

HOW TO SHOP WITH RATION TOKENS

New System Saves Time, Trouble, Manpower and Paper

ALL RED and BLUE stamps in War Ration Book 4 are

WORTH 10 POINTS EACH

FIVE BLUE stamps become valid beginning Feb. 27: 8A, 8B, 8C, 8D and 8E

EACH STAMP WORTH 10 POINTS

THREE RED stamps become valid beginning Feb. 27: 8A, 8B and 8C

New stamps become valid every 2 weeks

EACH STAMP WORTH 10 POINTS

Tear off ACROSS TOP of page

RED and BLUE TOKENS are WORTH 1 POINT EACH

RED and BLUE TOKENS are used to make CHANGE for RED and BLUE stamps only when purchase is made

Use RED Tokens with RED Stamps

Use BLUE Tokens with BLUE Stamps

EXAMPLE: TOKEN, 1 pt. STAMP, 10 pts. TOTAL, 11 pts.

IMPORTANT!

POINT VALUES of BROWN and GREEN STAMPS are NOT CHANGED

BROWN STAMPS, Y and Z in Book No. 3 Good till Mar. 20, 1944

GREEN STAMPS, K, L and M in Book No. 4 Good till Mar. 20, 1944

TOKENS REMAIN VALID INDEFINITELY

THE OMAHA GUIDE

A WEEKLY NEWSPAPER

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C. C. Galloway, Publisher and Acting Editor

SUBSCRIPTION RATE OUT OF TOWN

ONE YEAR ———— \$3.50

SIX MONTHS ———— \$2.00

SUBSCRIPTION RATE IN OMAHA

ONE YEAR ———— \$3.00

SIX MONTHS ———— \$1.75

THREE MONTHS ———— \$1.25

All News Copy of Churches and all organizations must be in our office not later than 1:30 p. m. Monday for current issue. All Advertising Copy on Paid Articles not later than Wednesday noon, preceding date of issue, to insure publication.

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For quick relief from itching caused by eczema, athlete's foot, scabies, rashes and other itching conditions, use pure, cooling, medicated, liquid D. D. D. PRESCRIPTION. A doctor's formula. Creams and ointments. Soothes, comforts and quickly calms intense itching. 35c trial bottle provided, or money back. Don't suffer. Ask your druggist today for D. D. D. PRESCRIPTION.

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Don't Let GRAY HAIR Make You Look Old

Look Years Younger

Color Your Hair This Easy Way

To give your hair new, rich, natural-looking color (black, brown, blonde) start using Godfrey's L'aricuse Hair Coloring NOW... Acts quickly—goes on evenly, easily—won't rub off or wash out—unaffected by heat—permits permanents and stylish hairdos... Known and used for 45 years. Your dealer will give you money back if you're not 100% satisfied.

If your dealer doesn't have L'aricuse (L.A.R.I.C.U.S.E.) send \$1.25 direct to Godfrey Mfg. Co., 3510 Olive St., St. Louis, (S) Mo.

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CAUTION: USE ONLY AS DIRECTED ON LABEL

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E. McGill, Prop.

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—No Charges—

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Free Delivery from 8 a. m. to 1 a. m.

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WE CARRY A FULL LINE OF BONDED LIQUORS

Mrs. Mary Jane Butler Keeps Her Promise

"I'll outsell other women of the Auxiliary", she said. And so far she has.

(by J. E. HILL)

(Special to the Omaha Guide)—She being a Legionette and a Legionnaire, Mrs. Mary Jane Butler and I are quite good friends and kid each other a lot. When she started selling Bonds and Stamps, naturally I had a few wise cracks to make concerning her ability as a salesman. And she, being who who can give just as well as she can take, told me that she intended to outsell any woman in the Auxiliary who even acted as if she were going to try to sell Bonds and stamps. And don't you know so far she has made good on her word?

The last time we discussed bond

King Yuen Cafe CHOP SUEY

2010 1/2 N. 24th St. JACKSON 8576

Open from 2 p. m. until 3 a. m.

