Omaha, Nebr., Saturday, Feb. 4, 1939

THE OMAHA GUIDE-

WOMEN'S DEPARTMENTAL PAGE



NOTE:--Your question will be analyzed from in this of when you include a alloying of this column and sign your birthdate and correct address to your letter. For a "Prior and only He and a support curvings for my break Ad READING covering your Mrthdate; also a free house analyzing three questions. Baylath your problems denit mphile your problems WALLAGE P.O. BOX II, ATLANTA, CA.

right on this property deal?

MY NEW ASTROLOGY READ. SARE NOW READY

a Two

Ans: He will yes. He should P. H.-Will man that I have be able to make a reasonable amin mind have success in getting ount of profit from such a deal. the job that he has in mind? If In time he will benefit from this so, then what does the future hold deal. for us?

Ans: This friend of yours is go-C. B X .-- I am giving up my ing to get the job_before the teaching position this next semmonth of March. When he receiv-! ester and I wish to know from you es a few pay checks, he will put if you think that I am using good mighty important question be judgement? fore you-I feel that you will be the future Mrs. in his household.

W. I. M.-I wish to know will conditions change financially for my husband and I or will we have to move into another town?

Ans: A change of addressee isn't going to improve your financthing at all to worry about. ial condition. Both you and your husband must make up your minds to GET EMPLOYMENT whethe, you like the city or not. If your income is fair, you will change your mind about the location you are in.

R. L. W .- My husband wants me to become a mother. He doesn't treat me so good now and I am wondering if he would do any better if we were to have a baby?

Ans: If he doesn't live the right way for the first forty-five years of his life, then a BABY isn't going to change him to any great extent. I am afraid that a baby is a bit out of the question anyway.

M. S .- Do you think that my husband is going to come out 'al-

Calvin's Newspaper Service TESTED RECIPE -By Frances Lee Barton-"O my way of thinking, one of the most pleasant meals of the week is Sunday night supper in the company of one

or two friends. And for that occasion, nothing beats waffles as the pièce de resistance. Start off with tomato

juice, then serve Waffles Ham with soft crambled eggs and finish up with coffee and cookies. That meal has "got something" as the young folks put it!

Ham Waffles & ta Marigold (Sour milk waffles)

(Sour milk wantes) 2 cups sifted cake flour; 1½ teaspoons double-acting baking powder; ½ teaspoon soda; ½ tea-spoon sait; 1 tablespoon sugar; 2 egg yolks, well beaten; 1½ cups sour milk or buttermilk; 4 table-spoons melted butter or other shortening; 2 egg whites, stiffly beaten; finely diced cooked ham. Sift flour once, measure, add baking powder, soda, salt, and sugar, and sift again. Combine egg yolks, milk, and butter; add to flour mixture, beating until smooth. Fold in egg whites. Bake in hot

judgement? Ans: Inded you are. You are marrying a man who is able to eggs on each waffle. Makes four or five 4-section waffles. take care of you and provide a

comfortable home-why should you would be expected, most of them not make the home a real comfort desire to better themselves by to him. Give up your work and marrying Europeans, but if that concentrate on trying to be a good is impossible, they marry among wife and you will not have anythemselves.

G. B .- This friend of mine has much intermarriage had taken asked me many times to marry place among the upper middle class him and when I told him I was of all races in this country. Chinese ready, then he acted as if he Indian and Malayan physicians, thought I was out of my head or lawyers and business men were

Ans: He's a "city slicker" ____ this is just his line to fool the maintained in many areas, especialmarrying you or anyone else and party we attended in a well to do tons, insets of val lace or feminine beauty. for a date-turn him down. this situation.

farm work is my life's work and I particularly acute among the lower with floor length black crepe side of the hair and you never scalp disorders. The hot oil treat- constructed in 2.000 sections, will am just wondering if I will be able middle class group in this country, skirts



With the holidays a thing of the | minutes to give it time to ferret out past, most of us are left with a gen- all the particles of dust or stale eral run-down feeling. Too many good times, too little sleep, and per-haps a bad cold thrown in, will do considerable damage to the best of us. Sleep Important To Beauty

Sleep Important To Beauty The skin reacts most unfavorably

to lack of sleep, becoming rough and dry, with a tendency to wrinkle more easily. Sleep is, of course, the first prescription for reconditioning the skin but it is always well to give nature a hand. By all means get to bed at least an hour ahead of your scheduled bed-time for a week or more to make up for the many hours rest you have missed during the holiday season. But, while you are preparing for bed, give a little extra attention to beauty.

