

Straight from the Capitol

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women of different racial backgrounds.

In the matter of pictures, both the President and Mrs. Roosevelt have been most gracious. Despite the vicious attacks made on both in the course of last year's campaign by such scandal-sheets as the Georgia Women's World, they have yet to refuse to pose for a picture with a Negro group.

So paste this in your hat: racial bigotry holds no terror for the Roosevelt. Unlike some former tenants of 1600 Pennsylvania avenue, they're big enough in their own right to brush aside prejudice and thus to get the real core of some of the most important problems affecting America.

Award \$20,000 Of Mrs. Malone's Land to Poro Ex-Manager

St. Louis, Jan. 23 (ANP)—A about \$20,000 was made against property judgment amounting to Mrs. Annie Turnbo Malone of Chicago, Poro college head who was reputedly made \$1,000,000 in that business, and in favor of Walter L. Majors, Poro ex-manager, here Monday.

Majors sued Mrs. Malone for breach of contract in 1915, asking \$7,528. The original judgment was for that amount, but with interests and costs it went up to \$20,000 as litigation ended recently, according to J. M. Feigenbaum, attorney for Majors. The property, comprising five parcels of land where the Poro building is situated, will be advertised for sale on January 28th.

North 24th Street SHOE HOSPITAL

Celebrates the 15th Anniversary With a Big Shoe Repairing Sale Women's Toplifts \$1.50 Women's half soles 65c and up Men's half soles 75c and up Men's rubber heels 35c and up Children's Half soles 50c and up

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Expert Auto Repairs - Overhauling Our Specialty - All Work Guaranteed! Day and Night Service - Phone AT. 6697 - Merriweather's Garage We repair all makes and models E. L. Merriweather, prop 2309 No. 22nd St. Omaha, Neb.

EVERYBODY'S PRAYER HALL

Concert Sunday Nite—To the one calling the highest number of words beginning with N. A. Prize will be given.

Everyone is urged to attend the Wednesday Nite meetings beginning Wednesday, Jan. 27, 1937.

1201 N. 24th St. JA 5343

Beware Coughs from common colds That Hang On

No matter how many medicines you have tried for your cough, chest cold or bronchial irritation, you can get relief now with Creomulsion. Serious trouble may be brewing and you cannot afford to take a chance with anything less than Creomulsion, which goes right to the seat of the trouble to aid nature to soothe and heal the inflamed membranes as the germ-laden phlegm is loosened and expelled. Even if other remedies have failed, don't be discouraged, your druggist is authorized to guarantee Creomulsion and to refund your money if you are not satisfied with results from the very first bottle. Get Creomulsion right now. (Adv.)

THE RECORD SPEAKS

At the close of the old year, all of us had an opportunity to see just how important it is to the group as a whole for some of us during a given year, to break some kind of a constructive record. We saw Jesse Owens padded at the top of the list in the sports marathon. Who could help but feel proud of this achievement, and what colored man or woman, boy or girl, did not feel a thrill of exultation when the cold record forced people who, otherwise, would not notice a colored man, no matter how good and respectable he might be. The record of Owens and what followed shows that we simply must put our shoulder to the wheel, and by some herculean effort, go over the heads of everybody else to the front rank, and here shine for the benefit of all of us. Only a few can do it, but those few should feel it their duty to do it whenever they can. They should not shirk, nor should they give up easily because the going is a little tough. There is too much at stake for shallow reasons or thin excuses. After all, one young man raised the Negro group in America to world-wide attention. No matter what the sacrifice, it was worth it.

On the other hand, it would be unfair to us not to point out that most of our record-breakers seem to be individuals. We gether very well. In short, we do not co-operate, neither in work nor play. Many people question the amount of time and energy put into our grid-iron clashes in our schools and do not seem to do things to colleges, but this writer believes it is a good thing if for no other reason than that it is teaching the Negro, on a mass scale, to work together, intelligently, to work together. The team has to win. The school knows the value of pulling for the team. The state and section is proud when the championship comes home. An instance of this was having a turkey feast for the Virginia State College boys first time in five years—a championship feast. Everybody was happy, from President J. M. Gandy, down. If our youth are taught the scientific reason for co-operation in their play, we will have a better and stronger group in our racial and national life as these youth go out into the world. It is mainly because those among us who have the spotlight today were not taught how to play together, that we work together so poorly. That attitude causes all to suffer, in that we get so few champions, right when we need them the most.

A Bank Teaches The Nation

The Dunbar National Bank now in its ninth year in Harlem nears the four million dollar mark in assets and the three million dollar mark in deposits. It is generally known that the bank has succeeded, surely and quickly, largely because it has worked sympathetically with the people in the community in which it operates. It has promoted a colored man to the post of Assistant Vice-president and for the new year, the promotion of another colored man to the post of Assistant Manager of this branch. In the main office of the bank, many of the employees are colored, and these

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BEAUTY AND ROMANCE by Marie Downing

DIRECTOR, LARIEUSE BEAUTY FOUNDATION

The Larieuse Beauty Foundation was established by the Godefroy Manufacturing Company to study methods of preserving women's natural beauty, and to make the results of this research available to the public.