American & Chinese Dishes

ONE A DAY VITAMIN TABLETS

THINK of it! Your minimum daily requirements of A and D Vitamins or of B Complex Vitamins, in one pleasant tablet. Remember the name ONE-A-DAY (Brand) Vitamin Tablets.

DR. MILES' NERVINE

Do TENSE nerves make you Wakened, Cranky, Restless? Dr. Miles' Nervine helps to loosen Nervous Tension. Get it at your drug store. Read directions and use only as directed.

Alka-Seltzer

WHEN Headache, Muscular Pains or Simple Neuralgia, Distress after Meals, Gas on Stomach, or "Morning After" interfere with your work or spoil your fun, try Alka-Seltzer.

REAL SHOE MAN FONTENELLE SHOE REPAIR

CASH & CARRY CLEANER

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"Quality Service and Comfort Cost No More."

Peggie L. James, Proprietress,

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Bernada W. White ... Anna Gray

Live Wire Shining Parlor

—2020 NORTH 24th STREET—

M. T. Thomas, Prop.

SOFT DRINKS & CIGARS

"Why Go Somewhere Else,—Get Your Shoes Shined Here."

TIP-TOP TAILORS

DRY CLEANING AND TAILORING WELL DONE

Mr. and Mrs. Gerald L. Morris, Props.

"For the Quickest and Best Service"

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804 NORTH 24th ST. Omaha, Nebr.

5 WARS

Smith Bros. has served the public since 1847. In that period America has fought five wars. Only during wartime has there ever been any shortage of Smith Bros. Cough Drops. Our production now is war-reduced but we're distributing it fairly to all. Still only 5¢. A nickel checks that tickle!

SMITH BROS. COUGH DROPS

BLACK OR MENTHOL—5¢

"DISCONTENTED!" NAACP

Yes and again discontented, the person that is not contented with his lot in life is the one that goes ahead in life. The English people gathering at Runnymede forced the Magna Charta from King John. The coming to America of Columbus followed later by the Pilgrims, all seeking a freer broader life. The Colonists who fought taxation and the revolutionary war; the praying Negroes and Abolitionists not satisfied with the yoke of bondage were seeking the right to a place in the sun and were discontented.

People the world over today are determined to make a change. There is a clearly drawn line, on one side is the group seeking a selfish policy of greed, power and intolerance; On the other side—those who believe in Love thy Neighbor as thyself. Justice, fair play, tolerance and all the Freedoms built upon a world wide democracy.

But these conditions are not obtained by wishful thinking. We must be willing to make sacrifices, which come from financial contributions, personal and moral support, unified effort. We must get behind our National Leaders and the efforts they are making. We must unify every field, remember the corrections to be made in the army, navy, marines, air and divisions wherein the least of us are expected to make a citizen's contribution to winning the war and may I add, educate and civilize the biased illiterates of America and the world.

Don't forget the next NAACP meeting at which a program will be rendered.

Are you keeping up with the Poll Tax fight? Are you following the assaults on Jim Crow in the army, navy, Waves, etc? Do you know the NAACP is the entering wedge into that field of Democracy where all men are equal? Come in.

INTER-RACIAL COMMITTEE

Omaha was the recipient of a rare treat last Thursday a week ago by the presence in our midst for several days of Mr. Julius A. Thomas, Director of Industrial Relations of the National Urban League. Mr. Thomas spoke at the Annual meeting of the local branch to a house filled with some of Omaha's outstanding civic and community workers. Also a speaker at the monthly meeting of the Inter-racial Committee at the main YWCA building downtown. Here too was a large gathering to greet Mr. Thomas. His subjects on present and past war conditions were handled in an masterly manner. He left his hearers in a mood to say. More and more telling facts and truths and Mr. Thomas come back very soon. We need such men, such arguments and such inspiration.

Don't forget The Old Folks Home is having a membership drive. This is a community institution and deserves the support of all community minded citizens. The membership is only \$1.00 a year. Do you hold one? If not, why not? Visit the Home some time and familiarize yourself with the institution. We promise you will not be disappointed.

The Executive Board is very grateful for a fine contribution from the Iroquois Lodge IROPOW, which was \$165.00 on the installation of a needed pair of steps on the outside of the Home and some changes of doors on the inside. In addition to this amount \$25.00 was donated for our Xmas dinner.

