

OUR PREMIUM WATCH

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We wish to impress the fact that our Premium Watch is NOT a Clock Watch but has a regular jeweled escapement movement and the same finetune keeping results are obtained from the small size as from the larger size. These are decidedly the best cheap watches made greatly excelling any other of either American or foreign manufacture. The nickel cases are made of solid metal, and not brass nickel plated. Your choice the 18 (gentlemen's size); or the 6 (ladies size). When ordering please state size wanted.

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and, if it is left on, it will heal without a scar.

If a pimple or boil will not come to a head apply cloths that have been dipped in hot water.

If there is trouble of any kind with the eyes, a wash of either cold tea or new milk is good.

A doctor who makes a specialty of modern nerve cures says that an hour of silence should be rigorously imposed on each patient daily. In serious cases it may even be desirable to enforce silence for two hours each day.

Massaging out the eyes must be done very carefully, else more wrinkles will appear. Using a slight rotary motion with the finger tips, work from the nose toward the temple and up around the eyelid, toward the nose again, using food or facial cream.

A splendid face bleach and one that is sanctioned by medical men is made from: one-half ounce of Jordan almonds, one and one-half drams of bitter almonds, one-half pint of distilled water and seven and a half grains of bichloride of mercury coarsely powdered.

Apply ground flour or rice to a cut that will not stop bleeding; either will be found effective. A burn will be relieved if either soft soap or common baking soda be applied at once. As much baking soda as will cover a 10-cent piece taken in a quarter of a glass of hot water will relieve indigestion.

Another exercise to reduce the hips and abdomen is as follows: Take the usual standing position. Raise the arms above the head, the elbows rigid and close to it, and the palms forward. Bend the body forward, keeping the knees absolutely rigid, and touch the toes with the tips of the fingers. Usually this is impossible at first, but practice gradually stretches the muscles and limbers them.

Little white spots on the finger nails are usually caused by contact with steel manicure instruments, the slight bruises causing the fluids of the nails to form in tiny masses. When lifting the cuticle away from the nail never use a steel instrument, but instead depend upon an orange-wood stick or a bit of ivory. It is said that a compress of spirits of camphor will remove the spots, but this is doubtful. Time is the only cure for this trouble—as for many others.

Suggestions for Housewives

Colored goods should be ironed on the wrong side.

Embroidery should also be ironed on the wrong side of a piece of flannel an dit should be kept long enough under the iron to dry it thoroughly.

Try rubbing needles up and down in a piece of oiled silk before putting them in the needle book, or keep them in flannel that has been slightly oiled.

Do not lay the scrubbing brush with the bristles upward. The water is allowed to leak into the wooden part and the bristles very soon become loose. Always place it with the bristles down.

Low shoes, when new, often blister the heels by slipping just a little as the wearer walks. To prevent this it is well to rub the inside of the shoe at the heel with soap before putting it on.

Rubber bands are most useful for keeping sleeves out of the way when doing housework. Pull your sleeves up as far as you want them to go and put the bands around your arms over the sleeves.

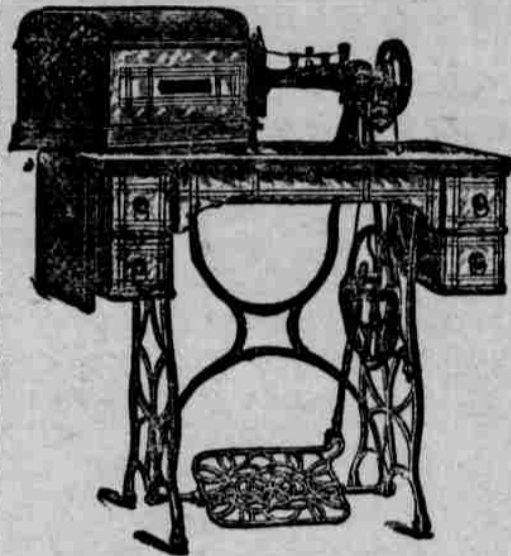
By cutting old potatoes into small balls, allowing them to soak for three or four hours in cold water, then boiling in cold salted water and serving with cream sauce, a good substitute for new potatoes is obtained.

If a teaspoonful of concentrated lye with a cup of water be put in a kettle whose contents have burned on the bottom and let to stand for a few hours there will be no trouble in removing the burned substance.

To clean paint, dampen a clean cloth in hot water, dip it in whiting and

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rub the paint until the dirt is removed. Rinse well in clean water, dry with a soft cloth and polish with a chamois leather. Paint cleansed in this way looks like new.

To remove blood stains from denim or cretonne pillow covers and pillow ticks where soap and water cannot be used make a thick paste of laundry starch and warm water and cover the soiled place with it. Let it remain until perfectly dry, when it can be brushed off. If the stain has not entirely disappeared repeat the process.

Kerosene is very useful and does wonders for many a housekeeper. A soft cloth moistened with it and used on the furniture in regular dustings will brighten the wood. Many laundresses put a little into the water in which soiled clothes are soaked, and a little added to the starch will keep the irons from sticking. Kerosene is also good for cleaning enameled bedsteads, bathtubs, sinks, etc.—Chicago News.

Household Hints

When shaking heavy rugs, hold from the sides.

Wipe up your oil cloth with cold tea using a soft cloth.

Turpentine will remove tar from fabrics and also ink stains.

Make a pad of an old comfort or quilt to stand on while ironing.

To remove egg stains from silver apply dry salt and rub with a soft cloth.

Spread a little sweet cream on your top pie crust before putting in the oven and it will be brown and flaky.

A few grains of rice in the salt cellar will keep the salt from caking as they will keep the salt moving when it is shaken.

Sprinkle dry salt over soot that has fallen on the carpet and sweep up along the grain of the carpet. Repeat until all trace of the soot disappears.

Use a wooden spoon when making pickles and a small wooden spoon for the pickle dish on the dining table can be kept more attractive than a silver one, which needs so much polishing.

To clean lace, baste it on a piece of muslin. Rub it freely with cold starch until it forms a paste on it. Put in the sun to dry, and when thoroughly dry rub off. The lace will be clean and need no ironing.

To make nice scouring pads or rolls: Take small scraps of old stockings, roll tightly in a roll about 3 inches long and sew along the side. You can make a dozen or so in a very few minutes. Trim off the end as they become soiled.

In making jellies, dip the straining bag in boiling water and wring out as dry as possible before use. This saves fruit juice from soaking into the cloth.

A pinch of borax in cooked starch will make the clothes stiffer and whiter.