straight up in the air. With the

your legs from side to side, touching the floor at each side, and keep-

9. Finally, sit with your knees

straight, toes up and heels forward.

Lie down and sit up again as slowly

If you make your own exercise

ing, added to the familiar exercises

What are your beauty problems?

Write: Marie Downing, Larieuse

Beauty Bureau, 3509 Lindell

Blvd., St. Louis, Mo., and she will

be glad to answer them. Be

sure to enclose a self-addressed,

• 30000000

stamped envelope.

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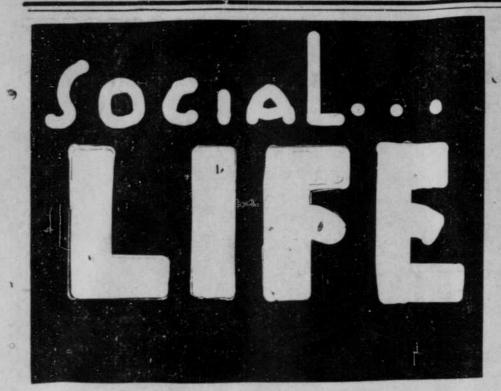
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the larger



POSTAL ALLIANCE SOCIAL The local Alliance of Postal employees, their wives and guest were entertained Saturday even-

iams and Wallace Wright.

rade J. W. Dacus, acting as Mas- three boys to work after school. ter of Ceremonies, called on Mr. You can see what your cooperat-Nathaniel Hunter, Mr. A. R. ion will do and your dimes mean Goodlett and John Field for a few so much. For information call ENJOYS "QUEEN ESTHER" remarks. They responded with JA. 1978. words of encouragement and PS.—We meet each Wednesday 2418 Grant St.

rades and their wives Mrs. Nat Hunter, Mr. and Mrs.

being invited to such a swell din-

Mr. and Mrs. Henry Smith. Mr. and Mrs. J. W. Dacus, Mr. Glal Recovery plan over. This is their skill and training. The lealie Lewis, Mr. and Mrs, Ruddy our golden moment. Only the adders are to be commended for what Gerrin, Mr. and Mrs. Simon Levison, Mr. and Mrs. Olin Prestige the Ways and Means Committee of hard labor to perfect such a TOYS AND DEFENSE and Mrs. Amanda Smith.

dette St., gave a reception at the ect and control that leadership and TWCA for her cousin Mr. James we are hoping and praying that Paul. The hostesses were Auv- D. C. every week. Come to the erne Kincaide, Bernice Murdock, meetings and learn just what is Thursday October 2, 1941. They the public is invited. There will was very high. reported that they enjoyed their be a number of out of town speakstay here in the city.

Mr. and Mrs. Lloyd Miller, 923 erents of a baby girl.

Mr. and Cleo Ewing 930 1-2 N. 27th St., were the proud parents of a boy.

Mrs. Aleene Taylor of San Fran cisco, who recently visited New York, spent a few days as house When you see it in the Guide, it's late the pastor and members of guest of Mr. and Mrs. W. H. Triplett on Wirt street at 2711.

Mrs. Taylor attended the Louis Nova prize fight while in New her home.

JACKSON 0288 FIDELITY STORAGE & VAN CO. Local and Long Distance MOVING 1107 Howard, W. W. Koller, Mgr. Kansas City, Mo.

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LION COAL CO. WE-2605 2124 Nicholas St. ANNOUNCEMENT

, A few lively and competitive With the cooperation of the mem-At the end of this course, Com- look us over -we have employed thinking of you in Chicago.

commendation for the members at 8 p m. at 26th and Burdette St, Cmaha, Nebraska, of the Alliance. Also thanked for Welton Hogan, President.

per and to socialize with the com- TOWNSEND CLUB NO. 11

Alliance members present were to help put the Townsend Nation- took part are to be commended for ministration Leadership can induce we recognize to be hours and hours to give consideration to our Bill production. and only the President of the Uni-Miss Katie Beasley of 3501 Bur- ted States is in a position to dir-Murray and his bride Mrs. Luv- he will act soon. We continue to THE BEAULAH BAPTIST mia Stone Murray, both of St. get the flash from Washington, CHURCH Johnice Harsten, Maty Yancey, doing on the firing line. We are very good. Sunday school was and teach the various methods of Mildred Green and Mrs. Inice Mer- holding a great mass meeting at open by the Supt. Deacon Burks military and other phases of defill. Mr. and Mrs. James Murray the Castle Hotel, 16th and Jack- at 9:30 a. m. and it was largely fense. They will not only emph-

at the Castle Hotel, 16th and Jack- and Nebraska district association.