The Lodge under the capable and efficient leadership of Mr. Charles Davis is making a most worthwhile contribution to our economic and social life. Another

"IF PAYS TO LOOK WELL" MAYO'S BARBER SHOP

Ladies and Children's Work

A Specialty

2422 LAKE ST.

MILDRED'S Sandwich SHOP

2409 Lake St. JA-0836

"A Clean Place to EAT at MILDRED'S"

HOT BAR-B-QUE, CHICKEN, FISH AND CHITTERLINGS.

"Patronizing Us is like making Love to a Widow."

"You Can't Overdo It."

LARGE CROWD HEAR RANDOLPH WEBSTER

Large crowd gathered at Zion Baptist Church Sunday afternoon, February 20th to listen to speeches delivered by A. Philip Randolph and Milton A. Webster, dealing with problems of vital importance to Negroes. Mr. Webster, International Vice President of the Brotherhood of Sleeping Car Porters, labor representative of the President's Committee on Fair Employment Practice and a member of the Post War Planning Committee of the AFL, spoke first and as advertised in last week's issue of this paper, he as well as Mr. Randolph, spoke of many things.

When A. Philip Randolph, International President of the Brotherhood of Sleeping Car Porters addressed the audience, he began by briefing an account of the establishing of the Omaha branch of the Brotherhood with special reference to how members use to slip up to the office of Dr. Hawkins, one by one to pay their dues because they didn't know who might be a spy or stool pigeon. Then he proceeded to discuss the broader aspects of the economic problems that confront Negro workers of today with particular reference to the effect of the war situation on the problems that will confront the Negroes in the orientation of the world-wide economic condition as it was advertised he would do.

The speeches were well received by those present and were worth while going to hear. Between the speeches, musical numbers were rendered by St. John's Choir.

of our active patriotic organizations will be heard from in our next news item. More power to our friends.

We are suffering an awakening in our community and an agreeable one. So let us look around and see just what contribution we can add. Be a good pitcher and a good catcher only when it is absolutely necessary.

—by H. W. BLACK.

"WITH PEN IN HAND" DRAMA OVER WOV FEBR. 29

Producer C. P. Ma Gregor will present Isabelle Jewell as his guest star on the Hollywood Radio Theatre over WOW, Tuesday, February 29. Miss Jewell will star in an original radio play entitled—"With Pen in Hand"

Golden Glove Champ

Luke Baylark, the 205 lbs. of muscle and brain is clearly indicated in the above photograph. He will represent Chicago's heavyweight division in the Golden Glove Tournament of Champions which will be held at the Chicago Stadium on February 28, 29 and March 1. Luke, along with several others, earned places in the "big show" after a long line of winners in preliminaries. They will face able punchers from 29 cities at the windup. Baylark hails from Clarkdale Mississippi and through a nationally known fight promoter and match-mgr., Eddie Pileque, he has been dubbed the idol of the Savoy by fight fans during his fistie fits there. PRESS PHOTO SERVICE

Wanted!

TURNE, WRECKED or DILAPIDATED. CARS AND TRUCKS. BRING 'EM IN PARTS FOR CARS CONSOLIDATED AUTO PARTS CO.

2501 Cuming St. Phone AT. 5656 Omaha

Quick and Easy Bread for Lunchboxes

For a lunchbox surprise, a dinner or luncheon treat, what could be more delicious than a moist, rich Fruit Nut Bread chockful of nuts, dates and figs? Here's one that really rings the bell!

Wizards in lunchbox success say: "Have two kinds of sandwiches—a meaty one and a dessert one. V-A-R-Y your breads! And don't be stingy with the filling!" Your lunchboxes will say you're a wizard, too, when they find these thick, satisfying Fruit Nut Sandwiches. Here are some fillings they will like: cream cheese and olives or celery or nuts—cottage cheese and jelly—peanut butter or any nut butter—honey and nuts.

Quick and easy to make with creamy, all-vegetable shortening, this recipe is one you'll use over and over again because your family will keep asking for it. Clip now, and have for keeps!



