BOWELS SLUGGISH?

headachy-dull-all because of sluggish bowels? Why put up with constipation missery?
Chew modern FEEN-A-MINT, the pleasanttasting chewing-gum laxative. Chew FEENA-MINT tonight at bedtime, taking only in
accordance with package directions. Next
morning—thorough, gentle relief, helping you
feel swell again. Millions rely on FEEN-AMINT. Chew like your favorite gum. Tastes
good. Try FEEN-A-MINT-a whole family
supply costs only 10¢.



Easy system brings quick results. | your patronage." Write for information.

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WEbster 5217 "The Latest Smart Styles"



-2118 North 24th St. MRS. CLEONE HARMON. Proprietress.

Operators:-HATTIE JOHNSON, Poro

System, MARIE ROBINSON, LOUISE COOPER. ROSE ROACHE. ETHEL SMITH.



KEEPING HOUSE, helping take care of the family—you would realize that business girls are not the only ones who sometimes get Headache and Tired Aching Muscles. We home girls often work just as hard and have just as many Headaches, just as many Stomach Upsets and get just as Tired.

About a year ago, I first used

ALKA-SELTZER I find that it eases my Aching Read, takes the kinks out of Tired, Aching Muscles and brings relief when I have Acid Indigestion.

The family says I am a lot easier to live with since I have known about Alka-Seltzer.

*Have you tried ALKA-SELT-ZER? If not, why don't you get a package today? Large package 60¢, Small package 30¢, also by the glass at Soda Fountains.

READ The CUIDS

SMILE AWHILE

HE HAS TO BE After the Cobra had haughtily wriggled past the skunk and the squir rel the latter said, "I sure hate that

"Me to," replied the skunk. "He's just a snake in the grass."

BEAUTY

Having opened a beauty parlor in Jungletown, the rabbit was out soliciting trade. Meeting Miss Monkey, she said, "Now that I have opened a so, I can help you. No hard work beauty parlor, I would like to have

"Well, I would like to patronize you but I understand beauty is skin College Station, New York 30, N.Y. deep," replied Miss Monkey.

"That's right," answered Miss Rabbit, "that is why I want your patronage." "For I can be of aid in beau

"Yes, I know-but beautifying me would be too painful. Furthermore just for the sake of beauty.

HOP O RABBIT HOP, HOP! "How come it that that lazy rabbit got a job at the brewery," asked the racoon of the crow. And the crow replied, "because of rationing." "What has that to do with it?" came back the racoon. "Simple enough, explained the crow, "the rabbit was the only one who was around who could furnish the hops so necessary in the manufacture of beer."

HE AIN'T DEAD, MAYBE! Sparrow... "who killed the bullfrog?"

Dobin ... "Nobody killed him. He WANNA GET HEP? croaked himself!"

TOO BAD!

"I'll say it is. He's The Snail. always getting hooked"

is now reported doing very nicely.

CHURCH OF THE LIVING GOD WAR NEWS Motto: CWFF. 1906 North 24th Street, Rev. S. K. Nichols, Pastor Rose M. Oliver, Reporter Sunday School Morning Worship 11:15 a. m.

What Shall I render unto the Lord up

Evening Worship

Mix Lemon Juice AT HOME

Money Back-If This Recipe Fails Money Back—If This Recipe Fails
Good news travels fast—many of the thousands of folks who now take lemon juice
for rheumatic pain—have found that by
adding two tablespoonfuls of Allenru to one
tablespoonful of Lemon Juice in a glass of
water, they get faster relief for the aches
and pains caused by rheumatism, lumbago.
It's no surprise either, for Allenru is a
15 year old formula to relieve rheumatic
aches and pains. In fact—if it does not help
—your money back. What could be fairer?
Get Allenru today at any live druggist. Only
85 cents—Do it Now.

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GET IN TOUCH WITH MR. SHERMAN AT THE LAUNDRY OR CALL WE-6055.

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NERVOUS. RESTLESS HIGH-STRUNG, BLUE FEELINGS

On "Certain Days" Of The Month?

Do functional periodic disturbances make you feel nervous, irritable, cranky, fidgety, tired and "dragged

Then start at once—try Lydia E. Pinkham's Vegetable Compound to relieve such symptoms. Pinkham's Compound is made especially for women. Taken regularly-it helps ild up resistance against such distress. Thousands upon thousands of women have reported benefits!



harmful opiates. It is made from





WALLET GAL

chosen "Wallet Gal" by a North Ai- uates. (Press Photo Service). rican Quartermaster's unit. Miss

Carr's mother, Gladys, resides at 5039 Shirley Maxine Carr, a student at South Parkway in Chicago and says Garnet High School at Charleston, that Shirley will attend the Vogue I wouldn't dream of losing my skin West Va., is all smiles over being School of Designing after she grad-

is invited to come out to this humble

come and hear him.

