

# AMONG THE Churches

## IMPROVED UNIFORM INTERNATIONAL SUNDAY SCHOOL Lesson

(By Rev. P. B. Fitzwater, D. D., Member of Faculty, Moody Bible Institute of Chicago.)  
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**Lesson for July 8**  
ASA RELIES ON GOD

LESSON TEXT—II Chronicles 14:1-15:15.  
GOLDEN TEXT—But to do good and to communicate forget not: for with such sacrifices God is well pleased. Hebrews 13:16.  
PRIMARY TOPIC—Why King Asa Was Called Good.  
JUNIOR TOPIC—Wise-Hearted King Asa.  
INTERMEDIATE AND SENIOR TOPIC—Standing for the Right.  
YOUNG PEOPLE AND ADULT TOPIC—The Courage of Conviction.

**I. Asa's Reformation (vv. 1-5).**  
Asa was the grandson of Rehoboam. Both his grandfather and father favored idolatry, but when he came to the throne he inaugurated a campaign of reform which brought great good. He not only had the handicap of idolatry and immorality fostered by two former kings, but had to contend against the influence of his mother who encouraged idolatrous worship (I Kings 15:13). In order to carry out his reformatory measures he had to depose her. Asa did that which was good and right in the eyes of the Lord (v. 2).

1. Cleared the land of idolatrous emblems and images (vv. 3, 5), including (a) strange altars devoted to other gods; (b) high places where unlawful sacrifices were offered; (c) the upright stones or images connected with idolatrous worship; (d) the groves which were associated with gross licentiousness.

2. Commanded Judah to seek the Lord (v. 4). He knew that if the reformation was to be effective it must be by the positive seeking after and worshiping God, accompanied by obedience to his commandments.

**II. Asa's Defensive Preparations (14:6-8).**  
1. Built fortified cities (v. 6). He provided a general system of defense involving the cities at strategic points. He took advantage of the years of peace at the beginning of his reign to make fortifications.

2. He erected walls about the cities (v. 7). Upon these stone walls were observation towers from which the position and movements of the enemy could be seen, and from which defensive warfare could be waged.

3. Made gates and barred them (v. 7). The reason he assigns for these preparations was that they had sought the Lord. Those who really trust God will make every effort to provide defense.

4. Had an army of spearmen (v. 8). The army was made up of 480,000 brave men. The spearmen were protected with large shields and were prepared for offensive as well as defensive war.

**III. Asa's Victory Over Zerah (14:9-12).**  
Asa's activity in providing for the national defense excited surrounding kings who interpreted his preparation as an act of aggression.

1. Asa set the battle in array (v. 9). He went out to meet the enemy. The disposition of his army shows his wisdom. Intelligent faith moves the possessor to do first that which is within his power.

2. Asa's prayer (vv. 11, 12). He cried unto the Lord, the source of national power. In this prayer note:  
a. His conscious helplessness, the first requisite in obtaining help from God.  
b. Appeals to God for help, knowing that with God's help they could win the victory.  
c. Reposes faith in God. The word "rest" means to lean upon—to cast the entire weight upon.  
d. Advanced courageously. Real faith does not wait until it sees its way clear but goes forth expecting God to clear the way.

e. He flung himself upon God. "O Lord, thou art our God." His cause was God's cause. "If God has taken us for his people, and we have taken him for our God, no enemy can prevail against us."  
3. The Egyptians smitten (v. 12). The enemy fled before Israel and could not recover themselves. Asa pursued them and overtook them.

**IV. Azariah's Message to Asa (15:1-7).**  
1. The Lord is with thee (v. 1-4). He made it clear that the Lord is with those who seek him, and those who forsake God shall be forsaken by him.  
2. Be strong (v. 7). The one who is in right relationship with God and goes forth as his representative, is strong in God.  
V. Asa Entering into a Covenant With God (15:8-15).  
Entering into this covenant relationship meant separation from all idolatry and wickedness. Success is only possible as we seek the Lord with our whole heart.

