

WOMEN'S DEPARTMENTAL PAGE



NOTE:—Your question will be analyzed free in this column only when you include a clipping of this column and sign your full name, birthdate and correct address to your letter. For a "Private Reply" ... send only 25c and a stamped envelope for my latest **ASTROLOGY READING** covering your birthdate; also a free letter of advice analyzing three questions. Explain your problems clearly and confine your questions to those within the scope of logical reasoning.

—SEND YOUR LETTERS TO—
ABBE WALLACE, P. O. BOX 11, ATLANTA, GA.

MY NEW 1939 ASTROLOGY READINGS ARE READY

D. M. B.—Answer this question for me in your column please. Is my daughter just normal sick or just sick from worry over something and tell me what I must do with her?

Ans: Your daughter is in need of medical attention and it is my suggestion that you have her examined thoroughly by a good doctor at an early date. She is worried—but the whole trouble is from some physical defect.

L. S. My husband took my baby and left town with him last week and I am so upset and I wonder if he is looking after the baby as he should and will he bring him back?

Ans: The child is being well cared for. A couple of weeks of continual nursing on his part will make him change his mind about your domestic situation—he is going to bring him back and try to patch things up.

B. M. W.—Why is my boy friend acting this way for? I believe that he loves me.

Ans: No news from him is good news—he just hasn't made a

favorable contact while being away and has nothing to write about. He isn't going to write you as regular as he claimed he would, so don't expect it.

I. W. F.—My brother dreamed of some buried treasures in an old road and do you think it would be wise for him to go and dig for it?

Ans: Very unwise to spend any time at all searching for a treasure that he dreamed about. In fact, it isn't at all likely that he would ever find anything of this nature and he might as well begin concentrating on something else.

X. Y. Z. I am going with two boys and don't know which I like best. Which one do you think cares the most for me?

Ans: The boy you have been going with for quite some time is very sincere in his affections for you and wishes to continue his friendship with you. Although the new friend you have made is not as anxious to go with you regularly as the first friend.

R. E. H.—One doctor told me that I was going to have a baby in April and one doctor told me I had a tumor. I am worried sick and don't know what to think. Help me please?

Ans: Well, it certainly does seem like you could get the correct information by this time. Go down to your city clinic and have them examine you and they should be able to give you the information you desire. Get to the bottom of the matter right now.

P. C. I am in love with a girl and we have planned to be married and there is always something that comes up. Tell me if she loves me and will we ever be able to carry out our plans?

Ans: Yes, she does love you. She wants to marry also but she isn't going to show her affection for you. You cannot blame her in any way for the circumstances that have arisen for she isn't any more to blame than yourself. Neither of you could help conditions but if you will stick together another two months, you can work out those plans.

Calvin's Newspaper Service

TESTED RECIPE

By Frances Lee Barton

As many artistic honors are won in the kitchen as in a painter's studio. Every day American housewives are making beautiful pastels of color. One of the most subtle flavor combinations at the disposal of the artist-housewife is chocolate and coffee. Your plainest cake recipe will do you honor if you adorn it with this unusual frosting:

Chocolate Mocha Frosting
2 tablespoons butter; 2 1/2 cups sifted confectioners' sugar; 1/4 teaspoon vanilla; 1/4 teaspoon salt; 1/2 square unsweetened chocolate, melted; 3 tablespoons strong coffee.
Cream butter: add part of sugar gradually, blending after each addition. Add vanilla, salt, and chocolate and mix well. Add remaining sugar, alternately with coffee, until of right consistency to spread. Beat after each addition until smooth. Makes enough frosting to cover tops of two 9-inch layers, or top and sides of 8x8x2-inch cake, or about 2 dozen cup cakes.

Calvin's Newspaper Service

TESTED RECIPE

By Frances Lee Barton

THE recent festive season no doubt has left your food budget a trifle the worse for wear. So it's not exactly good news when your husband announces that he's bringing home a business friend for a bite of supper! All is not lost, however, for you can make a very handsome main dish of a tomato cheese soufflé and flank it with broiled bœuf. Follow this recipe to the letter and it will be a grand soufflé to win the men folks' beaming approval.

