Embarrassing Moments

COLLAPSE-CRASH While I was visiting a friend, she suggested having some lunch. She to set up the card table asked while she made the sandwiches, I did so, and placed the dishes on it. When she put on the tea pot and the plate of sandwiches, however,

the table collapsed and everything fell to the floor. I had failed to hook up the table less properly! C. K. N.

LONG DISTANCE COVERAGE

Years ago, while serving as a reporter on a weekly, I was assigned to cover a church social. The night of the social the weather was very hot, and as the place was in a distant part of the city, I faked a description of the party. The next day I was surely bawled out when our city editor read in a rival newspaper that the festival had been postpor 1 to a later date!

AFRICANS SAY:

with us as wit and wisdom expressed in their proverbs show. It is time for us to get away from the notion that they are in an inferior and barbaric state. In more than one sense, we Americans are less civilized and more barbaric than they." — C. J. BENDER.

No monkey eats during the night (ask favors in the day-time!).

Wash out your K-I-D-N-E-Y-S-SLEEP FINE

No More Getting Up Nights

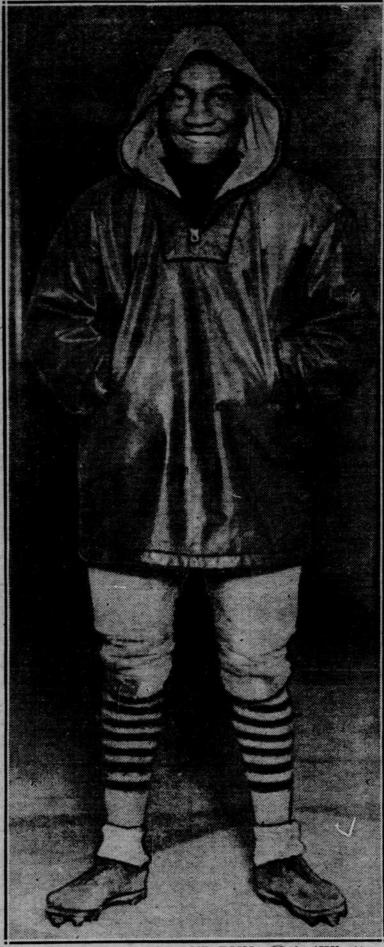
So you feel achy all over, miserable and blue? Your head feels "crowded" your nerves quiver, you have pin-and-needle

nerves quiver, you have pin-and-needle cramps — your appetite has gone and you feel weak as a cat. Don't fill your stomach with tonics or laxatives or rheumatism remedies. How can they help if it is your kldneys.

The job of the kidneys is to strain the uric acid and other polsens out of your blood. They purify your blood, that's it. Now you must not let these acids stay in the kidneys or they'll get back in the blood and poison your whole body. That's why your kidneys must pass 5 pints of "water" a day. Let them fail and you know it. Your appetite goes back on you, so does your pep, your sleep, and your nerves—your back hurts, your ankles and feet may swell up and you feel cranky and sick.

Now see what a wonderful change takes place after you start on Foley Pills. Kidney action increases at once. Out go those acids. Burning stops. Sleep is sounder, and none of this setting-up business. You feel like "somebody."

Your druggist has Foley Pills. Sells a lot of them, because most people know how good they are. Don't cost much either—but they certainly do a grand job. If they don't, your money back any time you



HE CAN KICK, PASS AND RUN.—Otis (Whattaman) Troupe, Morgan fullback, who stole the show recently in the N.C. State game in Baltimore. The score was 33-0 in favor of the Bears.

Here's the Richest, Most Nourishing FOOD PROTECT CLEANSE Your Skin Your Skin That Money Can Buy Black and White Peroxide Black and White Cleansing Cream is the most effective Give your skin Black and White Cream protects your skin from darkening and coarsening by wind and weather. Contains Cold Cream regularly! It's just the skin cleanser you can use. Inkind of FOOD that it needs in stantly it penetrates deep into the pores to remove all dirt and just enough peroxide to keep skin light and fair. Also an ideal order to attain its full measure of impurities that cause bumps and beauty and charm. This fine rich powder base. other blemishes. Keeps skin cream restores precious oils that Large jar Black and White Perox flawless and attractive. The your skin needs, banishes wrinkles large can, only 25c. and preserves youthful firmness ide Cream, and good looks in your complex-25c, at your druggist. Try ion. Large jar Black and White Cold Cream, 25c, at your druggist. Fenuine **BLACK** WHITE BEAUTY CREAMS

Pork Is the Topic of **Food Expert Today**

One Meat That Must Be Thoroughly Cooked

To have a roast well done in the center of the piece without having the outside overdone is something of a maneuver. The best method calls for searing in a hot oven to hold in the rich meat juices and then continue cooking at moderate heat until done. A meat thermometer to be inserted in the meat itself is the ideal safe against undercooking.

Water should never be added in

water should never be added in pork cuts. Most cuts have sufficient fat on their exteriors so that when roasted fat side up in a moderate heat the melting fat may be used a . baster. In cooking chops it is different. In fact, it is most satisfactory to brown these in a hot skillet, then cover them closely, and continue cooking in a moderate oven.