**St. John A. M. E. Church**  
THE FRIENDLY CHURCH  
Rev. F. P. Bryant, Pastor

The services at St. John last Sunday were very good, in spite of the hot weather. There was a large attendance. Rev. Bryant preached from St. Matthew's 10-1. He took for his subject, "The Church Is A Going Concern." From this subject he gave some very good thoughts. After his sermon, the church was glad to see Mrs. Cuma Watson Claytor come to the front with her husband, who

joined the church.  
The attendance at Sunday School was very good. The Sunday School missed Mr. M. E. Webb, the superintendent, who is out in California on his vacation. We wish him a very fine vacation.  
On July 12, St. John will be glad to see all members and friends at the church at 8 p. m., to hear Congressman Oscar DePriest, who will speak at that time on "National Affairs." It will be advisable to come early if you want a good seat. Let every man and woman in Omaha be on hand to welcome Congressman DePriest.

### Salem Baptist Church

22nd and Seward Streets  
Rev. E. H. Hilson, Pastor  
Minnie Harris, Reporter

Sunday School opened at 9:30 a. m., with Superintendent Reagans presiding. Superintendent Wesley was absent on account of singing at the County Hospital. The Sunday School was well attended.  
At 11 a. m., Rev. Pettis brought us an inspiring gospel message. His subject was: "Continance With Jesus Christ." Rev. Pettis is one of the young ministers of our church.  
Sunday afternoon at 3 o'clock, Rev. F. Nicholson, celebrated his calling to the ministry by having several ministers to preach sermons.

The BYPU opened at 5:30 o'clock with one half hour of devotional period. President Cooper presided. The BYPU was lively as usual.  
At 8 p. m., Rev. Simmons brought to us a powerful gospel message, his text was found in Genesis 7-1. He preached from his soul. He is indeed a gospel preacher, his subject was: "Come In Before It Rains."

Our pastor will be back in the city, Sunday July 8. The Mission circle of Salem sponsored a program Friday night. This ended the tribe rally. Seven ministers unraveled the seven seals. You are always welcome at Salem.

### Morning Star Baptist Church

26th and Franklin Street  
Rev. F. B. Banks, Pastor

On July 8, there will be given a business and professional men's program, under the auspices of the Adult Class No. 2, of the Sunday School. Very important topics will be discussed.  
The speakers are:  
Attorney Bryant—"Civic and Religion."  
Dr. Wesley Jones—"Health and Religion."  
Mr. J. D. Lewis and C. Adams—"Business and Religion."  
Mr. Johnny Owens—"Youth and Religion."  
Solo—Mrs. L. Harris of Salem Clove Leaf Quartette.  
Mr. Pruitt, Teacher  
Mrs. C. M. Wiley, secretary

### St. Benedict's Church

2423 Grant Street  
Father J. C. Daly, Pastor  
Mrs. M. E. Sterling, Reporter

The Altar Society held its last meeting for the summer, at the home of Mrs. Ora Glass, 2217 Grace, and after a short business meeting, were served a delicious and cooling repast by the hostess. Some talk was to the effect of giving a society picnic on the 4th of July, but definite arrangements were not completed.

The Summer Vocational School is entering its second week and the children are showing unusual interest in their work, the girls are making dainty little aprons for their cooking class, and many have finished their samplers and started making beautiful pieces of embroidery. The boys are making pretty handkerchiefs, tie holders and easily constructed toys.

The Sodality of the Blessed Virgin Mary, composed of the children over 10 years of age, received communion in a body last Sunday. They will be officially received into the Sodality, by the pastor, Father Daly, at a future date.