York. Mrs. Taylor has returned to Mrs. B. B. Hawkins, Treas., and kota, and Nebraska Association, Mrs. Edith Harrison, Secy.

> 28th Ave., died Sunday October Reynolds, pastor and his good peo 19. She is survived by a son Mr. ple Jess Lee Douglas of Omaha and I a sister Mrs. Lettie Williams, of

Funeral services were held Wednesday afternoon from Thomas Funeral Home with Rev. A. J Thomas and Rev. F. K. Johnson officiating. Burial will be at Prospect Hill cemetery.

Joseph Gray 1701 1-2 North 24th St., age 88, died October 20, at a local hospital. Mr. Gray has been a resident of Omaha since 1909. Body is at the Thomas Funeral Home pending funeral arrange-

## Saturday .... Last Day!

## Sears LEADERSHIP SALE

- EXTRA VALUES!
- EXTRA SAVINGS!

#### SEARS, ROEBUCK AND CO.

30th at Farnam St., OMAHA 29th & L St., So. Omaha 28 So. Main St., Co. Bluffs

MUSICIANS' CORNER

"Personalities in The-**NEWS** 

music find, there. Haven't been to the windy city of Chicago for Exercise is a must, whether you quite some time. Perhaps I may like it or not. The basic exercises foot apart. Hold the elastic taut discover a very nice personality approved by leading health authori- over your head and swing torso for my next weeks column, I hope a trick to make them more fun and the stretched elastic. so at least. Oh! yes.... I knew more beneficial. A noted New York 7. Now you go flat on the floor, there was something else. There Beauty Salon, which believes in the with knees bent and feet on the The Young Men's Unemploy- is a very charming young lady ing October 18th at the Masonic ment Council are pleased to an- whose first name is Lydia. She on the market. This gadget is then lower it and repeat with the Hall by Comrades Andrew Will- nounce to the Public their new lo- sings in an ensemble here in town. simply a piece of tough elastic with other leg. cation on 26th and Burdette St. They tell me she has a voice of loops at each end in which to slip exceptional brilliance. Don't know exercises. If this isn't available, games of whist were in progress bers and our President we are able her last name yet. However by you can make one yourself which elastic loops over your feet, swing when the host called time to par- to serve the people with Coal and next week I am hoping to know will serve very well. take of a turkey dinner fit for kindling, ice, etc. We are striv- not only her last name, but also King. Served banquet style, ing to do something worthwhile a great deal as to her musical abthority. We've tried them, and they the tables were decorated with for the people. You can help us ility. As soon as I learn this in- are fun and downright sensible. lovely flowers and a touch of the to progress by buying or placing fo, I'll let you know the know. Holloween season was noticeable. your order with us. Stop in and Until then don't forget I'll be hands in the loops of your elastic

> Boodbye now! -The PRINCE.

The Omaha Guide:

Dear Sirs:

Mrs. Thomsen and I on Friday, them as far apart as possible, then Our Townsend Club No. 11 met October 10th, were privileged to lower them slowly. The invited guest were Mr. and Monday night at the Urban Lea- see the presentation of Queen Esgue Center 2213 Lake St., at 8 ther at St. John's AME. Church. Jack Jackson, Mr. A. R. Goodlett, oclock as usual with a good num- We were both delighted with the to the side, keeping the other arm Mr. and Mrs. Raymond Saddler, ber present. We were glad to add execution of the various parts and Mr. and Mrs. William Rouhlac, and so many new members to our ros- the ability displayed. The music ter. We still need more members was excellent. The fine folks who

Yours very truly, Arthur C. Thomsen, District Judge.

