

What the Housewife Should Know

EMBROIDERED BUREAU SCARFS, DOILIES, ETC.

Make thick lukewarm Lux suds and put in the scarf or doily. Wash quickly by squeezing the suds through and through the material. Do not rub as this is likely to loosen the threads of the embroidery. Even though one thinks the colors are fast, it is safer not to soak the article. If the suds become soiled, use fresh suds to remove all the dust and dirt.

Thoroughly rinse the scarf in clear, lukewarm water. Three rinses will probably be enough. Then squeeze out the moisture, do not twist.

Roll the scarf or doily in a dry turkish towel, knead for a moment, then unroll and shake the scarf into shape. This removes much of the excess moisture, making the scarf dry more quickly. If the colors are unfast, this would help to prevent streaking. Don't ever leave colored materials, or things with colored embroidery rolled up while damp.

Whenever ironing embroidered articles, place them face down on a soft pad (several thicknesses of a turkish towel or soft blanket) on the ironing board, and iron on the wrong side with a warm, not a hot, iron. Iron the material along the thread. This prevents the article from becoming pulled out of shape. Press until thoroughly dry. Leaving edges damp, especially if scalloped, makes them look puckered when the material is dry. Whenever ironing round or oblong doilies, work from the center to the edge. This prevents the doily from humping in the center or becoming warped out of shape. After ironing, hang the scarf on a line or rack to cool and become thoroughly dry, before folding, or rolling, and putting away.

*All white doilies, scarfs, etc., should be soaked for a hour or so in lukewarm Rinso suds, and then washed in hot Rinso suds.

WASH OUT YOUR K-I-D-N-E-E-Y-S— SLEEP FINE

No More Getting Up Nights

So you feel achy all over, miserable and blue? Your head feels "crowded," your nerves quiver, you have pin-and-needle cramps—your appetite has gone and you feel weak as a cat. Don't fill your stomach with tonics or laxatives or rheumatism remedies. How can they help if it is your kidneys?

The job of the kidneys is to strain the uric acid and other poisons out of your blood. They purify your blood, that's it. Now you must not let these acids stay in the kidneys or they'll get back in the blood and poison your whole body. That's why your kidneys must pass 3 pints of "water" a day. Let them fail and you know it. Your appetite goes back on you, so does your pep, your sleep, and your nerves—your back hurts, your ankles and feet may swell up and you feel cranky and sick.

Now see what a wonderful change takes place after you start on Foley Pills. Kidney action increases at once. Out go those acids. Burning stops. Sleep is sounder and none of this getting-up business. You feel like "somebody."

Your druggist has Foley Pills. Sell a lot of them; because most people know how good they are. Don't cost much either—but they certainly do a grand job. If they don't, your money back any time you want it.



RACE FANS FROM THE NATION'S CAPITAL.—Mr. and Mrs. Foster B. Harris pick out winners for the next race. Mrs. Harris frowns on her husband's choice as she looks over a racing shee. Well, wife can disagree with her own husband.

ROAST FOWLS

Christmas dinners at home. I can see them yet. Great billowy mounds of creamy potatoes, piles of steaming rolls, platters of golden Hubbard squash, cold crisp salads of apples, nuts, and celery, crimson cranberry moulds, marvelous mince and pumpkin pies—and, crowning the feast, that epitome of color, flavor, and aroma—his majesty, the turkey.

Consider your stuffings, for with a large number of dressings clamoring to be urged down the generous gullet of our bird, the time draws near to weigh and choose.

While as a rule, any good dressing will be good in any good bird, well brought up ducks, geese, chickens, and turkeys do have their own favorite stuffings. The gamey flavor of water birds, for instance, blends best with apple, or apple and prune dressings, potato stuffings, savory onion dressing, or a full flavored celery stuffing. Turkey is happiest when holding warmly within it an oyster, egg and mushroom, chestnut, or other nut dressing.

Chicken, on the other hand, may arrive at table encompassing feathery dressings, featuring giblets, corn, parsley, or even coconut as an ingredient. Remember in each case to stuff lightly, but still to reach every opening.

And here's another tip which will hold good for all kinds of roast fowl in which the breast bone is not too protruding. In roasting place the bird on his breast instead of his back. Support on each side with skewers or small pans set inside the roadster, and proceed as usual. This arrangement allows the juices to drain down into the too, too dry and solid breast and lends added deliciousness to the whole. A delectable basting juice is made of one cup of boiling water, one-half cup orange juice, and two teaspoons lemon juice. This piquant fruit flavor permeates the meat of the roast bird.

Now for three quick tricks with

Christmas stuffings. The first fills a chicken. The second complements a turkey, and the third flatters a plump roast goose.

