is spun rayon and wool flannel in a dis-tinctive plaid. Smartness is not confined to the styling of a garmenta really smart shopper looks for informative labels on the clothes she buys. Labels on many rayon fabrics today tell about tests the fabric has passed for color, strength, shrinkage and other wear factors.

Stymie Law By GEORGE S BENSON President of Harding College

Searcy. Arkansas



AERIAL bombs and floating | mines are going to seem pretty cheap on V-Day. Their values wili appear again as minus quantities Then slow, cautious men will set to work getting rid of them But there are other instruments of war more ruinous than any block-buster ever devised, and we have one; trained on American industry now, ready to start doing serious damage on

Armistice Day. It is a law against progress. The bill was not passed to stop scientific and industrial development, but if it's on the statute books in peace time it will be a government freeze of creative work. I am not criticizing the rurposes of the act. It was assed in 1940 to raise money for national defense and to keep warmongers from profiteering on the misfortunes of others.

Law of THE SENSE of the law Hunger is this: Add up all the profits a firm made in four pre-war years, 1936-1939 inand call it a sample pre-war year's profit. If a corporation earns more than that amount in any year of war, it must pay the government 85% of the difference in a special tax. It was effective for war ends, but how will it work in peace time?

The 1940 tax law has provisions that are ruinous to any people at peace. Small business concerns can't grow if the law stands. Huge corporations will fore better. They can stay big and avoid being wrecked by it be-

cause the profits of giant corporations (however big) grow slowly. But the law will paralyze small business unless a new act is passed, to take effect at the war's end, repealing the mischievous provisions.

THRIFTY little enterprises can't expand because their dollars of increased profit will be split two ways, 15¢ to keep and 85¢ for the government. Many will die as losses on development of new products wipe out their meager capital. Huge firms, which have no need for substantial growth, can develop new products with no danger at all to their strong financial position. A big company's losses on new

developments can be used to reduce taxes on profits from old business. In this way, government bears most of such losses for big concerns. It must be remembered however, that big corporations are too few to solve the nation's post-war employment problem. Small firms, companies that could double twice and still not be large, are the backbone of America's prosperity.

Small companies employ four-fifths of the nation's workers. They handle the lion's share of our national income. What their employees eat makes farm prosperity. If these little firms see a chance to earn a profit, they will expand for peace . . new business and new jobs in large numbers. But if until V-Day they remain scared to expand, America is stymied and so is the world.

TEACH HOME NURSING

Itinerant Red Cross home nursing instructors are working full by the Civil Aeronautics Board. past year 8 of these itinerant Rec Cross nurse-instructors served far communities in a valiant attempt to keep the home front healthy.

Spending several months in a con munity, these professional nurse hold classes in rural schools, chur-ON COLONIAL PROBLEMS April 6 ches, community biuldings or home New York-The NAACP will hold teaching simple care of the sick and the essentials of family health. ebrs spend much time practicing nursing skills.

WOMEN ARE NIGHT

Women, says R. J. Swackhamer, weekday games and minor leagues from 4-to-5 to one.

POSTWAR AIR TRAVEL

TO EUROPE An average of 280,924 passengers will travel annually via air to Europe according to figures compiled



Send your film or segative as fest 15c for TWO enlargement, If you do not have a film or negative, and a picture or snapshot, but include 35c actra for making a new negative. 10 THRIFTY DAN "The Camera Man" GRAND RAPIDS 2, MICHIGAN

5¢ for TWO beautiful

photo enlargement

DO'S AND DON'TS