Council Bluffs, Iowa.

ers. Mr. Saville, director of Town well attended. The pastor in ods o fhomemaking, art, science, send organizations will be the charge, Rev. E. Green preached a transportation, engineering, buildprincipal speaker of the Day, very good sermon. Subject "Use ing and industrial production. Speaking begins at 2 p. m. and What You Got that they might Torth 25th Avenue were the proud will last until 9 p. m. Don't miss believe." Text Exodus 4th chapt ing through play, but stress is bethese wonderful speakers. There er 2nd verse. Afternoon service ing greatly increased along this will also be other entertainment, was a family rally well attended. line. This will give children conquartettes, solos, paper readings, at 3 pm. sponsored by Mrs. A. D. structive play for physical, mental and what nots. I will be looking Green, President of the Women's and social development. for you on Sunday Nov. the 30th Work of the Iowa, South Dakota

son Streets. Always read The We the Beaulah Baptist church, Omaha Guide for Townsend news. Council Bluffs, Iowa, do apprecthe Tabernacle Baptist Church of L. W. McDonald, President, J. Council Bluffs, Iowa, Rev. W. M. W. Dallas, First Vice Pres., Mor- Clayton, also the moderator of the ely Westbrooks, 2nd Vice Pres., western district, Iowa, South Daand Rev. C. C. Adams, pastor of the Paradise Baptist Church and his good people, also Pleasant Mrs. Kitty Douglas 2206 North Green Baptist Church, Rev. J. H.

> We were graced with having Rev E. Rhoades of Texarkana, Texas, with us and pastor of Mt. Zion Baptist Church of that city. Money raised was \$60.53, thanks.

Mrs. Nillie Burks, Reporter, Rev. Elijah Green, Pastor in charge.

MT. MORIAH BAPTIST Church 24th and Ohio,

Sunday school 9:30 A. M., Morning Worship 11:00 A. M. BTU. 7:00 P M.

Evening worship 8:00 P. M.

message was delivered by the pas- es razor back hogs, and they were tor, Services were well attended all very kind to us. all day Sunday. The Pastor re- FLASH turned home Saturday night Oct. 18th from a trip east. The Missionary Society will meet Thurs- thank us for bringing him a copy day afternoon at the home of Mr. of the world renowned Omaha Florence Moore, 2210 North 26th Guide. We had a very pleasant St. The Helping Hand Clubs an- visit with all of the cooks and nual banquet was a beautiful af- were we all extremely overjoyed fair, which was held at the church to see one another and the dining his crew of waiters are out in the Friday night and was enjoyed by room crew. Our good friends Mr. everyone present. Mrs. Forestine Tom Phillips, Mr. Ed Craig and Burroughs, President of the BTU. Mr. Johnson who we were told to is able to be out again. Rev. Rhoad work with, is a real prince and is FLASH! es of Texarkana, Texas, preached a top service man. Sundy evening The Helping Hand club will meet Tuesday night at Fisher, Mr. Hopkins, Mr. McFar-1820 North 25th St. The Church land, Mr. Bill Davis, Mr. Wheatley, will sponsor a Triplet Rally on Mr. Machine Gun Brooks who can

fit of the Church. W. L. White, Reporter. 2000000000000

**CHOP SUEY** King Yuen Cafe 20101/2 N. 24th St. JAckson 8576 Open from 2 p. m. until 3 a. mi American & Chinese Dishes  ... Marie Downing LARIEUSE BEAUTY BUREAU The Larieuse Beauty Bureau was established by the Godefroy Manufacturing Company to study methods of preserving women's natural beauty, and to make

the results of this research available to the public.

HI HO Everybody, I hope your These tingling October days make straight. Repeat with the other all feeling fine ... . I am jumping it exciting to start out on a beauty- arm. off for a week end visit to Chicago | making program, and if you find | 5. Sit erect, grasping the ends of to bring back to you the latest in yourself with that up-and-doing the elastic and stretch your arms feeling this bright morning, seize wide over your head. Rock hard on

the mood and make something of it! the hips. ties are quite simple-and here is from side to side, without relaxing value of stretching for beauty and floor. Loop the elastic over your relaxation, has put an exercise aid feet and stretch one leg straight up, the hands and the feet during your

exercises recommended by this au-1. Lie on your back and put your strip. Place your feet in the middle aid, be sure that the elastic is of the elastic and push them up strong enough to make it real exeruntil your knees are straight and cise to stretch it. This extra stretch-

legs at a right angle to the body.

