



A CLEAN SYSTEM FOR HEALTH

Good health cannot be had without regular bowel activity. When your bowels miss acting for a day or two, parts of food which cannot be digested stop in the large intestine. There they sour, release poisonous gases, and a dangerous condition (called "Constipation") is set up.

NRA HIGHLIGHTS

The majority of the workers in the plant and the Labor Board held that it should therefore represent all the workers in collective bargaining. The Houde Co. refused to accept the decision and NRA's action followed.

Employment Gains. August factory employment increased 1 per cent over July, and payrolls increased 3 per cent according to the Bureau of Labor Statistics. An increase was normal in August, reflecting seasonal activity in certain industries.

Dividends Improving. For the first 8 months of 1934, favorable dividend changes numbered 909, compared with 410 in the corresponding period of 1933. There were only 273 unfavorable changes compared with 237 during this period last year.

Must Operate Under Fuel Code: The Cotton Textile Institute requested NRA to exempt from the provisions of the Retail Solid Fuel Code some 490 cotton mills which sell fuel to their employees at cost or less, as an accommodation.

Steel Employment At New High: A survey of the steel industry's first year of operation under its code reveals that by June of this year employment had increased approximately 25 per cent over last June; wages 62 per cent average hourly earnings 32 per cent.

Cotton Garment Workers Helped: Before NRA, there were 18,000 child laborers in this industry and there were sewing machine operators who worked 54 hours a week for 8 cents an hour.

"Small" Druggists Vote For NRA: "Drug Topics" is conducting a poll in 43 states and the District of Columbia to find out how druggists feel about the Retail Drug Code.

LIBERATION OF THE NEGROES
BY HURSEL W. ELEXANDER
The renewed murderous onslaught by the ruling class upon the Negro people calls for immediate and decisive action if a whole nation of 12,000,000 is not to be trampled into the dust.

Less Than 1 Per Cent Violate Codes: Because controversy is always news, more is heard about code violations than about code compliance. The fact is, however, that without coercion or legal action American industry is com-

plying with its codes to a remarkable degree. Only 63,151 complaints had been registered by July 1st against the 2 and one half million employers operating under 506 codes. Of these, almost half were dupliants. Many more were crank letters or complaints based on misunderstanding of code provisions. Therefore, less than 1 per cent of all employers had been found guilty of code violations prior to July 1st.

State Directors Adjust Many Complaints: During the 2 weeks ended July 21st, NRA State Directors adjusted, without reference to Washington, a total of 990 complaints alleging violations of code wage and hour provisions. In most cases, alleged violations were found to be merely employers' misunderstandings of their obligations.

Small Town Exemption Clarified: A new Administrative Order lists fully those local retail services or trades which are exempted from Code or P. R. A. provisions regarding maximum hours of employment, minimum wages, hours of operation, price regulation and assessments to Code Authorities. This exemption applies only to the following businesses, in towns of 2,500 or less, which are engaged exclusively in local trade or service:

retail jewelry trade; retail tobacco trade; retail drug and book sellers trade; motor vehicle storage and parking; barber shops; beauty parlors; bowling and billiards; cleaning and dyeing; laundry; real estate brokerage; shoe rebuilding; hotels; restaurants; confectioners' stores and retail sale of milk. Child labor provisions (except those which relate to the minimum price at which merchandise may be sold) still apply.

What Strikes Signify: Secretary of Labor Frances Perkins, in a special interview in the N. Y. Times, Aug. 5, 1934, said: "Disturbing as the recent labor troubles have been they did not come as a surprise to any one who has studied our economic history. Each time the country has suffered a financial crisis strikes have marked the beginning of recovery. They may be regarded as a sure sign of an improvement in conditions. Although this depression is the worst one from which the country has suffered in years, the number of strikes is smaller than those attending our recoveries in the past."

(For additional material, write to the Special Assistant to the Administrator, NRA, Washington, D. C.)

THIS GLORIOUS INTERLUDE

Between the tragic days of the Drouth and the Winter which will soon be upon us comes this marvelous season of Indian Summer. There may be no "fodder in the hock" and it may be impossible for us to hear the husky, rusty rustle of the tassels on the corn but this is all the more reason why we should accept the invitation of old Uther Nature to wander far afield, to seek diversion and rest where the flaming sun and the golden linden tree blend their gorgeous colors with the bronze of the oak and the deep russet of the maple.