Proper Cleansing and Lubrication Necessary

Necessary The chances are that during the holiday rush you have neglected the proper cleansing of your skin, giv-ing it just a heaty going over (if any) before falling seleep after a gay evening. Make a resolution to repair the damage this carelessness may have caused. Give a few extra minutes to cleansing your skin for the next few weeks. Select the cleansing cream, whether the liquicleansing cream, whether the liqui-fying or the cold cream type, which s best suited to your skin. Smooth the cream gently over your entire face and allow it to remain on a few



pearance of the pores, and they de-serve any added help we can give

Follow with a good night cream, rubbed well into the skin, and allow it to remain on over night. It is comforting to think that, while we are resting, a good cream is soften-ing, smoothing and lubricating the skin and helping to prevent the formation of fine lines and wrinkles.

These precautions and corrective These precautions and corrective measures will take only a few min-utes each evening but they are well worth your while. A week or two of sufficient rest, simple diet and proper care of your skin will enable you to start off again in as good er perhaps even better condition than before the holiday whirl,

What are your beauty prob-lems? Write Marie Downing, Larieuse Beanty Foundation, Room 521 - 319 North Fourth St., St. Louis, Mo., and she will be glad to answer them. Be sure to enclose a self-addressed stamped envelope.

Frou-frou blouses, fussy and start by ordinary good care of the spring shades, are worn with more state of general good health. Daily something. What is his idea any- married to European women, some dressy suits. Materials are chif- care of the scalp, masage and of whom they met while studying ions, baby batistel, or embroidered brushing, if persisted in when the in England. Social customs were organizies. Lingerie touches are disorder first appears, are very important in these blouses. Some beneficial. A luxuriant growth of girls with. He has no idea of ly regarding women. At a dinner have tiny tucks, little pearl but- hair is a blessing and a mark of

you wil drop him and have nothing ladies waited in the living room are full of pleats, ruchings or in- men and women and children. more to do with him. Next time until we were through Apparently verted tucks and have under the 1. DON'T use a bar of soap on

for evening wear and make charm- soap on the hair and underneath W. R. T.-I am getting old and | The unemployment problem was ing semi-formal dresses when worn the scales, that make up the out- ally used except in specific cases of

get it out, which causes the hair ment awakens and brings new life be 100 by 110 feet when assembled to make a success of it this year one of the causes being that many Shirtwaist blouses, of course are to be easily burned and break off. to tired unexercised muscles of the in the Hall of Western States at

Free Horoscope Ring....

GIVEN TO READERS OF THE until he perfected an ointment that OMAHA GUIDE BY DR. FRED would LIGHTEN and BRIGHTEN PALMER'S PRODUCTS CO. even the darkest skin.

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character, generous and kind, Dr. know yourself how fast and gentle FRED Palmer devoted his entire it can act to help you win a life as a benefactor to the RACE. LIGHTER BRIGHTER skin, then When but a young man, Dr. FRED just write, "I read about your gen-Palmer observed the misery and erous offer in the Omaha Guide grief of women who were handi-, Please send me FREE of error capped by a too dark toned skin, charge a simulated Gold Plated marred by ugly surface pimples. HOROSCOPE RING and reading. freckles, and other outer skin blem- I am enclosing 1 box top of Dr. ishes. He saw how difficult it was FRED Palmer's Skin Whitener, for them to get jobs; he saw how my birthdate, and 10c to even they were missing out on the fun mailing costs". Address: Dr. love and romance in life. So he FRED Palmer's Products O., vowed that if it took him his en- Dept. SW-4, Atlanta, Ga. tire life he would work and work

Today, thanks to his diligent offorts, you and every modern woman who wants to win a Brighter, Lighter, Charming, Soft Skin Ess now help nature help you attain that more beautiful, more youthfal