2. Sit on the floor with knees is a splendid idea. A few minutes drawn up. Take both ends of the of these exercises every morningelastic in one hand, hold the center and we mean every morning-will with the other, and stretch your help you gain the lithe, young figure arms high above your head and as that you want. far apart as the elastic will allow. It takes a little will power-but 3. Lie on your back, put both it works! loops of the elastic on one foot, the other foot in the center of the elastic. Raise your legs, stretching

4. Stand erect with both arms over your head, one hand in each loop. Pull one arm straight down

This Week In Religion and Thought BY ROBT. L. MOODY

World affairs and conditions have forced us to think of defense in every phase of our daily living. Toy manufacturers in the United States agree that the American way of life, can be taught through

This Christmas the children will The services for the day was receive toys which will suggest returned to their home in St. Paul son St., on Sunday November 30th attended, and the spirit of God asize these but they will also teach by the use of toys which will spec-The eleven o'clock service was fally demonstrate American meth-

This is not beginning of train-

### **WAITERS'** (BY H. W. SMITH)

We had the pleasure of being one of the extra waiters at the Omaha Athletic Club on October 9th and oh say was it an evening of good fellowship for this writer. weather when good fellows get together. We had the opportunity to exchange a few words with the manager Mr. Jack Ager, who was one of our best friends when this writer was one of the regular employes. Having a very sick wife at that time, he was a friend indeed, as I was very much in need. We shall always think very kindly

Mr. Ed Lee the friendly headwaiter who is up in from Lincoln hand. Hats off to the boys! University, Jefferson City, Mo., Mr. Ed Buford, who is up from the Prayer meeting Wednesday ev- Sunflower State and Mr. Bill Jones ening 8:00 p. m. A wonderful who is up from the State that rais-

In the Cocktail Lounge, Mr Sunday, October 26th for the bene- serve faster than an airplane can fly, is always in the running, and Rev. F. P. Jones, Pastor, Mrs. the many private dining rooms should be in N. Y. as it is a most delightful strain on one's eyes to look at the very fine drapes and beautiful furniture adorning them ....they should attract all of the members at all times.

THE PAXTON HOTEL

The Paxton Hotel is out in front nicely.

at Peony Park on the 9th taking home, 645 South 20th. care of a very large crowd and it A teacher, preacher, linquist. was a good success as the crew of and bank clerk before assuming waiters always are out in front and his capitol responsibilities, he was always know what it tokes to serve | widely known among Nebraskans a large crowd.

Quilted About-the-House Bags

Convenient for carrying around

knitting or sewing. It has a tricky

slot-like opening - so that any-

thing can be easily pushed in and

not fall out. They come in gaily

flowered chintzes - more elab-

orate ones in satin and taffeta.

FONTENELLE HOTEL

Now as the Cornation Ball is in the makin....the Fontenelle hotel As we all know it is always good will be all dressed up as the elite of Nebraskans will be out in full bloom at the ball and the waiters will be on the job and when the King and Queen appears on the scene, it will be very pleasing to the eyes to look at them and Mr. Underwood and Mr. Reed will do double Service instructing the boys how to double quick step forward AFFILIATED WITH AME. march, as they have went through the performance themselves be fore. Now let's all give them a

Mr. John Evans was making double quick steps on October 7th as the 4H Club was at the Rome Hotel with bells on and about 550 strong, and the waiters served them in double quick time, and do you know Brother John Evans is of a U S. senator, before coming a very fast waiter as he covers so to Lincoln. He later obtained a

The Cottonwood Room at the Blackstone Hotel is on the top in decorations as the high class trade continues. Mr. C. C. Jones and front. Mr. Avant the Streamlined Room Service man is tops at

The Omaha Guide should be in every home as it has all the news. Join the NAACP, and help your cause along.

RED OAK, Iowa NEWS Mr. Davis arrived home Tuesday evening from South Dakota.

Miss Thelma Mayjon of Red Oak, who teaches school in Make in, Mo., was visiting relatives and friends.

Mrs. Cooper is up, and doing

Sizes 14 to 20-32 to 48. Sizes 36 re-quires 3 1-4 yards of 39 inch fabric. Mrs. Wiggins is up and doing ably known to business men.