Apple-Giblet Stuffing for Chicken

- 1 set giblets (heart, liver, and gizzard)
- 3 cups stale bread crumbs
- 1 cup minced tart apple
- 1-4 cup chopped onion
- 3-4 teaspoon salt
- 1 teaspoon poultry seasoning
- 1-4 teaspoon pepper
- 1-4 teaspoon powdered sage

Soak the bread crumbs in cold milk half an hour, then squeeze out quite dry. Add the apple, onion, and seasoning and mix well. Blend with this the giblets, which have been cooked till tender and then chopped fine.

Oyster Stuffing for Turkey

- 1 pound loaf of stale white bread
- 1 pint solid oysters, cut in halves
- 1 pint oyster liquor
- 2 teaspoons salt
- 1-3 teaspoon pepper
- 1 tablespoon chopped parsley
- 1 teaspoon poultry seasoning
- Grated rind of 1-2 lemon
- 2 tablespoons melted butter

Cut the bread in thick slices and then in cubes. Add the oyster liquor, then the remaining ingredients, and blend. Add water if necessary to make packable. Stuff the turkey from both openings and sew up the entrances.

Prune Stuffing for Duck

- 3 cups stale bread crumbs
- 1 teaspoon salt
- Dash of pepper
- 1 cup chopped stewed prunes
- 1-2 cup chopped apples
- 1-2 cup chopped nut meats
- 1-4 cup melted butter
- 2 teaspoons brown sugar
- Juice of 1-4 lemon
- Prune juice

Blend all the ingredients thoroughly, adding only sufficient prune juice to give a packing consistency.

That all Russia, from exiled grand dukes to people in the factories, think meat patties are a wonderful food. And Russians are not the only ones who do, by any means!

RECIPES

Russian Meat Patties

- 2 cups ground cooked beef (from soup bone)
- 1 cup cooked rice
- 1-2 teaspoon salt
- Grated onion
- Pepper
- 1 egg
- 1-4 cup evaporated milk
- Plain pastry
- Broth
- Chopped parsley

Combine ground beef, rice, seasoning, egg and evaporated milk. Roll pastry thin. Cut in rectangular pieces about 4 by 6 inches. Put a large spoonful of the meat mixture on half of each piece, fold other half over and press firmly together with fingers or tines of fork. Bake in hot oven (425 degrees F.) until brown, about 15 minutes. Add chopped parsley to broth in which meat was boiled. Heat and serve over patties. Yield: 6 servings.

Someone has just come in to say

Brandy Sauce for Steamed Plum Pudding

- 4 tablespoons butter
- 1 cup powdered sugar
- Brandy flavoring to taste
- 2 eggs, separated
- 1-2 cup cream

Cream the butter to a smooth paste, add the sugar gradually and the flavoring, the beaten yolks, and the cream. In a double boiler cook until it thickens. Then pour over the beaten whites.

If four rubber-tipped door stops are screwed into the legs of an ordinary chair, it makes an ideal high chair for kitchen work, or for a small child.

Gardener May Be Patriotic with Shrubs

How a home owner can be popular with birds, proud of home ornamentation and at the same time indicate a little patriotism in the selection of shrubs that will bear white, and blue berries does not appear to be a difficult problem.

Throughout the land at this time of the year the shrubs in parks and around well planted home sites indicate what fall plantings can accomplish in maintaining a colorful yard for more than the usual blossoming season for flowering plants. Berry bearing plants properly placed in the yard add brightness to what might otherwise be drab in the fall and early spring. They offer material for interior decoration as well.

Among the shrubs bearing white fruit is the snowberry, which does well in shade or on the north side of a home, thus solving more than one problem of ornamentation.

Bluish black fruit is produced by red, white, and blue berries does not Red leaves and bright red stems add to its fall colors. The hardy privet will bear berries if it is not clipped too closely.

The arrowhead among the viburnums has steel blue fruit. The withe rad (viburnum cassinoides), forms berries that are first green, then pink, and finally turn a blue black.

Among the best of the red berry plants are the American bittersweet, the downy hawthorne, Japanese barberry, Japanese rose, highbush cranberry, red chokeberry, and hardy Amur honeysuckle.

WHAT TO WEAR

Swagger Fur Coats Carry Low Price Tags

It's time to sun-gle down in swagger coats . . . swagger, swanky fur coats, especially the new seven-eighths models that have suddenly appeared about the best fur shops with sprightly price tags sporting price marks that will take your last gasp.

Buy them now, while these modest prices prevail, for it simply can't happen again, this era of low prices that gives practically every one the grand opportunity of owning a fur coat without rapping another mortgage on the house.