- Losing Weight ST. LOUIS, MO.—It's pathetic to see a woman spending hours with her make-up and coiffure, thinking only of her face, when she carelessly allows her body to acquire the extra pounds that make a bulging waistline and fleshy chin. Before I outline a simple diet that should help you lose weight, let me make one point clear: If you are considerably overweight, see your doctor to find out if there is any organic cause for this condition before you try any strenuous dieting. And I wouldn't advise dieting unless you are considerably overweight. Fortunately, it is no longer considered stylish to starve yourself for weeks on end in order to keep as slender as a rail. Of course we want to avoid plumpness at one extreme, but on the other hand mature, graceful curves are better than boyish slimmness. Although it is not absolutely essential, it is a good idea to start your dieting with three days in which you eat nothing but fresh fruit juices and liquids. Drink a glass of sugarless lemonade when you arise, and for breakfast eat orange and coffee without cream and sugar. During the day, be sure to eat plenty of fruits such as unsweetened orange juice, lemonade, grape fruit, pineapple, or other fresh fruits. Drink plenty of water. The chief purpose of this three-day "starvation diet" is not to lose weight rapidly, but to cleanse your system and prepare it for the new diet which you should follow afterwards. After the fourth day, you can select your own foods, and even eat rather large meals, but you must follow these rules religiously: 1. For breakfast, eat fresh fruit, a boiled egg, toast with very little butter, black coffee. 2. For your other meals, eat mostly vegetables — spinach, raw cabbage, turnips, carrots, beans, string beans, celery, lettuce, dandelion greens, and similar vegetables. 3. If you are still hungry, eat fresh fruits. 4. Eat moderate helpings of meat, but don't eat any fried meats, or any other fried foods. 5. Eat salads with vinegar or lemon juice instead of fattening salad dressings. 6. Eat clear, uncreamed soups. 7. Drink buttermilk instead of sweet milk. Buttermilk is non-fattening. 8. Do not eat butter, sweets, sugar, fried foods, pastries such as doughnuts and cakes, rich sauces or dressings; especially, do not eat starches like potatoes, white bread, rice, spaghetti, noodles, etc. Do not eat canned fruits, and don't use cream in your coffee. This diet allows you enough freedom so you can enjoy your meals, and yet, if you follow it carefully, you will gradually lose weight in a healthy, harmless manner. A few setting-up exercises in the morning, or a brisk walk once or twice a day, will help greatly.

partments. The bank's president, Mr. C. C. Huit, a man of quiet dignity, range through all denominations of liberal as well as sound views, has said he hopes the record of his institution, Mr. John D. Rockefeller, jr., will inspire other wealthy men, in other cities, to have faith in the Negro and give him an opportunity for development in the all-important field of finance.

W. O. W Increases 90,000 Members In '36

All existing record if the organization were shattered in 1936 as the Woodmen of the World Life Insurance Association secured over 90,000 new members carrying \$108,123,000 in gross new business. More than 3,000 camps played a part in this record-breaking performance. According to figures released Thursday by D. E. Bradshaw, president, the Woodmen of the World paid \$9,753,600 in benefits to members and their beneficiaries during 1936. Since its inception, the organization has paid out \$258,624,900 in benefits. Gross assets of the association also showed a marked increase during the past year, with the total new standing at \$124,930,700. Bond investments in 1936 totaled \$16,602,000. Loans on members' certificates amounted to 4,062,156, the

report revealed, while interest received from all sources totaled \$6,055,622.

The largest amount of money ever distributed at one time to members of a fraternal society was mailed to members of the Woodmen of the World in February of 1936, when \$1,496,000 was distributed in refunds. Free treatment and maintenance was given to 630 members of the association in the Woodmen of the World Memorial hospital at San Antonio in 1936, and even greater service to tubercular members is anticipated in 1937.

Nebraska Wesleyan Student Honored

Mason City, Ia., Jan. 23 (By Alberta McGinty for ANP)—Alvin L. Wilkes, a senior student at Nebraska Wesleyan university, recently was initiated into the Psi Chi Journal club, an honorary fraternal organization of the school. Mr. Wilkes was also elected president of the "Yellers of Brown," a pep organization of the Wesleyan campus.

Mr. Leonard Knowling, enroute to an Francisco, Calif., visited here with his aunt, Mrs. Frank Johnson, 2606 Patrick.

Mrs. Ed Patterson, 2610 Patrick avenue, is on the sick list.

The condition of Mrs. L. St. Clair is reported improved.

Mrs. A. Schills, who has been ill with influenza, remains the same.

ABYSSINIAN WAR AND AFTER

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unfounded and which tend to expose the Abyssinian natives to the retaliation and revenge of the ever watchful Italian forces which are gathering information internationally on the Abyssinian situation.