At heart we are all children. It is the simple things of life that give us lasting pleasure. Unlike our ancestor we may not be able to ride to the hunt as did they in the glorious October weather but there are so many things we can do that will make life richer and more enjoyable for us all.

The tempo of modern diversion has been speeded up to such a degree that it leaves us exhausted mentally and physically. The nerve wracking, frantic pursuit of pleasure is fast becoming intolerable. We need rest and peace and contentment and at this particular season of the year it is waiting for us on the hillside, along the open road and in the leafy solitudes of the woods.

Mother Nature is extending to us her last invitation to join her. The swirling leaves that flutter to the ground warn us that we had best accept before her whimsical fancy changes. With an alluring voice she is calling to you and to me and particularly to the children. She wants us all to join her in a happy, care free frolic.

THE OLD DEAL
The Wilson Administration seeking the cooperation of the Negro people, in the waging of a war which benefitted only the rulers and the right, promised the Negroes the full rights of citizenship. Also the officials today by promises are seeking to make Negro people bear the heavy end of the burden of the crisis. Then, on the battlefields of Europe, the Negroes did not find citizenship, but death; and those that lived, the biting indignation of insult, discrimination and jim-crow. Today, on the battlefield of the crisis, a social sanction is given to the double standard American democracy by condemning, in official legal action, the Negro worker to the lowest paid category, by signing the death warrant for Negro croppers in the plowing-under and acreage reduction program, by ruining the small Negro businessman. Never, in recent years has there been such a program of annihilation decreed for the Negro people.

ing planned for the Scottsboro boys, the State of Alabama has thrown back into the teeth of the mass movement of protest the lynched bodies of its victims at Desatur and Tuscaloosa. It has released murderous rifle and machine gun fire against the indomitable and courageous Negro sharecroppers of Tallapoosa County.

Extra-Legal Lynching
Rising to the occasion, the Supreme Court ordered that Crawford be returned to the lynch-infested courts of Virginia and that Euel Lee Herndon was thrown into the dungeons of Georgia to serve a 20 year sentence. Not to be outdone, the authorities in the North are supporting Negroes to the homeland of lynch terror, filling the jails with victims of the frameup, the hospitals with the victims of police brutality. Each new insult and degradation is sharper and more stinging than the last.

The bloodhounds of terror seek out every head raised above its fellows in protest against poverty, hunger, unemployment, starvation, wages; disease, death which has settled with a double weight upon the Negro people. All the suffering and degradation which have been visited upon the white masses by the crisis have been applied double force against the Negro mass.

ATTEMPTS SUICIDE
Miss Valeria Josie King 15 years old, 2209 Seward St., attempted to commit suicide by drinking a quantity of lye Sunday, Oct. 7, when her mother refused Valeria permission to attend the Neighborhood theatre. She was burned on the lips and tongue. The case was reported by officers Allegro and Griffin, and she was attended by Dr. Folman and left at home.

SUFFERS WITH HEART AILMENT
Mrs. Emma White, 1421 N. 21 St., became suddenly ill with a heart ailment on Monday, October 8. She was attended at home by Dr. Folman, who sent her to a local hospital in the police ambulance, escorted by officers Kaufhold and A. Potash.

INJURED WHILE REPAIRING TIRE
On October 9, Joshua Ferguson, of 1314 Webster St. was repairing a tire on his truck at the Oil Station on 50th and Underwood, when the iron rim on the outside of the tire blew out and struck him, resulting in bruises on the right arm and on both legs. Mr. Ferguson was taken home by Ralph Beck, 1513 N. 28th St. and attended by Dr. Jensen.

ECONOMIC HIGHLIGHTS
Happenings That Affect the Dinner Pails, Dividend Checks And Tax Bills Of Every Individual, National And International Problems Inseparable From Local Welfare.

During the past few weeks, 3 major events have seriously affected the jittery European and Asiatic situations. Two of the events definitely aid the maintenance of world peace—one definitely points toward war.