Or if you have already tried Dr. A true gentleman, a man of FRED Palmer's Skin Whitener and

gress. Both must harmonize. reminine, in all the fascinating hair, and the maintenance of the (Read next week the CARE of the TEETH) -000-HOLLYWOOD CHARM By Bessio Mao West If your scalp does not respond to daily brush treatment then it reif you know what's good for you, home, the men ate first while the frilly lace trimmed collars. Others Here are some DON'TS for both quires another type of scalp treatment. The hot oil treatment is the he comes down your way and asks the European wife of our host chin frills or jabots. The long- the hair, not that the soap itself scalp treatment recommended for

The hot oil treatment is gener-

FOR THESE THREE By WILLIAM HENRY HUFF for ANP I.d swim the sea to Honolulu To be alone an hour with Beulah; I'd swim the lake For Sarah's sake And walk away to California To dance but once with dear Luvenia

____000-

two indeor seasons.

A relief map of the entire West,

_____000-

Fair.

Hot dogs will be dispensed at 75

stands and grills on Treasure Is-

land at the 1939 California World's

-000--

A regiment of lovely mannequine

will model \$2,000,000 worth of furs

at a fashion show on Treasure Is-

land at the 1939 California World's

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(Due to Gastric Hyper-Acidity)

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had learned to adjust herself to sleeved sheer styles often double is harmful, but you get the actual general treatment.

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alone?

you aren't actualy dependent on wages on the part of this group, now it's smart to wear them outthe farm anyway.

would identify him too much with hips like a sweater. **1939 Astrology Readings** the working class The only ray of hope for most of these office work-NOW READY! ers was to secure a job with a British firm, because such firms

pay the highest wages. FASHIONETTE

By Hazel L. Griggs for ANP Kep Your Blouse to Your Suit For Smart Effect

Now that suits are very much before. There are many styles of give nature a chance.

as cyclamen flowers) fushia, lug-

With a suit of solid color, how-

(By Martin L. Harvey, Jr., for every type from which to select, ANP)

The Malay Straits, which include the world renowned city of Singadresses. pore, is a melting pot of races. Indians, Malayans, Chinese, Furasians, and Europeans all live in this land which is mostly under the rule of Great Britain, with a few seperate states.

Intermarriage has taken place among the distinctive racial groups and they live together rather harmoniously. One of the most interesting groups are the Furasians. The off-spring of marriages Furasians. The off-springs of marirages Europeans and Indians, this group often forms a seperate group economically. They tend to feel superior to the Indians, and inferior to the Europeans. In some cases they have separate schools, and cultural groups. They usually become

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for weer with sport suits. AITE E.AT. AIF AT. AITE E'AT

Indian college graduates had come classic although they, too, have try it alone. Arrange to get you ment positions, and failing in this of make-believe, precious jewels be used. a share cropper or a renter on your were willing to work for very low sapphires and opals for examples. place to help do the work. It is wages as clerks and the like. As incidentally, blouses are growbetter that you not make so much in our own country. there was no ing longer because many of the and take care of your health and organized effort to seek higher newest suits have longer jackets,

coat the hair with a film of oil each one feeling that a labor union side your skirt, fitted around the and it becomes dirty two hours after it is applied.



"The CARE OF THE HAIR"

The care of the hair is important yet few men and few women long and at least five rows across on the fashion front again, most realize how important it is. Us- the face of the brush DO NOT of us are in a very receptive mood ually men and women try to have BRUSH THE SCALP? AS THIS toward blouses. And finding the fine lustrous wavy hair by artific- | IRRITATES THE SCALP AND right blouse to wear with your ial or trick methods. Beautiful DOES NO GOOD. Do and teach early-bird suit this year shouldn't hair is obtained by natural means your child to brush her hair at the be difficult for blouses are more and all the beauty of the hair is same time you teach them to brush in the fashion picture than ever supplied by nature, providing you their teeth and buy them a hair

and these new, spring blouses are hair depends priamrily on its and used the same way. keyed to the clock and the occa- nerve vigor and the good circula- Brushing will not take out the sion with almost as much versati- tion of the oily scalp secretion curls or waves it only strengthen lity and variety as the newest which gives it gloss and luster. it and will help to recondition your

Beauty is not so much a matter of hair, keeping it soft lustrous, man-In choosing a blouse it is im- color where hair is concerned. If ageable and clean,

portant to study your suit before your hair has a fine glow, a rich How to BRUSH THE HAIR making a selection If your suit sheen, "+ will be beautiful regard- part the hair from front to back is checked or of a patterned weave less of its pigmentation or color. and from ear to ear, then with a you will want to avoid the prints Hair often makes an otherwise hair brush, each quarter both and lean toward plain colors. Most plain person beautiful. And prac- on bottom and top with an upward popular of the plain colors this tically every woman, if she cares stroke of the brush, not allowing season are syclamen (a bright, to make the effort, may have the bristles of the brush to touch deep pink the same shade exactly beautiful hair.