Tomato Cheese Soufflé
3 tablespoons quick-cooking tapioca; 1 teaspoon salt; 1 cup tomato soup; 1 cup grated American cheese; 3 egg yolks, beaten until thick and lemon-colored; 3 egg whites, stiffly beaten.
Combine tapioca, salt, and tomato soup in top of double boiler. Place over rapidly boiling water and cook 8 to 10 minutes after water boils again, stirring frequently. Add cheese and stir until melted. Cool slightly while beating eggs. Add egg yolks and mix well. Fold into egg whites. Turn into greased baking dish. Place in pan of hot water and bake in moderate oven (350° F.) 50 minutes, or until soufflé is firm. Serve 6.

Note: Soufflé may be baked in greased ramekins in moderate oven (350° F.) 30 minutes.

FASHIONETTE

By Hazel L. Griggs for ANP

Lift the Lull in Your Wardrobe

With Bright Accessories

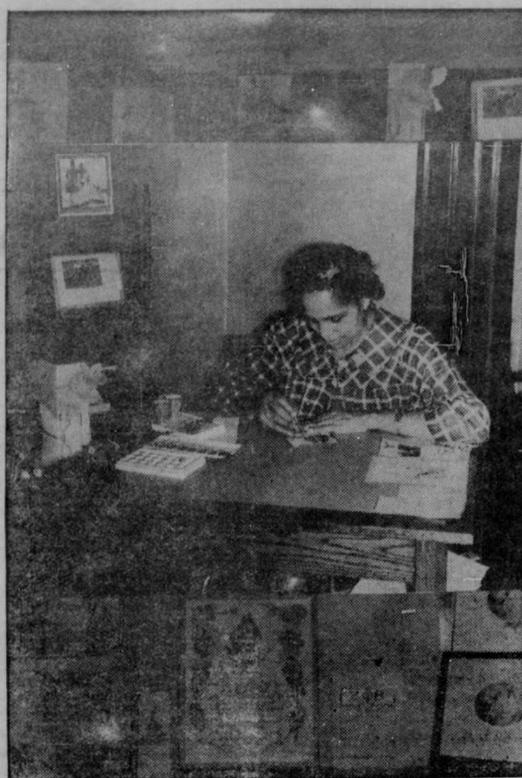
About this time of year most of us get very tired of our dark winter coats, and the ensembles which started us out so gallily the first of the season seem droop and become tiresome. If you're experiencing this type of mid-winter blues, nothing will help so much to brighten up your immediate fashion picture as gay new accessories. The bags, gloves, belts, collar and cuff sets and costume jewelry now being shown are the spiciest kind of fresheners for this purpose.

Eggs and gloves seem as splashes of color against dark coats, are made up in all the popular string shades—the reds, fuchsias, yellow, blues and greens in their wide ranges. These fashion twins, made up in suede, will accompany spring outfits later in the season. The fabric glove is the style favored.

Other wardrobe brighteners are the colorful, new belts mostly worn with the monastic or drindle type dresses. Some of these belts, wide corsetlike types come in brilliant shades or combinations of colors. One belt uses three colors—wine, green and violet—and is attractive against black or navy blue. These belts fasten by lacings at the front. Other new belts are fashioned of suede or a material resembling oilcloth, and tie around the waist, sash-style. Still others of the oilcloth type but narrower are made up entirely of cut-out flowers and leaves, giving a real touch of spring to the dresses with which they are worn.

The basic dress assures new importance at this time of year when it can be brightened in so many ways. A black crepe dress is lifted considerably by white lace or pique collar and cuffs, white fabric flowers, bows or snowy jewelry. A quilted pique collar cuffs set is

PLAYING "SANTA CLAUS"



MISS LUE SWARZ
Zeta Phi Beta sorority a "Cheer-up Shower" program for the institutions. She is a noted "one woman show" actress. (Calvin service.)

Of 3653 Windsor place, St. Louis is shown playing "Santa Claus" to siblings at three hospitals (St. Mary's, Homer G. Phillips, and Peoples) on Christmas day. Miss Swarz has instituted through

especially nice as a fresher. A little later, pastel accents will be smart and springlike on this unrelieved black dress. Basic dresses are unequalled for service in the wardrobes of those of us who must watch our budgets.

If the rest of your costume is dark and your hat is bright, accent your hat color by having it appear in a flower, jewel or gloves.

TASTY, EASY-TO-MAKE DESERT GINGERBREAD

(By Arden H. Duane for ANP)

Umm! Gingerbread!

Doesn't that sound good to you? Like a party? But wait until you taste these new gingerbread recipes. And if you are the maker, you will be called upon for second helpings each and every time.

Upside Down Apple Gingerbread, Upside Down Pineapple Gingerbread and others. A loose three cent stamp to Arden H. Duane, Associated Negro Press, 3507 South Parkway, Chicago, Ill., for your request.