A visitor at the summer school, last week, was Mr. Thomas Goodall, who was passing through Omaha, in route to "Camp D-Snedt," South Dakota. Mr. Goodall has held the position of Chef at St. Mary's College, located at St. Mary's, Kansas, for the past 41 years. He was holding that same position, when Father Daly was attending that college many years ago. He was accompanied by his son, Will. He will take charge of a Catholic boys camp, for the summer, housing 57 boys. At the close of the camp, he will return to St. Mary's College and resume his duties there.

During their wait here, between trains, they were shown around at Creighton University, where many of the Priest were acquainted with Mr. Goodall. They were given a sight seeing tour of the city by Father Daly.

### Christ Temple

26th and Burdette Street  
O. J. Burckhardt, Pastor  
J. W. Goodwin, Assistant Pastor

## Attend Some Church Every Sunday

If you get any service out of this church directory write us a line or two, we want to serve.

# Churches

Before you buy your household needs, consult the pages of the Omaha Guide first. That will make your paper a bigger and better paper.

Notice—Because I have been unable to reach a few of the pastors of some churches, I am asking that any church omitted, will please get in touch with me, or send in a written statement, regarding your church activities, and I will gladly enter the same in this column. Any error or omission in the present arrangement, if brought to my attention, will be cheerfully corrected. The Editor.

We live not by bread alone. The soul is like unto any other part of the body. It must be fed and where is the food? The Church is the only place. Make your choice of the following Churches and attend some church every Sunday.

**ADVENTIST.**  
United Sabbath Day Adventist, 2320 N. 28th Ave. Rev. M. M. Boodle, Pastor. Sabbath day services (Saturday), Sabbath school, 9:30 A. M. Mrs. L. Smith, Supt. Sermon, 11:00 o'clock Jr. and Sr. Mission meeting, 3:00 p. m., conducted by Mrs. A. B. Wright, and Mrs. Edith Boodle, Sunday, Sermon and Song Service, 7:30 P. M.

**Seventh-Day Adventist Church, 28th and Lake Sts.**  
Brother George Anderson, Church Elder, Acting Pastor.  
Sun Down Vespers, Friday Evening-Saturday Services, Sabbath-school, 9:45 A. M., Mrs. Ethel Anderson, Superintendent. Sermon, 11:00 o'clock, Missionary Volunteer Society, 4:00 P. M., conducted by Mrs. Anna Partidge. Prayer meeting, Wed. evening 8:00 P. M.

**Zion, 2215 Grant St., Rev. C. C. Harper, Pastor.**  
Services—Sunday school, 9:30 a. m. Mr. Harry Anderson, superintendent. Sermon, 11:00 a. m. and 8:00 p. m. Prayer meeting, E. Y. P. U. 6:00 p. m. Mr. Murray Landrum, President

**Salem, 22nd and Seward Sts., Rev. E. W. Anthony, Pastor.**  
Services—Sunday school, 9:30 a. m. Mr. F. L. Wesley Superintendent. Sermon, 11:00 a. m. and 8:00 p. m. B. Y. P. U. 6: p. m. W. M. Cooper President. Prayer Meeting.

**Mt. Moriah 24 and Ohio Sts., Rev. F. P. Jones, Pastor.**  
Services, Sunday school, 9:30 a. m. Mrs. A. B. Speese superintendent. Sermon 11:00 a. m. and 8:00 p. m. B. Y. P. U. 6:00 p. m. Mr. M. Niles, President. Mission society Meeting, every 1st and 3rd Thursday afternoon, conducted by Mrs. F. P. Jones.

**Paradise 23rd and Clark Sts., Rev. N. C. Cannon, Pastor; Rev. P. M. Harris, Assistant, Pastor.**  
Services—Sunday school, 9:30 a. m., Mr. C. H. Garner, superintendent. Sermon, 11:00 and 8:00 o'clock. Prayer meeting, evening B. Y. P. U. 7:00 p. m. Mr. J. Henderson, President. Mission Art Club, Thursday afternoon conducted by Mrs. A. M. Busche.