Do not worry if you shed your draw it through the hair this gage tan, aqua and lime or char- hair. It is natural for the hair combs and brushes each hair treuse. These colors plain but gay to shed, and to keep right on bringing out the natural beauty of are being worn with checks, plaids growing in again. Only see to it the hair.

are crepes, tissue taffetas or jer- loss by shedding.

Scalp massage makes the hair own head, profile and face. Dress grow and prevents many hair your hair according to your own ever, you may want to select one troubles. Massrges is the fiast and individuality of features. Dress it of the attractive printed models. best hair tonic. Though a good in accordance with its natural ha-In these blouses, spirited stripes, scalp lotion may stimulate circu- bits of growth. Better to look polka dots, flower motifs, paisley lation, massage always does so charming and attractive with your designs checks and plaids vie with more DIRECTLY. In general it hair dressed in a style naturally each other for your attention. The is wise to remember that tonics becoming to you, than to conform materials are washable crepes, are meants for specific purposes to some fashionable hair dressing spun rayons, or cottons. Tubable of cure for hair disorders, rather fad that is unbecoming. Also reblouses are increasingly popular than for common use. Most hair member that your DRESS should troubles could be prevented in the influence your coiffure to some de-

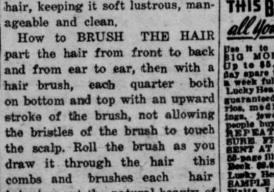
2. DON'T put glue on your hair scalp. It also increases circula-Asn: I don't think you should into this country seeking govern- new touches in the form of study to set it. A nonstick solution MUST tion and tones the sabaceous glands.

> 8. DON'T smear oil on the hair and the scalp of dandruff, thus to make it appear lustrous or to making the hair bright and lushold it in place. By so doing. you trous.

4. DON'T wash the hair any oftener than necessary. Ten days minimum preferably two weeks. MEETS 5. DON'T allow the dirt of the

day to settle on the hair and remain there. Brush the hair at least every twelve hours with a good hair brush. Use your hair brush like you would a tooth brush. You will get good results. Wash you hair brush every other day.

brush. Your hair brush -hould be



and tweeds alike. Materials used that the ingrowth is equal to the In general, before you defer to some prevailing style look at your

the 1939 California World's Fair. More than 200,000 flowers will be used in fashioning a Treasure Island woat for the Tourament of This treatment stops falling hair Roses parade in Pasadena to invite

everyone to the 1939 Golden Gate International Exposition.

Watch Hollywood Charm for Healthful Beauty Hints. _____000-

PITT AND WOODRUFF BANNED FROM A. A TRACK

Pittsburgh, Feb. 3 (ANP)-What hopes Long John Woodruff may have had of gaining the indoor supremacy he enjoyed out- Fair. doors seem to have vanished with the ruling Sunday by the registration of the Allegheny Mountain As-Get a good stiff bristle brush with sociation of the Amateur Athletic union that University of Pitts-

burgh athletes may not compete in open track meets. This will keep the school from

having representatives in the Mill- writes: "I suffer rose, New York Athletic club, Penn ed for 10 years A. C. and Boston A. C. indoor with acid-stomach meets.

The committee said it decided on this action after Carl Olson, Pitt track coach, failed to return travel permits for meets during the past



H. H. Bromley of Rutledge, Vt. trouble. Doctors all told me I had

ulcers and would have to diet the rest of my life. Before taking your treatment I weighed 148 pounds and could eat nothing but soft foods and milk. Now, after taking Von's Tablets, I weigh 171 pounds, can eat almost anything and feel perfectly well." If you suffer from acid indigestion, gastritis, heartburn, bloating or any other acid stomach trouble, you too should receive quick relief. Send for FREE samples of this wonderful treatment and details of guaranteed trial offer. Valuable Booklet is included. Write

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Health, strength and beauty of as personal as your tooth brush