Cocoonut Gingerbread: Two cups cake flour, two teaspoons baking powder, one eight teaspoon soda, two teaspoons ginger, one teaspoon cinnamon, one half teaspoon salt, one third cup butter, one egg, well beaten, three fourths cup sour milk, two thirds cup molasses, one third cup sugar, one egg white, stiffly beaten one can cocoonut.

Sift flour one before measuring; all baking powder, soda spices and salt and sift together three times. Cream butter well, add sugar gradually and cream together until light and fluffy. Add well beaten egg and molasses. Add dry ingredients alternately with milk, beating until smooth. Pour into a greased pan and bake in a moderate oven for forty minutes.

Fold sugar into egg white, spread on gingerbread ten minutes before removing from the oven. Sprinkle with cocoonut and return to the oven for ten minutes until cocoonut is a golden brown.

Cheese Gingerbread: One cup grated cheese, one half cup sugar, one cup mild molasses, two cups flour, one teaspoon soda, two teaspoons ginger, one half teaspoon salt, three fourths cup hot water.

Mix cheese, sugar and molasses in the top of a double boiler stirring until the cheese is melted. Add sifted dry ingredients alternately with the water. Beat well and bake in modern oven for forty minutes.

Brand Gingerbread: One and one half cups flour, one teaspoon soda, one teaspoon ginger, two teaspoons cinnamon, one half teaspoon salt, one fourth cup shortening cup half cup sugar, one egg, one cup all-bran, one half cup sour milk, one half cup molasses.

Sift flour, measure and sift twice with soda, spices and salt. Cream shortening and sugar thoroughly, then add sifted dry ingredients alternately with combined sour milk and molasses. Pour into a greased pan. Bake in a moderate oven 40 to forty-five minutes.

A LOGICAL EXTENSION OF DEMOCRACY

"A logical extension of democracy" was what Dr. Lyman Harris, University of Omaha history professor, called the war referendum today in replying to a colleague, Professor Dayton Heckman, who attacked the referendum last week as "a fantasy like Ferdinand the Bull."

Speaking to members of a campus organization who last week heard Professor Heckman assail the referendum as "impossible, impracticable and detrimental," Dr. Harris took up the cudgels for supporters of the current war referendum proposal. The referendum would let the people rather than Congress decide whether the United States should wage war on foreign soil.

"This business of going to war and sacrificing one's life is such a vitally important one that I believe the persons who have to do it should have some say-so," declared Dr. Harris.

"My position is not meant to be an attack on representative government, but instead a recommendation for an extension of democracy. The referendum represents a form of direct democracy which we already use in a number of states."

As Dr. Harris sees the war referendum in principle, the measure merely extends that area from which the central government is already excluded. Besides civil liberties, he would include in that forbidden area the right of a man to fight and die in a foreign land.

When someone objected that the war referendum might "hamstring" American diplomatic policy, the historian retorted emphatically: "That's exactly what I want! If it's our foreign policy to send American troops all over the world then I'm strongly in favor of hamstringing it."

"Furthermore, there's a considerable portion of American public opinion that disapproves of the idea that the threat of war should be used freely as a diplomatic weapon."

The professor pointed out that in the past American soldiers have fought and died in Mexico, Nicaragua, Haiti, Santo Domingo, Cuba, Puerto Rico, the Philippines, France, Siberia and Russia.

enthusiasm for the war referendum is based upon his outlook on present day world affairs. Until 1931 when the British government refused to join the United States in opposing the aggressive Japanese, Dr. Harris was a hearty supporter of "collective security" to preserve peace and international law.

Gradually, as numerous crises occurred, it became more evident to the historian that collective security was a flimsy reed lending little support to the cause of international justice. His ardor cooled, and today he is outspokenly opposed to American participation in any scheme for collective security.

Today's problems in Europe he believes are due to the "stupid and bungling policy of the French and British. They "sabotaged" the League of Nations, he asserts. And today when "the so-called democracies of France and Britain are ruled by decadent and effete tricksters, like Chamberlain and Daladier", Dr. Harris thinks the American people should have a voice in whether or not they want to keep company with such "tricksters."

The University of Omaha professor is willing to admit that he might not be such a strong supporter of the war referendum had the League of Nations proved effective in dealing with aggressor states. But the breakdown of machinery for maintaining international law, he says, makes more important than ever a direct expression from the American people before this country can become entangled again in a battle royal overseas.