**Pilgrim—1320 N. 25th St. Rev. J. A. Dotson, Pastor.**  
Services—Sunday school, 9:30 A. M., Superintendent, Mr. Fred Dixon. B. Y. P. U. 6:00 p. m. Mr. J. W. Baker, President. Tuesday evening, 8:00 o'clock, General Group Meeting. Men's Laymen, Mr. George Lewis, President. Heart to Heart Club, Mrs. Fannie Porter President. Willing Workers Club, Mrs. Fannie Porter, President.

**Mrs. Edna Pankey, Reporter**  
We had a splendid day Sunday. The Sunday School was brimful of interest. Deacon Stafford who teaches the Bible Class is studying hard to show himself a teacher that needeth not to be ashamed, but rightly dividing the words of truth. Then Annetta Hogan who teaches the intermediate class make things interesting for her class of young folks, and sister Tanzemore who has a large class of little fellows from three years up to six. Sister Tanzemore is an expert with little fellows. The League work is picking up. Superintendent Hunley is persistent in trying to get the young people interested and now Sister Edna Pankey has become an assistant teacher with Deacon Stafford and she now has a nice little class of girls and in a short while I am sure we will have a fine BYPU. The Willing Workers have organized a Sunshine Band under the direction of Sister Butler they sang the closing song for the Sunday School, William Butler being the director of the young choir. We will have a fine time Sunday don't miss our 11 a. m. Sermon and then come and get your heart filled with the Holy Spirit, we are expecting you to worship with us who do not go to any other church.

**Church of God**  
2025 North 24th Street  
M. E. Ashley, Pastor  
D. M. Willis, Reporter

**Ever Loyal Club Miss Nicholson, President.**  
Prayer meeting Wednesday, 7:30 p. m.  
Senior Red Circle, Thursday, 6:30 p. m. Mrs. Fletcher, President.  
Junior Red Circle Wed. 4:30 p. m., Miss Mildren Dotson, President.  
Missionary meeting, Wed. 2:00 p. m.

**CATHOLIC.**  
St. Benedict The Moore, 2423 Grant St. Father J. C. Daly S. J., Pastor. Sunday school, 9:30 a. m., Sister Mary Daniel, Superintendent.  
Low Mass, 9:00 A. M. High mass, and Benediction, 10:15.  
Altar society Tuesday afternoon, 2:00 p. m. Mrs. M. Sterling, President. Peter Claver Guild Monday 8:00 p. m. Mrs. Ona Glass, President.  
Week Day Mass every morning, 8:30.

**Christ Temple—26th and Burdette Sts., Rev. O. J. Burckhardt, Pastor.**  
Services, S. S. 9:30 a. m. Rev. J. W. Gooden, supt.  
Sermon, 11:00 a. m. and 8:00 p. m. B. Y. P. U., 6:30 p. m., conducted by Deacon Stafford, and Elder Huntley.  
Mission Band Meeting, Monday evening, 7:30 p. m. by Mrs. Willa Vann. Bible Class and Bible Institute, Tuesday evening, 7:30 p. m., conducted by Brother J. C. Parker, and Rev. Tanzimore.

**METHODIST**  
St. Johns, 22nd and Willis Ave. Rev. L. P. Bryant, Pastor.  
Services—S. S. 9:00 a. m. Mr. W. E. Webb, supt. A. C. E. League, 6:00 p. m. Mr. Rucker.  
Sermon, 10:45 a. m. and 7:45 p. m. Class Meeting, Tuesday evening, conducted by the Pastor, Rev. Bryant.

**Bethel A. M. E. 2430 Franklin St., Rev. J. W. Williams, Pastor.**  
Services—S. S. 9:45 a. m. Mrs. Maggie Smith, Supt.  
Sermon, 11:00 a. m. and 7:45 p. m. A. C. E. League, 6:30, Mrs. Etta Mae Woods, President.  
Prayer meeting Wednesday evening, Choir Rehearsal, Thursday evening, 7:30.