When the emperor went to Geneva and stated that he had a government in Gore which he knew he hadn't at the time he was only focusing Italian military activities against the few remaining patriots at Gore, who were endeavoring to hold on. If left alone without any interference from the emperor, they might have been able to strike a bargain with the League of Nations, the British and French governments or with Italy herself to remain independent in the western section of Abyssinia.

The emperor knows nothing about history and European diplomacy and he seems to be interested in no one else but himself and his family. Everything is lost to the poor Abyssinians who remained at home—while everything has been taken by the emperor who sought immediate and voluntary exile, when the situation became too warm for him to remain on the spot.

The American Negro should be careful how he continues to support a lost cause. He is advised not to give away his money foolishly to something that will never be realized, but if he has to support the cause of Abyssinia or the cause of any Negro government, he should first have a proper understanding and agreement with that government to share in the benefits to accrue from the assistance given. This is the only business way to help. This is the way for peoples land governments to act. The Negroes should be no different. A government cannot be built on sympathy and charity, but on a sound business basis. Any assistance therefore to Negro governments should be given only when there is a proper understanding to result in those offering assistance being considered as being entitled to certain rights which they would not be able to demand without a proper understanding before their

CAN YOU KEEP A SECRET?

I HAVE GOOD NEWS FOR YOU! Regardless of what your trouble may be you can look the world in the face. Solve all problems, get what you want and fear no man's circumstances. Your Happiness and Success depend on what you print your name clearly and send it to... REV. CHAS. F. COLBERT 848 OWEN AVE. DETROIT, MICH.

Man Who Often Acted As Mayor Of Brooklyn Ill. Dies; There 59 Yrs.

Brooklyn, Ill., Jan. 23 (ANP)—Funeral services were held here Sunday for William Cole, resident of Brooklyn for nearly 95 years who often acted in the capacity of mayor.

Mr. Cole, who was born in New Orleans, came to Brooklyn with his parents in 1873 at the age of seven and received his education in the Lovejoy public schools. In 1899 he became a member of the board of directors and continued as a member of the board of education of the Lovejoy schools until 1935, during which he served as member, clerk and president. For 14 years he was a member of the board of aldermen and often acted as mayor.

He was employed at Swift Packing Co. for 40 years and retired from there last March, a year after retiring from public life. Funeral services were held at Antioch Baptist church, with the Elks lodge, of which he was secretary and charter member, in charge. Burial was at St. Louis.

Its Uniform Richness is an Advantage for Baby Ask for Roberts Milk

AMERICAN WIENER SHOP 2509 N. 24th Street. BEST CHILI AND BEST RED HOTS IN THE WEST ALL KINDS OF SANDWICHES

SHE LOST 20 POUNDS OF FAT

Feel full of pep and possess the slender form you crave—you can't if you listen to gossipers. To take off excess fat go light on fatty meats, butter, cream and sugary sweets—eat more fruit and vegetables and take a half teaspoonful of Kruschen Salts in a glass of hot water every morning to stimulate excess weight. Mrs. Elma Verrill of Havre de Grace, Md., writes: "I took off 20 lbs.—my clothes fit me fine now." No drastic cathartics—no constipation—our pleasant daily bowel motion when you take your little daily dose of Kruschen.

SOFT, GLEAMING HAIR IS SO EASY TO HAVE

GODEFROY'S Larieuse HAIR COLORING SOFT, GLEAMING HAIR IS SO EASY TO HAVE Soft, gleaming, youthful-looking hair—have you this charm that wins men's hearts? If not, use Godfrey's Larieuse. Ugly streaks and patches of gray disappear as if by magic... with but a single application of this famous preparation. Color wanted comes evenly: Black, jet black, dark, medium or light brown. So quick and easy to use, so sure, so satisfactory. Don't wait—get a bottle from your dealer, TODAY!

DO YOU KNOW WHY --- Most Anybody From The Old Home Town Looks Good To You?

Cartoon strip showing characters discussing their hometown. "PRINCEBURG! PUT 'EM THERE SOM!" "SO YOU KNEW OLD JIM PRINCE, EH? ARE YOU? I GUESS YOU HEARD THAT SHE APPEARED LAST MONTH!" "GOLLY IS THAT SO? POOR OLD SHE, IS THE OLD TOWN HALL STILL STANDING? HOW WELL I REMEMBER IT!" "WELL GOOD EVENING!" "GOODBY, JOE! SHIP-SHIP!" "GOODBY, BILL! SEE IT'S FINE TO MEET A GUY FROM YOUR OLD HOME TOWN!"

raising the family - Pa is still puzzled why Sophie was shocked

Cartoon strip showing a man and a woman talking. "MY DARLING SON, IT'S JUST GRAND SO YOU WORE THEM THINGS AT COLLEGE!" "YES - NAME ON THE TRUCK THAN!" "HEY MA, HOME YA FINISHED PATCHIN' THEM PANTS AND SHIRT TO MINE?" "JUST THINK THAT'S MY BIG HANDSOME BOY YOU LOOK WONDERFUL!" "GIDEON HAWKINS!"