The last came from Italy, when Il Duce announced that every Italian citizen will be given army training— from the ages of 8 to 33! Children of 8 will be enlisted in juvenile battalions, will be subject to the influence of martial spirit. As they grow older, they will be given intensive training in the arts of war. That announcement caused many European headaches—Mussolini, for all his speeches concerning peace, is dangerously overpopulated.

In August, the durable goods industries were operating at about 67 per cent of normal. (Normal means the average of the years 1923-25.) Non-durable goods producers touched 90 per cent and the trend was upward. In other words, concerns making cement, steel, metals, lumber and other products which don't wear out rapidly are still at the bottom, while the makers of food, clothes, tobacco and all the things which have a short life are experiencing relative prosperity.

Department store sales are well above what seasonal experience would lead us to expect; these stores, of course, deal primarily in nondurable goods.

It isn't hard to trace the reason back of this. It can be expressed in two words: Government spending. Government is dealing out billions for relief through its various agencies, and the bulk of this money goes at once into such necessities as food, clothing, fuel. Almost none of it is used for purposes which would stimulate the production of heavy industries. People who, after long unemployment, get three or four dollars a day, buy food and clothing—but they don't buy new homes, automobiles or motor boats.

The problem the government faces now is to bring the heavy industries up to the level reached by the non-durable goods industries. It is starting to attack that problem—and as its first step pin giving industry itself more control over its own affairs than it has enjoyed for almost two years.

The NRA reorganization indicates the trend. The period of its dictatorship is apparently over. Its new board includes actual industrialists who will be systematic to the wishes and problems of other industrialists. As a matter of fact, all late Roosevelt appointments have been camp-

BERT MOORE'S COLUMN
(Continued From Page 1)
After listening to his pleas and invitations, I asked him what the population of Russia was. He said it was 170 million. I asked how many Negroes were included. He said about one thousand in all. I then asked what was the membership of Negroes in this country in the Communist party. He said that it was far up in the thousands, but he could not give me the exact number.

Some folk say that this world is queer And say strange things ag'in it But let me tell you all right now, It's not the world, it's the people in it.

POLICE COURT NEWS

COUPE COLLIDES WITH ICE CREAM TRUCK
On October 5, at 2:10 a. m., Walter Winn, who was making a left turn at the intersection of 24th and Charles Sts., collided with an ice cream truck driven by Walter Schaele of 2202 Evans St. Frosh P. Allen, a lad of 16, 2636 Charles St. was riding in the Ford coupe with Winn at the time of the accident. He was bruised about the eye and knee, and Winn was cut on the right hand. Officers McGreer and Callahan took them to the police station, where Allen was attended by Dr. Atwood and sent home. Winn was booked on a charge of reckless driving.

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Here's that sure way to get **WHITER SKIN!**

HERE is the bleach that gives you amazing results; quickest, easiest way. It's the tried and trusted Nadinola Bleaching Cream—prize winner of them all. Just spread over face and neck at bedtime. While you sleep it works wonders. Soon your skin grows whiter, shade by shade. Your friends find you more charming, more attractive than ever.

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Don't take chances with strange bleaches which may disappoint you. For you are absolutely sure of Nadinola. It's been the favorite with all the ravishing light-toned beauties for years.
Nadinola Bleaching Cream does more than whiten your skin. It clears up flaws and blemishes—makes your complexion temptingly soft and smooth and fresh.
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Full instructions and printed money-back guarantee come with every jar of

Nadinola Bleaching Cream

rately conservative—the experimentalists have been given little or nothing.
The best guessers are now saying that the NRA will gradually retrench, and will voluntarily relinquish most of its power. It will have less and less to say about how business should be run, will be more of an umpire than an administrator. It seems that the only thing it will certainly retain is its power over wages, hours and working conditions.

At present, regulation of transportation is almost farcical. Only one branch of the industry, the railroads, is really regulated. Other carriers are subject to state regulation only, or to none at all. In many cases, there is no curb whatsoever to their policies as to rates, schedules, wages and labor standards, etc. In some states anyone who owns an old truck may set himself up as a stage company

At a fortnight ago, Japan and Russia, after long discussions, came close to an agreement whereby Japan will buy the line. A comparatively small amount of money separated the bargainers, and it looks as if the "most dangerous railroad in the world" will shortly become only a harmless branch of the world's transport system.

