

which sit pikers who won't pay. It was an exciting and brilliant bit of work on both sides, but it doesn't interest the man with a torpid liver, and a stomach that rejects everything but hot water and a medicinal tablet of bran and alfalfa.

But what a temple this body is when it is taken care of; when all the vital organs are performing their functions harmoniously. No headache, no bad taste in the mouth, no all-gone feeling when you happen to get around fifteen minutes late for dinner, no nightmare in the "stilly watches," and no haunting apprehensions when about your daily duties. That which impairs the body is sinful for the reason that these mortal temples are given us as a sacred trust and by the provisions of the Creator are so fortified against disease that it is only through repeated violations of the unwritten laws of nature that serious trouble ensues. Health is the natural condition of everything that lives, and is paramount to all other blessings, unless it be salvation, of which it is no unimportant part.

"Glorify God in your body." That means to be temperate in eating and drinking, prudent in avoiding unnecessary exposure and the miserable dissipations of late hours and convivial companionship. To observe regular habits, to keep clean, to hold the passions in check, to breathe the pure air and drink in the sunlight, to cultivate kindly thoughts and hopeful anticipations, these constitute the "reasonable service," the rewards of which are a hundred fold more than the sacrifices. This lump of dust I own I am aware is not a very elegant affair. But it has served me through this vale of tears.

As my abode for more than fifty years. It isn't very handsome I'll admit, And I'll be glad when I am done with it, But while upon this sinful earth I walk This is my home—I'm not a-going to knock.

Because some friends outside the gates of bliss

Are cooped up in a fairer shell than this, My prayer is this: "Lord, if it be Thy will,

Preserve this house a little longer still. The earth is fair and friends look good to me,

And there is much this side the Jasper sea.

To lure—O, help 'me walk in wisdom's ways And fill my heart with thankfulness and praise.

Dear Lord, it is so plain that fools may see

These mortal bodies are a gift from Thee, If we defile these sacred temples, then We reap disease. Thy laws are just." Amen.

Anyone who has traveled over the pine-forested hills of Michigan and then journeys extensively through the said hill region of Western Nebraska cannot fail to be impressed with the possibilities of pine-tree culture in this state. When the wanderer finds far out on the sandy divides between the Snake and the Middle Loup the charred stumps of great pine trees, where now no pine forests are in the vicinity, he is puzzled to understand how these forests disappeared. Early elk hunters in this region were often surprised by stumbling upon the stumps of these dead sandhill forests. Did these pine-trees grow there during long cycles of wet years which kept the fires from destroying them? Who knows. But the very abundant growth of young pine back from the ravines of the Niobrara river, wherever fires are kept out, adds to the hope inspired by the planting of 500,000 young pine trees this month by the United States government on its forest reserve in the Dismal river region.

JUDGE SEDGWICK.

(Norfolk News.)

A successor to Judge Samuel H. Sedgwick is to be elected this year, and that successor should be the judge himself. Judge Sedgwick is serving his first term in the office, having been elected five years ago last fall for a term of six years, and having been a fair and just judge, he is entitled in all fairness to renomination and reelection. He has unusual ability, is conservative, careful and fair minded. His record on the bench of the supreme court of this state has proven that he is honest, absolutely incorruptible and has the courage of his convictions to stand by what he thinks is right. His high appreciation of the responsibility of the office which he holds will not allow him to deviate from his opinion of what is fair and just between man and man, no matter whether his idea harmonizes with public opinion or not. It is said of him that after he has made up his mind that a thing is right, that his official opinion would read that way, if he knew that he would be ostracized politically the next moment. But he is usually right and the opinions written by him are said to read like classics.

Having in Judge Sedgwick a good judge, the republican party should try no experiments this year, but should insist upon his renomination and election.

NEBRASKA

AN APPRECIATIVE review of the work of the Nebraska legislature is given by John P. Sprecher in his paper, the Schuyler Free Lance:

People of the state, as a general rule, regardless of politics, unite in saying that the last session of the legislature was the best session we have ever had in the state. Of course, people are extremists and the last is always the worst or the best in every line, but in this we think it is well put and that it was the best, from a people's standpoint, that we have ever had. There are some corporation elements who are not feeling so well over it and a few partisan democrats who insist on referring to all as "fake reform" or else want to claim all the credit due for their party, but in main there is a general public approval of the session.

Both houses and the governor were republican and the democrats were a small minority and to the party in power does the great credit go, as it should. Yet, while the republicans were in the majority and are entitled from a political standpoint to all credit, still the democratic minority was a good one and but for it there would be little to boast of. While a majority of the republicans of both houses were for the people, still a large element was of the old-time corporation brand and with republican votes alone nothing would have been accomplished. So while we give the republicans as a party all credit, we must not forget to be fair with the minority.

The republicans had as a result in view the fulfillment of all platform pledges and for the first time in the history of the state that was done. What a grand precedent is here established! Just thing of the people for once being able to read a platform and know that it meant what it said. Surely the millenium has come in politics.