Fruit Nut Bread

1 cup dates, cut or 1/2 cup dates and 1/2 cup figs
1/2 cup nuts, chopped
1 cup hot water
1/2 cup Spry
1/2 teaspoon salt

1/2 cup brown sugar, firmly packed
1 egg, beaten
1 1/2 cups sifted all-purpose flour
1 teaspoon soda
1/2 cup Graham flour

Combine dates, nuts, and hot water and let stand. Combine Spry and salt. Add sugar gradually and cream well. Add egg and mix well. Add date mixture to creamed mixture, blending well. Sift flour with soda. Add white flour and Graham flour to date mixture and mix well. Bake in 8x5x3-inch Sprycoted loaf pan in moderate oven (350° F.) 1 hour.

Nebr.-Kansas Missionary Society to Hold Meeting at Bethel A.M.E. Church

The Women's Parent Mite Missionary Society of the Nebraska and Kansas Branch will hold its second quarterly meeting of the Nebraska Area at Bethel A.M.E. Church 2430 Franklin street, Mar. 3, 1944 at 10 a.m. There will be an educational as well as a spiritual program. The speaker for the morning session will be Rev. B. E. Jones pastor of Bethel A.M.E. Church. In the afternoon there will be an educational program featuring a panel discussion on the constitution and by-laws of our society. There will also be a lecture on parliamentary laws and their uses by Mrs. Hattie Adams. At 4 p.m. Mrs. A. E. M. Goodwin will conduct the Young Peoples' Hour.

Everyone is welcome to attend. Mrs. Isabel Ridley, is supervisor and Mrs. Mary Edmondson, is reporter.

"A Negro Owned Business"

A Friendly Greeting and ANNOUNCEMENT from Ryland E. Melford

TO OUR FRIENDS, old and new. We offer a complete selection of Exclusive Beauty Preparations... Choice Colognes, and Fine Perfumes. Our face powders are delightfully fragrant, triple silk-screened and Shade Toned for your complexion. Our service includes individual blending if you prefer. Consult with us and let our friendly representatives help solve your beauty problems.

BON NITA Products

2916 N. 28th St. JA 2189

RYLAND E. MELFORD, MANUFACTURING CHEMIST

It's no longer TABOO for girls to talk of this possible help

You can't expect a grin-and-bear-it attitude to bring relief from the distress of periodic, functional pain. Perhaps that's why so many women use CARDUI. It has a 62 year record of 2-way help, when taken as directed: (1) started three days before "your time," it should help relieve pain due to purely periodic, functional causes; (2) taken as a tonic, CARDUI usually improves appetite, aids digestion by increasing the flow of gastric juices, and thus helps build resistance, which often aids in minimizing periodic functional distress. Try CARDUI. You may be glad you did!

"Let Me Get You Some DR. MILES' ANTI-PAIN PILLS"

WITH YOUR responsibilities, can you afford to let a Headache, Muscular Pains, Functional Monthly Pains or Simple Neuralgia slow you down? Dr. Miles Anti-Pain Pills have been bringing relief from these common discomforts for nearly sixty years.

Countless American housewives consider Anti-Pain Pills almost as much of a necessity in the medicine cabinet, as is flour in the kitchen cupboard. They have Dr. Miles Anti-Pain Pills in the house, many of them carry these little pain relievers in purse or handbag. They are prepared for these minor aches and pains that sometimes occur in almost every family—ARE YOU? Dr. Miles Anti-Pain Pills are pleasant to take and do not upset the stomach.

Get Dr. Miles Anti-Pain Pills at your drug store. Regular package 25 tablets 25¢, Economy package 125 tablets \$1.00. Read directions and use only as directed.

DR. MILES' Anti-Pain Pills

DO YOU

Have trouble with your feet? Do they perspire too freely and crack the skin between the toes? Do they ache and burn? Are you troubled with painful corns, callouses or Athlete's Foot?

Then try I.D.I.—an amazing new formula guaranteed to bring relief—or double your money back! EASY TO USE—easy to buy, get I.D.I!

For Comfortable Feet USE I.D.I. "It does it"

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