NEWS OF THE WEEK by Noleane

any AWOL to some chicks S. P. be- school. cause there is going to be a rugged Mrs. Hamilton, sister of Dr. and The Crab ... "Ain't it a shame that All-girl orchestra here Saturday, Apr Mrs. Bullock, left Monday March 27 imster Catfish is such a poor business 1st ... You'll be really burnt to to resume her duties in Washingotn,

friends as "Mickey" is the guest of lal Alliance of Omaha and Council Miss Marion Watson. She will re- Bluffs, will be held at the Zion Bap-L side in Omaha a few more months tist Church beginning on the 3rd day Mrs. Paul Barnett, 2709 Wirt St., then return to her home in Tenn. of April through Easter Sunday. The returned home last Thursday evening Miss Marion Watson "young Evang- afternoon sermon will be preached by from Langston, Okla., where she elst" will accompany her She will Rev. C. Adams. went to attend a very sick sister, who hold services in Tenn for a while then conduct services in other states.

Thursday night Service 7:30 p. m. NEGROES IN THE ARMY

Sunday throughout the day was! There are apporximately 500,000 grand. Rev. Manly preached a soul Negroes in he U. S. army. Many wonderful sermon. The pastor's sub- fronts. These boys are lonesome for ject for Sunday April 2, 1944 will be hom and their friends. Why not Jesus Began His Ministry." Night write these boys and help cheer them

by Dorothy Waston, Dorothy Lawson, and Noline

place, Mercedes Turner, \$25; 4th The date of March 27. place, Tessie Edwards, \$1.50; 5th place, Jean Goode, \$10.50; 6th place, fight in the next issue. We wish Ovaline Grice, \$5.25.

The Alpha Kappa Alpha sponsors The previous winers were: Harr-

941: Miss Ruth Norman, 1943. Presented Miss Sub Deb of 1944 work." through the courtesy of the USO. The entertainment was furnished by the Cats of Rhythm. The USO.

for His Goodness to me?" Everyone stationed somewhere in England.

Mrs. Dorothy Hamilton a field Dr. Craig Morris will be here at worker in military service of the Athe Church of God 1906 North 24th merican Red Cross from duty in En-Street, April 2, 1944 at 3 p. m. His gland, was the guest of students at subject will be: "The Health of Our Technical High school on Thursday, Children in their Home, School and March 24, 1944. Mrs. Hamilton has Community". Everyone is invited to just returned to the United States and gave a vivid portraval of wartorn England. The charming manner and exuberant personality was inspiring to all who heard her. She was luncheon guest of Mrs. Robbie Well put in a lip'. This will turn Davis, counsellor at Technical High

crisp when you hear this band. So DC. There she will await further come on jive bombers, rise and shine! orders from the Red Cross.

The Holy Week Services sponsored Mgido Shumpert, known to her by the Interdenominational Minister-

Everyone is deeply interested in the achievements of Lawrence Watson, For a brief interview of the nurses. There are already many past achievements of this 18 year old noble hearted women in this branch boy, we will cover a small period of of service, yet they are requiring his life since he just began to put on 9:45 a. m. more. Our boys must not be delayed. boxing gloves. Laurence's main amden Glove fight was at the age of 15. He made an excellent showing in this event but in the finals was defeated. thousands of them serving in the This defeat didn't discourage him. Sunday night the pastor preached a armed forces on the faraway fighting But it gave to him a realization that acepting honors. Through the help former boxer" young Watson enter- FOR 1944 GUIDE RIGHT ed other contests and won. Then in the year 1942, fate twisted his leg out of joint. This kept him out of the 1943 Golden Golves. Several The Sub Deb club held their third months after this, improvement was annual Sub Deb Contest Saturday, shown and Watson resumed his train March 25, 1944 at the YWCA., Miss ing. Then in February, 1944, this Sub Deb of 1944 was Miss Betty year Watson entered the Golden Glov ones 2530 Maple street. A brilliant es, this time being victorious. This student of North High school, she is victory made it possible to box in very active with social and club work the Chicago tournament. After a The other contestants were as follows victory there, this entitled him to box Second place, Clara Dudley \$35; 3rd in Madison Square garden in N. Y.