K 3059

carried on revival at Church of ern Star had charge of the funeral the schools. This recording was God. Rev. Manly, Rev. Goodwin services at the grave. A number made by the same people who will Rev. Piggue carried it on from O- of Omahans attended the services. appear in the production in Om-

of Red Oak.

Oak, Iowa bids you welcome at all times. Rev. Goldsmith, paster. Sunday school 10:30, Church at 11:00, evening services 8:00. Katie Mae McGee, reporter.

"MAJOR" SMITH, LONG TIME RESIDENT OF NEBRASKA AND EMPLOYE AT STATE-HOUSE, PASSES

Rev. Isaac B. "Major" Smith 88, popular Negro interdepart mental messenger and mailman at the state capitol since the administration of Adam McMullen, 1925as usual as the party men were 1929, died Thursday night at his

and was called "Major" by his many acquaintances, made at the statehouse. He suffered a heart attack last month and was unable to return to his work.

A resident of Lincoln for 27 years, Smith was also a prominent personage in fraternal circles, being past master of Lebanon dge No. 3 and past patron of Amaranthus lodge No. 3, AF&AW He was also past grand secretary of the Nebraska Cand Lodge Negre section, AF&AM

He ws affiliated with the Afri can Methodist Church and the Cornhusker lodge of the Order of Elks. Surviving are his wife, Aunie; a son, Isaac B., Jr., New York and a granddaughter.

Born in Providence, R. I., he taught school in South Carolina. part of the time on the plantation And Oh say! did the chef cook much ground in every step he tak- better school, now known as the Lincoln high school, in Sumter, S.

> He then was drawn to Nebraska according to a brief autobiography he wrote in 1932, by the slogan "Equality Before the Law." Smith lived for a number of years at Beatrice, where as a steward for the Elks, he became well and favor-

SHOE REPAIR

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YOU CAN'T TELL THEY ARE REPAIRED— BECAUSE OUR INVISIBLE HALF SOLEING METHOD "Leaves No Repair Look" ON YOUR SHOES, THE NEW SOLE WITH AN INVIS-IBLE JOINT.

visiting friends and relatives. | coln, Nebraska, Rev. J. C. Bell officiating. The Masonic Grand Rev. Carter of Council Bluffs, Lodge and the Order of the East-

JOOP THE GIRAFFE WILL Mr. and Mrs. Moore and son of SOON GREET OMAHA Omaha was visiting her daughter CHILDREN AGAIN grandson, son, mother and father YES Joop is coming back with SPEAK NO EVIL.

a brand new Junior Programs pro-Calvary Baptist Church of Red clusively for children. The Ad- understanding. With that thought ventures of Marco Polo are to be in mind greater preparation for Drama at Tech High on Nov. 6th adventure story, than for any preand 7th. Admission this year will vious Junior Programs productbe 13c plus 2c tax and tickets will ions, is being offered.

soon be on sale at the schools. The story is being told to children throughout the schools. The Public Library has a special shelf of books including stories, hist ory, costumes, customs, music,

Funeral services for Rev. Isaac was a boy as well as far-away "Major" Smith was held from the Chiua and the court of KUHLAI M. Gerald Keene, from Omaha is Quinn Chapel AME. Church, Lin- KHAN. A victor recording of the play is being circulated through the play is being circulated thru

aha. Children of Omaha will no

doubt be singing the song of the

Three Wise Monkeys who would

dances, etc., of Venice when Marco

SEE NO EVIL, HEAR NO EVIL, Enjoyment of any play, ballet, duction, written and played ex- or opera is, of course based upon colorfully presented in a Music-full enjoyment of this rollicking



# The Nation Depends on Metals

Defense weapons and telephone lines and equipment contain a great deal of copper, aluminum, zinc and other metals. National defense is taking much of the available

Already the telephone business is using substitutes for some metals but there is no known substitute for copper for telephone wires in cities and between towns and soon we may not be able to get any copper for additional telephone plant except as it is considered essential to national defense.



The situation already is such that, in many localities, it is not possible to provide everyone just the type of telephone service wanted and there may be delays on some long distance calls.

NORTHWESTERN BELL TELEPHONE COMPANY

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