**Clair Chapel, 22nd and Miami Sts., Rev. Alfred Clay, Pastor.**  
Services, S. S. 9:30 a. m., Mr. R. R. Boone Superintendent.  
Sermon, 11:00 a. m. and 7:30 p. m. Lucille Gray, President.  
Choir Practice, Friday at 8:00 p. m. Board Meeting, Monday 7:30 p. m. Prayer meeting Wednesday evening 8:00.

**Cleaves Temple, 25 and Decatur Sts., Rev. O. A. Calhoun, Pastor.**  
Services, S. S. 9:45 a. m. Mr. Charles Stallworth, Superintendent. Sermon, 11:00 a. m. and 7:45 p. m. by the Pastor.  
Prayer Meeting, Wednesday evening Mission Society, Wednesday afternoon.

**Bethel Baptist Church**  
29th and T Streets  
Mrs. J. C. Collins, Junior Reporter  
Rev. F. S. Goodlett, Pastor

Sunday School was opened at 9:30 o'clock. Many students were present on this beautiful day, to learn more about our Lord and Savior, Jesus Christ.  
At the 11 o'clock worship period, our Acting Pastor Rev. F. S. Goodlett, delivered a wonderful gospel message. All those hearing this message were deeply inspired to press upward and onward, for there is a reality in serving the true and living God.  
The evening worship began at 8 o'clock. A very interesting program was given under the auspices of the Usher Board. The Usher Board Quartette gave four very good selections. We had as our guest, who played an active part on the program, Rev. J. S. Williams, pastor of the Hillside Presbyterian Church.  
One feature that was heartily applauded was a solo entitled: "My Rosary, sung by little Sylvester Stroud of Muskogee, Oklahoma, who

**Forward Step Club, Tuesday evening, by Rev. O. A. Calhoun.**  
Stewardess Board Friday Afternoon; Choir Rehearsal, Friday evening.

**Allen Chapel—25th and R Sts. (South Omaha) Rev. W. S. Metcalf, Pastor.**  
Services, S. S. 9:30 a. m., Mr. John Fellows Supt. Sermon, 10:45 a. m. and 7:45 p. m. Prayer meeting Wednesday evening, 7:30.

**Metropolitan Spiritual Church, Lake St., near 24th. Rev. R. W. Johnson, Pastor.**  
Services, S. S. 1:00 p. m., Mrs. Ransome, Supt. Church services, 11:00 a. m. and 7:30 p. m. Sunday, Rev. Johnson.  
Church Services Tuesday and Thursday, evening at 8:00 o'clock. Rev. Johnson.  
Prayer Clubs Monday, 8:00 p. m. conducted by Mrs. Payton. Penny Club, Wednesday 8:00 p. m. by Mrs. Griffin.  
Choir rehearsal, Friday evening.

**St. Phillip Episcopal Church—21st and Paul St. Father B. E. Holly, Priest.**  
Sermon and Holy Communion First and Third Sunday at 11 a. m. Sermon and Holy Communion second and third Sunday at 7:30 p. m. Sunday school at 9:30 a. m. Mr. Dillard Crawford, Supt. Regular morning services every Sunday at 11 a. m. Auxiliaries—Vespers meet second Tuesday in each month. W. M. Haynes, Senior Warden and B. B. Cowans, jr. warden. Women's Auxilliary—Mrs. John Albert Williams—President. Mrs. J. C. Donley—Secretary. Meets every Thursday afternoon. Altar Guild—Mrs. Augustus Hicks—President.

**Mrs. J. C. Donley—Secretary.**  
Meets every Tuesday night. Choir Guild—Mrs. Margaret Williams—President. Mrs. Valeria McCaw—Secretary. Meets every Thursday night. Dorcas Society—Mrs. H. Wiggins—President. Mrs. J. C. Donley—Secretary. Meets every Friday afternoon.