Fur swagger coats, the newest arrivals, are stunning. You can buy them of leopard with plenty of spots, with tuck-in collars with the ends standing perkily at side face attention. You can find a nutria model that is the lightest feather-weight imaginable, besides having the new lovely taupe tan shade that can be worn for either sports or daytime and street wear. Sleeves are puffed but with excellent restraint, and the back sections that flare are the best looking and well designed backs in years.

Deep Pockets

Two pockets with deep capacity are cleverly inserted in a slanting manner and you can have either wool or wool and silk lining. A coat of this design is the most practical, wearable, and without any doubt, the best kind of a buy for a value hunting shopper.

If you like kidskin, you'll fall heavily for a snappy daytime ensemble that could be proudly displayed after dark as well. A very new color is sponsored in this ensemble—a blue fawn which is exactly the shade of that flattering color in blue fox skins. Three long bullet-like buttons fasten the coat well to the left side and make it fit snugly and effectively high across the chest.

Two pockets have been so skillfully inserted that even a good pocket hunter would be deceived, and the very good reason for that trick is that this coat can be transformed into a very fetching afternoon ensemble with the aid of a matching muff. The ensemble includes the coat (also of seven-eighths length), the quaint dress parade muff that is flat, with a ruffled or pleated edge and one of the best looking fur hats that has ever been designed.

Tiny Fur Hats

This hat, with a tiny fur bow perched high on the left side, is a simple little "nothing" of a lid, but with all kinds of zip and chic when

you pull it over your skull. It has been fashioned so expertly of of fatching kidskin (a soft silky supple kidskin that drapes as easily as heavy satin) that you can scarcely believe the hat is of fur. With these three fashionable fur things a soft satin scarf is also included, for wear as an ascot scarf for extra warmth. This satin is of the same shade as the lining of the smart coat.

Beg, borrow, or wheedle the small amount of cash necessary to exchange for these knockout warm outer layers for this coming winter. You'll never have such a good time spending your money for such bargains!

Household Hints

Cut the strips containing buttons and buttonholes from discarded garments and use them under a fly in new garments. It saves time and labor.

A wet umbrella should be closed and stood with the handle down. This prevents rusting of the point where the ribs join, and also prevents stretching of the cloth.

Sensational New Discovery GROWS HAIR In Three Quick Stages Or No Cost



At last, here is a startling secret discovery that actually will grow hair in seven days or it won't cost you a penny! Mr. Johnson's Brilliantine Hair Grower, as this amazing fast working secret is called, is different than anything else you have ever used. You just rub a little into your hair and scalp with your fingertips each day. Ugly, short, kinky hair turns into long, straight, thick, glossy hair that everyone envies and admires. No risk, no chance and no doubt. Mr. Johnson's Hair Grower must do the work to your delight or it costs nothing. Send coupon below for quick action.

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SEND NO MONEY

seven days rub a little of Mr. Johnson's Hair Grower into your hair with your fingertips and then if you are not absolutely amazed with how long, how thick, how straight and how beautiful your hair is getting—if you don't want to get up and dance for joy—we want to pay back your deposit.

If your hair is short around the temples, if you have falling hair, dandruff or itching scalp, test Mr. Johnson's Brilliantine Hair Grower. Mail coupon today. If your hair is short and kinky don't fail to make your test and mail coupon right now. Test at our risk, send coupon. Why wait? Mail coupon today and have hair more beautiful and luxurious than you ever dreamed possible.

Be Sure To Send This Coupon

Mr. Johnson Company, Dept. T-30
400 W. Erie Street, Chicago, Ill.

Send me at once one package of Mr. Johnson's Brilliantine Hair Grower. I will give postman upon arrival only \$1, plus postage and C. O. D. charges with the understanding that I can return the unused Hair Grower, for any reason, in seven days and you will give back my deposit, without question.

Name _____
Address (or P. O. Box) _____
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GOLD MEDAL HAARLEM OIL CAPSULES

THE MOST RUN-DOWN WOMAN CAN Feel Young Again BY TAKING THIS FAMOUS TONIC

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St. Joseph's G.F.P. was made for women in your condition. Not only does it help to banish those petty ailments,

but it helps to tone up your whole system, restore energy and strength, replenish vitality and give you lots of pep and enthusiasm.

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St. Joseph's G.F.P. is made from Nature's own roots and herbs which have been used for more than a century to invigorate and strengthen weak, run-down women. Start taking it today. Your druggist sells the big dollar bottle of St. Joseph's G.F.P. on an absolute money-back guarantee. Try it!

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