As for the admission of ussia to the League, it will immensely increase that body's power in preventing and settling international arguments and in enforcing peace. Whether you like communism or not, Russia is the lar-

QUIVERING NERVES
When you are just on edge . . . when you can't stand the children's noise . . . when everything you do is a burden . . . when you are irritable and blue . . . try Lydia E. Pinkham's Vegetable Compound. 98 out of 100 women report benefit.
It will give you just the extra energy you need. Life will seem worth living again.
Don't endure another day without the help this medicine can give. Get a bottle from your druggist today.

Lydia E. Pinkham's VEGETABLE COMPOUND

Nadinola Bleaching Cream. Go to drug store today and get some. Regular size is 50c. Money-saving large size is \$1.00. If you can't get it nearby, send 50c or \$1.00 and we will mail to you postage paid with book of treasured beauty secrets. National Toilet Co., Paris, Tenn.

NADINE CORAL ROSE Face Powder
Now 25c Here's that enticing Nadine Face Powder that every woman loves—now in a new 25c size—packed in round blue box. Also sold at 50c in square blue box. At drug stores or by mail.

Nadinola Bleaching Cream

At the expense of established and responsible carriers which are seeking to serve the public honestly and well.
The Conference's recommendations should be given the most careful attention in preparing future transportation legislation. In a matter of this kind, which concerns all the people, there is no time to waste.

illegal order to arrest all Communists; Anna Mae Leathers and Leah Young, Georgia textile pickets, held under the same constitutional slave law of 1861, used against Angelo Herndon and the "Atlanta Six" ad carrying the death penalty for "inciting" to insurrection.
Signed, Sasha Small, International Labor Defense, Manning Johnson, Trade Union Unity League.

WEAK AND SKINNY MEN, WOMEN AND CHILDREN

Saved by new Vitamins of Cod Liver Oil in tasteless tablets.
Pounds of firm healthy flesh instead of bare scraggy bones! New vigor, vim and energy instead of tired listlessness! Steady, quiet nerves! That is what thousands of people are getting through scientists' latest discovery—the Vitamins of Cod Liver Oil discovered in the "Hudsons of God Liver Oil" concentrated in little sugar coated tablets without any of its horrid, fishy taste or smell. McCoy's Cod Liver Oil Tablets, they're called "Cod Liver Oil in Tablets", and they simply work wonders. A little boy of 8, seriously sick, got well and gained 10 1/2 lbs. in just one month. A girl of thirteen after the same disease, gained 8 lbs. the first week and 2 lbs. each week after. A young mother who could not eat or sleep after baby came got all her health back and gained 10 lbs. in less than a month.
You simply must try McCoy's at once. Remember if you don't gain at least 3 lbs. of firm healthy flesh in a month get your money back. Demand and get McCoy's—the original and genuine Cod Liver Oil Tablets—approved by Good Housekeeping Institute. Refuse all substitutes—insist on the original McCoy's—there are none better.

AN APPEAL TO ALL OMAHA MERCHANTS, MANUFACTURERS, PACKERS AND FARMERS

Put Someone to Work Give Thiss a Trial and See What Happens
It makes no difference who: A janitor, carpenter, driver, clerk or mechanic. If you put them to work they will have money to spend. If you need anyone and don't know where to get them, call the Government Employment Bureau. It can be done.

Try it for 30 Days
Everyone Will Have a Job
Don't wait on yourself—Ask for a clerk. This will put thousands of people to work.
Talk about business increase; it will be enormous. You cannot lose.
Dear Housewives—Don't make a pack horse of yourself. If you buy anything, have it delivered. It will not cost any more and will give jobs to thousands of deliverymen over night.
This will put thousands of people to work!
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CONSOLIDATED AUTO PARTS CO.
"Home of the Kangaroo Court"
Kangaroo Court Committee
2501 Cuming St. At. 5656

Herman Friedlander Files for School Board
Friends of Herman Friedlander, Northside Grocer, drafts him to run for member of the Omaha School Board, having secured more than 1000 names on petition to file for School Board in one day. Mr. Friedlander owns and operates the Herman's Grocery and Meat Market on North 24th Street, and has been active for several years in the Social, Economic and Political Endeavors on the Northside.