We will give you the results of this

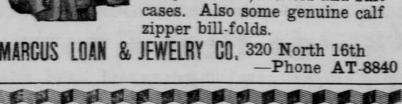
he annual contest for these scholar- Joe Hartfield, Bobbie "Eugene" Brown, James Shearron, Aaron Wash ington, Clarence Adams and Edward ette Green, 1942; Lerraine Lewis, Morrow. We wish these boys much E. Anderson, principal of the Dunbar

Go To Church Sunday!

BABY GIRL

Born to Pvt. and Mrs. Ricahrd Da-T-Sgt. Marvin Kellogg, son of Mrs vis of 25th and Blondo streets was a loy Kellogg, 3002 Emmett street is bouncing baby girl Saturday March



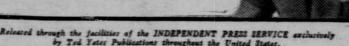


MRS. MATTIE TAYLOR. 2611 BINNEY AT-3308

LUX Barber Shop 2045 NORTH 24th STREET

I'VE BEEN AROUND

By TED YATES



From a Reporter's Typewriter . . . Two weeks prior to her leaving the N. Y. Amsterdam Star-News Geraldyne Dismond had entered into an agreement with the Independent Press Service to write a syndicated column, and we went so far as to scoop Dan Burley, the Harlemite who is manag-

ing editor, sports editor, theatrical editor and columnist of the Star-News, who in this day and time when we are supposed to be demanding our rights as an equal to other Races, pens "jive talk" ... Now, who's laughing?

Five hundred white workers signed a petition at the Pratt and Whitney war production plant in Kansas City, Missouri, demanding that Negro de-fense workers in that arms plant be given separate

fense workers in that arms plant be given separate toilets and a cafeteria 'for niggers only' . . . And, while the personnel director (a liberal-minded sort of a man, I take it) conceded to the rest-room request, for he probably ascertained that the Negroes in the plant were particular just as much as the whites when it came to 'privacy' . . . he did not grant the separate cafeteria, however, and told the Arkansas, Missouri and Kansas workers 'who had taken over', that they could go plumb to h . . !! . . . That the reactionary force still has the upper hand is proven by this activity right here on the Home Front . . . It's no wonder that we read of cases where American men in the armed forces in Italy, Africa and in the South Pacific are charged twenty percent more for their purin the South Pacific are charged twenty percent more for their pur-chases by the merchants in the occupied territories—because they are Americans . . . Whoever brought that to our ears can say that again! . . . Democracy at home . . . Who's kidding who???

Frank Forbes, one of the recently elected judges serving on the New York State Boxing Commission, is an unassuming chap if there ever was one. Tall, husky and well-mannered, Frank, who played amateur basketball in New York, Brooklyn, Long Island, neighboring towns and cities when the game was really in its prime (and popular in N. Y.) was also active in baseball as a player, later as an umpire. Recently he has been linked with the promotion of baseball and football. He is, I understand, one of the big moguls in the Negro National League. He deserves mention at this time when our Race is striving so hard to prove that we have men and women in every field-from California to New York; from Michigan to Texas, and from the guif states to the top of the St. Lawrence River, there are Negroes who can serve and serve well. In civilian life-and, to be sure, in the armed forces ... We merely ask for the opportunity to prove that skin does not hamper the fine qualities within . . . Have I made myself clear?



Effie Smith is at present making her initial stand here in the East as a vocalist with Erskine Hawkins' Orchestra at the Savoy Ballroom in Harlem. The engagement ends soon. Too soon, for here's a girl who has talent. We wish her loads of luck and wish there were more like her in these parts, but it does seem that bandleaders Hawkins and Lucky Millinder (Judy Carol, remember?) knew all along what they meant by the words of the song "California, Here I Come" . . . Yes, Californy gave us Effie. But, I am not sure that we are going to give Effie up. Nor any of the other lassies who adorn gay Manhattan. We like Effie's singing and her personality and poise. She'll go a long, long way . . . but good!