On the railroad question for once the legislature has done something and while it may not be in as great and full measure as could be desired, it is simply wonderful, just the same. They passed an anti-pass law, a terminal taxation law, cut the passenger fare to 2 cents per mile, made a 2-cent mileage book good for family use, cut present freight rates 15 per cent, passed a bill empowering the new railroad commission so the people may secure relief by that means, cut express rates 25 per cent, require railroads to install track scales and furnish shippers with weights, prevents railroads from enjoining tax collections in the future, holds railroad companies responsible for the death of or accident to employes' negligence, prevents trains from obstructing crossings more than ten minutes, require operators to be over twenty-one years of age and makes stealing rides on cars a crime. What more could be done in the railroad line, unless it be a heavier degree? Surely the railroad question was legislated this time in full from a people's standpoint.

Over two hundred bills were passed and many of them reform measures, we cannot here enumerate. The direct primary law, prevention of child labor, anti-lobby law, pure food law, prohibiting pooling as to bridge contracts, protect the landlord as against his tenant in regard to crops and a hundred other measures good for the public. It certainly was a great session and a session of the people.

To Governor Sheldon is due to a great measure this result. The campaign he made last fall on the subjects, following his legislative record before on the same lines, aroused a public sentiment that meant results. He was instrumental in forming the platform of his party and he talked it on the stump, standing squarely on it after elected. Governor Sheldon is a man of the people and is sincere and honest.

The republican party in Nebraska is in excellent condition to go before the people another year and there is no use putting up a democratic ticket as with proper nominations the state will be more republican than ever and it should be. The democratic opportunity in Nebraska is past. They had a grand opportunity and proved unfaithful to the trust and simply "fake reformers" who promised profusely and gave nothing in return.

The populist party was a people's movement in Nebraska and had a platform of principles that were grand, but the party was led by a bunch of designing schemers who were easy prey and the party was made a fake. The populist party deserved a better fate, but it merited the early death it did and for the good of all should have died earlier. In its combine with the democrats it was a uniting of the "reform forces" for the good of the people, but it was for the securing of

the loaves and fishes for the use of the greatest bunch of corporation tools ever in power in the state.

If there ever was a political element entitled justly to the term "fake reformers" it was that demo-populist combine and yet the leaders of that outfit today have nerve enough to sit back and sneeringly refer to the republicans as "fake reformers."

The writer of this article served as a populist member of the senate and house both and was at one time a leading member of the party in the state, when almost any official preference was his for the taking, but he was disgusted with the outfit and retired because he would not go in with the outfit of pass riders and corporation tools. We learned then that to denounce the leaders of the movement as to what they were was to lose prestige and to be termed a disturber and a disorganizer. One could not stay in the fusion ranks and be true to himself and true to what he advocated and have any standing or preference. No wonder such a rotten outfit slid out.

And as the republican editors today are largely responsible for the great record made by that party, so were the democratic and populist editors responsible for the miserable results of the so-called "reform forces." Those populist and democratic editors were ever on the hurrah for the "reform forces" and became a bunch of hero worshipers who had nothing in view as to results and seemed to care nothing for official records, but were like a lot of poll parrots mouthing over reform policies that were fakes. They were a lot of idolators who worshipped their leaders from Bryan down and did not consider that an honest service for the people was necessary nor that platform pledges were anything to be considered.

We give credit where credit is due and say that the republicans have done what the populists and democrats should have done years ago and would if they were anything but a lot of "fake reformers."

UP-TO-DATE.

GLACIER ice is now delivered to some of the larger consumers of Lyons and other cities of Europe. There are so many railways in the Alps at present that it has been found profitable to gather this ice and transport it to the cities, where it is preferred to other ice because of its hardness and lasting qualities. This ice is blasted and mined in the same manner as stone is quarried.

Mark Au, who says he is the champion pedestrian of the world, has just finished a 60,000 mile walk. He started on August 6, 1900, to walk the 60,000 miles in seven years and to earn his living on the way. He did so, with nearly six months to spare. He traveled through Spain, Portugal, Germany, Holland, Belgium, Switzerland, and twice through France. He speaks only English. He had plenty of adventures. He was five times lost in snow-drifts, robbed, shot at, stabbed and stoned. The object of the long tramp was to prove that a workman is not used up at the age of forty-five.

Signor Brune, an Italian inventor, whose name is associated with wireless telephones, has perfected another departure in swift electric communication. His new invention is one for sending telephonic and telegraphic messages simultaneously along the same wire by means of an arrangement setting in motion electric waves of varying energy which neither overlap nor mingle. The control is so complete that messages can be exchanged between any two points notwithstanding that other stations intervene.

Municipal authorities of Barmen, Prussia, have been requested to advertise for a dentist who is willing to attend an elephant, an inmate of the local "Zoo." The elephant suffers from peevishness, in consequence of frequent attacks of toothache, caused by an overabundance of sweets. At such times he is practically unmanageable. The local dentists refuse to attempt to fill his teeth. One dentist was brave enough to try to examine an aching tooth, but the enraged elephant chased him around the enclosure, and the dentist afterward sent in a bill for damage caused by the shock.

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