**Pleasant Green, 22nd and Paul Sts., Rev. P. J. Price, Pastor**  
Mrs. Lottie Keks, Reporter; Mrs. King, Clerk  
Services—Sunday School 9:30 a. m.; Supt. Mr. Vealand. Morning Services, 11 a. m. every Sunday morning B. Y. P. U. 6 p. m., President Mrs. Ida M. McGuire. Evening services every Sunday night. Weekly Meetings

**Mission, Thursday night—Prayer meeting, Wednesday night, led by one of the Deacons. Aulun Cub, Monday night, President Mrs. Estelle Waters Pick Club, Tuesday night, President Mrs. Turner. Choir rehearsals, Friday night, President, Mr. S. Mc-**

is visiting with his mother. All numbers appearing on program were very good.  
Visitors and friends are welcome to worship with us at Bethel Baptist Church.

**Weekly Union Meeting of Church of God**  
The weekly union meeting of the Churches of God met at Elder Allen's Church at 24th and Caldwell Streets. Five other churches were represented Long's Tabernacle, Sister Gladys, Roberson's Church by Sister Milton, McLaughlin's Church by Sister Goodman, Hayden's Church by Elder Hayden, Benson Church by Sister Tubbs.  
The weekly offering was \$17.84. The words were spoken by Elder Goodman. A large crowd attended and a joyful time was had by everyone.

**The Church Inquiry Column**  
By Mrs. M. E. Sterling  
"EVENING"—(Selected)

If the night was illumined by the rays of Bethlehem; the dawn by the glories of the empty sepulchre; noon by the splendor of the Ascension; then, evening, with its sorrows, has also its lights, splendors and glories. It was in the world's evening that our Lord came to bring us salvation. "The People" say the holy doctors,

were plunged in the darkness of paganism. The shades of evening stretched themselves everywhere, it was the fullness of time and the end of days, the old age of the world, and its age, as the prophets have sung."

It was evening, when Our Lord partook of the last supper, with his 12 disciples. Not satisfied to clothe Himself with our nature, His love led Him to unite Himself to each of us in that adorable Sacrament, Communion in which the soul of mortal is united with God Himself.

It was evening when Jesus Christ received the great wound in his heart, being the fifth wound inflicted upon his precious body, and it was evening when he was taken down from the cross, and placed in the waiting arms of his sorrowing mother. Around that mother stood the Angels, to console and comfort. The church invites us to join their ranks, and weep on Calvary, at the foot of the cross.

Let us make of all these bitter flowers, a mythical bouquet and the bad odor of sin will be driven away by its perfume; your wounds will be healed by contact with this blessed basin for the heart which really loves, cannot help but think of Jesus, and of Jesus crucified.

### REASONS WHY

**From Rosalie (Nebraska) Rip Saw**  
He is clean cut in his life and clear cut in what he stands for in state government.

He has the ambition of youth, plus the initiative and ability to do what he says he will do.  
He has the courage of his convictions and knows how to say "yes" and how to say "no" and with equal emphasis.

In his platform, he has told the voters, without any "straddling of the fence" that he stands for business efficiency and economy in state government; that he favors repeal of the state prohibition law so that already overburdened taxpayers will not have to carry an additional tax load by supporting a state army of prohibition agents; he stands for a single retail sales tax to replace state property taxes; preservation and advancement of our schools through revenue which this tax would make available instead of curtailment of educational activities because property taxes cannot be collected; complete reorganization of the state banking department so that depositors would have the controlling voice in what happens to their money; aid to the farmers through active cooperation with governors of other agricultural states and with the national government; removal of the state highway department from politics.

He has told exactly how he stands on ALL important state issues and what he may be expected to do if he is elected governor.  
He is on his own in the campaign with no one back of the scenes pulling the strings.  
He is honest.  
He would bring virile, aggressive and efficient leadership to our state government.  
He would bring a real Nebraska spirit of fighting loyalty to the governorship.