There are any number of civic social groups that you seldom hear tell about. Maybe most of the reporters and editors throw the communications in the waste basket. But I think it would do them a lot of good to scan the copy that comes to them from such organizations as, namely: the NA.A.C.P., National Urban League, Riverdale Orphanage (often termed Colored Orphan Asylum); N. Y. Urban League. Play Schools Association, March On Washington, National Negro Youth Congress, to name a handful. Yes, there are others too numerous to mention. We brought up the matter simply because we felt that now was the time to "bring the message home" ... And I do mean BRING

visiting his wife, Mrs. Florteen and mither Mrs. Revnolds, his two brothof his trainer, One Step Watson, "a KAPPA ALPHA PSI ALL SET

set for its 1944 Guide Right Weekcamps special programs will be held under the auspices of both chapters. and individual members of the organ-

First launched in 1922, Guide Right week will again stress realistic counseling and guidance to young Negroes interested in their future past two years, special emphasis will the best of present wartime work opportunities and planning for the years following the need of hostilities.

Direction of the Guide Right Week movement is in the hands of James success and we say "keep up the good | Elementary school here and secretary of the Wichita branch of the American Federation of Labor. He is one of the leading young educators of the midwest and active in civic and young eople's groups.

From early reports reaching Mr.

Anderson's, several college chapters have arranged a week of special chapel programs, some have added local Back on furlough is Corporal Da- radio broadcasts, and others will aid vid Ferguson of 29th and Grant St., recognition programs for members who have made substantial achievement during the year, or who show promise in their respective fields.

> DON'T GO TOO FAR (by William Henry Huff)

Should leave behind some baby seeds That sex appeal makes them that

And that is why they roam the weeds When it is night and all is dark LHave you not seen them in the park

The little ones who will result From each such action-each misdeed LUpheaval, strife and dire tumult Await the woman or the girl Who takes unguarded what they

Forgets herself while in the whirl-And soon she'll ask, "Why Should

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"FANTASIE IMPROMPTU" OVER WOW APRIL 4TH

Kent Smith will be guest star for Producer C. P. MacGregor on Hollywood's Radio Theatre over WOW, Tuesday, April 4. Smith is cast in an original radio drama entitled, "Fantasie Impromptu."

NEW BOOKLET MAY HELP VICTORY GARDENERS

Victory gardeners, both amateur and professional, may be helped by a new publication "Growing Vegetabl- song and dance! es in Town and City" issued by the Department of Agriculture. This booklet gives in everyday language, full information and illustrated methods for handling a Victory garden. Congressman Howard Buffett will be glad to send you a copy of this booklet. Simply drop him a line at 457 House Office Building, Washington, DC., and both this publication plus a similar booklet "A Victory Gardeners Handbook on Insects and GEORGE MURPHY, a tap-happy guy in Diseases" will be sent to you prompt-

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"POPULAR FOODS AT

POPULAR PRICES"

DINNERS FROM 4 TO 11

10/0/07/07/07/07/07/07



Get your girl. And give her a "Broadway Rhythm" is that terrific ... a Technicolor Topper from MGM— with a blaze of stars and a blaze of



Here's the program-planned for you-* * * *

GINNY SIMMS, the heat-wave of the air-waves!

* * * * CHARLES WINNINGER, who plays a hot trombone with Tommy Dorsey. * * * * GLORIA DEHAVEN, a sweet, stage-

struck girl.

LENA HORNE, who does "Somebody Loves Me"-and who doesn't love Lena of the sultry voice? * * * *

EDDIE "ROCHESTER" ANDERSON, with the famous croaking voice that gets the laughs. (Who deserves them more?)

* * * * HAZEL SCOTT, the radio star and her hot piano. (She's something to note.) * * * * TOMMY DORSEY and his Orchestra play-

ing 8 new hit tunes plus two all-time

favorites. NANCY WALKER, Ben Blue, Kenny Bowers, the Ross Sisters, Dean Murphy -all these, too, are part of the hit that

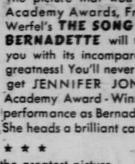
has everything! * * * * Based on the musical "Very Warm For May"-"Broadway Rhythm" is hot



READ The GIIDE

A 100 MI CENTURY-FOX HITS

The picture that was five Academy Awards, Franz Werfel's THE SONG OF BERNADETTE will thrill get JENNIFER JONES'



you with its incomparable greatness! You'll never for-Academy Award - Winning performance as Bernadette! She heads a brilliant cast! Hailed as the greatest picture of this War, Darryl F. Zanuck's THE PURPLE HEART tells the thrilling, heroic, behindthe headlines story of Yanks

WATCH FOR THEN bombing Tokyo, taken prisoners by the Japs - tried for ON THE MURDER! . . . It's fighting mad! SCREEN

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Hear Roy Page Vice-President and General Manager

6:15 P. M.

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Saturday, April 1st

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