"The argument is often raised that the public could be misled by propaganda and pressure groups more easily than the President and Congress. This is disproved by the cases of McKinley and Wilson. Political pressure, the desire to rally the public to the Republican party and to get people's minds off domestic problems led McKinley to ask Congress to declare war on Spain even though that country had already yielded on every point.

"President Wilson was subjected to enormous economic and political pressure to take the United States into the World War to save civilization, to save democracy, and, incidentally, to save huge financial investments in the Allied cause.

"The argument that the war referendum will weaken our defense is utterly fallacious because the proposal isn't effective in case of attack. Furthermore, the danger of attack is extremely remote."

Dr. Harris is convinced that three or four American wars might have been averted had there been a war referendum. He cites the War of 1812, the Mexican War of 1846, the Spanish-American War, and the World War.

"Our war with Spain was due almost entirely to the duplicity of President McKinley," he stated. "And if a vote had been taken in the spring of 1917 before we entered the World War, the Atlantic coast regions certainly would have voted for war; but it is quite likely that the Middle West and the Far West would have voted for peace."

BOOKLET SHOWING AFRICAN ORIGIN OF RELIGION AN ART IS PUBLISHED

New York, Jan. 26 (C)—After several years of research, Prof. Charles C. Seifert, director of the Ethiopian Historical Publishing company, 313 West 137 Street, has issued a new booklet, "Genesis of Religion and Art," in which he shows through the writings of several recognized authorities that the origin of religion and art goes back to the African.

"From the very dawn of history," writes Prof. Seifert, "we find art acting as a major factor in man's development towards a better and fuller life. That the Negro or Ethiopian or Africa played a dominating part not only in the creative manifestation of art in its various phases, but in its very development along definite lines, is attested by history."

Again, writes Prof. Seifert: "In the study of the history of art, one fact stands out boldly, namely, that art is, or seems to be the handmaiden of religion. Religion is the motive power which seems to cause its very creation. The god-idea must be symbolized for the human mind to grasp and appreciate the signi-

ficance. This fact is still true even to this day. Thus a concept; a definite form is created, a symbol, a fetish and this idea runs throughout everything of the primitive Africans whether in the Congo, Nigeria or in Egypt."

THE BEAUTY BOX

By VERSE WINSTON of Northside Beauty Shop

"HANDS"

Hands are first to show the signs of age and many a young woman who through force of economy, must include dishwashing, floor mopping and laundry in her regular routine is discouraged when she gazes upon rough, red hands with unkempt nails. To her, the manicure that produces good results is a joy.

Care is what produces hands and nails. A woman's nails should have home attention, but this should be supplemented by occasional visits to the manicurist. Else it is impossible to keep them in perfect condition.

What is beauty of hand? It is not so much the shape, just as the hair is not the color, which counts here. Texture, skin quality and skin tint, the manner in which the hands are used, the nails, these determine their beauty.

After you have taken your fingers out of warm water, rinse them in cold water, leaving some dampness to help massage the cream well into the skin to get best results, even if this means ten, fifteen or twenty time a day. Always wash the hands with a hard brush in order to scrub the knuckles perfectly clean.

Busy hands must be beautiful hands in the modern scheme of feminine grooming. For no matter what their activity, a woman's hands are constantly in the limelight and by their appearance and thru their expression many traits of character are revealed.

(Read next week the CARE OF THE HAIR)

THE LOOM OF REALITY

The days of human existence are like vanishing shadows.

Compared to the world of Reality they are brought to a close with extreme speed. From amongst the world of humanity those who lead a heedless life are afflicted with manifest loss: for when the days of their life come to a sudden end, there is no trace no leaves, no blossom, no fruit. They shall remain in the lowest degree, and no mention is left behind for them. From King to Servant, all walk this fleeting path and live in this circle, but none shall endure save those who are freed from every tie. They are not greedy after comfort, nor do they seek fitting pleasures. They are not longing for honor, neither pursue the phantasmal imaginations of glory and wealth. They are the devotees, the tired soldiers of the Prophets of God, wanderers over mountains and desert. In the state of complete renunciation they call the people to the Kingdom of God, and they are the cause of the guidance of souls. Like unto the candle, they are aflame with all the virtues of the world of humanity. This is everlasting glory. This eternal life. This is true attainment. This the Divine sublimity of the creation of God.

School children of Alemeida County have saved \$78,000 in the past two years to see the 1939 Golden Gate International Exposition.

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