He is a common as an old shoe and all of his life has rubbed elbows with the people in the ordinary walks of life.  
There are just a few of the reasons why this newspaper will aggressively and consistently urge our readers to vote for Theodore W. (Ted) Metcalf for the Republican nomination for Governor of Nebraska.

**PROVERBS AND PARABLES**  
("Dog in the Manger")  
By A B Mann  
(For The Literary Service Bureau)

Perhaps you have seen the picture of a dog in a trough lying on the hay

to eat it. It was selfish to prevent the horse from eating what was his. And it was manifold more selfish because the dog could not eat the hay.

There are human beings just as doggish as this dog. They will deprive others of what would be a benefit well knowing that they have no desire to use that of which they are depriving others. And a selfishness like this is infinitely meaner than such a doggish dog.

### SOCIAL SINS

(Dives and Dive Keepers)  
By Dr. A. G. Bearer  
(For The Literary Service Bureau)

Next: Woe unto him that giveth his neighbor a drink, that putteth thy soul to him and maketh him drunk. Also.—Habakkuk 2:15.

In the days of the old saloon, a minister had denounced keepers of these dens. In the congregation that the wives and children of two saloon keepers. After the benediction one of these women took the preacher to task, and asked, "Have you no regard for the wives and children of saloon-keepers?" The answer was: "Yes, if they do their best to prevent these men from doing what they are doing; no, if these wives and children aid and abet."

The minister had denounced these vandars of drink as "enemies of society and destroyers of character." These designations are applicable to all keepers of saloons, speakases, and other places where strong drink is sold.  
These are social sins because they affect and injure society. Weak men are influenced to drink. Boys are made drunkards and gamblers through these means, and criminals and paupers are made thereby. To all such applies this text, "Woe unto him that giveth his neighbor drink, that putteth thy bottle to him and maketh him drunken also."

### Chef Cook Forced Out on Account of Illness

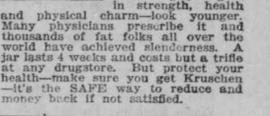
Mr. Charles Baldwin, 2530 Patrick Avenue, night chef at the Welch Cafe, became ill with a severe throat attack, and was sent home for medical treatments. Mr. Baldwin was attended by Dr. Jones, who says he will be out of service for about ten days. He has been with the Welch Restaurant four years, his brother, Randolph of Portland, arrived Monday to visit with him.

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### LOST 57 POUNDS OF FAT—DIDN'T CUT DOWN ON FOOD

"I lost 57 lbs. by taking Kruschen Salts and it had no ill effect on me. I didn't cut down on a single food—I recommend it to anyone who is overweight."—Mrs. A. Kropik, So. Milwaukee, Wis.  
To win a slender, youthful figure take a half teaspoonful of Kruschen Salts in a glass of hot water first thing every morning. While fat is leaving you gain in strength, health and physical charm—look younger. Many physicians prescribe it and thousands of fat folks all over the world have achieved slenderness. A jar lasts 4 weeks and costs but a trifle at any drugstore. But protect your health—make sure you get Kruschen—it's the SAFE way to reduce and money back if not satisfied.



**AMAZE A MINUTE**  
SCIENTIFACTS BY ARNOLD

**SEEKING LIQUID GOLD!**  
20,000 WELLS ARE DRILLED ANNUALLY IN SEARCH FOR OIL AND GAS.

**BLUE SKIES—**  
THE SKIES BLUE IS BELIEVED CAUSED BY ELECTRONS STREAMING FROM THE SUN, SIMILAR TO THE GLOW OF AN X-RAY TUBE.

**SNAKE HOMES DESTROYED—**  
AN INEFFECTIBLE CACTUS IN INDIA WHICH HARBORED SNAKES IS NOW BEING DESTROYED BY IMPORTED TINY COCHINEAL BUGS.