Deas Suzanne: While my girl was away I found she was keeping steady company with another fellow. She denies this, but won't expleasantly with most foods.

pleasantly with most foods, it has While the pork flavor blends some especial weaknesses which we should humor. Celery, sweet potatoes, cabbage, apples, peppers, squash, parsnips, and pineapple form particularly pleasant taste combinations with fresh and smoked pork.

low. She denies this, but won't explain. Advise J. G."

Her going with the other young man isn't so important as denying it. Perhaps you have been misinformed. smoked pork.

New England Pork Steak Pie

3 tables your butter 1-3 cup flour 1 teaspoon onion juice 1 teaspoon onion juice
12 small white onions, parboiled
12 balls cut 'om cooked carrots
2 cups rich milk
1 blade mace
1-2 teaspoon salt
Dash of pepper
1-2 teaspoon pepper sauce
2 cups small mushrooms
Paggy
Malt the fet and blend half the

Melt the fat and blend half the flour with it. When smooth add the milk, onion juice, and the mace blade. Add the seasonings and then the mushrooms, which have been cut in slices. Simmer slowly for fifteen minutes, then cool. Meanwhile hammer the remaining flour a. I a generous flavoring of salt and pepper into the steak and broil over or under a flame until tender and brown on both sides. Now chop the steak into three-fourths inch squares and blend with the sauce. While the mixture is cooling, prepare a double recipe of pie paste sufficient to give a thin under and upper crust for six small individual pie. Roll out the lower crusts and put into the tims. Place two carot balls and two small onions in ach and pour over them the filling. Add the top crusts, first moistening the edges of the lower crust in order that the upper and lower may stick. Trim as for any pie. Cut two diagonal "chimneys" in the crust of each patty for the escape of steam, and then brush with beaten egg and bake in a moderate oven (350 degrees F.) until heated through and brown.

Stuffed Pork Chops with Apples Stuffed Pork Chops with Apples
This dish requires six rib chops and the following stuffing: One and one-quarter cups dried and ground bread crumbs, two tablespoons minced parsley, two tablespoons melted buter, ne tablespoon finely chopped onion, one-third cup chopped celery one-third teaspoon salt, dash of pepper, and one-quarter teaspoon poultry seasoning. Blend the stuffing ingredients and simmer together for ten minutes. Slit each chop part way through from the side, making a good sized pocket in each. Dust the chops with seasoning and flour, then brown quickly in a hot skillet cr over a broiler.

Stuffed Pork Chops with Apples

DON'T

CETUP

At Night

If you are one of the millions who must get up several times a night, your trouble is probably due to an irritation of the bladder. Just try taking Gold Medal Haarlem Oil Capsules. During 237 years this fine, old preparation has helped millions. Why not you? Insist on GOLD MEDAL. 35c & 75c.

Now stuff each pocket with dressing and fasten the openings with tooth picks. Arrange the stuffed chops in a 1 'ing pan on a low grill rack and on each place half a tart cored apple which still keeps its skin. Cr. er and bake in a moderately hot oven (375 degrees F.) until tender—about three-quarters of an hour.

Modern Etiquette

QUESTION

If a man finds himself by chance next to a woman of his acquaint-ance in the street car, should he offer to pay her fare? ANSWER

Golliwog—Hov. is it that little Johnny Richfeller claims he gets many whippings for his badness, yet he doesn't seem to mind them? Pollywo:—That's easy—his parents provide him with a play nate who is glad t oearn the money to take Johnny's whippings.

SWELLING REDUCED

And Short Breathing relieved when caused by unnatural collection of wate in abdomen, feet and legs, and when pres-sure above ankle leaves a dent. Tris

COLLUM MEDICINE COMPANY DEPT. 501, ATLANTA, Ga.

PUZZLING PROBLEMS

A man paid \$1.20 for come cigars and matches. He paid \$1 more for

"Dear Suzanne: I two-timed the If you find yourself with pork nicest boy in the world. He asked on hand and no new scintillating me out, but I refused, thinking I ideas up aloft, try these for in-leved some one else. But I love me out, but I relused, leved some one else. But I low only him. What shall I do? PEGGY." But I love

Call him on the phone and see what is the present status of his feeling for you. Govern yourself accordingly.

"Dear Suzanne: My friend and I always quarrel, and whether I'm right or wrong, I have to give in. EDDY.

It's big and generous to be the forgiving party, but why quarrel?

"Dear Suzanne: He is four years older than I. Does that matter?

If it doesn't matter to you i shouldn't be anyone else's concern.



DON'T

GOLD MEDAL HAARLEM OIL CAPSULES

Banish BLADDER KIDNEY

Take the remedy that has brought relief to thousands for more than 80 years — Planten's C&C of Black Capsules. No more distributing inflammation. No more painful urliastion. No more getting up at nights. Planten's banishes your aliment and with lasting results. Don't suffer a minute longer—not when it's so easy to get this wonderful relief. Ask, by name, for Planten's.

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